

# Lifetime Community Care Inc.

JUNE 2021

## Upcoming Events

- LC Vocational will reopen 7/1/2021
- Lifetime Community Base will reopen on 7/1/2021
- Family and Residential Orientation will be on June 2th 2021 at 6 pm
- Open House will be 6/8/2021 at 6pm

## Reminders

- Online Daily Screening. It's important to monitor your health daily and report any changes.
- 3- Day trip to the Grand Canyon March 2021

## Transitioning back to program.

By Christian Nava

We are all experiencing greater levels of anxiety and stress tackling the transition back to school, day program, and work. Some may feel nervous about contracting and spreading COVID-19, or frustrated by vague reopening plans, and skeptical of whether other individuals are able to follow social distancing and mask protocols.

It's important to create a routine. Daily activities, chores, and responsibilities can be overwhelming. Now try adding going back to the program. New routes, new signs, new rules, and oh my goodness!! This is going to take preparation.

Transitioning back to the program can bring along mixed emotions and can be scary for everyone. Come join our Orientation on 6/2/2021 at 6 pm. We hope to provide you all with some comfort.



# What's ahead for the individuals of Lifetime Community Care Inc.

By Christian Nava



We are providing new opportunities and resources that will benefit you and your household. Let's start with Voting Registration opportunities for those who are interested and Employment opportunities with Express Workforce are in high demand.

Staying Active and connected for the latest access and opportunities available is important in your future planning. Let us help by giving you the tools you need to make this happen. For more information email us [t.jones@communityheartfeedtheneed.org](mailto:t.jones@communityheartfeedtheneed.org)