

National Do Not Call Registry



Report Unwanted Calls



Verify Your Registration



Register Your Phone

The National Do Not Call Registry gives you a choice about whether to receive telemarketing calls

- You can register your home or mobile phone for free.
- After you register, other types of organizations may still call you, such as charities, political groups, debt collectors and surveys. To learn more, read the FTC's FAQs.
- If you received an unwanted call after your number was on the National Registry for 31 days, report it to the FTC.

Sellers and telemarketers:

Go to <https://telemarketing.donotcall.gov> to access the National Do Not Call Registry.