

PLASTIC FREE SWAPS CHECKLIST

Kitchen

- Glass food storage
- Beeswax wraps
- Puck dishsoap
- Loose fruits/veggies
- Beeswax wraps
- Compostable dish scrubber
- Trashcan liners
- Compost
- Silicone sandwich bags
- Brita pitcher
- Reusable k cup
- Citrus vinegar cleaner
- Reusable papertowels
- Unpaper towels
- Refillable dishsoap

Bathroom

- Shampoo bar
- Conditioner bar
- Shampoo/Conditioner in refillable container
- Bar soap
- Plastic free razor
- Shaving bar
- Toothpaste tabs
- Mouthwash tabs
- Shaving bar
- Plastic free toothpaste
- Plastic free hairspray
- Plastic free dry shampoo
- Plastic free Q-tips
- Bamboo toothbrush
- Reusable cotton round/balls
- Reusable toiletpaper
- Period cup
- Bamboo hairbrush

On the Go

- Reusable coffee cup
- Reusable water bottle
- Reusable shopping bag
- BYO utensils
- Reusable straw
- Reusable produce bags
- Mason jar for snacks
- Try to not eat out
- Refuse single use plastic

MAKE A COUPLE OF THESE SWITCHES ONCE AND YOU WON'T HAVE TO MAKE AGAIN! SAVING MONEY AND THE ENVIRONMENT!

DONT JUST LET YOUR SWAPS BE FOR JULY!
MAKE THE CONSCIOUS DECISION TO MAKE A DIFFERENCE EVERYDAY!

