



NEWSLETTER



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HAPPY 130th BIRTHDAY GFWC!



President's Message

Ladies,

Now that we are all confined to our homes, we should have a great garage sale with all of our clean closets ! (Ha! Ha!) I need more motivation than confinement. I can't seem to get anything done except cook everything in my freezer. I've been obsessed with my jigsaw puzzles and have been having an occasional partner to help me when I get stuck. A friend sent me this written by Laura Kelly Fanucci that is just right for now:



When this is over,
May we never again take for granted
A handshake with a stranger
Full shelves at the store
Conversations with neighbors
A crowded theater Friday night out
The taste of communion
A routine checkup
A school rush each morning
Coffee with a friend
The stadium roaring
Each deep breath
A boring Tuesday Life itself
May we find
That we have become
More like the people
We wanted to be
We were called to be
We hoped to be
And may we stay
That way – better
For each other
Because of the worst

I look forward to seeing you soon!

God bless you and your families.

In Federation Love, *Frances Hamilton*

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Note from Newsletter Editor



Reminder:
The next issue of the newsletter will be published by August. Please have all notes and Photos to me NO LATER than 12th. It is most helpful if photos are provided in JPEG format and text is provided in Word. If text is provide in PDF format, I have to retype it as I do not have the needed software to edit it.

Thank you, Sue Allen



Upcoming Events

CANCELLED UNTIL WE PASS THE CORONA VIRUS

Attention Members,

Please note, President Trump has extended the self-confinement through the entire month of April. Our Florida State, Governor Desantis, also has a 30 day "Stay at Home Order" unless you are pursuing essential services or activities, taking effect April 2nd.

Maybe if all persons do this it will end our confinement earlier than we know.

With that being said, the GFWC Woman's Club of Inverness has cancelled the entire April Meeting schedule and renting until further notice. So, please mark your calendars to continue your confinement.

We will try to have a "Garage Sale" as soon as we can so keep cleaning out your closets and garage while we are in confinement.

Please continue your self-confinement. If you need assistance, you can contact anyone on the board for help. Please be reminded of our pledge in the "Collect for Clubwomen" and stay safe.

REMINDER:

Dues are Due! Stay Safe!

Frances Hamilton





Book Club: Angie Mayo



Discussion: April book—*The Great Alone* by Kristin Hanna. A story about a Vietnam POW who, upon returning home, makes the impulsive decision to move his family to Alaska to live off the grid.

May book—*Eleanor Oliphant* by Gail Honeyman. A fictional and humorous story about an odd and regimented loner whose life wonderfully unfolds after a chance encounter with a stranger.

On March the 11th the Book Club group under the guidance of our facilitator, Linda Chuckman, ardently discussed *Before We Were Yours* by Lisa Wingate. A book based on the true story of Georgia Tann and the scandal surrounding the corrupt Tennessee Children’s Home Society in Memphis during the 1920s-1950s, in which children of poor families were kidnapped and sold to wealthy families, including some Hollywood celebrities. Although not a particularly easy book to read, the group would highly recommend it to others.

UP DATE LITTLE FREE LIBRARY:

Our **Little Free Library** has seen moderate activity attracting readers of all ages. But at the national level, a great milestone has been reached with the launching of the 100,000th Little Free Library. It was granted to the Association for the Advancement of Mexican Americans in Houston, Texas.

One of our Book Club members, Rosemary Nilles, has been in charge of monitoring and upkeeping the Little Free Library (LFL) since February. And this is what she reported, "The LFL has definitely been visited, per my photos*, and even a travel DVD appeared, which I left there... I went to a thrift shop, and added many new children’s books as they seem to be moving."

*We had decided to take periodic photos of the contents of the LFL to be able to check if the books "had moved" and, therefore, show that people were using our LFL.

Cont: Page 9



MEMBERSHIP By 2nd Vice President Noreen Elliott



The General Federation has changed the names of our Community Service Areas effective this summer.

Effective July 1, 2020, the number of Community Service Programs will change to five and will become the following:

1. Arts and Culture (Basically the same)
2. Civic Engagement and Outreach (Like Public Issues)
3. Education and Libraries (Same)
4. Environment (Like Conservation)
5. Health and Wellness. (Like Home life)

No longer: Art, Conservation, Education, Homelife, Public Issues, and International Outreach.

Each of the service areas will have a chairman and a committee who will work on projects that are of interest to our club. There are dozens of suggestions through GFWC literature for activities that clubs can undertake. If you are interested in serving on any of these committees, please contact Sandra at 352-634-4216 or email her at skoonce@tampabay.rr.com

Restaurant Gatherings

Sue Allen



**CANCELLED UNTIL
WE PASS THE VIRUS**

All are welcome to join us as we support our community restaurants. Bring a friend, relative, husband. Or come alone.. This month, ? on the 2nd and 4th Thursdays we are gathering at “?” 4:30 p.m., **Please let me know if you are coming so I can make the reservations** for the right amount of members.

Thank You.

**Hope to see you
all there when we get
rid of this virus!**



Sue Allen



COMMUNITY SERVICE PROGRAM AREAS



ART

Debbie Sargent Chair

Start making your Art and Craft for next year Festival at Gainesville Woman's Club . What is your talent? Painting? Ceramics? Woodworking? Knitting? Crochet? Jewelry? Recycling something? Go to www.gfwcfl.org and find out the many areas that can be done. Are you thinking?



Conservation

Linda Chuckman Chair

Conservation Projects: You may be stuck at home, but that doesn't mean you can't enjoy the beauty of the world. Tour the vast landscapes of a National Park virtually. Research the animals and wildlife in your area. Keep a list and compare with friends for the number, differences, and unexpected—like alligators! Plant an indoor herb garden or terrarium. Share photos of nature that you previously took via text or on social media. Create art using recyclables. Plastic caps from drink bottles come in many different colors and sizes. Design your own deck of playing cards using scrap paper.



Education

Terrie Thomas Chair

Our GFWC Woman's Club of Inverness 2020 Scholarship Application is in the Guidance Offices of the respective schools, and is on our new fabulous website as well!

We have received from our website so far 9 applications.



Home life

Rosalie Matt Chair

- Chances are your usual routine has been shaken up, making it more challenging to maintain healthy habits and prepare nutritious meals. Make the most of what you have in your pantry and share your heart-healthy recipes with your GFWC sisters by email, FaceTime, or another digital communication. Remember there is nothing stronger than the heart of a volunteer.

Write a letter of gratitude and thanks to the local police department, hospital staff, or other first responders in your community.



Public Issues

Barbara Cooper Chair

Public Issues Projects: For the past several months, club-women have been planning and organizing events for the 2020 centennial of women winning the right to vote. The passage of the 19th Amendment is celebrated on Equality Day, August 26, 2020. Take this opportunity to look at several websites containing women's history information, such as www.nwhp.org. Type in "honorees" into the search bar on the right, and then hover over each individual's picture for a list of her suffragist activities. Some websites, including www.suffrageandthemedias.org and the [Belmont-Paul Women's Equality National Monument House and Museum](http://www.belmont-paul-women-equality-national-monument-house-and-museum.org) have short videos for your viewing pleasure.



International Outreach

Harriet Mirabella Chair



President's Project: Operation Smile

International Issues Projects

Advocate from home for global vaccines with [Shot@Life](http://Shot@Life.org) during April.

No-sew blankets for [Operation Smile](http://OperationSmile.org) are a perfect project, even without sewing skills. No fabric? Order or ask friends and put on your doorstep.

- As members/friends clean closets and drawers collect needles, thread, small scissors etc. and, parmesan cheese containers to make sewing kits, send to women in other countries.

Ask your local refugee agency how you can help those in your community. Provide gift cards for essentials.

Thank you Chairman Harriet Mirabella and committee for doing a great job!!

Operation Smile



Domestic Violence

All Members

The National Organization's signature project is working on issues involving victims of abuse, human trafficking and domestic violence.

**We are proud supporters of the
Citrus Abuse Shelter Association'**

Upcoming Events

Ongoing Activities

Notes



By News & Notes

The 19th Amendment was ratified on August 26, 1920, and prohibits state and federal governments from denying citizens the right to vote on the basis of their sex.

Do you get News and Notes from www.gfwc.org ?

On Amazon you can get a kit for the Suffragist and what they wore. About \$5 or \$6. Hopefully we will join in dressing up and joining in the program for 19th Amendment. Try to get yours now! It should be fun!



SUNSHINE

Georgia Baum Chairman

So Far no news of anyone sick. This is a good thing! Stay in, stay well and Happy Easter !
Georgia



GFWC FLORIDA

Living the Volunteer Spirit

Woman's Clubs Junior Woman's Clubs Juniors

GFWC - GFWC Florida & GFWC District 5 Calendar 2020

Apr. 24 - GFWC Federation Day

Apr. 24 - Arbor Day Plant a tree!

May 14 - 17 - Annual Convention, Orlando, FL. - Heads Up for 2020/2022 ?????

June 27—30 GFWC Convention, Atlanta, Georgia. ????

ATTENTION!



Coming to your mailbox soon !

Because we were not able to finish our club year, several things that would have come in front of the club for action will now be done via US mail.

Items will include the following:

- A ballot for you to use to vote for your new officers
- A ballot to vote on our Member of the Year
- A questionnaire concerning this last year's activities and an opportunity for you to suggest programs, charities, social events, fundraisers for next year.
- A series of proposed changes to our By-laws. (A copy of those is also included in this newsletter).

You will be asked to return these items by U.S. Mail with your votes. An addressed and stamped envelope will be included when these items are mailed to you.

PLARNING: We are in crisis in more ways than one. I don't know the answer to: "Are Plastic Bags Safe to Use?" If any of you have any information please email me @ bcooper5@tampabay.rr.com

Earlier this year we were invited by our Lakes Regional Library in Inverness to hold our PLARNING sessions there on the third Friday of each month from 10:30 – Noon. The Library had had inquiries about our program and Eric Head (the Director of Libraries for Citrus County) requested that we meet there. Not all of our 30 members found this convenient but it did bring in new members. I'm at the point of uncertainty as how to proceed except to say that we will not meet again until September, if that proves possible. Please keep all your work and if anyone needs PLARN, not bags, I have several balls that were prepared prior to the Virus. As time goes on, I will notify you of my decision. Thank you all for all you do and have done. Our work has been truly appreciated. Please do your part by staying at home and may God Bless you all.

Barbara Cooper, 341-0204



WEBSITES

Sue Allen



Do you know our Websites? Did you get our "Cheat Sheet" how to work the page? Check out what is new!

Here they are: Inverness club: www.gfwcinvfl.org

GFWC State: www.gfwcflorida.org

GFWC Washington: www.gfwc.org

Please visit them often!
That is who we are!

OUR CLUBHOUSE



IWC CLUB HOUSE AVAILABLE FOR RENTAL

Just to let you know ...

Since September of 2003, when our new club house building was ready for us, our first year's total amount of rental fees was \$95. Our all time high was in 2012 at \$7,859 when a church met every Sunday morning until they outgrew our space. Last year we came close to that amount, mainly because of weekly Weight Watcher meetings which are held every Friday morning and Tuesday afternoon.

The IWC club house is *THE* place to hold Bridal and Baby Showers. In fact, this past year there was a Baby Shower for a lady who had her Bridal Shower here. We'll stay tuned for that baby's first birthday party. Now that's a tradition! Over the years we have booked many various meetings from annual post office gatherings, Mary Kay sales groups, various associations to memorial services, church services, a few weddings, Christmas parties, a 95 year old lady's birthday party and a 10 year old little girl who wanted a birthday tea party. We have the absolute best renters in Citrus County and many repeat bookings.

We charge \$95 for four hours (giving renters an hour ahead at no charge so they can set up). If they need more than four hours the cost is \$25/hr. We also ask that they take home whatever garbage they generate and leave the building clean the way they found it. If they don't want to clean it, there is an extra \$50 charge. The best deal in town!!! Bottom line to renters: respect the care and upkeep of the building. And they do.

So far this year:

January: 3 Baby Showers, 1 Memorial Service, 1 Fourteenth Birthday Party, Weight Watchers.
 February: (so far) – 1 Church service and 2 Baby Showers

Dorothy Stanton, Clubhouse Rentals Chair

**ALL ACTIVITIES ARE CANCELED
 UNTIL THIS VIRUS IS OVER !**



The “A Dynasty of Fashion Report Anna Murray Co-Chair

The event of the year “A Dynasty of Fashion, A Chinese Cultural Experience” proved to be a big success. We had 146 guests who attended and enjoyed the show. We had many positive comments regarding the aspect of the show and how it was presented.

Thank you to President Frances Hamilton for bringing in a new member to our club, Wei Wei Ritzhaupt, who presented the show and shared her collection of fashions from the different Dynasties along with many beautiful antiques that she collected through the years.

Special thanks to our fabulous models and especially to Emperor Alex Chuckman and Empress Qiuhua Murray. Thank you to Gary Cooper for being the gentleman escort for the ladies and also for handcrafting a beautiful Bonanza Board which went to a lucky guest.

My sincere appreciation to:
 Sue Allen, Co-Chair; Committee:
 President Frances Hamilton, Shirley Bousquet and Terrie Thomas;
 Advertising: Sandra Koonce; Photographer: Sally Barrows and all the workers and members of the Club who supported this event.

A very special thank you to Wei Wei Ritzhaupt who made this show possible.

Profit from the show was \$3,953.00.

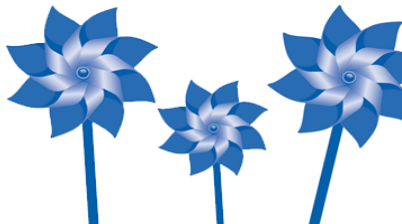
Anna Murray, Co-Chair



On Going Activities

APRIL

National Child Abuse
Prevention Month



GFWC clubs have been encouraged to raise awareness of child abuse and promote healthy childhoods by planting pinwheel gardens.

The pinwheel reminds us of our own childhoods and the fact that all children deserve to be happy and healthy.

We have pinwheels to plant in our garden! And... maybe enough to go some place else.

Treasurer Notes-Bonnie Jessee

As of March 31, 2020, we have \$5,695.88 in our main account and \$773.45 in our building account. Dues should be paid by the end of May and checks may be sent to Donna Anllo for deposit. Since we won't be having any more fundraisers this year we will still be able to fund the scholarships. However, we probably won't have much left over by next fall when we begin again as we'll have continuing bills for lawn care, cleaning, electric, taxes, etc. to cover over the summer months. Not sure if we'll have any rental income for the remainder of this fiscal year ending June 30, but maybe in June things will pick up again.

We'll survive this as a Club and as a sisterhood! I know we all miss seeing each other at meetings and working on projects, and I hope everyone is staying safe. Please know that if anyone needs help of any kind, those of us who can, will -- don't be afraid to ask for help if you need it. *Bonnie*

Photos

Legislative Blitz

April 24, Federation Day



Participate in our legislative blitz to celebrate GFWC's Federation Day, April 24, 2020! Plan to have your club members call, email, or write your United States Senators and Representatives on that day and urge them to pass Miranda's Law (S. 1787 and H.R. 2793) and the 3D Printed Gun Safety Act (S. 1831 and H.R. 3265); for the most impact, have your family and friends do so as well simultaneously. And if possible, hold a virtual meeting with your members of Congress or their staff during the month of April to advocate for these bills.

For those who have already called, sent messages through our Legislative Action Center, or even sent your own message through email, we encourage you to ensure that at least three others have done the same. You can find information sheets on these bills in the [Advocacy in Action](#) section of our [Legislative Action Center](#). Email informational pieces as GFWC takeaways to your members of Congress and their staffers. Let's bombard legislators with requests to make two of our Brand Initiative bills into law.



More Notes

Happy Birthday!

April

24 Mary Doolittle

24 GFWC Federation Day

May

2 Barbara Cooper

9 Shirley Bousquet

13 Nancy Pekins

24 Marilyn Marselle

26 Barbara Rains

June

2 Marion Gundling

9 Pauline Stasick

15 Adele Wardrop

19 Dagmar Lucente

21 Angie Mayo

21 Harriet Mirabella

25 Dorothy Stanton

27 Debbie Sargent

July

12 Jackie Superson



Yearbook Needs

Advertising Sales for the Yearbook

Because the shutdown of our local businesses and the financial losses they have incurred, we will not plan to pursue the sale of ads for the yearbook.

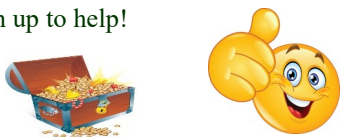
Picture and Bio Updates

Please get someone to take a good photo (mug shot) of you during the next month and forward it via e-mail to Sandra, skoonce@tampabay.rr.com.

Also, please look at the biographical information that was written in the last yearbook (most done in 2018) and update the information. For those who have emails, this can be done on-line.

Fundraising Committee All Members

Very soon we will be planning the 2020-2022 fiscal year. New Administration, new fundraisers, new Standing Committees and new President's Project. We follow the State and Federal GFWC Years. So Ladies if you have any new ideas that you think would be good fundraisers for the next two years. Please let the Board know. We are open to good money making ideas. All Members are on the Fundraising committee. So when they are planned be sure you sign up to help!



HAPPY BIRTHDAY GFWC

April 24, 2020 (Washington, D.C.) – The General Federation of Women's Clubs, an international women's organization dedicated to community improvement by enhancing the lives of others through volunteer service, celebrates its 150th anniversary on April 24, the organization's Federation Day.

The General Federation of Women's Clubs is a unifying force, bringing together local women's clubs, with members dedicated to strengthening their communities and enhancing the lives of others through volunteer service. With 100,000 members in affiliated clubs in every state and more than a dozen countries, GFWC members are community leaders who work locally to create global change by supporting the arts, preserving natural resources, advancing education, promoting healthy lifestyles, encouraging civic involvement, and working toward world peace and understanding.



Feeding the Community

February Home Life Donations:

Rosalie Matt, Home Life chair for the GFWC Woman's Club of Inverness, shows off a portion of the 98 pounds of food donations members brought to their February meeting to help restock the shelves of Citrus United Basket (CUB), the food pantry the club supports. Thank you everyone!



Mary Doolittle, Barbara Hawver

Fundraiser is on hold until after this virus is over with and we can function again!



PUBLIC ISSUES: Barbara Cooper

A couple reminders to consider over the summer months:

MEMORIAL DAY – “Commemorates the men and women who **died** while in the military service of their country, particularly those who died in battle or as a result of wounds sustained in battle. In other words, the purpose of Memorial Day is to memorialize the veterans who made the **ultimate sacrifice** for their country. We spend time remembering those who lost their lives and could not come home, reflecting on their service and why we have the luxury and freedom that we enjoy today. We might consider how we can support and safeguard their grieving families and loved ones who are left behind.”

To go one step further, let's remember those who have died all over the World due to COVID-19. The numbers are overwhelming and beyond belief. While we are all house-bound we have time to sit and pray for those we've currently lost as well as our Veterans who died or came home to us maimed. It doesn't seem like it sometimes but we do have much to be *Thankful* for.

FOURTH OF JULY AKA INDEPENDENCE DAY–

“Saturday, July 4, 2020 is a federal holiday in the United States commemorating the Declaration of Independence of the United States, on **July 4, 1776**. The Continental Congress declared that the thirteen American colonies were no longer subject to the monarch of Britain and were now united, free, and independent states.”



Good advice!! CORONAVIRUS

It sounds like pretty common sense. Easier to be safe and proactive....



Corona virus:

The new NCP corona virus may not show sign of infection for many days then how can one know if he/ she is infected? Latest information is that the incubation period may be up to 28 days

before the symptoms of COVID 19 are evident. By the time a person has fever and/or cough and goes to the hospital, the lungs are usually 50 % Fibrosis and it's too late! Taiwan experts provide a simple self-check that we can do every morning; Take a deep breath and hold your breath for more than 10 seconds. If you complete it successfully without coughing, without discomfort, stuffiness or tightness, etc, it proves there is no fibrosis in the lungs, basically indicating no infection. In critical times, please self-check every morning in an environment with clean air!

SERIOUS EXCELLENT ADVICE by Japanese doctors treating COVID-19 cases. Everyone should ensure your mouth & throat is moist, never DRY. Take a few sips of water every 15 minutes at least.

WHY? Even if the virus does enter into your mouth...drinking water or other liquids will WASH them down through your esophagus and into the stomach. Once there, your stomach Acids will kill all the virus. If you don't drink enough water more regularly...the virus can enter your windpipes and into the LUNGS. That's very dangerous.

WASH YOUR HANDS, WIPE DOWN ALL FLAT AREAS, DOOR KNOBS, OFTEN, ETC AND STAY AWAY FROM CROWDS. IF YOU ARE SICK CALL YOUR DR. FIRST. STAY HOME.

Please send and share with family, friends and everyone about this!

Cont. ** More on last page

Take care everyone & may the world recovers from corona virus soon.



NANCY LOUISE PEKINS

A 30 year member of the GFWC Woman's Club of Inverness Nancy originally came from Concord, Massachusetts, she moved to Florida in 1987. She was born **Nancy Louise Yorke**, born to John and Gladys Yorke on May 11, 1931. and she left us to go home February 13, 2020. She was once a police Matron for 17 years and a retail buyer. She was 88 Years old.

At the old Clubhouse, she headed up cooking meals and businessmen's luncheons. She belonged to the First Presbyterian Church of Inverness and was an Elder Emeritus, where her guidance in the kitchen there is legendary. She helped with Meals on Wheels when we were in charge. She was our guide of the kitchen when we first started our "Cards and Games" luncheons. She helped with the building of the building we now occupy and helped set up the kitchen. She worked quietly in the background to assure events went smoothly. She was always positive and kind. **She will be sorely missed.**

Libraries' in Citrus County

Hola book lovers..... I thought best to share this information with our group, just in case. Here's what I've found out: All April classes and meetings have been cancelled at the libraries (of course). There is no word on May. I was told they are making many decisions week by week.

Currently, the library is only **OPEN** during regular hours **for curbside pick up** of reserved materials at this time. This means you must either use the website to reserve books, audiobooks, or DVDs or call them and request that they be held for you. (Note: They'll be closed on Good Friday, April 10th)

When items come in, they will contact you according to the communication preference you have chosen (call or email, I believe are the options). Then, you can either pull up to the library if no one is already there or pull into a parking space and call the library with your library card in hand. After they check your items out for you over the phone, they will walk the books, etc., out to you.

Hope this helps. We need books to read during this crisis...

ANGIE

What We Do

Photos

More Notes

Parliamentary Pointers

by GFWC Parliamentarian Deen J. Meloro



Two events happened recently that affect the way GFWC, as well as GFWC States and clubs, operate.

Our International President Mary Ellen Brock sent a letter to all State Presidents giving them permission to not use *Robert's Rules of Order, Newly Revised* when making decisions about voting. Mary Ellen told the State Presidents she trusted them to be fair and to do what is best for their members.

The second event was on March 13 when the President of the United States declared a national emergency, and on March 15 when he advised we should not gather in groups larger than ten.

The health and well-being of our members is a prime concern, and this should not be over-ridden by adherence to *Robert's Rules*.

During this national emergency, I would advise clubs to use the methods we have available to us to vote from home: email and snail mail, whether or not they are in your bylaws. The process would be to send the slate, as determined by the Nominating Committee, to all members and ask if there are any further nominations. This is the equivalent to taking nominations from the floor, and nominating someone is a privilege of membership. You would then send another communication with the slate, and any further nominations, and ask members to vote. Do not give members a lot of turn-around time; it's just not needed. If you have proposed amendments to the bylaws, those can be sent out with the slate. However, if there is going to be discussion on any of them, it would be better to wait to vote on them until you are in a regular meeting. If you have the email address of all or most of your members, it would save time and money to use email. Any member who does not use email should be afforded the courtesy of snail mail.

Members are in office as soon as they are elected. An Installation is really just a party, or a celebration. It is not needed to put someone in office. It's a shame that our outgoing and incoming Presidents may/are not going to be given the happy occasion to show how the club/District/State feels about them, but perhaps that can be done when regular meetings resume. You do not have to wait until face-to-face meetings begin again to have your new officers take office.

Best of luck to all our members as you deal with this once in a lifetime challenge. Feel free to call, (201) 573-1643, or [email](#) to this Parliamentarian with questions.

Book Club cont..

So as you can see by her account the LFL is providing a needed service to our community during these challenging times now that our schools and libraries are closed. Also, Rosemary is doing her part to maintain the LFL as germ-free as possible. She says, "I just mix a bottle of water, soap, and small amount of bleach and use a dishcloth to wipe down each of the book covers."

We welcome you to join our meeting on the 2nd Wednesdays of every month, at 1 p.m. But now, since we are confined to home from Coronavirus and our April meeting has canceled Enjoy reading these books until we meet again.

ANGIE

SUMMER THOUGHTS



Gardening is a wonderful activity for people of all ages. And for most people, it can be especially relaxing and beneficial.

But gardening can be much more than just working tirelessly on your own plot of land in your backyard.

Here are some fun activities you can add to your gardening agenda.

Sharpen those senses. Create a sensory bin. These bins are simply a large container filled with all sorts of objects that stimulate all 5 senses. You may use plants, pots, soil, flowers, and fruits from the garden. Going through the bin is a great brain-boosting activity and will help you enhance your fine motor skills. When you start interacting with what's in the bin, make sure you're seated comfortably so you don't feel any pain or discomfort.

Time for plants and crafts. Remember when your lover would give you flowers and you used to slip them in between pages of a book to preserve them? Well, you can also use dried plant leaves to make pretty picture art. Or you can also make flower headbands and leaf bouquets. You can even paint the leaves different colors, cut them into assorted sizes and create a montage out of them. Get crafty and creative!

Make Garden Markers. Who says gardening work can only be done outside? This is best done indoors. Create your own markers instead of buying them. Doing this will help you identify your plants as well as create sections for them. You can paint colorful rocks and label them with a sharpie pen. Avoid bending when you place these markers on the ground. Use a kneeler instead.

Plant now your butterfly plants to help the Monarch butterflies .



ATTENTION!

Justifications for By-laws changes

Because our state organization has changed the names of our service areas, it was necessary for us to make a few changes in our by-laws.

Since we were doing that change, we felt it was a good time to make a few other changes that had been suggested since our last by-laws revisions.

Please see the following proposed amendments. Use the copy of the by-laws in your membership book to make comparisons.

All members will receive a written ballot in a few weeks (second reading of the changes) and will be asked to vote on each separate change.

By-laws committee: Barbara Rains, Sue Allen, Anna Murry, Sandra Koonce, Frances Hamilton

Justification for Article III changes. Section 5 was broken out from Section 4 as the two are separate declarations.

ARTICLE III MEMBERSHIP

Section 3 – The duties of the Board of Directors are to be in charge of the general work of the Club. It shall have power to fill all vacancies occurring in its own body during the year. All non-budgeted expenditures shall be voted on by the membership, following recommendation by the Board.

Section 4 – A majority of the members of the Board of Directors shall constitute a quorum of the Club.

Section 5 - A member of another GFWC Federated Club who wishes to join the GFWC Woman’s Club of Inverness, FL, Inc. may do so by presenting a letter, signed by the President and Secretary of her past Club, attesting she is a member in good standing.

Sections 5, 6, 7, 8, 9, and 10 will be renumbered.

Justification for Article IV changes. Section 1 reflects the board’s vote in February to allow the club to have co-presidents. Additionally, a clarification of the make-up of the board (Executive and Board of Directors) is made.

ARTICLE IV OFFICERS

Section 1 - The officers of this Club shall be President (or Co-Presidents), 1st Vice President, 2nd Vice President, Recording Secretary, Corresponding Secretary and Treasurer. These officers shall serve as the Executive

Board. These officers, along with the Chairmen of all Standing Committees and all GFWC Community Service Committees shall constitute the Board of Directors.

Section 2 - In years where one person is not willing to assume the office of President, the office may be shared by two individuals as Co-Presidents. When this leadership position is being shared, all duties described in subsequent sections of these by-laws with reference to “President” will apply to either individual.

Section 3 - Any officer may hold the same office for more than two (2) consecutive years, and no member shall be eligible to be President who has not served at least one (1) year on the Board of Directors.

Justification for Article VII changes. The standing committees of GFWC have been changed by the national organization. Additionally, the standing committees of the local club have been broken out from the present by-laws and listed separately as Article VIII.

ARTICLE VII

STANDING COMMITTEES OF THE GFWC

Section 1 - The President shall appoint the Chairman of each Community Service Committee and each Chairman shall choose her own committee members.

Section 2 – Arts and Culture - The Art Chairman shall work to promote general interest in art and culture and to develop a deeper appreciation of the extended participation in the arts.

Section 3 – Civic Engagement and Outreach - The Civic Engagement and Outreach Chairman’s duties are to study and promote such proposals as would tend to provide for more effective and efficient government and make the Club members aware of current legislation pending before both the State and Federal legislatures. She will also promote citizenship participation, historic preservation, community safety and Veteran’s Affairs.

Section 4 – Education and Libraries – The Education and Libraries Chairman’s duties shall include the responsibility for the selection of students to receive scholarships and present awards and such other matters as indicated by the Federation. She shall also encourage the appreciation of good literature, encourage the donation of books to local libraries, and give reports to the membership about special reading programs. The Book Club shall be under the Education and Libraries committee.

Section 5 – Environment – The Environment Chairman shall study and promote environmental needs, energy awareness, and increase understanding of the importance of conservation of our natural resources.

Section 6 - Health and Wellness – The Health and

ATTENTION!

Bylaws cont: Health and Wellness...

Wellness Chairman's duties are to encourage members to understand and partake in projects relating to health and support community health programs such as family economics, consumer awareness, and home safety, as well as other duties as indicated by the Federation guidelines.

Justification for Article VIII changes. These are the same as in the Bylaws that were adopted in 2017, but as these are our local committees, are now listed separately to distinguish from those of the General Federation.

ARTICLE VIII

STANDING COMMITTEES OF THE GFWC WOMAN'S CLUB OF INVERNESS

Section 1 – The President shall appoint the Chairman of each Standing Committee and each Chairman shall choose her own committee members.

Section 2 - Budget – The committee should assure that a budget is prepared during the summer and presented to the Executive Board in August for discussion. A completed budget shall be presented to the membership at the September meeting.

Section 3 – Building – The committee shall be composed of a minimum of three (3) persons who will have the responsibility for holding keys to the clubhouse. This committee will also be in charge of rentals and general upkeep of the facility.

Section 4 – Bylaws – The committee shall be appointed by the President, and shall be responsible to correct, revise, and present the Bylaws to Club members.

Section 5 – Communications and Public Relations – The duties of the committee are to work with the Program Chairman and the Ways and Means Chairman to obtain advance publicity as well as to give local newspapers a report of the programs and meetings held.

Section 6 – Historian – The Historian will be responsible for gathering photos, news clippings and artifacts for the yearly club scrapbook which should be entered each year in State Competition.

Section 7 – Reports – The Chairman shall distribute reporting sheets to each Standing and Special Committee member, and work with the President's committee to prepare reports for the District and State.

Section 8 – Programs – The committee shall obtain programs reflecting the objectives of the Club as stated in Article II, Section 1.

Section 9 – Ways and Means – The duty of the committee is to organize all fundraising projects of the Club.

Articles VIII through XIII will be renumbered to reflect the above changes.

Justification for Article XIV changes. This was Article XIII. The final line (a) was moved from Article XIV for clarification.

ARTICLE XIV

AMENDMENT OF BYLAWS

Section 1 – The Bylaws may be adopted, amended or repealed at a regular meeting or special meeting of the Club by two-thirds (2/3) vote, provided the amendments have been submitted in writing at the previous regular meeting.

These Bylaws may not be amended in any manner which would negatively affect the organization's eligibility for 501(c)(3) status.

Justification for Article XV changes. This was Article XIV in the 2017 By-laws. It has been simplified.

ARTICLE XV

DISSOLUTION CLAUSE

Section 1 – In the event it becomes necessary, the GFWC Woman's Club of Inverness may be dissolved by recommendation of the Board of Directors and an affirmative vote of two-thirds of the membership.

- a. Following a mandate to dissolve and after payment of all debts, the Board of Directors shall liquidate and distribute its assets to groups qualified as exempt organizations under section 501(c)(3) of the Internal Revenue Code. Such organizations shall have purposes similar to those of the GFWC Woman's Club of Inverness.
- b. No assets may be distributed to individual members.





EDUCATION UPDATE TERRIE THOMAS ANGIE



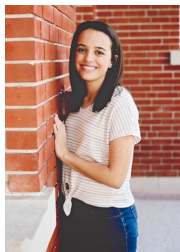
The 2020 GFWC Woman’s Club of Inverness \$1,000. scholarship recipients have recently been selected! It was a very difficult job this year because every single applicant has demonstrated exemplary scholarship, leadership, personal character, and community participation.

We are exceptionally proud to have the privilege of assisting these outstanding young ladies with their pursuit of higher education. We wish them great success for the coming academic year, as well as for the future.

Bravo, Class of 2020!



Kelly Harper is a 2020 graduate of Citrus High School with a GPA of 4.0. She will matriculate at Oklahoma State University, majoring in Agribusiness/Pre-Law



Maeve Ellen McDougal is a 2020 graduate of Seven Rivers School with a GPA of 4.17. She will attend Berry College in Georgia, and will major in Nursing



Catalina Figueroa is also a 2020 graduate of Citrus High School and has achieved a 4.24 GPA. She will soon find herself on the campus of Florida State University.

OUR MEMORIAL GARGEN UPDATE

Hola..... I was at the clubhouse today restocking books in the Little Free Library and saw this Monarch in the memorial garden on the milkweed busily getting nectar (and possibly laying eggs). See pics. □

April 8, 2020

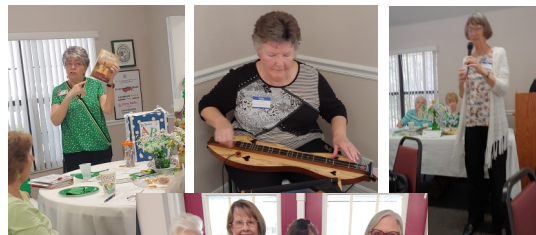
ANGIE



March Meeting Remembered



Hostesses: Rose Matt, Angie Mayo, Terrie Thomas, Pauline Stasick



Reports, Program Plants

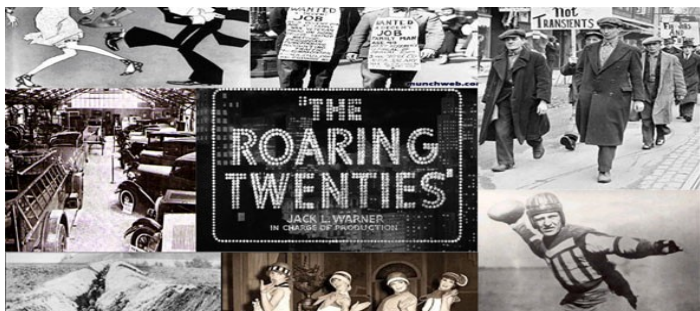
Music, Native



WE RELIVE THE DISTRICT ART AND CRAFT SHOW AT GFWC GAINESVILLE WOMAN'S CLUB



We gave our gowns, blankets, and stuffed toys for Operation Smile at this meeting !



Attending the Annual Art Show: Left to Right - GFWC Inverness members Corresponding Secretary, Shirley Bousquet, Recording Secretary, Debbie Sargent, Past President, Anna Murray, Barbara Hawver, 1st Vice President, Sally Barrow, President Frances Hamilton, and Past President/ Past GFWC District 5 Director, Sue Allen. Theme: "he Roaring 20's." It is always fun to visit our sisters from the District 5 and enjoy the Art and Crafts, and a wonderful lunch! And most of all bring home some blue ribbons that will now go to State hopefully when this confinement is over! Congrats to GFWC District 5 Art Co-Chairmen, Debbie Sargent and Sally Barrow for a great show!

What We Do

Photos

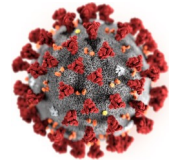
More Notes

Reliving the Dynasty Show Fundraiser

Our Models Front to back: Mary Doolittle, Shirley Bousquet, Sandy Boyette, Barbara Raines, Linda Chuckman, Jean Laird, WeiWei, Ritzhaupt, Barbara Cooperr, Qiuhua Murray and Pauline Stasick.



IMPORTANT ANNOUNCEMENT - CORONAVIRUS:



Stanford Notes on Coronavirus :

Shared from a nurse at Mass General in Boston. It was given out to all employees. Worth reading.

The new Coronavirus may not show sign of infection for many days. How can you know if you are infected? By the time you have fever and/or cough and go to the hospital, the lung is usually 50% fibrosis. Taiwan experts provide a simple self-check that we can do every morning: Take a deep breath and hold it for more than 10 seconds. If you do this successfully without coughing, without discomfort, stiffness or tightness, there is no fibrosis in the lungs; it basically indicates no infection. In critical times, please self-check every morning in an environment with clean air.

Serious excellent advice by Japanese doctors treating COVID-19 cases: Everyone should ensure your mouth & throat are moist, never dry. Take a few sips of water every 15 minutes at least. Why? Even if the virus gets into your mouth, drinking water or other liquids will wash them down through your throat and into the stomach. Once there, your stomach acid will kill all the virus. If you don't drink enough water regularly, the virus can enter your windpipe and then the lungs. That's very dangerous.

Please send and share this with family and friends. Take care everyone and may the world recover from this Coronavirus soon.

1. If you have a runny nose and sputum, you have a common cold.
2. Coronavirus pneumonia is a dry cough with no runny nose.
3. This new virus is not heat-resistant and will be killed by a temperature of just 26/27 degrees C. (About 77 degrees F.) It hates the Sun.
4. If someone sneezes with it, it goes about 10 feet before it drops to the ground and is no longer airborne.
5. If it drops on a metal surface it will live for at least 12 hours—so if you come into contact with any metal surface, wash your hands as soon as you can with a bacterial soap.
6. On fabric it can survive for 6-12 hours. normal laundry detergent will kill it.
7. Drinking warm water is effective for all viruses. Try not to drink liquids with ice.
8. Wash your hands frequently as the virus can only live on your hands for 5-10 minutes, but - a lot can happen during that time - you can rub your eyes, pick your nose unwittingly and so on.
9. You should also gargle as a prevention. A simple solution of salt in warm water will suffice.
10. Can't emphasize enough - drink plenty of water!

THE SYMPTOMS:

1. It will first infect the throat, so you'll have a sore throat lasting 3/4 days
2. The virus then blends into a nasal fluid that enters the trachea and then the lungs, causing pneumonia. This takes about 5/6 days further.
3. With the pneumonia comes high fever and difficulty in breathing.
4. The nasal congestion is not like the normal kind. You feel like you're drowning. It's imperative you then seek immediate attention.





ATTENTION!



April 8, 2020

Dear GFWC Florida Members:

I hope you are all well and stay well! I have been daily monitoring the updates in State and Federal restrictions as well as following the updates on the Center for Disease Control. During this unprecedented time in our World, it is truly a time to be aware of the updates and information supplied to us all—and follow them!

With the upcoming **GFWC Florida Annual Convention that is scheduled for May 15-18, 2020**, much research, conversation, and communication has been going on with Sheryl Molter, our GFWC Florida State Meetings Chairman, Lilianne Murr, National Sales Manager for the Rosen Hotel, and myself.

On April 7, 2020, a contract letter with an agreement between GFWC Florida and the Rosen Hotel was received releasing GFWC Florida from our contract. Together, we have come to agreement that this is in the best interest for all of our members. A very challenging and difficult decision because we all had hoped that the situation would improve and we could move forward. With the stay at home orders, and the actions of being put at risk for all of us, this is the best decision.

With that, a final decision was made last night, April 7, 2020 by the **GFWC Florida Executive Committee to cancel our Annual Convention. Know that although disappointing**, I have had and will always have the best interest and welfare of our members as top priority. Those members that have registered for convention will start to receive **refunds from GFWC Florida** starting next week. **Those that have hotel reservations with the Rosen should start to see cancellations, if not, I suggest you reach out to them to confirm. More information will be forthcoming on Election Procedures, Awards, Installation, Operation Smile and so much more!**

Please know that we will come back better and stronger than before because we are **GFWC Florida STRONG!** Continue to be safe and follow the guidelines. It is the only way we will get through all of this and have hope as we look forward to our next time together. I appreciate all that we have accomplished together, you are amazing women!

Sincerely,

Sharon Oliphant

Sharon Oliphant, President

GFWC Florida Federation of Women's Clubs

Solip561@aol.com

727-424-3835

CC: Mary Ellen Brock, GFWC International President

Legislative Blitz

CHECKLIST

FEDERATION DAY
APRIL 24, 2020



COMMUNICATE

Email, call, and write your U.S. Senators and Representatives



INVITE OTHERS

Invite at least three of your family and friends to join you



SET UP A MEETING

Hold a virtual meeting with your members of Congress



READ

Read Informational pieces on these bills in the Advocacy in Action section of the LAC



SHARE

Email the informational pieces as GFWC takeaways to Congress

GFWC Woman's Club of Inverness, FL Inc.
Post Office Box 1916
Inverness, FL 34451-1916

STAMP

TO: