

PLACENTA MEDICINE



Placenta Encapsulation involves specially preparing your placenta with herbs, steam, dehydration, and finally creating a thin powder to be ingested via capsules.

Potential Benefits

- *Increased milk supply
- *Balances postpartum hormones
- *May help prevent "baby blues" & other common postpartum mood disorders
- *Placenta contains many bio available hormones & nutrients
- *May lessen postnatal bleeding
- *May help the uterus shrink back to pre pregnancy size quicker
- *Increases energy
- *Decreased after birth pains
- *Decreased risk of anemia, thyroid dysfunction, & after birth infection/inflammation
- *Increased sense of well being throughout the 4th trimester

@MysticMothering