

PERSISTENT HOCKEY



PERSISTENT HOCKEY DEVELOPMENT

U15 ELITE AUGUST PREP CAMP (2010-2011)

WEEK 1

DATE	Day	RINK	DESCRIPTION	START	END	DUR
12-Aug	MON	Henry Viney	On Ice	8:00AM	9:15AM	1.25 HR
12-Aug	MON	Henry Viney	Off Ice	9:30AM	10:30AM	1 HR
12-Aug	MON	Henry Viney	Hockey Talk	10:45AM	11:45AM	1 HR
13-Aug	TUE	Henry Viney	On Ice	8:00AM	9:15AM	1.25 HR
13-Aug	TUE	Henry Viney	Off Ice	9:30AM	10:30AM	1 HR
13-Aug	TUE	Henry Viney	Hockey Talk	10:45AM	11:45AM	1 HR
14-Aug	WED	Henry Viney	On Ice	8:00AM	9:15AM	1.25 HR
14-Aug	WED	Henry Viney	Off Ice	9:30AM	10:30AM	1 HR
14-Aug	WED	Henry Viney	Hockey Talk	10:45AM	11:45AM	1 HR
15-Aug	THU	Henry Viney	On Ice	8:00AM	9:15AM	1.25 HR
15-Aug	THU	Henry Viney	Off Ice	9:30AM	10:30AM	1 HR
15-Aug	THU	Henry Viney	Hockey Talk	10:45AM	11:45AM	1 HR
16-Aug	FRI	Henry Viney	On Ice	8:00AM	9:15AM	1.25 HR
16-Aug	FRI	Henry Viney	Off Ice	9:30AM	10:30AM	1 HR
16-Aug	FRI	Henry Viney	Hockey Talk	10:45AM	11:45AM	1 HR

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WEEK 2

DATE	Day	RINK	DESCRIPTION	START	END	DUR
19-Aug	MON	Henry Viney	On Ice	8:00AM	9:15AM	1.25 HR
19-Aug	MON	Henry Viney	Off Ice	9:30AM	10:30AM	1 HR
19-Aug	MON	Henry Viney	Hockey Talk	10:45AM	11:45AM	1 HR
20-Aug	TUE	Henry Viney	On Ice	8:00AM	9:15AM	1.25 HR
20-Aug	TUE	Henry Viney	Off Ice	9:30AM	10:30AM	1 HR
20-Aug	TUE	Henry Viney	Hockey Talk	10:45AM	11:45AM	1 HR
21-Aug	WED	Henry Viney	On Ice	8:00AM	9:15AM	1.25 HR
21-Aug	WED	Henry Viney	Off Ice	9:30AM	10:30AM	1 HR
21-Aug	WED	Henry Viney	Hockey Talk	10:45AM	11:45AM	1 HR
22-Aug	THU	Henry Viney	On Ice	8:00AM	9:15AM	1.25 HR
22-Aug	THU	Henry Viney	Off Ice	9:30AM	10:30AM	1 HR
22-Aug	THU	Henry Viney	Hockey Talk	10:45AM	11:45AM	1 HR
23-Aug	FRI	Henry Viney	On Ice	8:00AM	9:15AM	1.25 HR
23-Aug	FRI	Henry Viney	Off Ice	9:30AM	10:30AM	1 HR
23-Aug	FRI	Henry Viney	Hockey Talk	10:45AM	11:45AM	1 HR

