



# No One Is Exempt! Engaging All to Establish Safe and Equitable School Environments Together

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A Multi-Tiered System of Supports



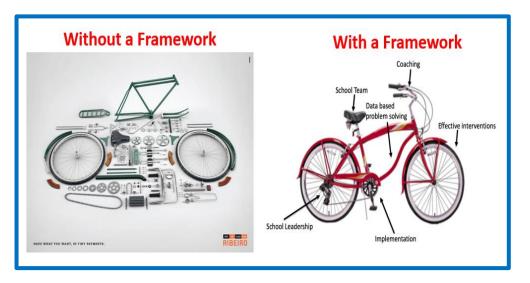




This product was developed by Florida's Positive Behavior Support Project through the University of South Florida, ouis de la Parte Florida Mental Health Institute funded by the State of Florida, Department of Education, Bureau of Exceptional Education and Student Services, through federal assistance under the Individuals with Disabilities Education Act (IDEA), Part B.

CA PBIS Virtual Conference: March 2, 2021

# **Goals for Today**



- 1) Describe WHY we need to continue on the path of improving outcomes for our students as well as the adults that work with them
- 2) Understand HOW to identify needs and create safe spaces that are equitable and supportive for all
- 3) Learn about WHAT free resources are available to assist in building capacity for PBIS implementation





# Some Words to Think About Today

Equity

**Pandemic** 

Hope

Safety

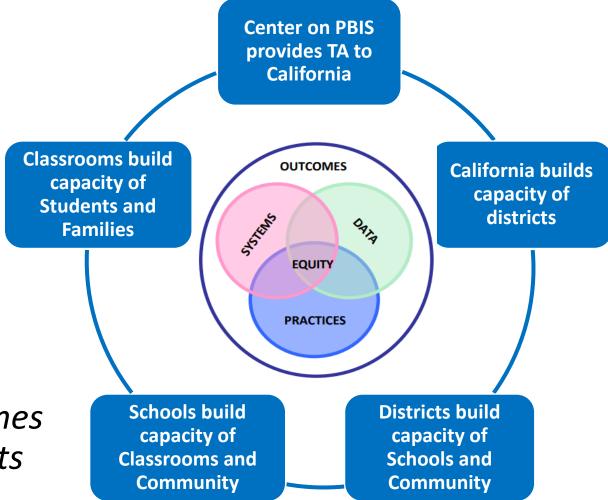
Encouragement

Exempt

How do you think they relate to PBIS?







# THE WHY

Need to continue improving outcomes for our students as well as the adults that work with them by leveraging our existing systems and building capacity to accelerate learning







https://sites.ed.gov/idea/

- Overview
- Stories
- Resources
  - <a href="https://sites.ed.gov/idea/osep-fast-facts-idea-45th-anniversary/">https://sites.ed.gov/idea/osep-fast-facts-idea-45th-anniversary/</a>





#### **Some Critical Issues in Education**

- Funding Government and Teacher Salaries
- Charter Schools, Voucher Programs, Private Schools
- National Standards Common Core and Standardized Testing
- Technology
- Class Size
- Literacy
- Poverty
- Substance Use Opioids and Vaping
- School Safety, Bullying, Armed Teachers
- School Policy Discipline Policies





# Other Critical Issues Facing Education

Adapted from DeWitt (2019)

- Health & Wellness students and adults are stressed out
- School Leadership many not prepared to lead
- Perception of Students varying expectations
- Cultures of Equity equitable resources for all
- District Office/Building-Level Relationships two-way partnership
- Perception of Teachers hardworking professionals
- Time on Task vs. Student Engagement moving from passive to deeper learning
- Politics learning how to respectfully agree or disagree

And...preparing to return to school!









"Equity." Merriam-Webster.com Dictionary, Merriam-Webster, https://www.merriam-webster.com/dictionary/equity.

Accessed 30 Nov. 2020

#### English Language Learners definition of equity:

- fairness or justice in the way people are treated
- a share in a company: a share of a company's stock

Synonyms: **fair-mindedness**, impartiality, neutralism, nonpartisanship, objectiveness





# **Difficult Challenges**

- Multiple expectations
- Students arrive with very different understandings of what is socially acceptable
- All are facing a range of complex issues
- Traditional "get tough" and "zero tolerance" approaches have proven ineffective
- Individual student interventions are effective but can't meet the need
- Teachers leaving the profession due to (1) behavior problems and (2) lack of support from administration to address behaviors



# Pandemic

#### Response is on a scale of social importance

"Pandemic." Merriam-Webster.com Dictionary, Merriam-Webster, https://www.merriam-webster.com/dictionary/pandemic.

Accessed 30 Nov. 2020

- occurring over a wide geographic area (multiple countries or continents) and typically affecting a significant proportion of the population
- characterized by <u>very widespread growth</u> or extent

Synonyms: pest, plague, affliction, sickness, widespread, prevalent, common, popular, public, universal, everyday, well-known, household, usual, typical, shared

Antonyms: rare, unknown, unusual, individual, nonpublic, personal, private, uncommon, unpopular







# **Using a Variety of Learning Formats**







Learning **Modalities** 





**Flipped** 









"Hope." Merriam-Webster.com Dictionary, Merriam-Webster, https://www.merriam-webster.com/dictionary/hope. Accessed 30 Nov. 2020

#### **NOUN**

- a feeling of expectation and desire for a certain thing to happen
- a feeling of trust

Synonyms:  $aspiration \cdot desire \cdot wish \cdot expectation \cdot ambition \cdot aim \cdot plan \cdot dream \cdot daydream \cdot pipe dream \cdot longing \cdot yearning \cdot craving \cdot hankering$ 

#### **VERB**

want something to happen or be the case





Student success is directly linked to predictable learning and teaching environments that are safe, respectful, positive, constructive, predictable and considerate of ALL





# Safety

"Safety." Merriam-Webster.com Dictionary, Merriam-Webster, https://www.merriam-webster.com/dictionary/safety.

Accessed 30 Nov. 2020

#### English Language Learners definition of safety:

- freedom from harm or danger: the state of being safe
- the state of not being dangerous or harmful
- a place that is free from harm or danger: a safe place

Synonyms: *protection*, safeness, security



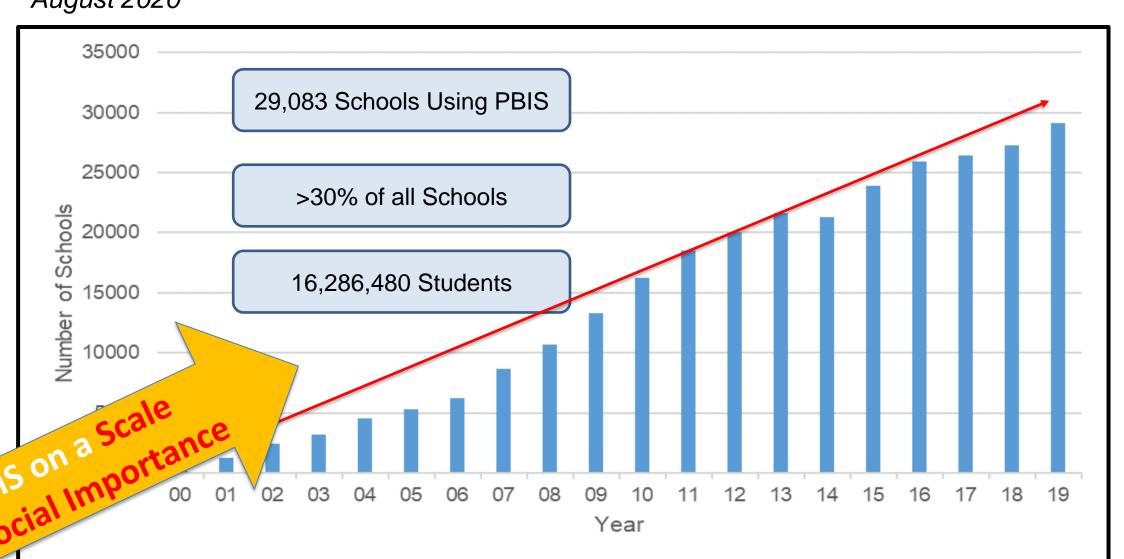




# **U.S. Schools Using PBIS**



August 2020





#### **Improved Student Outcomes**

academic performance (Horner et al., 2009)

social-emotional competence (Bradshaw, Waasdorp, & Leaf, 2012)

social & academic outcomes for SWD

(Lewis, 2017; Tobin, Horner, Vincent, & Swain-Bradway, 2012)

reduced bullying behaviors
(Ross & Horner, 2009; Waasdorp, Bradshaw, & Leaf, 2012)

decreased rates of student-reported drug/alcohol abuse

(Bastable, Kittelman, McIntosh, & Hoselton, 2015; Bradshaw et al., 2012)



## Reduced **Exclusionary Discipline**

office discipline referrals

(Bradshaw, Mitchell, & Leaf, 2010; Bradshaw et al., 2012; Horner et al., 2009)

suspensions

(Bradshaw, Mitchell, & Leaf, 2010)

restraint and seclusion

(Reynolds et al., 2016; Simonsen, Britton, & Young, 2010)



#### **Improved Teacher Outcomes**

perception of teacher efficacy

(Kelm & McIntosh. 2012: Ross. Romer. & Horner. 2012)

school organizational health and school climate

> (Bradshaw, Koth, Bevans, Ialongo, & Leaf, 2008; Bradshaw, Koth, Thornton, & Leaf, 2009)

perception of school safety

(Horner et al., 2009)

**School-Wide Positive Behavior Interventions and Supports** 

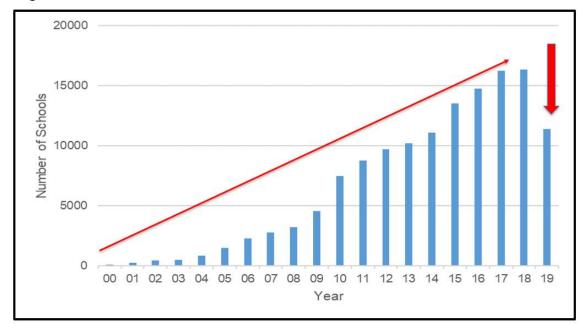


#### **Schools Reporting PBIS Fidelity**



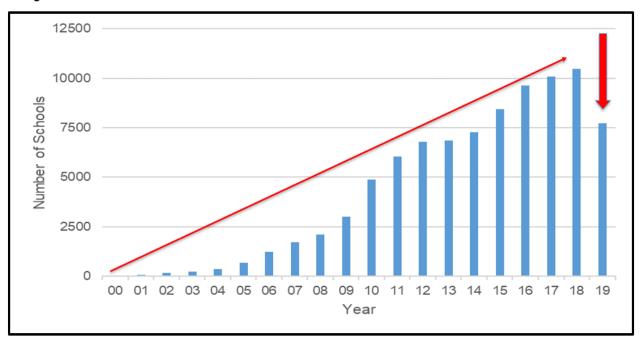


August 2020



#### **Schools Implementing Tier 1 PBIS with Fidelity**

August 2020



# Encouragement

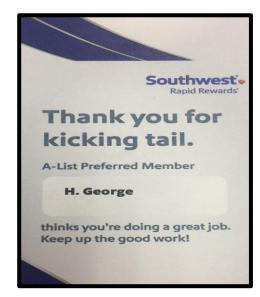
"Encouragement." Merriam-Webster.com Dictionary, Merriam-Webster, https://www.merriam-webster.com/dictionary/encouragement.

Accessed 30 Nov. 2020

#### English Language Learners definition of encouragement

- the act of making something more appealing or more likely to happen
- something that <u>makes someone more determined, hopeful,</u> or confident
- something that makes someone more likely to do something

Synonyms: **boost**, impetus, impulse, **incentive**, incitation, instigation, momentum, **motivation**, spur, stimulant, **stimulus** 







#### Do the Math

pbismaryland.org/costbenefit.xls

If 1000 Office Discipline
Referrals (ODRs)

(average of 45 minutes each)
are Reduced by 35%...

If Administrators take avg 10 minutes/ODR, they regained 3500 minutes, 58 hours, or 9.72 days (avg 6 hours/day)

15,750 minutes, 262.5 hours, or

43.75 school days (avg 6 hours/day) of

**Instructional Minutes are Regained** 

# Exempt

"Exempt." Merriam-Webster.com Dictionary, Merriam-Webster, https://www.merriam-webster.com/dictionary/exempt.

Accessed 30 Nov. 2020

#### English Language Learners definition of exempt

- not required to do something that others are required to do
- to say that (someone or something) does not have to do something that others are required to do: to make (someone or something) exempt
- to release or exclude from some liability (as in taxation), obligation, or duty to which others are subject

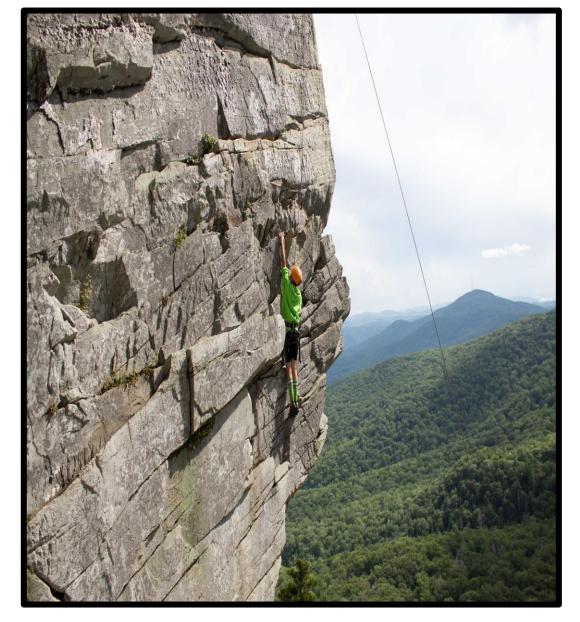
Synonyms: *immune*, privileged, protected, untouchable, invincible





# THE HOW

Highly successful PBIS districts and schools know how to identify needs and create safe spaces that are equitable and supportive for all

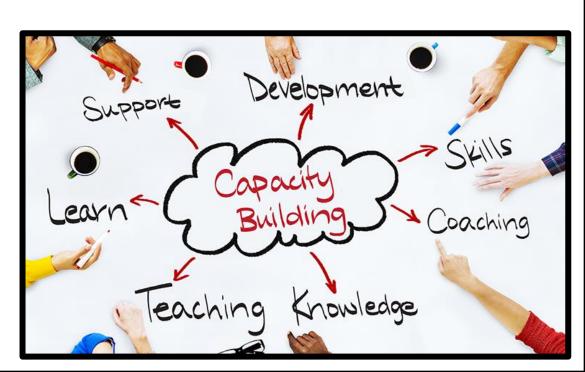






#### How Do We Do This? We Need...

- a vision for what we want our children to become
- a foundation that provides a safe and orderly environment that is conducive to learning
- to provide access to opportunities to build skills
- data to guide problem-solving
- to understand that well-being is essential to success!
- a diverse team-based approach
- to be willing to do things differently!



#### **Critical Student Needs...**

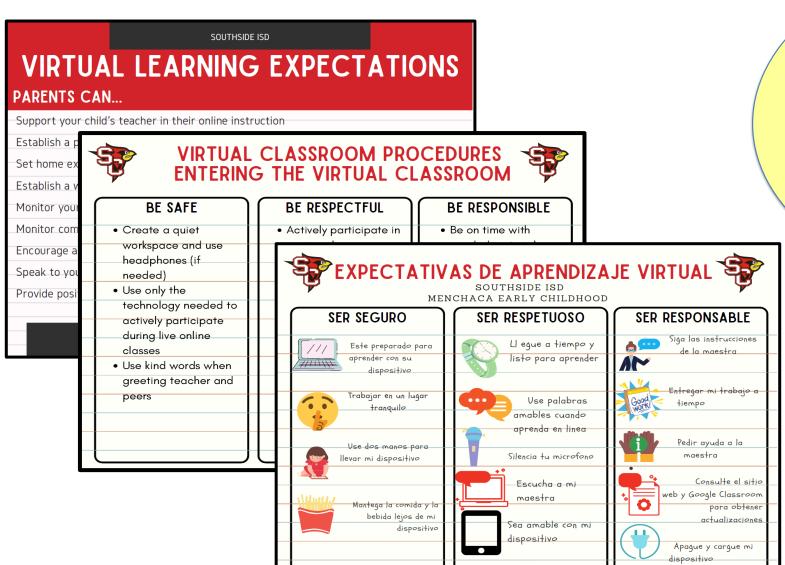
- Cognitive Abilities
- Social-Behavioral
   Competence
- Emotional Well-Being

**Challenged?** Healthy? Supported? safe? Engaged?

Are your students?

What about the adults?

## **Establish a Social Culture and Positive Climate**







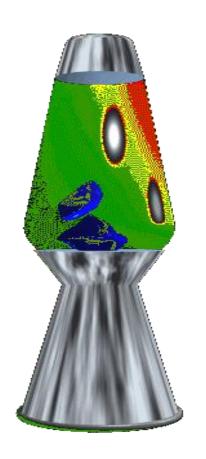
# Change the Question

From: "What's wrong with you?"

To: "What happened to you and how can we help?"

#### **Goals of PBIS**

- 1. Build effective, positive school environments which increases school safety
- 2. Improve academic and social-emotional behavioral outcomes for all students
- Prevent and/or reduce problem behaviors using a collaborative, assessment-based approach for developing effective instruction and interventions
- 4. Teach and reinforce appropriate behavior to enhance social-emotional learning leading to meaningful and durable lifestyle outcomes across a multi-tiered system of supports





# **PBIS Foundational Systems**

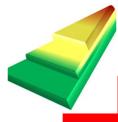
# Jniversal/Tier 1

- An established leadership team
- Regular meetings
- A commitment statement for establishing a positive school-wide social culture
- On-going use of data for decision making
- Professional development plans
- Personnel evaluation plan



# An intervention team with a coordinator

- Behavioral expertise
- Fidelity and outcome data are collected
- A screening process to identify students needing Tier 2 support
- Access to training and technical assistance

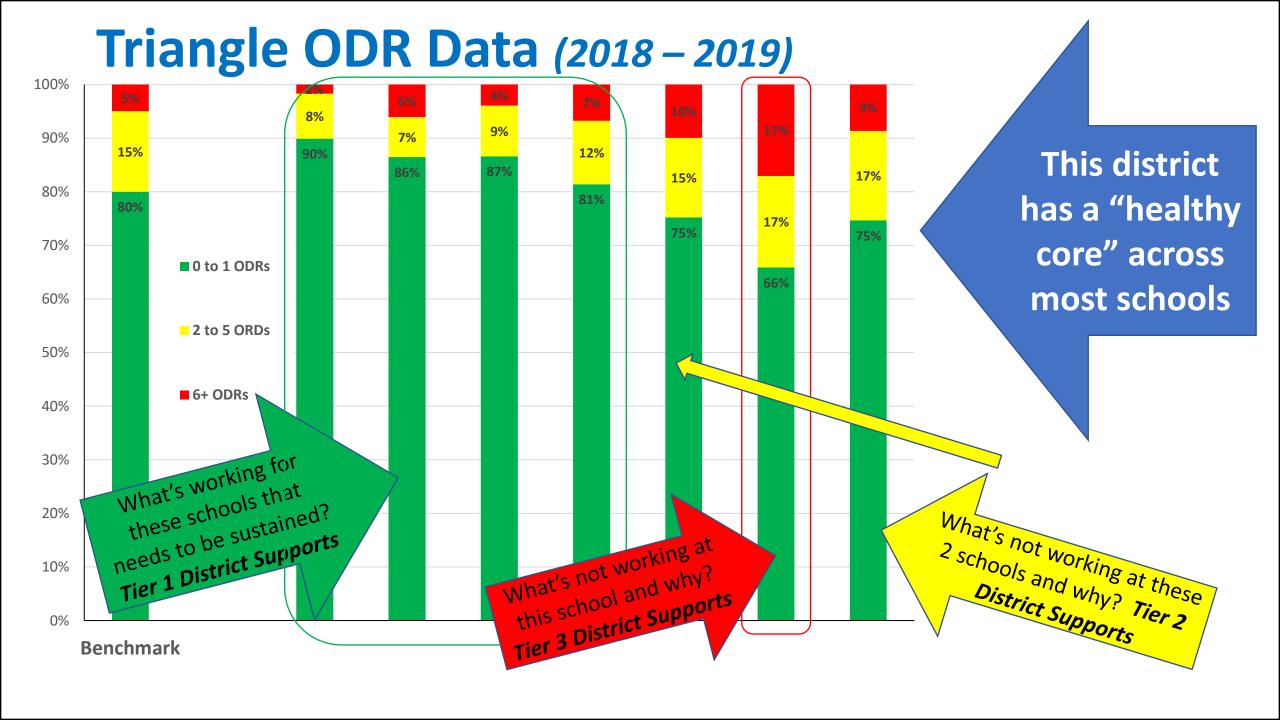


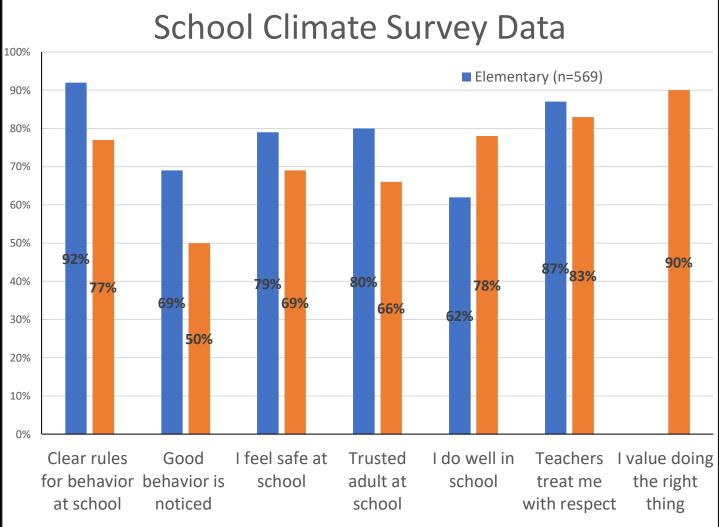
# A multi-disciplinary teamBehavior support

expertise

 Formal fidelity and outcome data are collected

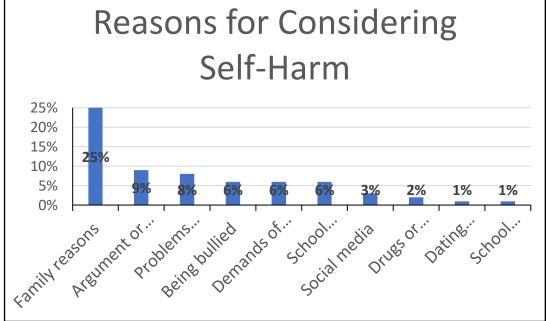






However, what do the students have to say about the climate in their school?

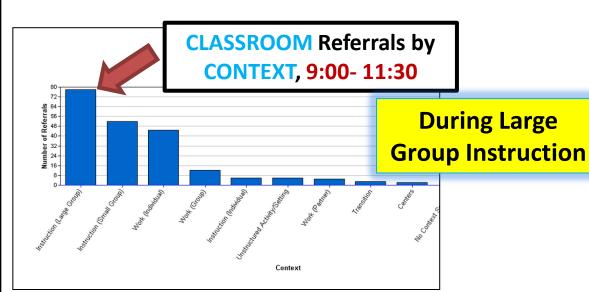
- A small percentage of elementary students reported experiencing bullying incidents frequently (7%) or every day (4%)
- 20% of secondary students reported having seriously considered self-harm within the past 12 months



**Drilling Down into your Data for an Accurate Problem ID** 

**Referrals by Location** 2013-14 **WHERE: CLASSROOM** 





If Tier 1/core is NOT sufficient for either a "domain" or group of students, what barriers have or could preclude students from reaching expected levels?

Where do your data tell

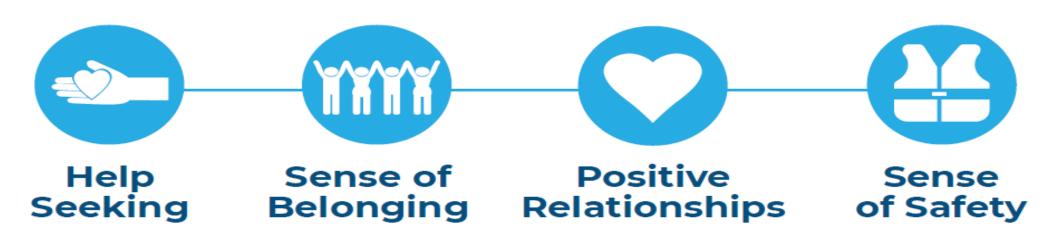
you to put your efforts?

9:00-11:30

**To Avoid the Activity** 

the way we set up classrooms and cafeterias, use school buildings before/during/after the bell, create learning opportunities within and outside of the classroom, display student work in halls/walls/websites/district buildings, and actively collaborate with our stakeholders speaks volumes about our learning cultures and our

# **CLIMATE!**









# THE WHAT

Some resources available to assist in building capacity for PBIS implementation

#### https://pbisca.org/

Facebook: <a href="https://www.facebook.com/PBISCA">https://www.facebook.com/PBISCA</a>

Twitter: @PBIS\_CA

YouTube: https://www.youtube.com/channel/UCQ9JCx6x-

sbu1Cr5StT0b w/featured?reload=9



# SAVE THE DATE FOR THE...

18th INTERNATIONAL CONFERENCE ON POSITIVE BEHAVIOR SUPPORT

Expanding World of PBS:

**SCIENCE, VALUES, AND VISION** 

MARCH

17-19

2021

Pre-Conference Workshops on 3/16/21 FEATURES INCLUDE:

**Over 120 virtual presentations** 

Lots of your favorite conference activities including: poster sessions, Film Festival, Mindfulness, Networking and more.

Capacity to access ALL presentations for 6 months for one low fee (\$175 APBS Member Early Bird Registration)



Enhance the quality of life of people across the life-span

# **BECOME**'A **MEMBER TODAY!**

#### **Our Mission**

Enhance the quality of life of people across the life-span by promoting evidence-based and effective positive behavior support to realize socially valid and equitable outcomes for people, families, schools, agencies, and communities.

#### **APBS News**

#### **APBS Statement on Racial Injustice**

We stand united with individuals, families, communities, and organizations across the United States and around the world demanding fundamental institutional change to end systemic racism, police violence, and inequitable treatment of people that have been historically oppressed.

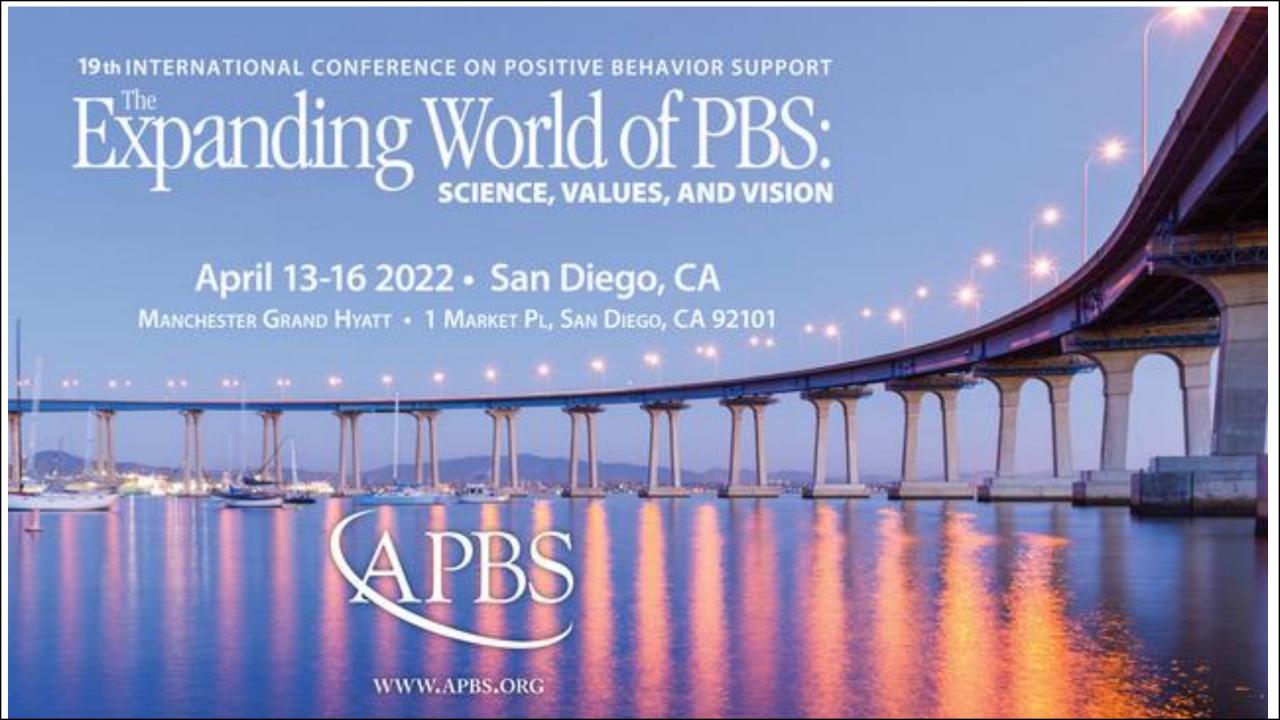
#### Mental Health During COVID-19 (PDF)

In these confusing and unpredictable times, we should follow NASP (National Association of School Psychologists) and NASN (National Association of School Nurses) guidelines to

#### **An Overview of Positive Behavior Support**

Get started as a leader in affecting positive behavior change for YOUR community. Whether that's in a school, home or community, the principles of positive behavior support stay the same, but there are specific next steps that can be taken to help bring about better outcomes for all.









Co-Principal Investigators and Co-Directors

www.pbis.org

Funded since 1998!

Twitter & FaceBook: @CenterOnPBIS

### Virtual PBIS Leadership Forum



### SAVE THE DATE

October 26-28, 2021



### Mark your calendar now -

You won't want to miss the 2021 Virtual PBIS Leadership Forum!

#### Creating a Context for Every Student & Educator to be Successful

This three-day virtual forum is designed to support state, regional, and local educational leaders, together with community and family partners, to increase the effectiveness of school environments through PBIS. Sessions and topic-specific strands will provide guidance and tools for strengthening prevention-based systems that support the social, emotional, and behavioral needs of students to ensure engagement in learning. The voices and experiences of youth, teachers, and other educational leaders will be featured throughout the Forum.

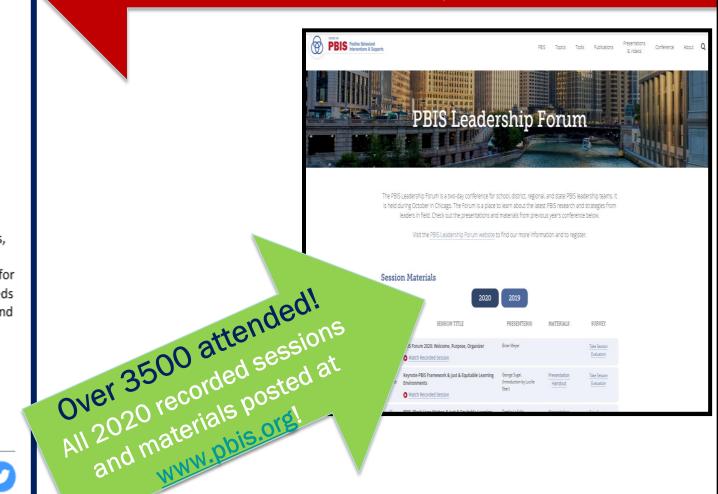
Questions? Contact <a href="mailto:support@midwestpbis.org">support@midwestpbis.org</a> or visit <a href="mailto:www.pbisforum.org">www.pbisforum.org</a>.

Sponsored by the OSEP Center on PBIS with support from the Midwest PBIS Network



### SAVE THE DATES!

PBIS Leadership Virtual Forum: October 26 - 28, 2021!



pBIS.org

Conference &



### **Returning to School During** and After Crisis

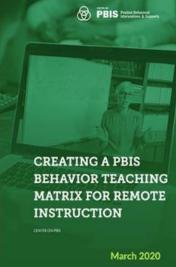
Supporting States, Districts, Schools, Educators, Families and Students through an MTSS Framework

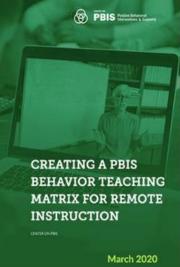
Learn More

....

#### FEATURED RESOURCES









Restraint/Seclusion School Climate Transformation Grant (SCTG) PBIS :

Opioid Crisis and Substance Misuse

School-Wide

ALSISEP

#### RETURNING TO SCHOOL DURING AND AFTER CRISIS:

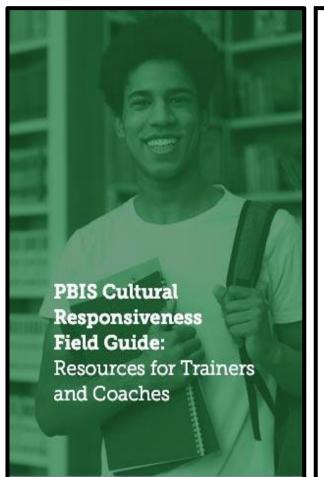
A Guide to Supporting States, Districts, Schools, Educators, and Students through a Multi-Tiered Systems of Support Framework during the 2020-2021 School Year

June 2020





## **Some Resources on Equity**





April 2020

### **Embedding Culturally Responsive Practices in** Tier I

Jennifer Rose, Loyola University Chicago; Milaney Leverson & Kent Smith, Wisconsin Rtl Center

This Practice Brief was developed as result of the roundtable dialogue that occurred at the 2019 PBIS Leadership Forum in Chicago, IL.

#### **Introduction and Purpose**

The PBIS Cultural Responsiveness Field Guide: Resources for Trainers and Cooches was first published in 2016 to support teams with integrating cultural practices of their students and communities into the existing PBIS framework with the goal of increasing equity in chool disciplien. The RDQ session at the 2019 National PBIS Forum tied the historical context of segregation in U.S. schools for students of color and students with disabilities with the need to: (1) Examine our policies and practices for systemic patterns of inequity, and (2) Recognize that we must have an honest discussion of the ways in which our schools have contributed to student disengagement by devaluing their culture. The purpose of this document is to review the strategies essential to begin removing barriers and providing access to education for all. The approaches noted represent ideas that some locations have taken

#### **Operational Definition and Rationale**

Addressing cultural responsiveness in PBIS Tier 1 should not be considered as an add-on nor a special variety of PBIS. Cultural responsiveness is one of the six defining features of PBIS (Center on Positive Behavioral Interventions and Supports, 2015). Therefore, if we are not attending to cultural responsiveness in universal PBIS we are not implementing PBIS with fidelity. As mentioned in the PBIS Cultural Responsiveness Field Guide: Resources for Trainers and Coaches (Leverson, Smith, McIntosh, Rose, & Pinkleman, 2019), cultural responsiveness should be a core feature of all PBIS implementation. However, we recognize that not all implementers are aware of this concept. Others may be familiar with the term cultural responsiveness but are uncertain of how to recognize when teams are effectively addressing it. Cultural responsiveness but are uncertain of how to recognize when teams are effectively addressing it. Cultural responsiveness refers to the process of developing awareness of the significance of our students' backgrounds (including historical context), then intentionally integrating their customs and values into our curriculum, instruction, and school environment. The goal of cultural responsiveness within the educational setting is to increase our ability to meet student needs in order to foster positive student-teacher relationships that maximize academic engagement. As we

Positive Behavioral Interventions & Supports (PBI www.pbis.org



July 20:

#### POSITIVE GREETINGS AT THE DOOR

#### WHAT IS IT?

A routine to start class or the day with a positive interaction. It can include greeting students by name, shaking a student's hand, asking a short question, or making a friendly comment that communicates they are welrame.

#### WHY DO IT?

Greeting students as they enter (or exit) your classroom/school is a simple and effective way to create a welcoming classroom and build positive relationships. Being greeted by an adult who is happy to see them can start a student's school day on a positive note. Likewise, an affirmative interaction at the end of the class can end student's day on a positive note as well too. These positive interactions are especially important for students who experience family conflict, walk to school through unsafe neighborhoods, or have unmet daily needs. Research has shown that positive greetings at the door increases students' time on task, reduces disruptions, and builds positive relationships follady & Pakurar, 2007, Cook et al., 2018.

#### HOW DO WE DO IT?

There are many ways that students can be greeted as they enter the classroom. Examples of greetings are provided below.

#### BASIC STEPS:

Stand just inside or outside of the door and...

- 1. Greet each student by name
- Have a short positive interaction (e.g., praise, friendly comment, question)
- Direct them to the first activity

#### VARIATION 1:

. Offer the student a choice of handshake, fist bump, high five, pinkie shake, etc.

#### ARIATION 2:

Provide a quiet, independent entry activity (e.g., warm-up fluency activity, easy writing task)
 Circulate around the room, ensuring you have a positive greeting with each student

#### VARIATION 2:

- Train students in your class to be greeters or 'greeter leaders'
- Students along with the teacher provide a greeting to each student in the morning
   Students alternate the role of greeter every month or week
- Positive Rehavioral Interventions & Supports (PRIS)

Positive Behavioral Interventions & Supports (PBIS) www.pbis.org



### Integrated Tiered Fidelity Inventory Companion Guide

This guide is intended to support school teams, coaches, and trainers working to focus on cultural responsiveness and support for mental health and wellness within the PBIS framework while also navigating the ongoing challenges of the 2020-2021 school year. Implementing PBIS with fidelity while actively engaging and elevating stakeholder voices creates a prosocial and supportive community that serves as the foundation for mental health prevention, facilitates culturally relevant and equitable implementation and outcomes, and creates environments that supports effective instruction. Throughout this guide we use social, emotional, and behavioral (SEB) to describe interventions and outcomes related to social, emotional, behavioral, mental health, and wellness. This companion guide is not an additional fidelity of implementation measure. It is an action planning tool to use alongside the validated TFI to frouce PBIS implementation to their meet the complex needs of students and staff

This document combines guidance from multiple existing sources into one integrated document. This guide incorporates the big ideas found in the <u>PBS Cultural Responsiveness Field Guider. Resources for Trainers and Coaches'</u>, the <u>Interconnected Systems of Support Action Planning Field Guide</u>. The <u>Returning to School during and after Crisis Guide</u>' as well as the <u>Teaching Social Emotional Competencies within the <u>PBIS Framework Brief</u>'. This document is intended to provide teams with efficient access to the core ideas and key action steps in each of these areas and is not intended to replace these individual guides. For in depth content, examples, and planning in any of these specific areas, teams should refer to the full documents linked above.</u>

To use this guide, we recommend teams complete the following steps:

- Complete the TFI in accordance with its validated scoring (available at <a href="www.pbisapps.org">www.pbisapps.org</a>) in person or remotely</a>
- Use the Integrated Companion Guide as an action planning guide to improve or enhance PBIS
  implementation. Team may use the whole quide or select specific items for focus.
- 3. Use topic specific guides (as needed) to learn more about specific areas of implementation.
- Develop a detailed action plan using the information gathered from the TFI and the companion quide.

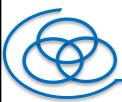
ositive Behavioral Interventions & Supports (PBIS)



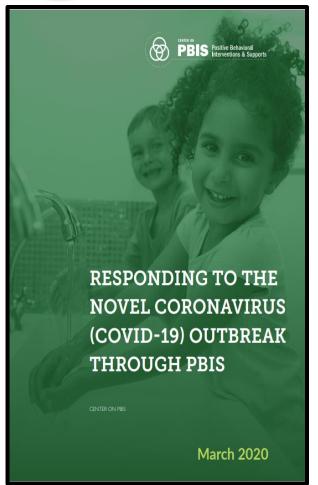


# www.pbisapps.org





# **Supporting Students During the Pandemic**





Undated March 2020

Getting Back to School after Disruptions: Resources for Making Your School Year Safer, More Predictable, and More Positive

Kent McIntosh, Brandi Simonsen, Rob Horner, Jessica Swain-Bradway, Heather George, & Tim Lewis

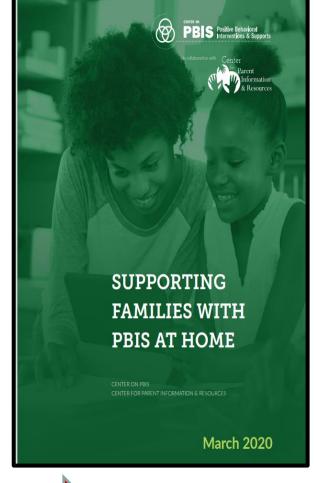
It goes without saying that students need to feel safe and have supportive relationships for their social, emotional, and academic learning to be optimized. Students experiencing trauma, such as from public health crises, weather disasters, or other upsetting events, may have been exposed to unpredictable schedules, inconsistent supervision, or food insecurity and desperately need school to be their safest, most predictable, and most positive setting, especially if they have been displaced or are without utilities or basic comforts.

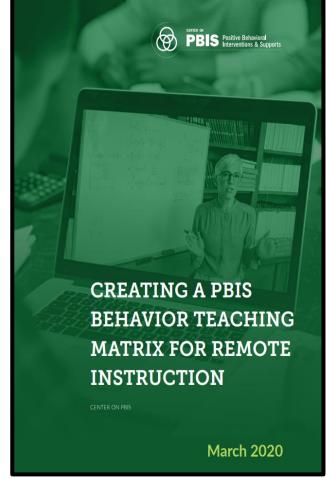
Multi-tiered Systems of Supports (MTSS), such as PBIS, are ideal frameworks for implementing strategies to support students coming back to school and to prevent and address further challenges. A tiered approach focuses on attending to the whole school environment to help the vast majority of students be successful and providing a continuum of support for those who need more.

With this in mind, we recommend the following six strategies for school teams to ensure a safe, predictable, and positive school year. These strategies are beneficial for all students if the school has been closed, as well as for individual students returning from extended time away from school.

Re-teach, remind, and acknowledge positive school-wide expectations [see https://www.pbis.org/pbis/tier.1]. Yes, you may have taught your school-wide expectations at the start of the year, but students coming back to school after an unplanned absence have been in different environments, with different expectations for their behavior. Hence, a strong focus on re-teaching and modeling expected school behaviors will help to re-establish and maintain a school culture where students can expect to see prosocial behavior from their peers and the adults in the building. It is often useful for us to keep in mind that students may have been practicing different behaviors while away from school and will benefit from re-teaching and opportunities for practice rather than exclusion.

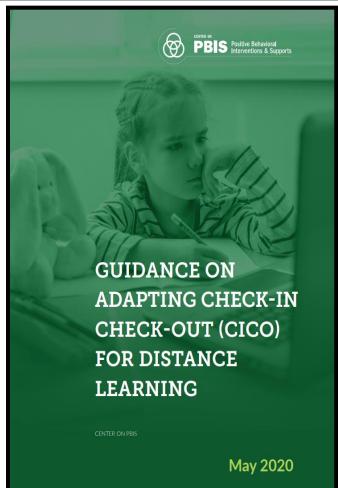
Positive Behavioral Interventions & Supports (PBIS)











PBS Positive Behavioral Interventions & Supports National Center on INTENSIVE INTERVENTION SUPPORTING STUDENTS WITH DISABILITIES AT **SCHOOL AND HOME:** A Guide for Teachers to Support Families and Students

May 2020

REMOTE LEARNING
FOR FAMILIES: KEEPING
IT ACCESSIBLE,
KEEPING IT POSITIVE

EIDI VON RAVENSBERG, JE

October 2020



August 2020

#### Improving Attendance in a Remote Learning Environment

The purpose of this brief is to adapt the suggestions and strategies provided in <u>Improving Attendance</u> and <u>Reducing Chronic Absenteeism</u> to guide practice during remote instruction. Strategies from both briefs will be helpful during hybrid instructional models.

#### Attendance Policy

In the current context barriers to student attendance and engagement have only increased. Schools and districts are encouraged to emphasize a supportive multi-tiered model for supporting student and staff engagement and attendance rather than punitive attendance or truancy policies. Leadership teams will need to be aware of and adjust policy and practice in response to local trends related to infection rates, food insecurity, and homelessness.

#### Measuring Attendance and Engagement

Attendance can be difficult to monitor during remote instruction, but understanding the level of student engagement is just as important. Rather than just counting students who are physically in class, consider monitoring engagement with both synchronous and asynchronous instructional opportunities. For both synchronous and asynchronous learning consider monitoring multiple dimensions of engagement including overall time engaged, % of contact opportunities, product completion, progress toward learning outcomes, and person or role engaged with (e.g., teacher, paraprofessional, social worker, etc.)

Synchronous Learning	Asynchronous Learning	
Take attendance during each online activity or class throughout the day	Use software tracking tools to record the number and percent of students logging in to each instructional opportunity	
Record the number and percent of synchronous assignments or activities completed	Record the number and percent of asynchronous assignments completed and turned in	

Then just as with in person instruction, monitor the number and percent of students in each of the following categories:

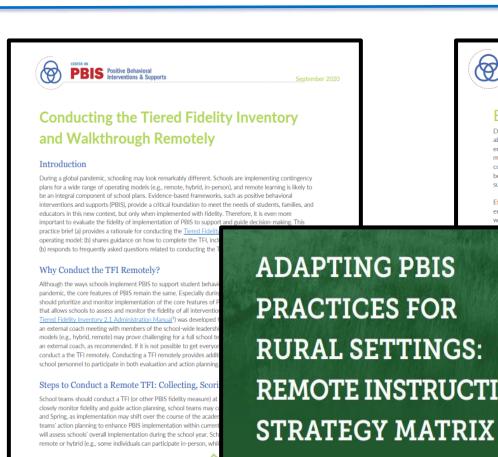
- · Regular attendees (miss less than 5% of instructional opportunities),
- At risk (miss 5%-9% of instructional opportunities),
- Chronically absent (miss 10% or more of instructional opportunities), and
- Severely chronically absent (miss 20% or more of instructional opportunities)

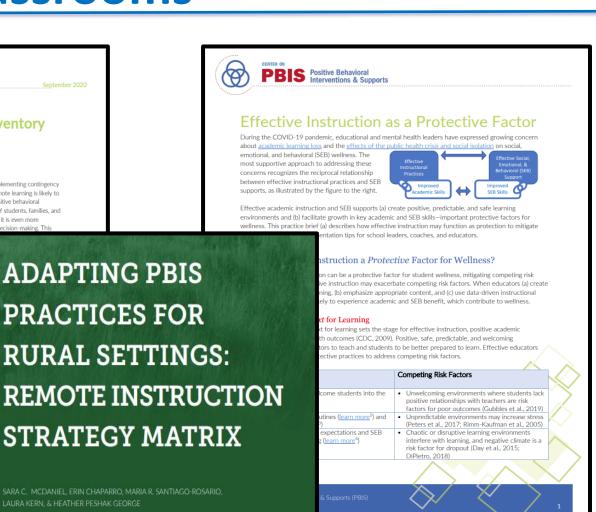
Positive Behavioral Interventions & Supports (PBIS



### **Some Resources for Classrooms**



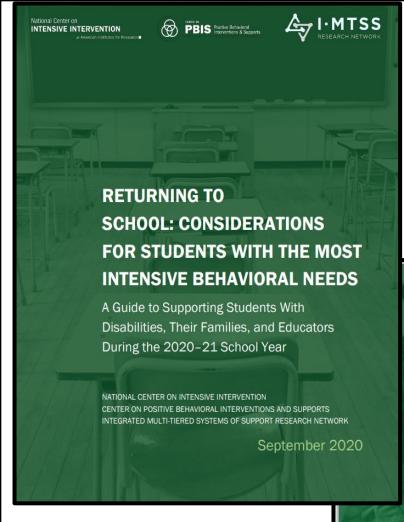


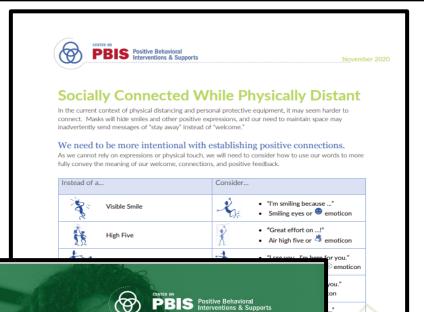


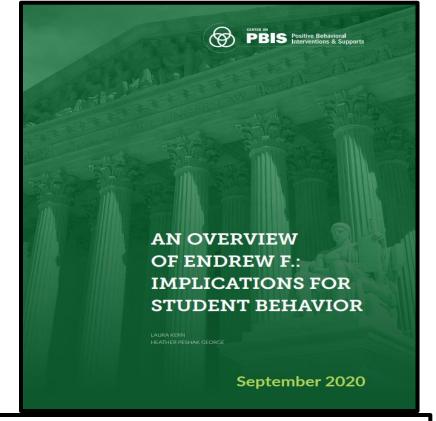
**Positive Behavioral** 

Interventions & Supports

November 2020









ANGUS KITTELMAN, SLOAN STORIE, ROBERT H. HORNER & WENDY MACHALICEK

June 2020

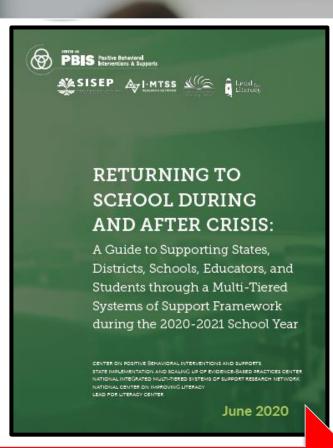


#### Habits of Effective Classroom Practice

Habits are predictable and regular responses to cues in our environment. In "The Power of Habit," Charles Duhigg (2012) described how we develop habits through cue-response-reward loops. For example, we say "Thank You" (response) when someone holds the door (cue), and we may hear "you're welcome" or see a smile in return (reward). We read or hear words (responses) based on unique combinations of letters or sounds (cues), and we receive information (reward). In other words, we develop habits by experiencing antecedents, behaviors, and consequences—the ABCs of behavior. Consider the following examples.

	Antecedent	Behavior	Consequence
Example 1	In public	Wear mask and maintain safe distance	Avoid germs and receive positive attention
Example 2	In line at a grocery store with candy stocked shelves	Child repeatedly asks (screams) for candy in line	Parent gives child candy
Example 3	Child repeatedly asks (screams) for candy in line	Parent gives child candy	Child stops screaming

### Supporting Schools During and After Crisis



More resources continue to be added!

#### **Key Recommendations**

1. Provide Support throughout the Implementation Cascade

To maximize student benefit, provide coordinated support and learn from feedback loops throughout the implementation cascade.



#### State & District



- State Guide
- District Guide
- Improving Attendance in a Remote Learning Environment

#### WEBINARS & VIDEOS

- Meeting Social & Emotional Needs for All
- Leveraging MTSS Systems to Support the Return to School During and After Crisis

#### ACTION PLAN TEMPLATES

 Planning Document for PBIS/MTSS Leadership.
 Teams for Use During COVID-19 Disruption

#### ADDITIONAL RESOURCES

State & District Topic





#### School & Classroom

#### GUIDES & BRIEFS

- School Guide
- Creating a PBIS Behavior Teaching Matrix for Remote Instruction
- Guidance on Adapting Check-in Check-out (CICO) for Distance Learning
- Conducting the Tiered Fidelity Inventory and Walkthrough Remotely
- Returning to School:
   Considerations for Students
   With the Most Intensive
   Behavioral Needs. A Guide
   to Supporting Students With
   Disabilities. Their Families,
   and Educators During the
   2020–21 School Year

#### WEBINARS & VIDEOS

- Creating Effective Environments: Back to Basics with Critical Practices
- High Leverage Instructional

#### ACTION PLAN TEMPLATES

- Returning to School Fall 2020: Staff PD Days Agenda Template
- Creating Effective Classroom Environments Plan Template

#### EXAMPLES

- Community Cares Video
- Socially Connected While Physically Distant

#### ADDITIONAL RESOURCES

- School-wide Topic
- Classroom Topic





#### Family & Student

#### GUIDES & BRIEFS

- Supporting Families with PBIS at Home Practice Brief
- Supporting Students with Disabilities at School and Home Practice Brief

#### WEBINARS & VIDEOS

Webinar coming soon

#### ACTION PLAN TEMPLATES

 Family Plan for Positive Behavior at Home

#### EXAMPLES

 Example videos and resources of positive behavior support for families from San Juan Unified

#### ADDITIONAL RESOURCES

Family Topic







## **Available Templates**

# Creating Effective Classroom Environments Plan Template Educator Name: Add | Grade Level/Period: Add | Date Updated: Add Instructions: Review A School Guide for Returning to School During and After Crisis and Effective Environments Video Complete tables with your own information by deleting & replacing light blue example text. Consider either (a) developing separate plans for in-person & remote instruction or (b) including examples across contexts. Positive Classroom Expectations Look Like, Sound Like, Feel Like Inn...

Expectations	Teacher- Directed Instruction	Small Group Activities	Independent Work	Transitions	
1. Kind to self	Use whole body listening	Share your ideas	Do your best     Ask for help if you need it	Bring what you need to be ready for what's next	•
2. Kind to others	Calm body & quiet voice Mute tech	Actively listen     Take turns     Wear a mask	Calm body & quiet voice     Stay in your own space	Quiet voice     Keep a 6' space bubble	•
3. Kind to environment	Take care of your space	Take care of your space & materials	Take care of your space & materials	<ul> <li>Leave space better than you found it</li> </ul>	•
	•	•	•	•	•

Attach Lesson Plans that	explicitly teach each ex	pectation in each routine.
--------------------------	--------------------------	----------------------------

Plan high rate/quality of opportunites to respond (active engagement) for students.

Prompt Expected Behavior	Prompt Examples:
at the beginning of each activity	o "While I'm reading, you can be kind by keeping your body calm,
	voice quiet, tech muted, and eyes on me. "
prior to end of each activity	<ul> <li>"In 1 minute, we're going to do our next activity. Please be kind to</li> </ul>
	your space by putting your materials away, sanitizing your space,
	and leaving it better than you found it."
before each transition	o "Remember, as we walk, we will be kind by keeping our voices quiet
	and a 6' bubble of space around our bodies. "

Give Specific Feedback	Praise/Correction Examples:
for desired behavior (praise)	o "Wow. I like how you are being kind by helping you friend with her materials."
	<ul> <li>"Class, you are being kind to yourselves by being ready to</li> </ul>
	learnthis is going to be a fun and important lesson."
for undesired b vior (correction)	your area and show that you can leave the space even better than
	you found it."  o "I see that not everyone has had a chance to participate in the group activity. Please mute after your turn and be sure you are kind
Lor	and the suppose a shape to their ideas #

#### Classrooms

Creating Effective Classroom Environments Plan Template.

(Ant v. Lemplate apted by educator listed at top.)

#### Returning to School Fall 2020: Staff PD Days Agenda Template

District Name: Add School Name: Add Dates: Add

#### Pre-Work for District:

- Review A District Guide for Returning to School During & After Crisis and Meeting Social & Emotional Needs of All Video
- Finalize district plan for return to school
- Convene meeting with building level admin to promote consistency across schools.
- Finalize agenda for staff PD days for each school. Use template below and contextualize activities by adjusting &/or replacing lighter blue example text.
- Plan to have district and school leadership present for staff PD. (District leaders stay with same school assignment throughout the day)

#### Pre-Work for School:

- Review <u>A School Guide for Returning to School During and After Crisis</u>
- Update school-wide matrix and lesson plans to accommodate new routines and/or examples of expected behavior (e.g., safe behavior may now include mask wearing and maintaining 6' space; responsibility may include sanitizing your materials and space)
- Finalize school plan for return to school.
- Share plan, identify meeting area outside, provide agenda with clear expectations, and consider additional materials for each day.

Schedule	Activity	
Day 1 (Add Date)		
8:30am-10:00am	OUTSIDE: WELCOME STAFF  ✓ Welcome Staff  ✓ Morning Check-In/Circle (music, time to just be together outside)  ✓ District and school Jeaders model for teachers how to welcome student  ✓ Review revised school-wide matrix (shared in advance) and explicitly dis school-wide expectations in new routines  ✓ Break into small teams and take a school tour (using dista)  Ouse new protocol for entering and exiting building (e.g., checks, sanitizer station).  O Practice line up routine, new traffic flow, and become familia-	scuss
	prompts (posters, floor signs)  O Provide direct instruction to all staff. Teach expectation new routines and procedures across all contexts, have staware of things that "trigger" them throughout the first provide self-reflection worksheet and opportunities.	and School PD Days
10:00am-10:15am	feedback throughout the day  CONSIDERATION:  ✓ Use a similar process for welcoming families and students  BREAK	
10:15am-12:00pm	INSIDE: SOCIALLY DISTANCED GRADE LEVEL TEAMS	

Center on PBIS (2020, July). Returning to School in Fall 2020: Staff Professional Development (PD) Days Template (Content within template adapted by educators within district and school listed at top.)







#### Family Plan for Positive Behavior at Hom

Use this resource to make a family plan for positive behavior at home. Start by reading Meet with your family and make your own plan in three simple steps:







Set Routines: Make a family schedule. Routines are activities that we do every day as a family, such as getting ready in the morning. Make a list of things you do as a family in the order that you do them. You can change or replace the light blue text in the table to the right to make your own



family schedule.

Choose Expectations: What you want to see. Expectations are short phrases or values that share what is important for your family, such as being

- kind to others a. Choose a few positive expectations that work with your family schedule. If your school has
- expectations, you might use the same ones. b. Make a table with your expectations. i. Add your family expectations down the left
- ii. Add your family routines across the top
- (from your schedule).
- iii. Add examples to show what it looks, sounds, and feels like to follow your family expectations in each routine.

1. Family Schedule

- Wake up, get ready for the day, & eat breakfast
- Morning check-in
- Look at the morning schedule & check-in (how are you doing today?)
- Morning Exercise
- Take a walk outside, "hike" inside on the stairs, etc.
- Remote Instruction
- Use the school schedule to establish times for instruction
- Lunch check-in
- Eat healthy lunch, look at the afternoon schedule & check-in
- Complete Homework Choose a time to do homework
- Afternoon Exercise
- Take a walk, dance party, etc.
- Be with Friends & Family
- Connect with family or friends through social media, phone, etc.
- Get ready for bed
- Brush your teeth & go to sleep

You can change or replace the light blue text to make your own home expectations table below.



Expectations		Get ready in the Morning	Remote Instruction	Complete Homework
	٠	Brush your teeth	Set up a quiet	Do your best
1. Kind to self	ľ	Eat a healthy breakfast	learning space with materials you need	Ask for help if you need it
	L		<ul> <li>Stay focused</li> </ul>	<ul> <li>Turn your homework in</li> </ul>
	ŀ	Use kind words with	<ul> <li>Actively listen</li> </ul>	Stay in your own space
2. Kind to others	٠	your family Ask your family members if they need help	Mute yourself when not talking     Take turns when working in groups	Use headphones or turn speakers off Use kind words when someone helps you
3. Kind to our	٠	Clean up your dishes after you eat breakfast	Put your supplies away after learning	Put your supplies a vay
home		Help put any items	Keep your working	Turn technology o
	L	away	area clean	-ow
	۰		•	

For Families

Center on PBIS (2020, August). Family Plan for Positive Behavior at (Content within template adapted by family.)

**Teams** Planning Document for PBIS/MTSS Leadership Teams for Use During COVID-1/

We can expect that the return to school this fall will look very different than any time before. We anticipant excitement and a certain amount of anxiety and apprehension for a "new normal" phase in both our school organization and functioning. Individuals will have (at minimum) experienced a disrupted life and unfortunati far too many will have been exposed to illness, death and trauma. Given the extended time away from the classroom instruction, we anticipate this loss to be beyond ordinary even with the heroic efforts of educators and family through a "Continuity of Learning Plan".

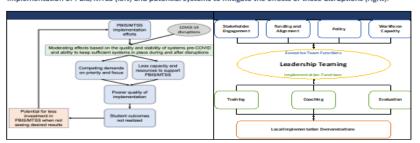
Organization Name: Add here

Our most vulnerable students are especially impacted by the disruptions and stressors associated with our "current normal". We can extend this concept to our most vulnerable educational systems (i.e., districts, schools). Previous MTSS investments in these systems are exceeding fragile. Yet, it crucial to continue our focus on implementing quality MTSS to promote effective environments and student success.

The purpose of this tool is to evaluate current implementation supports for PBIS given the threats and challenges associated with the COVID-19 pandemic. This tool is based on the PBIS implementation blueprint and the Returning to School During and After Crisis<sup>2</sup> guide. The tools is intended for use by leadership implementation teams who have been coordinating PBIS/MTSS implementation efforts. This tool is not meant for new or beginning implementation of PBIS/MTSS. The tool can be used at the state or district level with the idea that it is important to understand who is using the tool (state or district) and what is in control of the user at the identified level. Also, it is important to consider who will receive the services or supports provided by the team completing the tool.

The educational disruption may have contributed to a loss of focus, implementation momentum, or weakening of the critical features that effectively support implementation of PBIS/MTSS. We need to strengthen the current PBIS/MTSS features that have been in place, building upon the PBIS/MTSS investments

The figure below illustrates the possible impact of COVID-19 disruptions on weakening systems to support implementation of PBIS/MTSS (left) and potential systems to mitigate the effects of these disruptions (right).



The COVID-19 pandemic can weaken PBIS/MTSS implementation efforts through competing demands for priority and focus and reducing the capacity and resources to support effective implementation. Hopefully, stable systems will moderate the effects that disruptions have on implementation efforts. The risk is that weak supports will lead to poor implementation resulting in little to no significant student outcomes. This may create the potential for even less investment in PBIS/MTSS implementation. To mitigate these risks, review the Returning to School During and After Crisis2 guide and develop an action plan (using template on following pages) to (1) confirm and reestablish commitment, (2) consider capacity and resource allocation, (3) invest in supporting structures, and (4) promote competency development.

Center on PBIS. (2020, August). Planning Document for PBIS/MTSS Leadership Teams for Use During 1 COVID-19 Disruption. (Content within template adapted by educators within organization listed at top.)



Leadership



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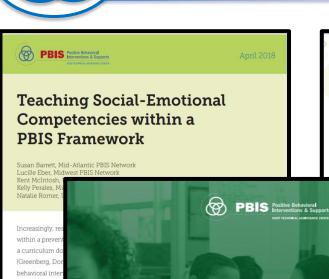
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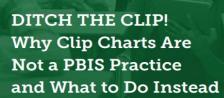
being a packaged p

all students through

Positive Rehavi

# Some Resources for Mental Health and Well Being





February 2020

Advancing Education Effectiveness:
Interconnecting School Mental
Health and School-Wide PBIS

Volume 2: An Implementation Guide



By: Lucille Eber Susan Barrett Kelly Perales Jennifer Jeffrey-Pearsall Katie Pohlman Robert Putnam Joni Splett Mark D. Weist

PBIS FRAMEWORK

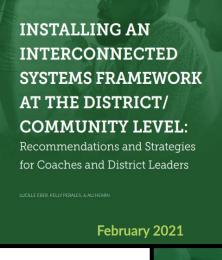
**INTEGRATING A** 

TRAUMA-INFORMED

APPROACH WITHIN A

November 2020

PBIS Positive Behavioral Interventions & Supports



PBIS Positive Behavioral



**Positive Behavioral** 

Interventions & Supports

www.pbis.org

Topics

Conference & Presentations

**Publications** 

Video &

About Q



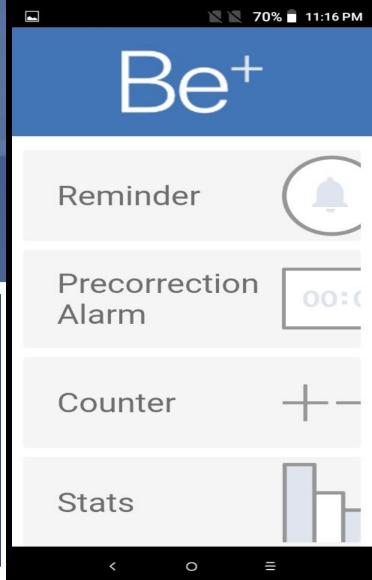
### Track Positive Reinforcement with Our Be+ App

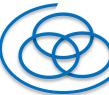
A free mobile application to remind and track all of the positive reinforcement and pre-corrections you give throughout the day.

Learn More

### FREE download now available for Apple & Android!

- https://apps.apple.com/us/app/be-bepositive/id1500031427?ls=1
- https://play.google.com/store/apps/details?id=ed u.uoregon.emberex bpositive&hl=en US





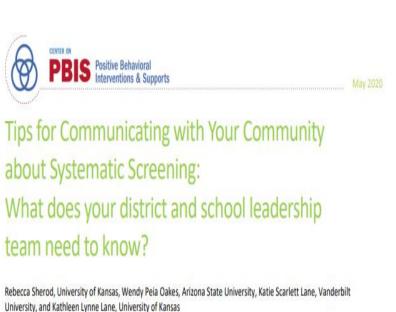
# Some Resources for Data-Based Problem Solving

**OF MINORS** 

THROUGH PBIS

January 2021





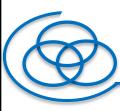


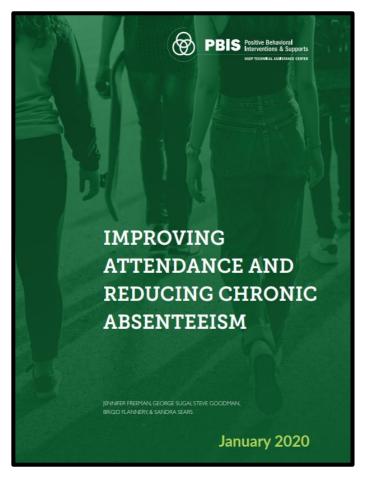
PBIS Positive Behavioral Interventions & Supports PBS Positive Behavioral BUILDING MOMENTUM FOR PBIS **IMPLEMENTATION** IN HIGH NEED **DISTRICTS GROWING PROBLEM** October 2020

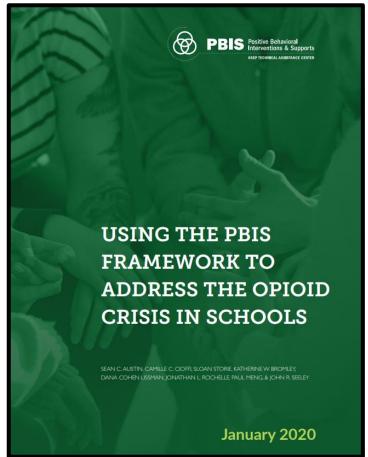
**Positive Behavioral** 

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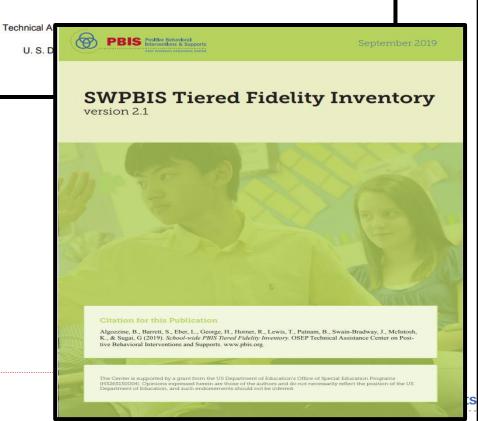




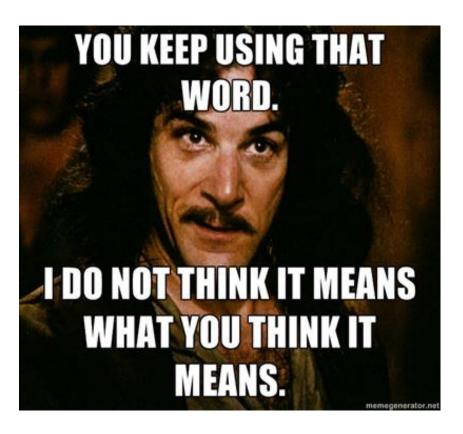


# Positive Behavioral Interventions and Supports Implementation Blueprint:

PBIS District Systems Fidelity Inventory (DSFI)



# Now, let's think about these words again...



Equity

Pandemic

Hope

Safety

Encouragement

Exempt

When thinking of PBIS and the need to accelerate learning, what do these words now mean to you?







With PBIS, you are all change agents that will have more impact when working together!

- We all need to take ownership of our environment by creating systems, practices and policies that supports engagement by providing access for all
- Put PBIS on a scale of social importance
- Be purposeful and explicitly teach what's expected for success
- Create safe, positive and respectful environments that are conducive to learning
- Build momentum by acknowledging desired behavior when you see/hear it to increase the likelihood of future occurrence
- None of us are immune, untouchable or invincible we are all accountable and responsible
  - NO ONE IS EXEMPT!

