

## MESA AREA FOOD PANTRIES AND OTHER ASSISTANCE AGENCIES

Verified/Updated by First Presbyterian Church, Mesa - February 2023

<p><b>A New Leaf/Mesa CAN - 635 E Broadway – 480-833-9200</b></p> <ul style="list-style-type: none"> <li>• Utility and rental assistance</li> <li>• Mail &amp; other helpful resources</li> <li>• See “A New Leaf ” under the “Housing/Shelters” category below</li> </ul>
<p><b>All Saints Catholic Church – 1534 N Recker - a St. Vincent de Paul phone line 480-985-7693</b></p> <ul style="list-style-type: none"> <li>• Food boxes Mondays thru Thursdays from 8 to 11 a.m. – call for appointment</li> <li>• Must live in geographic area North of Main at Val Vista, East to Meridian</li> </ul>
<p><b>AZFoodBanks.org</b></p> <ul style="list-style-type: none"> <li>• Find agencies</li> <li>• Click on Get Help</li> <li>• Click on Find Food</li> <li>• Scroll down, enter Zip Code</li> </ul>
<p><b>Casa De Amor – 819 S Macdonald – 480-464-2877 – CALL FIRST, there may be a zip code requirement</b></p> <ul style="list-style-type: none"> <li>• Food boxes on Mondays, Tuesdays and Wednesdays from 9 to 11 a.m. or until they run out</li> <li>• Also clothing on the same days and times</li> </ul>
<p><b>Central Christian Church – 933 N Lindsay – 480-924-4946</b></p> <ul style="list-style-type: none"> <li>• Food bags available in the church office during office hours</li> <li>• Utility &amp; rental assistance is available – get online application at centralaz.com under the “Benevolence” category, or they will email you one at your email address</li> <li>• On Saturday mornings from 7:30 to 11 a.m. they provide breakfast, clothing, showers, haircuts, food bags, counseling, etc., etc., etc.!!!</li> <li>• ID no longer required.</li> </ul>
<p><b>Christ the King Catholic Church – HOPE Outreach - food box distribution address 1616 E Broadway – 480-964-1719</b></p> <ul style="list-style-type: none"> <li>• Food boxes on Tuesdays from 10:30 to noon and Thursdays from 4:45 to 6:15 p.m.</li> <li>• Photo ID &amp; proof of address required</li> <li>• Must live between Broadway &amp; Baseline, Horne &amp; Val Vista</li> </ul>
<p><b>Christ the King / St. Vincent de Paul – 480-500-1393</b></p> <ul style="list-style-type: none"> <li>• Rental/utility assistance</li> </ul>
<p><b>Christian Assistance Network (CAN) – Church of the Master – 6659 E University – 480-985-1660</b></p> <ul style="list-style-type: none"> <li>• Mondays from 9 a.m. to 11 a.m.</li> <li>• Must live within a 5-mile radius of 6659 E University</li> <li>• A faith-based outreach program to those within a five-mile radius of CotM, addressing the critical community need for assistance to the working poor when illness, loss of job, and family crisis leaves children and adults hungry and at risk of loss of shelter or utilities.</li> </ul>
<p><b>East Mesa Baptist Church – 752 S Ellsworth – 480-986-9827</b></p> <ul style="list-style-type: none"> <li>• Food boxes Wednesdays from 10 to 11 a.m.</li> <li>• Bring your own box please</li> <li>• Also, clothing and personal hygiene products</li> </ul>
<p><b>East Valley Adult Resources – 45 W University – 480-964-9014</b></p> <ul style="list-style-type: none"> <li>• <u>Hot lunches</u> are served weekdays at 11:30 at Aster Senior Center, 247 North Macdonald - 480-962-5612. Reservations are required.</li> <li>• <u>Meals on Wheels</u> delivered hot each weekday around lunchtime</li> <li>• Frozen meals delivered weekly. Call 480-962-5612.</li> </ul>

<p><b>Encounter AZ – Church of God – 1718 N Mesa Dr – 480-964-1083</b></p> <ul style="list-style-type: none"> <li>• Food boxes every 1<sup>st</sup> &amp; 3<sup>rd</sup> Thursdays from 9 to 11 a.m.</li> </ul>
<p><b>First Evangelical Lutheran Church (Lutheran Social Ministry) – 142 N Date – 480-969-7221</b></p> <ul style="list-style-type: none"> <li>• Food boxes Tuesdays (except the 2<sup>nd</sup> Tuesday) and every Thursday from 9 to 11:15 a.m.</li> <li>• The Wednesday AFTER the second Tuesday from 5 to 7 p.m.</li> <li>• Photo ID required</li> </ul>
<p><b>First Presbyterian Church – 161 N Mesa Drive – 480-964-8606</b></p> <ul style="list-style-type: none"> <li>• Food pantry is open the 1<sup>st</sup> and 3<sup>rd</sup> Fridays from 8 to 9 a.m. – no ID requirement</li> <li>• Clothes Closet is open on Mondays and Fridays from 8 to 9 a.m.</li> <li>• Rental/utility assistance – the last two weeks of the month - call Mesa Presbyterian Ministries message line @ 480-649-0206</li> </ul>
<p><b>First United Methodist Church – 15 E First Ave – 480-969-5577</b></p> <ul style="list-style-type: none"> <li>• Food pantry – by appointment</li> <li>• Children’s clothing – by appointment</li> <li>• Adult clothing closet – Mondays &amp; Thursdays from noon to 3 p.m.</li> <li>• Cool-Down/Warm-Up Room – shower, change of clothes – Mondays &amp; Thursdays from noon to 3 p.m.</li> <li>• Everyone receives a “blessing bag” when they leave</li> </ul>
<p><b>Gateway Bible Church – 1621 N Pasadena – 480-834-9091</b></p> <ul style="list-style-type: none"> <li>• Food boxes 2<sup>nd</sup> and 4<sup>th</sup> Thursdays from 3 to 5 p.m.</li> <li>• Delivery available within Mesa City Limits – call 24 hours in advance</li> </ul>
<p><b>Heart of Mesa – 851 N Stapley – 480-964-7335</b></p> <ul style="list-style-type: none"> <li>• Food boxes in the church office every Thursday from 11 to 1 p.m.</li> </ul>
<p><b>Holy Cross Catholic Church – 1244 S Power Rd - a St. Vincent de Paul message phone line 480-985-4259</b></p> <ul style="list-style-type: none"> <li>• Food delivery Mondays thru Thursdays (only in the a.m.). Delivery can take one day or one week (depending on how many calls are ahead of yours and how many delivery volunteers they have).</li> <li>• Delivery area is between Val Vista and Meridian and from Main to Baseline</li> <li>• They also help with utility bills on a case-by-case basis</li> </ul>
<p><b>Latter Day Saints (Mormon) – 235 S El Dorado Circle – 480-829-8907</b></p> <ul style="list-style-type: none"> <li>• One food box every six months (hardly worth listing this agency)</li> </ul>
<p><b>Life’s Destiny Christian Church – 2601 E Brown Rd – message line 480-588-7960</b></p> <ul style="list-style-type: none"> <li>• Food boxes Tuesdays from 10 to 1 p.m. Photo ID and proof of address required.</li> <li>• Infant boxes Tuesdays from 10 to 1 p.m.</li> </ul>
<p><b>Lutheran Social Services</b></p> <ul style="list-style-type: none"> <li>• See First Evangelical Lutheran Church</li> <li>• See Victory Lutheran Church</li> <li>• See I-HELP Women’s Shelter Program under “Housing/Shelters” category below</li> </ul>
<p><b>Mesa Community Action – 868 E University – 480-969-4024</b></p> <ul style="list-style-type: none"> <li>• Rental and utility assistance – Monday thru Friday 8 to 5 p.m.</li> </ul>
<p><b>Mesa Senior Center – 247 N Macdonald – 480-962-5612</b></p> <ul style="list-style-type: none"> <li>• Lunch for seniors Monday thru Friday. Arrive by 11 a.m. Call the day before to register. \$3.50 donation.</li> <li>• Utility and rental assistance</li> <li>• Food stamps</li> <li>• In-home care</li> <li>• Rides to grocery stores and doctor appointments</li> <li>• Area Agency on Aging</li> </ul>

<p><b>Native Health Mesa – 777 W Southern, Bldg. B #301 – 480-550-4048</b></p> <ul style="list-style-type: none"> <li>• Tuesdays from 8 a.m. to noon</li> <li>• Need photo ID and proof of address (utility bill)</li> </ul>
<p><b>New Hope Community Center (formerly Broadway Christian Church) – new address, 6915 E University – 480-807-1668</b></p> <ul style="list-style-type: none"> <li>• Mondays, Tuesdays and Wednesdays from 9 to noon. Must live in 85205-06-07-08-or 09 zipcode.</li> <li>• Need photo ID with address</li> <li>• Clothing</li> <li>• Job Fairs</li> <li>• Help with utilities</li> </ul>
<p><b>One Life Church (formerly Trinity Baptist Church) – 2130 E University – 480-834-9120</b></p> <ul style="list-style-type: none"> <li>• Food boxes available the 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays from 1:30 to 5 p.m.</li> <li>• NO ID, address or appointment requirement</li> </ul>
<p><b>Paz de Cristo – 424 W Broadway – 480-464-2370</b></p> <ul style="list-style-type: none"> <li>• Food boxes - 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Tuesdays from 10 to noon (limit 1 box/week) - ID w/address required</li> <li>• Senior food boxes - 3<sup>rd</sup> Thursday from 10 to 11 a.m. - ID w/address required</li> <li>• Daily dine-in dinner meals 5:15 to 6:15 p.m. To-Go meal 6:15-6:30 p.m.</li> <li>• Diapers - Monday thru Friday from 10 to 2 p.m. – once every 14 days</li> <li>• Bus passes for verified doctor appointments or employment</li> <li>• COPA Health on-site for housing, behavioral health issues`</li> <li>• Mail Service – ID required - Monday thru Friday from 4 to 5:30 p.m. Mail is held for 14 days</li> </ul>
<p><b>Queen of Peace – 141 N Macdonald – a St. Vincent de Paul phone line 480-366-4953</b></p> <ul style="list-style-type: none"> <li>• THEIR SERVICE AREA IS South to Rt. 60, West to Alma School, East to Horne and North to McKellips.</li> <li>• MUST CALL to order a food box from 9 to 10 a.m. on Monday, Wednesday or Friday</li> <li>• PICK UP your food box from 9 to 10 a.m. on Tuesday, Thursday or Saturday</li> <li>• They will DELIVER a food box once a month to families</li> <li>• They offer rental/utility assistance ONCE A YEAR</li> </ul>
<p><b>Red Mountain Active Adult Center – 7550 E Adobe St – 480-218-2221</b></p> <ul style="list-style-type: none"> <li>• Lunch Monday thru Friday, \$3.50 donation, be there at 11 a.m., must call by 2 p.m. a day in advance</li> <li>• Meals on Wheels at-home meal program</li> <li>• Outreach program 2 days a week for other assistance needs</li> <li>• Activity center for cards, art classes, etc.</li> </ul>
<p><b>Red Mountain Methodist – 2936 N Power Rd – 480-981-3833</b></p> <ul style="list-style-type: none"> <li>• Food bags Mondays thru Thursdays from 9 a.m. to 2 p.m.</li> <li>• No ID required</li> <li>• NO utility or rental assistance</li> </ul>
<p><b>Resurrection Street Ministry (RSM Food Pantry) – 1119-1121 and 1135 E Main St – 480-615-2799</b></p> <ul style="list-style-type: none"> <li>• One food visit per week Monday thru Saturday from 10 to 2 p.m.</li> <li>• Photo ID and utility bill with Mesa address required</li> <li>• Also, clothing &amp; personal care items once a week</li> </ul>
<p><b>St Bridget’s Catholic Church – 2213 N Lindsay - a St. Vincent de Paul phone line 480-807-1493</b></p> <ul style="list-style-type: none"> <li>• Small food boxes are available to anyone if you show up in-person, no one is turned away.</li> <li>• They prefer that you call on Monday, Wednesday or Friday to have a larger box delivered to your home.</li> <li>• All calls are returned to set up a convenient time for delivery</li> </ul>

<ul style="list-style-type: none"> <li>• Their geographic area is Horne to the west, Greenfield to the east, McDowell to the north and Brown to the south</li> <li>• During your home visit if you need utility assistance, they may be able to provide help</li> <li>• During your home visit if you have other needs, such as clothing, furniture, etc. you may receive a voucher to go to St. Vincent de Paul's Thrift Store and get what you need at no cost</li> </ul>
<p><b>St Mark's Episcopal Church – 322 N Horne – 480-964-5820</b></p> <ul style="list-style-type: none"> <li>• Food boxes on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays from 10 to 11:30 a.m.</li> <li>• Must provide photo ID to prove Mesa residence</li> </ul>
<p><b>St Vincent de Paul – Phoenix Main # 602-254-3338</b></p> <ul style="list-style-type: none"> <li>• Visit their website for more complete assistance information</li> <li>• Mesa Dining Room – lunch at 49 West Broadway, 9:30 to 11:30 a.m.</li> <li>• During the summer months this dining room serves as a heat relief station offering cold water, air conditioning and temporary shelter to the homeless</li> <li>• Other affiliated locations that serve specific regional areas: <ul style="list-style-type: none"> <li>• All Saints Catholic Church - <b>North</b> of Main between Val Vista &amp; Meridian – 480-985-7693</li> <li>• Holy Cross Catholic Church - <b>South</b> of Main between Val Vista &amp; Meridian – 480-985-4259</li> <li>• Queen of Peace Catholic Church – Between Rt. 60 and McKellips, Alma School and Horne – 480-366-4953</li> <li>• St. Bridget's Catholic Church – Between Horne, Greenfield, McDowell and Brown – 480-807-1493</li> </ul> </li> </ul>
<p><b>St Vincent De Paul Thrift Store – 2352 W Main – 480-644-0887</b></p> <ul style="list-style-type: none"> <li>• Tuesday – Saturday 10 a.m. to 6 p.m.</li> <li>• Gently used (sometimes new) items at an affordable price</li> <li>• There is a charge if you walk in to buy something</li> </ul>
<p><b>Salvation Army (Mesa Social Services) – 241 E 6<sup>th</sup> St – 480-962-9103</b></p> <ul style="list-style-type: none"> <li>• Food boxes Monday, Wednesday and Friday from 8 to 11:30 a.m. Must have picture ID and proof of Mesa residence. Limit of one food box every two weeks.</li> <li>• Senior Meal Program - a free hot lunch for seniors Monday thru Friday from 11 to noon is served. Monetary donations are welcomed but not required.</li> <li>• Utility assistance for past-due or cut-off notices <b>FOR SRP BILLS ONLY</b> is available on a case-by-case basis. Must bring picture ID, your SRP past-due or cut-off notice and school documentation for all children in the household.</li> <li>• Other services, depending on availability: <ul style="list-style-type: none"> <li>• Rental assistance</li> <li>• Bed rolls for homeless clients</li> <li>• Cat and dog food</li> </ul> </li> </ul>
<p><b>Streets of Joy – 451 E 4<sup>th</sup> Pl – 480-757-6921</b></p> <ul style="list-style-type: none"> <li>• Food boxes – drive through - every Wednesday from 2 to 4 p.m. and every Saturday from 1 to 4 p.m.</li> <li>• NO ID or proof of residence needed</li> <li>• They are starting up their clothing program again</li> <li>• They have a 6-month work program for men</li> </ul>
<p><b>United Food Bank – 358 E Javelina – 480-926-4897</b></p> <ul style="list-style-type: none"> <li>• Does NOT provide emergency food boxes</li> <li>• Their website refers you to AZFoodBanks.org (see entry above under that name)</li> </ul>
<p><b>Velda Rose Methodist Church – 5540 E Main – 480-832-2111</b></p> <ul style="list-style-type: none"> <li>• Food boxes every Monday &amp; Thursday except holidays from 9:30 to 11:30.</li> <li>• Mesa ID required</li> </ul>

**Victory Lutheran Church (Lutheran Social Services) – 5946 E University at Recker – 480-654-4539**

- Food boxes Monday and Wednesday from 9 to 11:30
- Photo ID required
- NO clothing, rental or utility assistance

**THE 10 BEST FOOD BANKS IN MESA (according to Yelp)**

**Midwest Food Bank** - 725 E Baseline, Gilbert – 480-892-0134

**United Food Bank** – 358 E Javelina Ave, Mesa – 480-926-4897

**New Hope Community Center** – 6915 E University, Mesa – see information above

**Arizona Food Ministry** – Mesa 85209 – 480-648-5378

- Open Saturdays from 8 a.m. to 9 a.m.

**Compassion Center** – 33 E Comstock Dr #5, Chandler – 480-686-8408

- Food boxes Monday, Wednesday and Saturday from 9 to 11:30 a.m. Credit cards accepted.

**Matthew’s Crossing** – 1368 N Arizona Ave #112, Chandler – 480-857-2296

- Monday, Tuesday, Thursday, Friday 8 to 11 a.m.
- Wednesday 4 to 6 p.m.
- Emergency Food Boxes
- Meals to Grow
- Backpacks
- Senior Doorstep Delivery

**Resurrection Street Ministry** – 1119 – 1121 and 1135 E Main, Mesa - see information above

**Hope for Hunger** – part of the Phoenix Rescue Mission agencies

- The Food Bank is located on the west side of Phoenix and in Glendale

**Midwest Food Bank** – closest location is in Gilbert, see #1 above

**Desert Mission** - Service area is NOT in Mesa

- **Served Zips:** 85020, 85021, 85022, 85023, 85024, 85027, 85028, 85029, 85032, 85050, 85054, 85085, 85086, 85087, 85250, 85251, 85253, 85254, 85258, 85331

**OTHER ASSISTANCE**

**Catholic Charities CARE Campus – 466 S Bellview St, Mesa – 480-833-8987**

- **MOMobile** – Free prenatal care Tuesdays from 9 to 2. Call 602-406-4006 for more information or to make an appointment
- **Counseling Services** – Guides individuals, families, adolescents, parents and children in addressing issues including but not limited to behavior, anxiety, depression, grief, sexual or substance abuse and self-esteem. Call 602-749-4405 for more information or to make an appointment.
- Other programs/assistance available at their 4747 N 7 Ave, Phoenix location. Call 602-285-1999.
  - Foster Care and Adoption
  - Domestic Violence
  - Housing
  - Parents As Teachers
  - Joining Hearts
  - Sex Trafficking

Commented [LR1]:

<ul style="list-style-type: none"> <li>• Veterans (MANA House)</li> <li>• Youth Development</li> </ul>
<p><b>Disabled American Veterans (DAV), 655 N Gilbert Rd (University &amp; Gilbert), East Valley Chapter 8, <a href="http://azdav08.org">http://azdav08.org</a>, 480-890-2424</b></p> <ul style="list-style-type: none"> <li>• Assistance to veterans and filing veteran claims with the VA</li> </ul>
<p><b>Helen's Hope Chest – 126 E University – 480-969-5411</b></p> <ul style="list-style-type: none"> <li>• For children and teens in foster and kinship care</li> <li>• Mondays thru Fridays from 9 to 4 p.m.</li> <li>• No charge</li> <li>• By appointment only (every three months)</li> <li>• Gently used - and new - clothing from newborn thru high school for boys and girls</li> <li>• Gently used - and new - books</li> <li>• NEW toys ONLY</li> <li>• NEW, FULL-SIZE hygiene products</li> <li>• Donations of any of the above very much appreciated</li> </ul>
<p><b><a href="http://www.211arizona.org">www.211arizona.org</a> – dial 211 or 877-211-8661</b></p> <ul style="list-style-type: none"> <li>• Community Information and Referral Services</li> <li>• Community and Government Services</li> <li>• Crisis Counseling</li> <li>• Disability Resources</li> <li>• Emergency Food</li> <li>• Financial Assistance</li> <li>• Health Needs</li> <li>• Human Services</li> <li>• Legal Assistance</li> <li>• Mental Health</li> <li>• Rental Assistance</li> <li>• Support Groups</li> <li>• Utility Assistance</li> <li>• Volunteer Opportunities and Donations</li> </ul>

## HOUSING/SHELTERS

<p style="text-align: center;"><b>A New Leaf - Housing/Shelters</b></p> <p><b>Desert Leaf Apartments – 44 S Horne – 480-969-5233 – email <a href="mailto:jamesita@kay-kay.biz">jamesita@kay-kay.biz</a></b></p> <ul style="list-style-type: none"> <li>• Long-term housing solutions for veterans and families. A New Leaf's Desert Leaf Apartments offers a safe, supportive environment for veterans and individuals to recover from trauma and find long-term stability. At this gated, close-knit complex, residents get to know one another and build a community rooted in a shared identity.</li> <li>• Onsite staff work closely with each resident to make sure that they receive the support they need to feel at peace and remain stable. Additionally, basic needs, counseling, and community resources are regularly made available to those in need of extra help, through A New Leaf and other partners.</li> </ul> <p><b>East Valley Men's Center – 480-610-6722</b> (screening Mon-Fri from 9:30 to noon and 1 to 3:30 p.m.).</p> <ul style="list-style-type: none"> <li>• An emergency shelter for up to 76 homeless men (with 18 transitional housing beds) who make the commitment to become self-sufficient and move back into the community.</li> </ul>
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<ul style="list-style-type: none"> <li>• EVMC provides food, shelter and basic needs, case management focused on permanent housing solutions, navigation of community resources, work assistance, life skills classes and financial coaching.</li> </ul> <p><b>La Mesita Family Shelter – 2254 W Main – 480-834-8723</b></p> <ul style="list-style-type: none"> <li>• A 16-unit family shelter providing services to help homeless families with minor-aged children. It is a warm, safe, secure temporary home for families in crisis.</li> <li>• Step 1 – call The Family Housing Hub at 602-595-8700 to discuss your shelter needs and be placed on the service priority list.</li> <li>• Services include case management focused on permanent housing solutions, onsite behavioral health services for children, onsite childcare through Headstart, access point for Maricopa County workforce connections, provision of basic living needs.</li> </ul> <p><b>Rapid Re-housing – Housing First – to find placement call 480-733-3042</b></p> <ul style="list-style-type: none"> <li>• Providing stable housing for the homeless followed by individual needs support services.</li> <li>• Services are designed to flexibly meet the needs of individuals and families to ensure housing stability and self-sufficiency in the future.</li> </ul>
<p><b>Elizabeth House (shelter for expecting mothers and infants) – 602-246-3724</b></p>
<p><b>Faith House Women’s Crisis Shelter and Autumn House Domestic Violence Shelter - Crisis 24-hour hotline 480-890-3039 or 1-844-723-3387</b></p> <ul style="list-style-type: none"> <li>• For domestic violence victims in Maricopa County</li> <li>• Receive emergency shelter and basic needs through county-wide services</li> </ul>
<p><b>Homeless Shelter – 877-211-8661</b></p>
<p><b>I-HELP Mesa – confidential location - 480-684-0645</b></p> <ul style="list-style-type: none"> <li>• Homeless women’s shelter - no children or animals, including service animals</li> <li>• Intake by phone only, Monday thru Thursday from 8 to noon</li> <li>• Must have proof of a current negative Covid test</li> </ul>
<p><b>Maggie’s Place (shelter for expecting mothers) – Phoenix Main # 602-246-3724</b></p> <ul style="list-style-type: none"> <li>• <b>The Hanna House in Mesa – 480-292-7240</b></li> <li>• Provides a safe, supervised location for children to have contact with parents and other relatives they might not otherwise be able to maintain a relationship with due to custody litigation or other circumstances.</li> <li>• Note - There is a charge for this service.</li> </ul>

**CITY OF MESA HOUSING ASSISTANCE**  
Housing Authority, 200 S Center St., Bldg. 1, Mesa 85210  
Website: [FamilyHousingHub](http://FamilyHousingHub)

<p><b>Section 8 Housing Choice Voucher (HCV) Program</b></p> <p>Assists eligible families or individuals in obtaining affordable, decent, sanitary and safe housing in Mesa. Rent is based on the household’s income. The portion of rent paid by the Housing Authority is paid directly to the landlord and the participant pays the difference toward the contract rent. For more information, visit the <a href="#">Wait List Information page</a> on the FamilyHousingHub website.</p>
<p><b>Emergency Housing Vouchers (EHV)</b></p> <p>A referral-based program for individuals and families experiencing homelessness. These resources are accessible through <a href="#">Coordinated Entry</a> on the FamilyHousingHub website. If you or someone you know is experiencing homelessness, go to the <a href="#">Coordinated Entry</a> site.</p> <p><u>For adults without children, call the Brian Garcia Welcome Center at 602-229-5155.</u></p>

For families with minor dependent children, call the Family Housing Hub at 602-595-8700 before you go in-person.

To be eligible for an EHV, an individual or family must meet one of four eligibility categories:

1. Homeless
2. At risk of homelessness
3. Fleeing, or attempting to flee, domestic violence, dating violence, sexual assault, stalking or human trafficking.
4. Recently homeless and for whom providing rental assistance will prevent the family's homelessness or having high risk of housing instability.

If you are not currently experiencing homelessness but you are at risk of losing your housing, contact your local Community Action Agency ([www.turnanewleaf.org](http://www.turnanewleaf.org)) to locate the closest Emergency Rental Assistance Program.

**Veterans Affairs Supportive Housing Voucher (HUD-VASH) program**  
**VA Community Resource & Referral Center, 1500 E Thomas Rd #106, Phoenix**  
**Monday – Friday 7:30 – 4:30, or call 602-248-6040 or 602-568-7843**

The VA in Phoenix provides case management and clinic services at its medical centers and community clinics for chronically homeless veterans and their families.

**Family Self-Sufficiency Program (FSS)**

Assists families in the voucher rental assistance program to achieve self-sufficiency through education, training and employment. For more information visit the [Current Participants](#) page on the FamilyHousingHub website.

**Family Unification Program (FUP)**

Assists families involved in the child welfare system who face unstable housing and homelessness. It also serves youth ages 18 to 24 who have left foster care and lack adequate shelter who are homeless or at risk of becoming homeless. Contact your caseworker with the Department of Child Safety (DCS) for more information.

**Shelter Plus Care (S+C)**

Provides permanent housing along with supportive services to homeless people with disabilities and their families. The goals are to increase housing stability, skills and/or income, and obtain a greater self-sufficiency. For more information contact Save the Family at 480-898-0228.

**Housing Solutions**

Provides homeless families and individuals with their application fees and utility assistance. Also provides an incentive to landlords to assist current housing assistance participants with vacancy payments. For more information visit the [Landlords](#) page on the FamilyHousingHub website.

## MENTAL HEALTH FACILITIES

Many of these treatment clinics provide inpatient and residential mental health treatment and are able to treat men, women, teenagers and adolescents as well as all kinds of mental health issues such as suicidal thoughts, PTSD, OCD, various eating disorders, panic disorders, ADHD, depression, various phobias, personality disorders and more.

Costs for mental health treatment in Mesa will vary depending on the facility and your particular mental health issues. Some can go as high as \$12,000 for inpatient treatment or as low as \$60 hourly for outpatient treatment. If your health insurance provider pays for mental health services, they may be able to cover some or all costs associated with your treatment.



**Call 855-453-8985 to get 24/7 help with treatment**

<p><b>A New Leaf, Inc. Dorothy B Mitchell Counseling Center, 1655 E University Dr., Mesa 85203</b>  A mental health clinic providing outpatient treatment, psychotropic medication, trauma therapy and behavior modification to children/adolescents, adults and young adults. They also support transitional age young adults and LGBT. Other services include education services, suicide prevention services and family psychoeducation.</p>
<p><b>Arizona Healthcare Contract Management Services, Inc/Quail Creek Residential, 1829 E 2<sup>nd</sup> St., Mesa 85203</b>  A mental health clinic providing residential treatment, activity therapy, cognitive behavioral therapy and group therapy to young adults, seniors 65 or older and adults. They also support people with serious mental illness. Other services include case management, psychosocial rehabilitation services and court-ordered outpatient treatment.</p>
<p><b>Arizona Mentor Keats, 7561 E Keats Ave, Mesa 85209</b>  A mental health center providing residential treatment, individual psychotherapy, psychotropic medication and group therapy to seniors 65 or older, young adults and adults. They also support people with serious mental illness. Other services include family psychoeducation, diet and exercise counseling and chronic disease/illness management.</p>
<p><b>Arizona’s Children Association, 1345 E Main St #104, Mesa 85203</b>  A mental health facility providing outpatient treatment and telemedicine/telehealth, group therapy, trauma therapy and behavior modification to children/adolescents. Other services include suicide prevention services, case management and family psychoeducation.</p>
<p><b>Bayless Integrated Healthcare Dobson Ranch, 2204 S Dobson Rd #102, Mesa 85202</b>  A mental health facility providing outpatient treatment and telemedicine/telehealth, cognitive behavioral therapy, couples/family therapy and group therapy to young adults, seniors 65 or older and children/adolescents. They support people with trauma. Other services include integrated primary care services, diet and exercise counseling and family psychoeducation.</p>
<p><b>Community Bridges, Inc., CPEC OSC, 358 E Javelina Ave #101, Mesa 85210</b>  A mental health facility providing outpatient treatment and telemedicine/telehealth, psychotropic medication, dialectical behavior therapy and cognitive behavioral therapy to seniors 65 or older, young adults and adults. They also support people requiring dual diagnosis treatment. Other services include case management, court-ordered outpatient treatment and education services.</p>
<p><b>Lifewell Behavioral Wellness, 262 E University Dr., Mesa 85201</b>  A mental health treatment center providing telemedicine/telehealth and outpatient treatment, group therapy, cognitive behavioral therapy and individual psychotherapy to adults, seniors 65 or older and young adults. They also support people requiring dual diagnosis treatment and people with serious mental illness. Other services include suicide prevention services, mentoring/peer support/consumer-run services and vocational rehabilitation services.</p>
<p><b>Lifewell Behavioral Wellness, 6915 E Main St., Mesa 85207</b>  A mental health facility providing telemedicine/telehealth and outpatient treatment, psychotropic medication, integrated dual diagnosis disorder treatment and individual psychotherapy to young adults, seniors 65 or older and adults. They also support people requiring dual diagnosis treatment. Other services include supported employment, case management and suicide prevention services.</p>
<p><b>MARC Community Resources, 4250 E Florian Ave, Bldg 1, Mesa 85206</b>  A mental health facility providing outpatient treatment, individual psychotherapy, cognitive behavioral therapy and dialectical behavior therapy to adults, young adults and seniors 65 or older. They also support people with trauma, transitional age young adults and people with PTSD. Other services include case management, suicide prevention services and illness management and recovery.</p>

<p><b>Maricopa Medical Center Desert Vista Behavioral Health Center, 570 W Brown Rd, Mesa 85201</b>  A mental health center providing hospital inpatient treatment and outpatient treatment, individual psychotherapy, group therapy and psychotropic medication to adults, young adults and children/adolescents. They also support people with serious mental illness and children/adolescents with serious emotional disturbance. Other services include assertive community treatment, court-ordered outpatient treatment and mentoring/peer support/consumer-run services.</p>
<p><b>Partners In Recovery, LLC., 4330 E University Dr., Mesa 85205</b>  A mental health facility providing telemedicine/telehealth and outpatient treatment, group therapy, cognitive behavioral therapy and psychotropic medication to adults, young adults and seniors 65 or older. They also support transitional age young adults, people with serious mental illness and people requiring dual diagnosis treatment. Other services include psychosocial rehabilitation services, housing services and family psychoeducation.</p>
<p><b>Positive Change Institute, Inc., 1050 E University Dr #5, Mesa 85203</b>  A mental health treatment clinic providing outpatient treatment, dialectical behavior therapy, group therapy and couples/family therapy to seniors 65 or older, young adults and adults. They also support seniors or older adults, clients referred from the court/judicial system and people requiring dual diagnosis treatment. Other services include case management and court-ordered outpatient treatment.</p>
<p><b>Seek Arizona, 1830 S Alma School Rd #130, Mesa 85210</b>  A mental health treatment center providing telemedicine/telehealth and outpatient treatment, couples/family therapy, activity therapy and group therapy to adults, young adults and children/adolescents. They support people with traumatic brain injury, transitional age young adults and children/adolescents with serious emotional disturbance. Other services include psychosocial rehabilitation services and education services.</p>
<p><b>Southwest Behavioral Health Services The Villages Residential, 4225 E University Dr Apt 153, Mesa 85205</b>  A mental health treatment center providing outpatient treatment, cognitive behavioral therapy, trauma therapy and behavior modification to seniors 65 or older, young adults and adults. They support people with serious mental illness, people requiring dual diagnosis treatment and seniors or older adults. Other services include diet and exercise counseling, supported housing and illness management and recovery.</p>
<p><b>Southwest Behavioral Health Services Mesa Clinic, 1255 W Baseline Rd #138, Mesa 85202</b>  A mental health clinic offering outpatient treatment and telemedicine/telehealth, couples/family therapy, psychotropic medication and dialectical behavior therapy to children/adolescents, young adults and seniors 65 or older. They also support people with PTSD and people with trauma. Other services include chronic disease/illness management, case management and integrated primary care services.</p>
<p><b>Stand Together and Recover Centers, 1310 W University Dr., Mesa 85201</b>  A mental health treatment center providing outpatient treatment, activity therapy, integrated dual diagnosis disorder treatment and cognitive behavioral therapy to young adults, adults and seniors 65 or older. They also support veterans, clients referred from the court/judicial system and people with trauma. Other services include suicide prevention services, chronic disease/illness management and vocational rehabilitation services.</p>
<p><b>Terros Health Stapley Counseling, 1111 S Stapley Dr, Mesa 85204</b>  A mental health clinic providing partial hospitalization/day treatment, telemedicine/telehealth and outpatient treatment, group therapy, cognitive behavioral therapy and psychotropic medication to seniors 65 or older, children/adolescents and adults. They support people with trauma, LGBT and people with HIV or AIDS. Other services include illness management and recovery, integrated primary care services and suicide prevention services.</p>

<p><b>Tilda Manor, 3228 E Isabella Ave., Mesa 85204</b></p> <p>A mental health treatment center providing residential treatment, group therapy, trauma therapy and activity therapy to senior 65 or older, young adults and adults. They also support people with serious mental illness, LGBT and people with traumatic brain injury. Other services include legal advocacy, housing services and supported employment.</p>
<p><b>Tilda Manor, 1404 N Ananea St., Mesa 85207</b></p> <p>A mental health clinic offering residential treatment, group therapy, couples/family therapy and cognitive behavioral therapy to adults, seniors 65 or older and young adults. They also support people with PTSD, patients with eating disorders and people with HIV or AIDS. Other services include diet and exercise counseling, legal advocacy and assertive community treatment.</p>
<p><b>Touchstone Behavioral Health, 2150 S Country Club Drive #35 and 36, Mesa 85210</b></p> <p>A mental health treatment center offering outpatient treatment, telemedicine/telehealth and case management.</p>
<p><b>Valle Del Sol, 334 W 10<sup>th</sup> Pl #100, Mesa 85201</b></p> <p>A mental health clinic providing outpatient treatment and telemedicine/telehealth, couples/family therapy, psychotropic medication and behavior modification to young adults, seniors 65 or older and adults. Other services include housing services, supported employment and case management.</p>
<p><b>Valle Del Sol, 4135 S Power Rd #108, Mesa 85212</b></p> <p>A mental health clinic offering telemedicine/telehealth and outpatient treatment, group therapy, trauma therapy and dialectical behavior therapy to children/adolescents, adults and seniors 65 or older. Other services include supported employment, case management and mentoring/peer support/ consumer-run services.</p>