



# LET'S GIVE THANKS TO THE LORD!

First Presbyterian  
Preschool of Mesa

November 1, 2021

## Being Thankful

This month brings to mind all of the things we have been blessed with, especially our children and families. There is no greater gift than quality time with the ones that we love. Recently, I had the special opportunity to spend time with my husband and young-adult children on a trip together. It was a precious time that brought many smiles and laughter to the surface but also allowed me the chance to share with them how much I love each one of them. Our time together is a gift. Tomorrow is not guaranteed and we need to take advantage of our time together. Please take the time to tell those that you love how much they mean to you. It is what Thanksgiving is all about!

## Check out [SesameStreet.org](http://SesameStreet.org)

This is your go-to website for tips and ideas for helping your preschooler build skills and confidence as they navigate their little world. It has great parenting tips, child development resources and activities to build up those little brains.

## Picture Day is coming!

Save the Date: Wednesday, November 17<sup>th</sup>  
Please confirm with the office which day your child will switch if they do not normally attend on Wednesdays. We want all children to attend for the class picture. More info to follow. Thank you!

## Stress and Children

During these trying times you may not realize how the news coverage on TV or the radio has impacted the stress that your child feels every day. Here at the preschool, we take health very seriously and are constantly monitoring hand washing, sneezes, covering coughs, etc. We want you to be an advocate for your child and their physical and emotional health, too. Please look for signs that may indicate that they are feeling stressed and take some time to help them cope as things come up. Sitting together to read a book is a great way to help!

**Important:** We will host our school-wide Family Thanksgiving Feast on Tuesday, November 23<sup>th</sup> at 10:45 am. We invite all family members to make time for this special event! Please join us as we give thanks as an entire school for the family and friends in our life. Look for a signup sheet for what you can bring.

**After the feast, there will be NO lunch bunch. We will close at noon for the holiday weekend.**

Thank you!

We will be closed from Wed, 11/24 – Friday, 11/26 for the Thanksgiving Holiday. Enjoy!

## Volunteer Opportunity

**Thanksgiving Feast set-up:** Please let your teachers know if you are interested in helping set up the school-wide feast for families on Tuesday, November 23<sup>th</sup>. It would be approximately 2 hours of your time (from 9:30-11:30am). We will need many parents for this job so that all of us can sit down together at the same time and then clean up, too. Thanks

### Reminders to families

- Please do not send your child to school with a fever, green/runny nose, vomiting or with loose stools. We are trying to keep everyone as healthy as possible. If they are sick they will not be able to return to school for 72-hours after the last incident if symptoms
- Sign IN and Sign OUT each day when your child attends school. It is a state requirement.
- No Parking under the covered parking area. Thank you!

### Donation requests:

- Fall & Holiday stickers
- Large bottles of Bubbles
- Old Newspapers

### A look Ahead...

#### **School Closures**

1. November 11, Thursday  
**Veteran's Day**
2. November 24-26, Wed-Friday  
**Thanksgiving Holiday**
3. December 20 – Dec 31  
**Christmas Break**

## Daily Support for your Preschooler

### **Monday**

Cut out pictures of healthy snacks and unhealthy snacks. Talk about the differences.

### **Tuesday**

Go on a found-sound treasure hunt listening in nature for different sounds like cars, birds, the washing machine, wind or a trash truck.

### **Wednesday**

Ask "How" something works and give praise for their efforts even if they are incorrect.

### **Thursday**

Play a matching game with their shoes

### **Friday**

Let them set the table for dinner

## Save-the-date: Events

### **Nov 17: Picture Day**

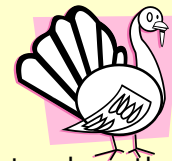
Lifetouch Preschool Portraits will be taking individual & class pictures. Info to follow.

### **Nov 23: Thanksgiving Feast, 10:45am.**

**Fun for the whole family!**

**Dec 8: Stories with Ms Claus during classtime.**

**Dec 15: Christmas Program, 10:30am. All family members are encouraged to attend and stay for Cookies & Milk afterwards.**



My heart is full of joy for the teachers that we have here at First Presbyterian Preschool! They truly give their heart to the children every day and work to make sure that each one of them feels loved, appreciated and welcome in their classrooms. I am so proud of the work that they do with our little angels!

Shiloh Murillo  
Director