

safe works

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Training Works (NW) Limited

'Training for Care Professionals'

YOUR QUARTERLY UPDATE ON SAFEGUARDING
NEWS BROUGHT TO YOU BY TRAINING WORKS

► EDITION 002



WHAT IS SAFEGUARDING?

The definition of safeguarding is "to protect from harm or damage with an appropriate measure". It is a term used to ensure measures are in place to protect the health and well-being of people, especially children, young people, and vulnerable adults, for them to live free from abuse, harm, and neglect.

WHAT IS PREVENT?

The Government introduced the Prevent Duty in 2015 via the Counter Terrorism and Security Act 2015. The Prevent Duty is an important responsibility for all education organisations to understand and act upon. This is essential to stopping children, young people and adults becoming radicalised, and to prevent acts of terrorism. It is important to implement this within your organisation by ensuring you and others are aware of the 5 Fundamental British Values (Mutual Respect; Democracy; Rule of Law; Individual Liberty; Tolerance & Understanding of differences in religions, culture & beliefs) and encouraging a safe space for all to talk about controversial issues and ideas. There is no mandatory way to report a Prevent issue, other than following your safeguarding procedures.

OUR SAFEGUARDING TEAM!



LEANNE GUDGEON - Designated Safeguarding Lead (DSL)

Leanne has worked within the education sector for several years. Leanne's focus on Safeguarding started during her time working with apprentices aged 16+ and has now been appointed to the role of Designated Safeguarding Lead. Leanne is trained to Level 4 DSL.



PAM WADCOCK

Deputy Safeguarding Lead



CARL MULLEN

Adult Care Safeguarding Lead



ELAINE KAY

Childcare Safeguarding Lead

When a Safeguarding or Welfare Concern is identified, it must immediately be reported to the Designated Safeguarding Lead (DSL). It is the job of the DSL to investigate the concerns and provide advice, support, or referrals when necessary. The DSL will also keep up to date with any Safeguarding changes and keep others up to date, including staff, our employers, and Learners, with the help and support of the other sector specific Safeguarding Leads within the company.

WHY IS SAFEGUARDING IMPORTANT?

For many people, working with children and/or vulnerable adults is a rewarding career. However, any job role that involves the most vulnerable people comes with a lot of responsibility. It is our responsibility to ensure everyone's right to live without fear of abuse and neglect is upheld as well as protecting their basic human rights.

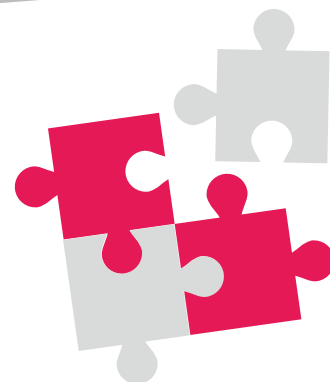
As an employer, it is important to review your safeguarding policy regularly, if you would like any advice with this, please don't hesitate to contact our DSL at Training Works.

How to report a safeguarding concern

If you have a Safeguarding Concern please contact **Leanne Gudgeon (DSL)** on our dedicated Safeguarding support line, **07593 703281** or email: **safe@training-works.co.uk**

WHAT TO DO IF YOU ARE CONCERNED ABOUT A CHILD OR A VULNERABLE ADULT

If you are concerned about a child, young person, or vulnerable adult, you should immediately report this to a senior person or the designated safeguarding officer within your organisation. Alternatively, you can report it to your contact person / Trainer at Training Works and they will notify the Designated Safeguarding Lead. You can also report a safeguarding concern to your Local Multi-Agency Safeguarding Hub (MASH), you can find your local MASH on google.



HELPING TO MAKE THE UK THE SAFEST PLACE TO LIVE AND WORK ONLINE

Social media is a great way to stay in touch with family, friends and keep up to date on the latest news. However, it's important to know how to manage the security and privacy settings on your accounts, so that your personal information remains inaccessible to anyone but you.

Training Works continue to raise online safety awareness with staff and Apprentices. For further information, support and advice, please see the following links:

Social Media: how to use it safely
www.ncsc.gov.uk/guidance/social-media-how-to-use-it-safely

NSPCC: Using social media safely with children and young people
www.learning.nspcc.org.uk/safeguarding-child-protection/social-media-and-online-safety

HOT TOPICS for this quarter!

PEER ON PEER ABUSE

WHAT IS PEER ON PEER ABUSE?

Peer-on-Peer abuse is when children/young people abuse those of a similar age. It can take place in or out of school/college and online. **There are many forms of Peer on Peer Abuse, such as:**

- Physical and Sexual Abuse
- Sexual Harassment and Violence
- Non-consensual sharing of nude images/videos
- Non-consensual sexual activity, including up-skirting.
- Emotional Harm
- Bullying, including Cyberbullying
- Teenage Relationship Abuse
- Grooming for Sexual or/and Criminal Exploitation

THOSE AT RISK OF PEER ON PEER ABUSE

Although all children/young people are at risk of Peer on Peer abuse, it is important to know that there are some that are additionally vulnerable to this type of abuse:

- Those aged 10 and upwards.
- Children/young people with a history of abuse or being exposed to abuse.
- Children /young people in care and those who have experienced the loss of somebody close to them.

HOW TO RECOGNISE THE SIGNS OF PEER ON PEER ABUSE

Needless to say, this type of abuse on people as young as 10 can have a detrimental effect on someone's Mental Health and Wellbeing, therefore the quicker we can spot the signs that something isn't quite right, the quicker we can support the victim and get them the relevant help and intervention they need.

Signs to look out for include:

- Regular Absences from school/college/workplace learning
- Lack of Sleep
- Withdrawn/lack of self esteem
- Physical injuries
- Mental/Emotional Health issues
- Alcohol/substance misuse
- Changes in or inappropriate behaviour
- Harmful towards others

What you can do to help

It's not only the victim that might need help. A lot of the time, the perpetrator has experienced forms of abuse which contributes to their behaviour and they also require support. If you or someone you know may be suffering from Peer on Peer abuse, please report it to the DSL (Designated Safeguarding Lead) at Training Works or the police.

INSTITUTIONAL ABUSE

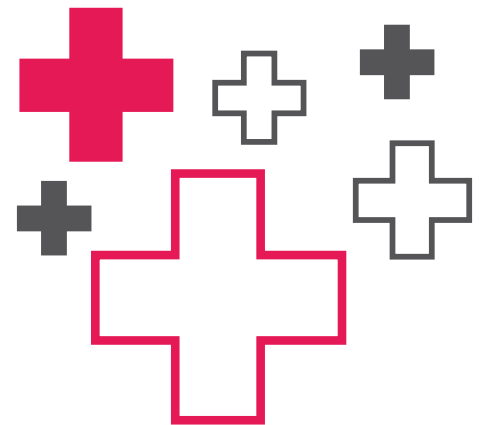
WHAT IS INSTITUTIONAL ABUSE?

Institutional abuse, sometimes referred to as organisational abuse, is to neglect and provide poor care practice within a specific care setting. This includes in a care home, hospital and even in service users homes.

Different Forms of Institutional Abuse include:

- Physical or verbal abuse
- Financial abuse
- Lack of personal belongings
- Lack of own choice
- Inappropriate confinement or restraint
- No flexibility of a schedule, such as bed time.

As stated, institutional abuse doesn't have to include physical activity, it can be something as little as the right of choice being taken away. This type of abuse can be a one off or it can be ongoing and can be a result of poor management, policies and procedures.



HOW TO RECOGNISE THE SIGNS OF INSTITUTIONAL ABUSE

Below are common signs that institutional abuse may be taking place:

- An unsafe, unhygienic and overcrowded environment
- A strict or inflexible routine
- No choice offered in regards to food and drink
- No privacy, dignity or respect for someone's individuality
- No respect for somebody culture or beliefs
- Treating adults like children
- Not allowing family visits into the home or ignoring family requests
- Signs of physical abuse

Remember, there isn't always a single cause for institutional abuse, it is normally down to organisations that have poorly trained and unsupervised staff, poor communication and poor management support.

What you can do to help

If you suspect institutional abuse is happening in your organisation, or another organisation near you, if it is relating to childcare, please contact your Local Children's Safeguarding Board.

If the organisational abuse is related to adult care, you can contact your Local Adults Safeguarding Board or CQC, they can also provide you with advice. For help contacting your Local Safeguarding Boards, please don't hesitate to contact our DSL at Training Works for assistance.

COUNTY LINES

County lines is a police term for urban gangs supplying drugs to suburban areas and coastal towns using dedicated mobile phones or 'deal lines'. These gangs use children and vulnerable people to move their drugs and money, known as child exploitation.

From the 11th to the 17th October 2021, Lancashire Police ran a County Lines Intensification Week Nationally. To educate school children and vulnerable people about this issue. Use this link to read more about their shocking findings.

www.lancs.live/news/lancashire-news/45-arrests-cash-seized-drug-21926376

How to identify whether someone you know might be involved in county lines include:

- Unexplained gifts, such as designer clothes and expensive items.
- Unexplained and regular absences from school/college/home.
- Access to multiple mobile phones.
- Signs of abuse, such as physical and emotional.
- Changes in behaviour.

If you are involved or suspect someone is involved in county lines, contact your local police force to help keep your community safe. If you are unsure of your local police force, please contact the DSL (Designated Safeguarding Lead) at Training Works for assistance. Or in an emergency, please dial 999.

EMPLOYER'S NEWSFLASH!

- If you were not already aware, The Designated Safeguarding Lead (DSL) at Training Works has now changed! **Your DSL is Leanne Gudgeon**, she is available between 9am-5pm weekdays for any Welfare, Safeguarding and Prevent Concerns you may have regarding your apprentice. Her contact details are **07593 703281**. Alternatively, our dedicated safeguarding email address is **safe@training-works.co.uk**. Outside of these hours, please contact the **Samaritans on 116 123** or your Local Police Force. In an emergency, please dial **999**.
- **WE HAVE RECENTLY APPOINTED A NEW GOVERNOR, NATALIE PALFREY!** She has joined our Governing body at Training Works and will have Safeguarding responsibilities upon the board. Natalie has vast knowledge of safeguarding due to her background of working in childcare and the education sector. We welcome her to the team, and we look forward to having her on board.
- You will soon be issued with our updated Employer Handbooks which includes information on our revised Safeguarding and Prevent Policy and Code of Conduct.

FREE SAFEGUARDING TRAINING!

If you would like to take advantage of our free Sector Specific Safeguarding Training, or if anyone within your workplace is considering DSL Training, please send your enquiry to **leanne@training-works.co.uk**

USEFUL CONTACTS

Training Works DSL

T: 01253 478180

E: leanne@training-works.co.uk

Childline

T: 0800 1111

Action on Elder Abuse

T: 0808 808 8141

Samaritans

T: 116 123

Mind Infoline

T: 0300 123 3393

Action Fraud (Financial)

T: 0300 123 2040

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Please visit our website **www.training-works.co.uk** for a full list of helplines for various lines of enquiry.