

Setting Expectations

In episode 8 we discussed setting expectations. Use this template to help you plan good expectations.

The Expectation:

What result do I wish to see from this expectation?

What resources are need?

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

Reflect: Is this a healthy expectation?