Wildflower Wisdoms™ Living ME magazine

More than a magazine; more than a website~ it's a wildflower garden in full-bloom!

Sunflowers & Safe Travels

For this week's *Chronic Times* **Travel** *Special*, let's focus on the Hidden Disabilities Sunflower Lanyard, a discreet tool making travel more accessible for people with invisible disabilities. Launched in 2016 at Gatwick Airport in the UK, the program quickly spread to other countries and sectors. The lanyard—a bright green strap decorated with sunflowers—signals to staff that the wearer may need additional support, such as extra time at security or clearer instructions, without the need for verbal explanations.

Today, the Sunflower Lanyard is recognized at over 130 airports worldwide, including major hubs like JFK in the U.S., Schiphol in the Netherlands, and Sydney in Australia. It's also used in supermarkets, public transportation systems, and even some universities.

One story highlighting the program's impact involved a traveler with autism at Gatwick who shared how wearing the lanyard helped them receive assistance without needing to repeatedly explain their condition, making their airport experience far less stressful. This lanyard has grown into a globally recognized symbol of inclusivity, promoting better accessibility for millions.

Learn More and Get Yours Here:
https://hdsunflower.com/

NEWS SPLASH

We're looking for volunteers with WordPress and accessibility expertise to help us test and refine our site. If you have these skills or know someone who does, please reach out. You can contact me directly at Monique@ WildflowerWisdoms.com ; Together, we can create a more accessible space for all.

Living ME Summer Preview Edition
Grab it now for pay-what-you-can pricing!
Last days before we move to our website storefront, where it will be available for $2

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