



*Supporting Dads to have the best possible relationships with their families.*

**Are you a dad or a dad to be?**

**Want to be the best dad and partner you can?**

**How about information and resources just for dads?**

Dad Matters is here to support dads with Attachment and Bonding, Supporting Mum's and Dad's Mental Health, Accessing Appropriate Services and Birth, Labour and Beyond.

**Get in touch to find out about our antenatal Dad Chats, targeted groups, one to one support and volunteering opportunities**



**Find us on social media to learn more about and share what being a dad means to you, your partner and crucially your baby!**

**Scan the QR code or See over for details...**



@DadMattersUK

DadMatters.org.uk



# Public Social Media for Dads, Mums and Professionals

**Main Facebook Page** - @dadmattersuk  
**Gloucestershire fb** - @DMGloucestershire  
**Warrington fb** - @DMWarrington

## **Dad Matters Twitter**

- Twitter.com/dadmattersuk

## **Dad Matters Youtube channel**

- Youtube.com/dadmattersuk

## **Dad Matters Instagram**

- Instagram.com/dadmattersuk

## **Dad Matters Website**

- Dadmatters.org.uk



## **Dad Matters closed groups just for dads**

***Facebook.com/groups/***

**Main Group** - Dadmattersuk

Dadmatterstameside

Dadmatterswarrington

Dadmatterssalford

Dadmattersgloucestershire

Dadmattersbolton

## **New Dads Session**

**Book your free place on our free course for dads in  
Greater Manchester, Warrington, and Gloucestershire**

Dadmatters.org.uk/antenatal-groups

## **What else do we do?**

**Connect with us online or at one of our face to face events. Find  
out more by joining our mailing list**

Dadmatters.org.uk/join-our-mailing-list