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# 12 HOURS OF *Spiritual* WELLNESS

WITH T. RICE

FELLOWSHIP, PRAYER, WORSHIP & TRAINING

ADDRESS PROVIDED UPON REGISTRATION

1ST SATURDAYS IN FEB, MAY, AUG, NOV • 7 AM TO 7 PM

7:00 AM  
-  
8:30 AM



### PRAYER ROOM/SOAKING

Immerse your mind and body in worship & prayer your way. A calm and overflowing presence of God to worship & pray.

8:35 AM  
-  
10:00 AM



### BREAKFAST WITH BELIEVERS

Enjoy breakfast & hear shared victories over life's negative experiences and difficult challenges. You are NOT alone.

10:30 AM  
-  
12:00 PM



### MINISTRY IN ME

Conversations, resources, and information on how to establish, develop or improve your personal ministry or faith-based non-profit with balance.

12:00 PM  
-  
1:00 PM



### LUNCH HOUR

Fellowship over lunch. Relax, connect, and build relationships.



1:05 PM  
-  
1:45 PM



### WORSHIP & PRAYER ROOM

Immerse your mind and body in worship & prayer your way. A calm and overflowing presence of God to worship & pray.

2:00 PM  
-  
3:30 PM



### CHURCH TALK KINGDOM WALK

Real & honest. Fellowship & conversation on developing healthy spiritual relationships with self & others in faith communities.

4:00 PM  
-  
7:00 PM



### WORSHIP/SOAKING PRAYER ROOM

Immerse your mind and body in worship & prayer your way. A calm and overflowing presence of God to worship & pray.



### WHY JOIN US?

A small group gathering to increase faith & unity. Expand the Kingdom of God.



Empowering testimonies of resilience to move forward.



Tools/training to establish or develop a ministry/non-profit.



Clarifying conversations on behaviors that cause division & feelings of abandonment among believers and the world that sees us.



12-hour revolving fellowship, worship, training, & prayer in a small group casual setting. Stay as long as you like.

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www.ToshibaRice.com



REGISTER TODAY!  
980-565-4954