
Child Development Associate Credential Syllabus

Course Length:	November 4, 2024– June 26, 2025, Course Code: 24-0003
Meeting Days:	Tuesday and Thursday
Time:	6:30 pm -8:30 pm
Location:	On-line Zoom
Facilitator:	Lois Carter, Trainer
Email:	lcarter@njccpd.org
Phone:	973-982-6560

Search by Conference Name: NJCCPD CDA Training Program Course code ****

You must register for each class in the series to receive credit

The NJCC Professional Development LLC. is offering the Child Development Associate (CDA) credential & Quality Improvement Classes for Infant Toddler and Preschool caregivers. The onsite training is designed to provide the 120 -145 clock hours of professional development required by The Council for Professional Recognition to obtain the Child Development Associate credential. The classes will also be available for the infant and toddler CDA candidate's renewal. CDA classes will be offered twice a week for approximately one year.

Requirements:

- 18 years of age or older
- Has obtained a high school diploma or equivalent, GED (If you do not have a high school diploma or GED please contact Jenny Ron-Chavez at jenny@njccpd.org)
- Register for each class on NJCCIS

Textbook Requirements:

- 3rd Edition Essentials for Working with Young Children textbook
- 3rd Edition Essentials Workbook
- Infant-Toddler CDA Competency Standards Book
- Preschool CDA Competency Standards Book

***The books are available to order from <http://store.cdacouncil.org/>



Steps to follow during the CDA Course work:

The CDA Course includes assignments that lead participants through required steps to complete their CDA Professional Portfolio. Throughout the course, participants will:

- Identify and add items to the resource collection
- Write six reflective statements of competence, one for each CDA competency standard
- Write the professional philosophy statement
- Distribute the family questionnaire form
- Complete the family questionnaire summary sheet
- Prepare for the verification visit and CDA assessment

CDA Modules

- CDA 1 Planning a safe, healthy environment to invite learning
- CDA 2 Steps to advance children's physical and intellectual development
- CDA 3 Positive ways to support children's social and emotional development
- CDA 4 Strategies to establish productive relationships with families
- CDA 5 Strategies to manage an effective program operation
- CDA 6 Maintaining a commitment to professionalism
- CDA 7 Observation and Assessment
- CDA 8 Principles of Child Development and Learning

Course Schedule

Understanding Principles of Child Development & Learning

Tuesday – CDA 101 Unit 1: Zero to Three – Brain Basics: This course covers unit 1 in the Zero to Three Growing Brains Curriculum. CDA Candidates will gain an understanding of how the brain develops, along with ways the provider can encourage healthy brain development in children from birth to 5 years old. (3.0 hrs.) **Class ID: 23-471**

Thursday – CDA 102 Unit 2: Factors Affecting Brain Growth and Development (3.0 hrs.) **Class ID: 23-471**

Tuesday – CDA 103 Integrating Theories with How Children Learn Part 3 - This course provides an overview of prominent early childhood theorists and the role they played in the development of acceptable practice. Focus on how theories are included in daily activities. (2.0 hrs.) **Class ID: 23-540**

Thursday – CDA 104 Integrating Theories with How Children Learn Part 4 - This course is a continuation that provides an overview of prominent early childhood theorists and the role they played in the development of acceptable practice. (3.5 hrs.) **Class ID: 23-540**

Tuesday – Resource Files - Extra Credit Class 12/20/2024 – Theory Class ID: 23-585

Thursday – Integrating Theories with How Children Learn Part 3 - This course provides an overview of prominent early childhood theorists and the role they played in the development of acceptable practice. Focus on how theories are included in daily activities. (2.0 hrs.) **Class ID: 23-540**

Competency Standard I

Planning a Safe, Healthy Learning environment

Tuesday – CDA 105 Creating and Maintaining a Safe Environment in the Infant & Toddler Classroom – Providers will explore and discuss ways to create an environment that allows for exploration, curiosity and developmentally appropriate. (2.0 hrs.) **Class ID: 23-541**

Thursday – CDA 106 Creating and Maintaining a Safe Environment for Preschoolers – This course will give the participants ideas of setting up a safe and creative environment for preschool children. (Topics covered include toy safety, poison control, the development of appropriate play space, controlling high traffic areas in the classroom, and other safety standards for early childhood. (2.0 hrs.) **Class ID: 23-541**

Tuesday – CDA 107 Creating and Maintaining a Safe Environment for Family Child Care Homes - This course will focus on exploring ways to setup a temporary learning center in spaces that have multiple uses. Emphasis will also be placed on “Safe Proofing Your Home for Child Care”. (2.0 hrs.) **Class ID: 23-541**

Thursday – CDA 108 Creating & Maintaining a Safe Outdoor Setting – This course will explore ways to setup outdoor areas that will prevent or lessen accidents. We will also discuss creative ways to bring indoor activities and equipment to the outdoors. (2.0 hrs.) **Class ID: 23-541**

Tuesday – Planning a Safe Environment for Infants & Toddlers - In Addition, you will be working on resource files pertaining to prior competency goals. (2.0hrs.) **Class ID: 23-541**

Thursday – Planning a Safe Environment for Preschoolers. In addition, you will be working on resource files pertaining to prior competency goals. (2.0hrs.) **Class ID 23-541**

Competency II

Steps to Advance Children's Physical and Intellectual Development

Tuesday – CDA 109 Promoting Motor Development and Physical Fitness in Early Childhood - This course provides an understanding of the importance of motor development and physical fitness in the early childhood years and the ways in which they can become part of the curriculum. (2.0 hrs.) **Class ID: 23-543**

Thursday – CDA 110 Promoting Gross and Fine Motor Skills in Infants - This course will provide an understanding on gross and fine motor skills. This workshop will explain the difference between gross and fine motor skills that involve your babies using their large and small muscles. (2.0 hrs.) **Class ID: 23-544**

Tuesday – CDA 111 Promoting Gross and Fine Motor Skills in Toddler - This course provides an understanding on gross and fine motor skills in toddlers. In this workshop you will gain a better understanding on the development of toddlers and how to spot red flags. (2.0 hrs.) **Class ID: 23-544**

Thursday – CDA 112 Promoting Gross and Fine Motor Skills in Preschoolers - This course will provide an understanding on fine and gross motor skills for preschoolers. This workshop will explain how to encourage fine motor skills and creativity, as well as gross motor skills that include jumping, climbing, and balancing. (2.0 hrs.) **Class ID: 23-544**

Tuesday – In this session you will be working on resource files pertaining to prior competency goals. **Class ID: 23-544**

Thursday – PD (Professional Development) Specialist Presentation – Simone Taylor –2 hours

Tuesday – CDA 113 Encouraging Creativity in the Art Area: More than Paint – Focusing on “Hands-on” materials for art projects (2.0 hrs.) **Class ID: 23-544**

Thursday – CDA 114 Introducing Language Activities to Infants & Toddlers - This course assists the early childhood teacher in evaluating strategies and activities that promote language development in infants and toddlers. (2.0 hrs.) **Class ID: 23-548**

Tuesday – CDA 115 Supporting Creativity through Language Art Activities - One key method to support creativity in children is to ensure that their learning involves as many senses as possible. Creativity involves a separation of the process of learning simply through visual information. Children are more prone to learn and retain knowledge when learning



activities or play involve touching, smelling, hearing, and tasting. This workshop will explore ways to promote creativity through language activities that include the dramatic play centers. (2.0 hrs.) **Class ID: 21-550**

Thursday – CDA 116 Understanding the Importance of Music in Early Childhood - The goal of this course is to provide an understanding of the importance of music in the early childhood years and the ways in which it can become part of the curriculum and of children's lives. (2.0 hrs.) **Class ID: 21-551**

Tuesday – CDA 117 Focusing on Practical Activities that Support Number Recognition, Counting, and Problem-solving Math for Preschoolers (NAEYC (National Association for the Education of Young Children) and GNJK model) - This workshop is designed to expose Preschool and Kindergarten teachers to innovative ways of teaching math concepts. Music, toys, and hands-on activities will assist you in producing instructional plans for your classroom. (2.0 hrs.) **Class ID: 21-554**

Thursday – CDA 118 More than Counting - This session will discuss and implement ways to introduce math to young children. Activities will include games, gross motor activities that involve number concepts. (2.0 hrs.) **Class ID: 21-555**

Tuesday – CDA 119 Developing Creativity and Problem Solving through Block Play with Infants & Toddlers – This session will explore ways to introduce block play to infants and toddlers. (2.0 hrs.) **Class ID: 21-556**

Thursday – CDA 120 Brain Development and Learning – What Every Care and Educational Professional should know (2.0 hrs.)

Competency III

Positive Ways to Support Children's Social & Emotional Development

Tuesday CDA 121 Effective ways to Support the Social & Emotional Development of Infants, Toddlers & Preschoolers (2.0 hrs.) **Class ID: 23-560**

Thursday CDA 121 Effective ways to Support the Social & Emotional Development of Infants & Toddlers (2.0 hrs.) **Class ID: 23-560**

Tuesday – CDA 121 Effective ways to Support the Social & Emotional Development of Infants & Toddlers (2.0 hrs.) **Class ID: 23-560**

Thursday – CDA 122 Supporting the Social & Emotional Development of Infant, Toddlers & Preschoolers - Exploring Temperaments and Age Appropriateness and the classroom environment. (2.0 hrs.) **Class ID: 23-561**

Tuesday – CDA 123 Understanding Guiding the Behavior of Young Children (3-5yrs) – Participants will be introduced to positive guidance strategies. (2.0 hrs.) **Class ID: 23-562**

Thursday – CDA 124 Positive Guidance with Infants & Toddlers – In this course you will gain an understanding on positive guidance and how to support children from birth to three years old. (2.0 hrs.) **Class ID 23-564**

Competency Standard IV

Strategies to establish Productive Relationships with Families

Tuesday– Parent Involvement/Quality Family Involvement - This session will explore ways to actively involve families into your program and address the importance of family involvement when designing a program to meet the developmental needs of young children. (2.0 hrs.)

Thursday – Positive Relationships with Families and Communities – Building Partnerships in the Educational Process – This course provides the opportunity for students to demonstrate knowledge of the basic principles of the promotion of involvement and positive relationships with families and communities. (2.0 hrs.)

Tuesday – CDA 125 & **Thursday– CDA 126** Involving Parents into the Early Childhood Curriculum - This session will explore ways to introduce developmentally appropriate practices to parents. (2.0 hrs.)

Tuesday – CDA 127 Involving Parents into the Early Childhood Curriculum - This session will explore ways to introduce developmentally appropriate practices to parents. (2.0 hrs.)

Thursday – CDA 128 The Importance of Parent Teacher Conferences – This course explores the parent’s role in parent –teacher conferences. (2.0 hrs.)

Tuesday – Informal Assessment: Observation – In this course, students will use observation methods to assess a child in the classroom or FCC (Family Child Care Providers) home environment. (2.0 hrs.)



Observation & Assessment

Thursday – CDA 129 Informal Assessment: Observation – In this course, students will use observation methods to assess a child in the classroom or FCC home environment. (2.0 hrs.)

Tuesday – CDA 130 Assessing Young Children Part 1 – In this course, participants will gain an understanding of the importance of assessing young children and learn how to create a narrative summary for the assessment of each child (2.0 hrs.)

Thursday – CDA 131 Assessing Young Children Part 2 - In this course, students will examine six methods for assessing young children and discover how to successfully apply these techniques in the early childhood classroom and FCC home environment. (2.0 hrs.)

Tuesday – CDA 133 Professionalism: Awareness of Child Care: Roles and Responsibilities for Teachers, Caregivers & FCC Providers – This course discusses the roles and responsibilities of being a caregiver in an early childhood setting. (2.0hrs.)

Thursday – CDA 132 Importance of Maintaining Professionalism – This purpose of this course is to provide teachers, caregivers, and directors with a greater understanding of what constitutes professionalism in the field of early childhood and how professionalism affects program quality. (2.0 hrs.)

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Thursday – Growing as an Early Childhood Professional - This course provides participants with information regarding professional growth in the early childhood and educational field. (2.0 hrs.)

Tuesday – CDA 133 Inclusion and Children with Special Needs: This course provides participants with a greater understanding of the importance of including children with disabilities in the early childhood environment. (2.0hrs)

Thursday – CDA 134 Inclusion and Children with Special Needs: This course provides participants with a greater understanding of the importance of including children with disabilities in the early childhood environment. (2.0hrs)

Tuesday – CDA 135 Inclusion: Effective Ways for Families and Early Childhood Programs to Work with Children with Autism (2.0 hrs.)



Thursday – CDA 136 Inclusion: Effective Ways to Work with Children with ADD & ADDHD: Including All Children in the Early Childhood Classrooms (2.0 hrs.)

Tuesday – CDA 137 Inclusion: Effective Ways to Work with Children with ADD & ADDHD: Including All Children in the Early Childhood Classrooms (2.0 hrs.)

Thursday – CDA 138 Inclusion: Identifying “Red Flags in the Infant & Toddler Classrooms (2.0 hrs.)

Tuesday – CDA 149 Program Management: Time Management (2.0 hrs.)

Thursday – CDA 140 Program Management (2.0 hrs.)

Tuesday – CDA 141 Program Management: Time Management (2.0 hrs.)

Thursday – CDA 142 Program Management: Team Teaching (2.0 hrs.)

Tuesday – CDA 143 Program Management (2.0 hrs.)

**November thru June 2025 - Practice for the CDA test, Complete
Workbooks, Resource File Review & Site Visits**