

# The Chronic Times

Sunday, September 15th, 2024

Your Weekly Newsleaf from Wildflower Wisdoms™ Living ME



# WILDFLOWER WISDOMS<sup>TM</sup>

More than a magazine; more than a website- it's a wildflower garden in full-bloom!



#### Hello Wildflower Friend!

This week, we're celebrating the beauty, wisdom, laughter, and community that make up our wild and wonderful chronic illness world! Here's what's blooming:

#### Wisdom Corner:

"A wildflower's beauty lies in its resilience, finding strength in unexpected places." This week's wildflower wisdom reminds us that even in tough times, we can find small ways to flourish. Visit the magazine for more wisdom on coping, grieving, and living dynamically with chronic illness.

#### Laughter Lounge:

Who says brain fog can't be funny? Don't miss the comedy skit "OG BFFs" featuring two friends navigating life's foggiest moments. We're looking for new voices—could it be yours? Join our <u>YouTube</u> channel and share your own skits or stories!

### **Beauty Bloom:**

Our magazine is filled with nature's artistry—frameable photos that bring the outdoors in, offering a sense of calm and connection. Plus, we feature poems inspired by both wildflowers and the chronic experience. Get a glimpse of this beauty in our latest issue!

## Community Hub:

From insightful articles on Zoom chat and support groups to a heartfelt tribute to those living with Severe ME, our pages are for you, by you. Have a community event or news to share? Write to our Letters to the Editor at LivingME@wildflowerwisdoms.com; we're here to listen!

### **Special Feature:**

Discover the meaning of "dynamic disability" and how our magazine embraces this reality with honesty and grace. We're not just about survival; we're about thriving in all our complexity.

## Join Us!

■ Subscribe to Wildflower Wisdoms<sup>TM</sup> Living ME today to dive deeper into all these sections and more. Our pre-launch subscriptions are still open—get in now to enjoy beautiful photography, rich content, and a community that understands.

Visit our Ecwid <u>Storefront</u> to subscribe, support, and be part of something beautiful!

Until next time, stay wild and wonderful.

With Wildflower Love,
The Wildflower Wisdoms<sup>TM</sup> Team

Living ME

"The wildflower revolution is blooming & you're a part of it!"

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\* WISDOM\* LAUGHTER\* BEAUTY \*COMMUNITY\*