

# BALTIC OPEN

WUSHU / KUNG FU CHAMPIONSHIP

2025  
MARCH

22 - 23

VILNIUS  
LITHUANIA

TAOLU, TUISHOU, QINGDA, SANDA, SHUAIJIAO, BINGDAO,  
KONGSAO

WUSHU.LT

# BALTIC WUSHU

## OPEN CHAMPIONSHIP 2025

TAOLU, TUISHOU, LIGHT SANDA, SANDA, SHUAIJIAO, KONGSAO, BINGDAO

**MARCH 22-23**  
**VILNIUS, LITHUANIA**



### 1. GENERAL INFORMATION:

- 1.1 Organizer: Lithuanian Wushu Federation.
- 1.2 Competition is divided to: Taolu, Tuishou, Sanda, Light Sanda, Yong Chun Sanshou (Wing Chun free-fighting), Shuaijiao, Bingdao.
- 1.3 Date of the competition: March 22-23
  - 1.3.1 Arrival of participants: March 21
  - 1.3.2 Registration: 19:00 – 21:00, March 21
  - 1.3.3 Weighing-in: 08:00 to 8:30 March 22
  - 1.3.4 Competition dates and time: March 22-23, competition starts at 9:00 a.m.
  - 1.3.5 Day of the departure – March 24
- 1.4 Final entry form must be filled and send to [info@wushu.lt](mailto:info@wushu.lt) and registered at the <https://www.competitionbook.com/> not later than February 23, 2025.

## 2. COMPETITION PALCE:

Address: Saulėtekio alėja 28, LT-10225, Vilnius, Lietuva

[https://www.google.com/maps/place/Saul%C4%97tekio+al.+28,+Vilnius,+10226+Vilniaus+m.+sav./@54.7257491,25.3358439,17z/data=!3m1!4b1!4m6!3m5!1s0x46dd96e79c70bf0f:0xf50cbd54c9408378!8m2!3d54.7257491!4d25.3384188!16s%2Fg%2F11c0\\_npp4\\_?entry=ttu](https://www.google.com/maps/place/Saul%C4%97tekio+al.+28,+Vilnius,+10226+Vilniaus+m.+sav./@54.7257491,25.3358439,17z/data=!3m1!4b1!4m6!3m5!1s0x46dd96e79c70bf0f:0xf50cbd54c9408378!8m2!3d54.7257491!4d25.3384188!16s%2Fg%2F11c0_npp4_?entry=ttu)



## 3. REGISTRATION FEE:

Registration fee for Taolu, 40 EUR for the first event and 10 EUR per every additional event.

Registration fee for Tuishou is 40 EUR and 10 EUR per every additional event

Registration fee for Sanda is 40 EUR and 10 EUR per every additional event

Registration fee for Light Sanda is 40 EUR and 10 EUR per every additional event

Registration fee for Shuaijiao is 40 EUR and 10 EUR per every additional event

Registration fee for Yong Chun Sanshou is 40 EUR and 10 EUR per every additional event

Registration fee for Bingdao is 40 EUR and 10 EUR per every additional event



#### 4. COMPOSITION OF TEAM:

The total number of athletes is not limited.

#### 5. ENTRIES:

The Final Entry Forms with events and names of the competitors must be sent to [info@wushu.lt](mailto:info@wushu.lt) and registered at the <https://www.competitionbook.com/> not later than February 23, 2025 (24:00GMT)

#### 6. TAOLU (and DUILIAN):



##### 6.1 Age categories:

- 1) Taolu Category - children 5 years old (male and female separately);
- 2) Taolu Category - children 6 years old (male and female separately);
- 3) Taolu Category - children 7 – 8 years old (male and female separately);
- 4) Taolu Category - children 9 – 11 years old (male and female separately);
- 5) Taolu Category - children 12 – 14 years old (male and female separately);
- 6) Taolu Category - juniors 15 – 17 years old (male and female separately);
- 7) Taolu Category - adults 18 - 35 years old (male and female separately);
- 8) Taolu Category - adults above 36 years old (male and female separately).

**The age calculation is based on the age on the 31st December**

##### 6.2 Competition program - contemporary taolu:

- 1) Barehand forms: Changquan, Nanquan, Taijiquan.
- 2) Short weapons: Jianshu, Daoshu, Nandao, Taijijian.
- 3) Long weapons: Qiangshu, Gunshu, Nangun.
- 4) Duilian: Barehand vs. Barehand, Weapon vs. Weapon, Barehand vs. Weapons

Children in Taolu Categories 5 y.o. and 6 y.o. may participate with basic 5 forms „Wu Bu Quan” and 16 forms barehanded and weapon routines..

Children in Taolu Categories 7-8 y.o., 9-11 y.o may participate with basic 5 forms „Wu Bu Quan”, 16 forms, 20 forms, ½ 32 forms and 32 forms barehanded and weapon routines..

Children in Taolu Categories 12-14 y.o. may participate with 32 forms and 1st, 2nd, 3d set barehanded and weapon routines.

Juniors in Taolu Categories 15-17 y.o. may participate with 32 forms and 1st, 2nd, 3d set barehanded and weapon routines.

Adults in Taolu Categories 18-35 y.o. may participate with 1st, 2nd, 3d set barehanded and weapon routines.

Seniors in Taolu Categories above 36 y.o. may participate with 1st, 2nd, 3d set barehanded and weapon routines.

### **6.3 COMPETITION PROGRAM - TRADITIONAL BAREHAND FORMS:**



#### **Group 1. Traditional Taijiquan**

Traditional Taijiquan including Chen, Yang, Sun, Wu, Wu (Hao), Li, Wudang, Zhaobao and other traditional Taijiquan styles divided into Taijiquan competition.

#### **Group 2. Traditional Neijiaquan**

Traditional Baguazhang, Xingyiquan, Wudangquan (Wudang Xingyiquan, Baguaquan etc.) etc. styles divided into quanshu competition.

#### **Group 3. Traditional Nanquan**

Traditional Guandong, Fujian, Sichuan etc. Nanquan schools (Hong, Li, Mo, Wuzu, Cailifo etc.) divided into quanshu competition.

#### Group 4. Traditional Shaolinquan

Traditional Songshan shaolinquan divided into quanshu.

#### Group 5. Imitation styles (Xiangxingquan)

All imitation routines including Houquan, Yinzhuaquan, Zuiquan, Tanglangquan, Ditangquan, Zonghequan, Minghequan, Heihuquan etc. divided into quanshu competition.

#### Group 6. Traditional Tongbeiquan, Fanziquan, Chuojiao, Piguaquan styles

Traditional Tongbeiquan, Fanziquan, Chuojiao, Piguaquan styles divided into quanshu competition.

#### Group 7. Traditional Yongchun (Wing chun).

Traditional Yongchunquan (Wing Chun) quanshu routines Biaozhi (Biutze) and Xunqiao (Chumkiu).

#### Group 8. Other traditional styles

All other traditional quanshu routines: Chaquan, Huaquan, Paoquan, Baimeiquan (Pakmei), Liuhequan, Gongliquan, Yuejiaquan, Wudangquan (except Wudang Taijiquan, Xingyiquan and Baguaquan which belong to above-mentioned categories) etc.

#### Group 9. Yongchunquan Wooden Dummy Routines

### **6.4 Traditional weapons:**

Group 1: single short weapons

Group 2: single long weapons

Group 3: double weapons

Group 4: flexible weapons

Group 5: Taijiquan weapons(Taijiquan qixie)

### **6.5 Duilian:**

Barehand vs. Barehand, Weapon vs. Weapon, Barehand vs. Weapons

## **7. TUISHOU, SANDA, LIGHT SANDA, YONG CHUN SANSHOU (*Wing Chun free-fighting*), SHUALJIAO, BINGDAO**



### **7.1 Age categories:**

Children A: age 8-9  
Children B: age 10-11  
Cadets: age 12-14  
Juniors: age 15-17  
Adults: age 18 – 35

### **7.2 Weight Categories:**

21kg Category ( $>18\text{kg} \leq 21\text{kg}$ )  
24kg Category ( $>21\text{kg} \leq 24\text{kg}$ )  
27kg Category ( $>24\text{kg} \leq 27\text{kg}$ )  
30kg Category ( $>27\text{kg} \leq 30\text{kg}$ )  
33kg Category ( $>30\text{kg} \leq 33\text{kg}$ )  
36kg Category ( $>33\text{kg} \leq 36\text{kg}$ )  
39kg Category ( $>36\text{kg} \leq 39\text{kg}$ )  
42kg Category ( $>39\text{kg} \leq 42\text{kg}$ )  
45kg Category ( $>42\text{kg} \leq 45\text{kg}$ )  
48kg Category ( $>45\text{kg} \leq 48\text{kg}$ )  
52kg Category ( $>48\text{kg} \leq 52\text{kg}$ )  
56kg Category ( $>52\text{kg} \leq 56\text{kg}$ )  
60kg Category ( $>56\text{kg} \leq 60\text{kg}$ )  
65kg Category ( $>60\text{kg} \leq 65\text{kg}$ )

70kg Category (>65kg-≤ 70kg)

75kg Category (>70kg-≤ 75kg)

80kg Category (>75kg-≤ 80kg)

85kg Category (>80kg-≤ 85kg)

90kg Category (>85kg-≤ 90kg)

Over 90kg Category (>90kg)

7.3 TUISHOU, YONG CHUN SANSHOU (Wing Chun free-fighting), SANDA (events will be held according IWUF rules) and LIGHT SANDA (WKFE Light Sanda Competition Rules & Judging Methods will be adopted).

7.4 All participants of Light Sanda and Sanda must have two sets of clothing (red and blue), according to IWUF regulations. Protective equipment will be provided by the organisers.

#### **NOTA BENE.**

**Children under 12 years old have to compete with FACE MASK HEAD GUARD.**

7.5 All participants of BINGDAO must have black t-shirt and black trousers covering both ankles. (T-shirts and trousers must be without writings on them. The only exception is - sports club name or Chinese characters). BINGDAO protective equipment will be provided by the organisers.

WUSHU BINGDAO (DUANBING) event will be held according Chinese Wushu Association rules: <https://www.wushu.lt/invitation-to-baltic-open-wushu-championship-2024-in-vilnius-lithuania/>

7.4 All participants of SHUAIJIAO must have black t-shirt and black trousers covering both ankles. (T-shirts and trousers must be without writings on them. The only exception is - sports club name or Chinese characters). SHUAIJIAO clothing (red and blue) will be provided by the organisers. SHUAIJIAO event will be held according Lithuanian Wushu Federation rules: <https://www.wushu.lt/invitation-to-baltic-open-wushu-championship-2024-in-vilnius-lithuania/>

## **8. AWARDING**

8.1 For this championship, in every category for children up to 12 years, every participant will be awarded with a medal and a diploma for the participation. This practice is in accordance with practice in other western-European countries, and the aim is to give every child a feeling of achievement, enhance motivation, self-confidence, promote healthy and inclusive sportsmanship and raise the spirit of fair play.

## **9. OTHER MATTERS**

Each team is required to bring the following:

1. The original Final Entry Form;
2. For every competitor:
  - Citizen passport (original);
  - Health certificates;
  - Valid Life Insurance Certificate;
  - Waiver of Liabilities.



## **COMPETITION MANAGEMENT**

Tomas Lapinskas, [info@wushu.lt](mailto:info@wushu.lt)  
Andrey Andrienko [kmnklaipeda@gmail.com](mailto:kmnklaipeda@gmail.com)

The registration fee must be paid at the technical committee at the time of the arrival or by bank transfer to Lithuanian Wushu Federation bank account:

Reciever: Lithuanian Wushu Federation  
Address: Vilniaus g. 45-7, Vilnius, Lithuania  
Reg. Nr. 300787430  
Bank name: AB SEB bankas  
Account No.: LT89 7044 0000 8262 2517  
[www.wushu.lt](http://www.wushu.lt)