

LIVE LIKE A DOG

Human vs. Dog

A side-by-side guide to the life we've forgotten how to live.

Eighteen everyday moments. Two ways to meet them. Your dog has been quietly running the better experiment.

THE MOMENT	WHAT YOUR DOG DOES	WHAT WE TEND TO DO
MORNINGS	Stretches. Drinks water. Looks for the first joyful thing.	Reaches for the phone. Scrolls. Dreads what's already coming.
GREETINGS	Whole body says you're here. No half-hellos.	Half-distracted nod. Eyes on the screen.
WALKS	Sniffs everything. The walk IS the destination.	Head down. Podcast on. Get-there mode.
FOOD	Tastes it. Fully. With both ears up.	Eats while answering email. Doesn't remember the bite.
REST	Sleeps deeply, without earning it.	Calls rest lazy. Earns it, then can't enjoy it.
JOY	Loses his mind over a tennis ball.	Waits for the big milestone that may never come.
FAILURE	Tries the door again. No spiral.	Replays it at 3 a.m. for a week.
CONFLICT	Barks once. Lets it pass.	Holds the grudge through three weekends.
LONELINESS	Sits at the door. Waits openly.	Pretends not to need anyone. Stays busy.
STRANGERS	Curious. Open. Tail first.	Suspicious. Head down. Already filed.

THE MOMENT	WHAT YOUR DOG DOES	WHAT WE TEND TO DO
ROUTINE	Loves it. Same walk, same joy.	Calls it boring. Looks for the next thing.
CHANGE	Adapts in a day. Finds the new sunny spot.	Resists for months. Mourns the old sunny spot.
AFFECTION	Asks for it. Often. Without shame.	Worries about being too much.
BOREDOM	Lies in the sun. Watches the dust move.	Picks up the phone. Disappears for an hour.
PRAISE	Believes it. Wags. Files it as truth.	Deflects. Argues with the compliment.
OLD FRIENDS	Same wild greeting every single time.	"We should catch up" — for the third year.
MISTAKES	Looks guilty for two seconds. Moves on.	Holds the receipt forever.
THE END	Loves until the last breath.	Saves the big love for someday.

Be here for your life.
Live more. Love harder. Wag often.