

# safe works

► EDITION 001

YOUR QUARTERLY UPDATE ON SAFEGUARDING  
NEWS BROUGHT TO YOU BY TRAINING WORKS



## WHAT IS SAFEGUARDING?

The definition of safeguarding is "to protect from harm or damage with an appropriate measure". It is a term used to ensure measures are in place to protect the health and well-being of people, especially children, young people, and vulnerable adults, for them to live free from abuse, harm, and neglect.

## WHAT IS PREVENT?

The Government introduced the Prevent Duty in 2015 via the Counter Terrorism and Security Act 2015. The Prevent Duty is an important responsibility for all education organisations to understand and act upon. This is essential to stopping children, young people and adults becoming radicalised, and to prevent acts of terrorism. It is important to implement this within your organisation by ensuring you and others are aware of the 5 Fundamental British Values (Mutual Respect; Democracy; Rule of Law; Individual Liberty; Tolerance & Understanding of differences in religions, culture & beliefs) and encouraging a safe space for all to talk about controversial issues and ideas. There is no mandatory way to report a Prevent issue, other than following your safeguarding procedures.

## MEET OUR SAFEGUARDING TEAM!



### LEANNE GUDGEON - Designated Safeguarding Lead (DSL)

Leanne has worked within the education sector for several years. Leanne's focus on Safeguarding started during her time working with apprentices aged 16+ and has now been appointed to the role of Designated Safeguarding Lead. Leanne is trained to Level 4 DSL.



### PAM WADCOCK

Deputy Safeguarding Lead



### CARL MULLEN

Adult Care Safeguarding Lead



### ELAINE KAY

Childcare Safeguarding Lead

When a Safeguarding or Welfare Concern is identified, it must immediately be reported to the Designated Safeguarding Lead (DSL). It is the job of the DSL to investigate the concerns and provide advice, support, or referrals when necessary. The DSL will also keep up to date with any Safeguarding changes and keep others up to date, including staff, our employers, and Learners, with the help and support of the other sector specific Safeguarding Leads within the company.

# WHY IS SAFEGUARDING IMPORTANT?

For many people, working with children and/or vulnerable adults is a rewarding career. However, any job role that involves the most vulnerable people comes with a lot of responsibility. It is our responsibility to ensure everyone's right to live without fear of abuse and neglect is upheld as well as protecting their basic human rights.

As an employer, it is important to review your safeguarding policy regularly, if you would like any advice with this, please don't hesitate to contact our DSL at Training Works.



## HOW TO REPORT A SAFEGUARDING CONCERN

If you have a Safeguarding Concern please contact **Leanne Gudgeon (DSL)** on our dedicated Safeguarding support line, **07593 703281**.

Our Safeguarding Policies and Procedures can be accessed via our Website: **[www.training-works.co.uk](http://www.training-works.co.uk)**

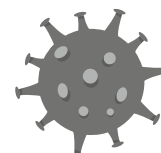
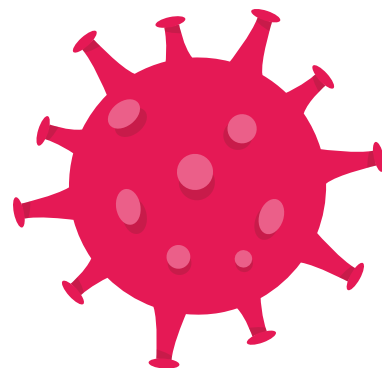
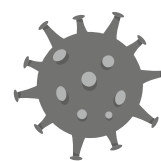
## THIS QUARTER'S FOCUS ▶▶▶▶

### SAFEGUARDING AND COVID-19

Although most legal restrictions have now been lifted, the Covid-19 pandemic is still very significant and has proven to be a challenge on people's lives in both childcare and social care settings.

#### SAFEGUARDING CHILDREN AND FAMILIES DURING THE COVID-19 PANDEMIC

As a Practitioner / Lead Worker, you continue to face challenges to support and safeguard vulnerable children, adults & families. It is particularly important to safeguard children who may be at an increased risk of abuse, harm, and exploitation from a range of sources. However, it is equally important to safeguard families, as some parents face significant pressures to continue to protect and promote the welfare of their children. These parents may already be struggling and so with additional pressure the likelihood of harm or significant harm may increase.



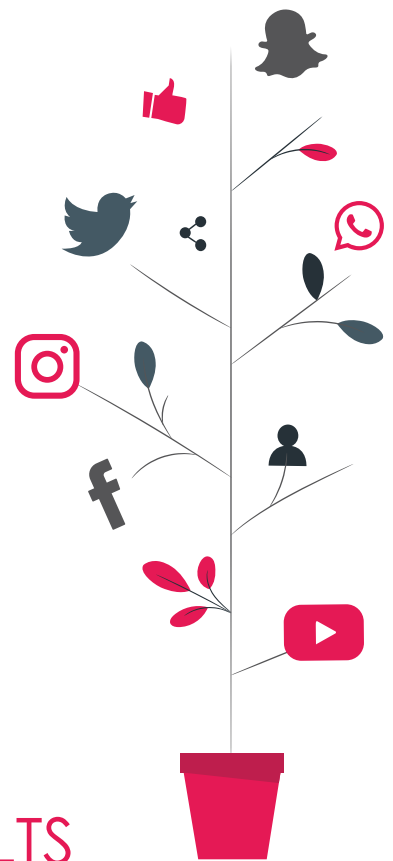
## RISK FACTORS TO CONSIDER INCLUDE:

**POVERTY** - Due to Covid-19, families have been forced to isolate therefore, in some cases, income for families has suffered and this increases the risk of poverty. It is good to ensure parents are aware of the government support available to them and how to access their local food banks.

**ABUSE AND HARM** - Different types of abuse, such as domestic and substance abuse, have been more prominent during the pandemic. This doesn't mean that risk will increase when working with pre-existing concerns, but Practitioners / Leads should show curiosity to explore how the risk may become increased.

**NEGLECT** - Isolation can increase the risk of neglect for children & vulnerable adults. This could be due to increased worries that families may be facing during the pandemic, so Practitioners / Leads should show professional curiosity and keep a holistic view of the family and emerging risks.

**EXPLOITATION** - Social media and gaming have become a lifeline for parents, children & adults, when having to spend more time at home with little external socializing. It is good support and a good protection factor to ensure families are aware of clear boundaries and expectations of children or vulnerable adults using the internet, a mobile phone or social media.



## SAFEGUARDING VULNERABLE ADULTS DURING THE COVID-19 PANDEMIC

Vulnerable Adults may be targeted due to several factors. Most need assistance with daily tasks, be less 'savvy' with technology, more welcoming of new faces, more trusting and, for many older people, wealthier. It has been said that social isolation increases the risk of abuse. Many older and disabled adults spend a long time at home, alone, even under normal circumstances, and this will unfortunately continue even as the restrictions lift. People who are at high risk to COVID-19 may not feel safe or feel ready to mix with others and may still be shielding and have been advised against going out.

There are many types of Abuse to look out for including Physical, Sexual, Emotional or Domestic abuse, neglect/self-neglect, but the focus during the pandemic on vulnerable Adults is financial abuse.

Fraudsters will target Vulnerable Adults with scams, such as, online sales of sanitation equipment that is never delivered, links to fake daily news for COVID-19 updates, fake insurance schemes and many more. It is our duty when working in care to safeguard our clients and service users from these risks of financial abuse.

Domestic abuse is another safeguarding factor that has risen in the time of the pandemic. Some living with an abusive partner or family member have seen an increase in abuse due to the added tensions and frustration caused by isolation and other worries over money, food, and job security. Due to isolation and positive cases amongst staff providing care services means there have been reduced visits for those being supported. Therefore, fewer visitors to the household may mean that evidence of physical abuse goes unnoticed.

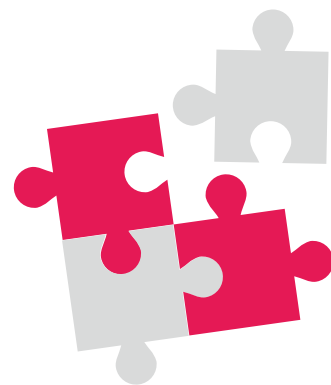
Ways you can help would be to talk to your residents or clients about the increased risk of abuse and be aware of any changes in behaviours that could indicate abuse. Without alarming your clients, advise them not to answer the door to strangers and to be aware of fake ID.

NO MATTER WHICH SECTOR YOU  
WORK IN, ALWAYS KEEP A LOOK OUT  
FOR THESE COMMON SIGNS OF ABUSE:

- PHYSICAL INJURIES
- CHANGES IN MOOD, EATING HABITS OR SOCIAL HABITS
- STRUGGLES COPING WITH EMOTIONS
- INDICATIONS OF SELF-HARM
- NERVOUSNESS AROUND CERTAIN INDIVIDUALS

## WHAT TO DO IF YOU ARE CONCERNED ABOUT A CHILD OR A VULNERABLE ADULT

If you are concerned about a child, young person, or vulnerable adult, you should immediately report this to a senior person or the designated safeguarding officer within your organisation. Alternatively, you can report it to your contact person / Trainer at Training Works and they will notify the Designated Safeguarding Lead. You can also report a safeguarding concern to your Local Multi-Agency Safeguarding Hub (MASH), you can find your local MASH on google.



## HELPING TO MAKE THE UK THE SAFEST PLACE TO LIVE AND WORK ONLINE

Social media is a great way to stay in touch with family, friends and keep up to date on the latest news. However, it's important to know how to manage the security and privacy settings on your accounts, so that your personal information remains inaccessible to anyone but you.

Training Works continue to raise online safety awareness with staff and Apprentices. For further information, support and advice, please see the following links:

### Social Media: how to use it safely

[www.ncsc.gov.uk/guidance/social-media-how-to-use-it-safely](http://www.ncsc.gov.uk/guidance/social-media-how-to-use-it-safely)

### NSPCC: Using social media safely with children and young people

[www.learning.nspcc.org.uk/safeguarding-child-protection/social-media-and-online-safety](http://www.learning.nspcc.org.uk/safeguarding-child-protection/social-media-and-online-safety)

## FREE SAFEGUARDING TRAINING!



If you would like to take advantage of our free Sector Specific Safeguarding Training, or if anyone within your workplace is considering DSL Training, please send your enquiry to [leanne@training-works.co.uk](mailto:leanne@training-works.co.uk)

### USEFUL CONTACTS

#### Training Works DSL

T: 01253 478180

E: [leanne@training-works.co.uk](mailto:leanne@training-works.co.uk)

#### Childline

T: 0800 1111

#### Action on Elder Abuse

T: 0808 808 8141

#### Samaritans

T: 116 123

#### Mind Infoline

T: 0300 123 3393

#### Action Fraud (Financial)

T: 0300 123 2040

Please visit our website [www.training-works.co.uk](http://www.training-works.co.uk) for a full list of helplines for various lines of enquiry.

## COMPETITION TIME

Complete the questions below and send your answers to [leanne@training-works.co.uk](mailto:leanne@training-works.co.uk) for your chance to

**WIN a £50 high street shopping voucher!**

Have your entries in by Friday 1st October 2021.

The winner will be contacted on Monday 4th October 2021!

1. What does Safeguarding mean?
2. What does Prevent mean?
3. What are the 5 Fundamental British Values? Give an example of how these are practiced in your day-to-day life.
4. Give an example of a safeguarding concern you would need to report and who you would report it to.
5. Name four different types of abuse.
6. Within your sector, how has covid-19 affected safeguarding?
7. What is the definition of a vulnerable adult?
8. What signs would show a child/vulnerable adult suffering from neglect?

## GOOD LUCK!



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