



## GOOD FAITH ESTIMATE (GFE) FOR COUNSELING/THERAPY SERVICES

We want to inform you that Anna Stubbs, PLLC complies with the Public Health Service Act, the “No Surprises Act,” a law passed by the federal government. Should Anna Stubbs be a good fit for services for you, you will receive a Good Faith Estimate (GFE) for counseling services with Anna prior to your intake appointment.

Unless otherwise indicated in a future or amended Good Faith Estimate the following services provided weekly for approximately one (1) year would equal the following:

Anna’s process of completing and documenting according to this law will look like the following:

1. An initial Good Faith Estimate based on Anna’s hourly rate and our best estimate of the number of services you will have in a 12-month period of time will be sent to you prior to the intake. This will be in the form of a shared note/chart in the JaneApp System. You will receive a notification.
2. You will also receive the other intake paperwork and consents. When you sign Anna’s informed consent form, there will be a section that you will sign to confirm you have received and reviewed this Good Faith Estimate.
3. Then you will have the intake appointment.
4. After an intake appointment, Anna may send an updated Good Faith Estimate that includes any further details and updated estimates based on information and new information gathered at the intake session.
5. Any time a new GFE is sent due to changes to the services, fees, etc. you will receive an updated Good Faith Estimate Confirmation form to complete. This will be required to continue services.
6. This process will also renew annually.

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## GOOD FAITH ESTIMATE (GFE) FOR COUNSELING/THERAPY SERVICES

### Services:

1 - \$300 / Individual/Couples Intake Session (75 minutes)

51 - \$225 / Couples/Sex Therapy Sessions (50 minutes)

TOTAL ANNUAL ESTIMATED COST: \$11,775.00

1 - \$300 / Individual/Couples Intake Session (75 minutes)

51 - \$200 / Individual/EMDR Sessions (50 minutes)

TOTAL ANNUAL ESTIMATED COST: \$10,500.00

The estimate is just that, an estimate based on Anna's hourly rate, and the services you are seeking. You are not required to attend at the frequency that is estimated. This is a conservative estimate to satisfy the law's requirements and an attempt to not need to repeat the paperwork process more than necessary.

You can modify or terminate services at any time. This is an estimate that seeks to provide the maximum amount you could pay and does not mean you are obligated pay this should you choose to discontinue services.

You are in the driver's seat of your clinical experience. Anna will honor and work with the number of sessions you wish to attend, the length of time you wish to attend counseling, and any other changes you deem best for your process.

Because of the required timing of this process, according to the law, you will receive and need to complete this process before the intake appointment.

That is why we take the time to explain it here.

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