



HER HEALTH SUMMIT

Science for the Body. Wisdom for the Mind. Strength for the Soul.

October 28th, 2026 | Mizner Studio | Boca Raton

A SoulTech Foundation benefit supporting South Florida charities serving women and children: Healthy Mothers, Healthy Babies; Speak Up for Kids; Sweet Dream Makers; and the Junior League of Boca Raton.

Event Sponsors:



Secure Tickets

The Truth About Women's Health

For generations, women's health conversations have been incomplete.



Pain Dismissed



**Hormones
Misunderstood**



**Menopause
Ignored**



Mental Load Invisible



Vastly Under-researched

HER Health Summit creates a space where women, and the men who care about them, finally speak honestly about the realities of women's bodies, health, aging, and wellbeing.

This is not just a wellness event. It is a movement to elevate the conversation around women's health while supporting organizations working to improve women's lives.



Why This Summit Matters Now

Women's health research remains dramatically underfunded and misunderstood. Millions of women experience health challenges that are overlooked, misdiagnosed, or minimized. At the same time, breakthroughs in medicine, longevity science, and holistic wellness are transforming how women can care for their bodies.



Underfunded & Overlooked



Misdiagnosed & Minimized



Breakthroughs Transforming Care

HER Health Summit brings together pioneers in medicine, wellness, and conscious living to explore the future of women's health while raising funds to support the SoulTech Foundation and community organizations serving women and children.

Hormonal health

Longevity and aging

Emotional wellbeing

Trauma healing

Lifestyle medicine

Women's empowerment

About HER Health Summit

Women's Unique Health Challenges

Shining a light on overlooked pain, hormonal health, menopause, mental health, and the pursuit of longevity.

Science & Holistic Practices

Built at the intersection of cutting-edge medical research and time-tested wellness practices. HER Health will address and share women's total mind-body-soul experience. Guests will have access to the HER Health Library of the presentations, research, and the post-event HER Health Report.

Pioneers & Experts

Leaders in medicine, wellness, yoga, psychology, media, and conscious living, united around women's health.

Empowerment & Community Impact

Attendees leave with tools, knowledge, and community support, while proceeds benefit the SoulTech Foundation and five South Florida charities.

Men as Allies

Most women-focused events exclude men. At the HER Health Summit, we embrace men as a necessary part of the conversation, so they can learn, share their perspective, and be a necessary part of the solution.

Together, the summit advances both the conversation around women's health and the organizations working to improve women's lives.



What HER Means

HER Health Summit brings together leaders in medicine, wellness, and conscious living to explore the truth about women's health.



H — Health

Advancing understanding of women's physical wellbeing across every stage of life.



E — Empowerment

Giving women the knowledge, tools, and confidence to advocate for their health.



R — Research

Sharing insights from doctors, wellness experts, and emerging science shaping the future of women's health.



Men As Allies

True progress in women's health requires partnership.



Fathers, Brothers, Husbands

Showing up for the women they love.



Doctors & Researchers

Advancing women's care through science and empathy.



Innovators

Building solutions for women's health challenges.



Policymakers

Creating systems that support women's wellbeing.

Men attend not to lead or dominate the conversation, but to learn, share, and support.

Together, we create solutions.

MAIN STAGE

WELLNESS STAGE

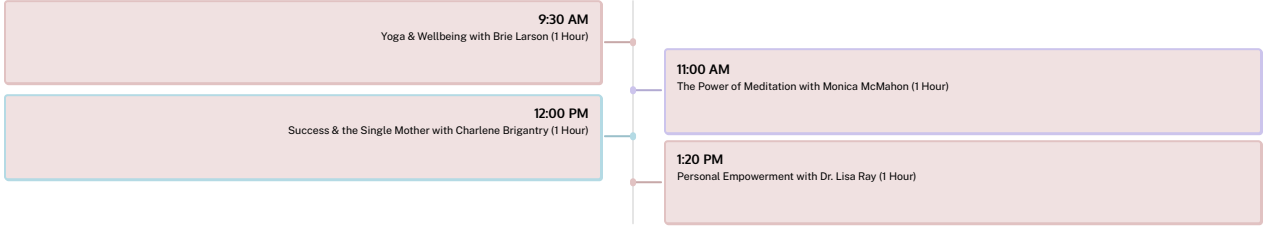
Her Health Summit Agenda

Emcees: Judy Weaver & Sara Starkoff Green

Main Stage



Wellness Stage





Event Speakers & Topics:

1	<p>Cynthia L. Elliott 3x Best-Selling Author & Founder, the SoulTech Foundation <i>Spiritual Wealth & Higher Consciousness (Mind / Spirit)</i> The art and science of higher consciousness - the spiritual laws that help you create a life you love!</p>
	<p>Dr. Shivani Gupta Ayurvedic Expert & Author <i>Inflammation & Ayurveda (Mind / Body)</i> Understanding how chronic inflammation impacts women's health and how Ayurvedic wisdom supports healing.</p>
	<p>Judy Weaver Founder, Connected Warriors <i>Trauma-Informed Yoga (Body / Spirit)</i> How trauma impacts the nervous system and how yoga can support emotional and physical healing.</p>
	<p>Monica McMahon Founder, Get Fit Retreats <i>Meditation for Mental and Emotional Balance (Mind / Spirit)</i> Meditation practices that support stress reduction, mental clarity, and emotional wellbeing.</p>
	<p>Laura Waldorf Reiss Founder, Kindness Matters 365 <i>Kindness & Mindset (Mind / Spirit)</i> How compassion and mindset influence emotional resilience and wellbeing.</p>
	<p>Sara Starkoff Green Founder, Greenhouse Wellness <i>Blue Zones & Longevity (Mind / Body / Spirit)</i> Lessons from the world's longest-living communities about longevity and vibrant health.</p>
	<p>Dr. Michelle Weiner The Pain Expert & Founder, Neuropain Health <i>Pain, Psychedelics, Longevity & Women's Health</i> Understanding chronic pain in women and how longevity science is transforming treatment.</p>
	<p>Dr. Francesca Lewis Dermatologist & Founder, Delray Dermatology <i>Aesthetics & Aging Gracefully</i> Exploring modern dermatology, skincare science, and how women can age with confidence.</p>
	<p>Paige Kornblue Media Personality ESPN Boca Magazine <i>Mental Health in Modern Media</i> How media culture influences women's mental health, identity, and self-perception.</p>
	<p>Brie Mazin Founder, Florida Yoga Mama <i>Yoga & Women's Wellbeing</i> An inspiring workshop focused on the power of yoga to make motherhood an easier and more beautiful experience.</p>
	<p>Dr. Amy Wecker Board Certified Internist & Infectious Disease Specialist <i>Hormones & Menopause</i> Mastering your hormones before and after menopause for a long and beautiful life.</p>
12	<p>Dr. Lisa Ray Literary Agent & Publisher <i>Personal Empowerment</i> The Power of Narrative: Reclaiming Your Story to Reclaim Your Health, Leadership, and Life</p>
	<p>Charlene Briganty Marketing Leader & Certified Life Coach <i>Success and the Single Mother</i> An inspiring workshop to discuss, share, and inspire single mothers to thrive.</p>
14	<p>Dr. Katie Dabrowski Physical Therapist & Strength Coach <i>Preventive Fitness & Longevity</i> Muscle as Medicine: The Missing Link in Women's Metabolic & Longevity Health</p>
15	<p>Becca Tebon Holistic Health Coach, Wellness Educator, & Fitness Expert <i>Nervous System Regulation & Menopause</i> The Pause Map: A Smarter Approach to Hormones, Energy & Nervous System Regulation</p>



What Guests Experience

HER Health Summit is a day of connection, insight, and transformation.



Inspiring Workshops & Keynote Talks



Evidence-Based Wellness Insights



Holistic Mind-Body-Soul Practices



**Real Women's Health Conversations
that Drive Change**



**Community Event that Supports
Local Women & Child-Focused
Charities**



**Integration & Support of Men in the
Conversation**

Attendees leave with tools and knowledge to improve their health and wellbeing.



Your Ticket Includes

Each ticket includes exclusive summit resources.



12 Month Access to HER Archive



Downloadable Resources



Bonus Interviews



The HER Health Report

During the summit, attendees will participate in polls and surveys exploring real experiences in women's health. These insights will be compiled into the post-event **HER Health Report**.

Key health concerns women face today

Emerging wellness trends

Insights from doctors and researchers

Secure Tickets

Community Impact

A SoulTech Foundation benefit supporting South Florida charities serving women and children: Healthy Mothers, Healthy Babies; Speak Up for Kids; Sweet Dream Makers; and the Junior League of Boca Raton.

HER Health Summit is more than an event — it is a purpose-driven gathering designed to create meaningful, measurable impact. Proceeds from the summit support the SoulTech Foundation, a 501(c)(3) nonprofit advancing education and initiatives that empower individuals and communities to thrive in a rapidly evolving world.

In addition, a portion of proceeds will be shared with four respected Palm Beach County organizations dedicated to improving the health, safety, and wellbeing of women and children.

SoulTech Foundation

Primary Beneficiary

The SoulTech Foundation leads innovative programs at the intersection of wellbeing, education, and human potential — equipping individuals and communities with the tools to grow, adapt, and flourish.

Supporting Local Impact

Four Palm Beach County Charities

A portion of proceeds will directly benefit organizations serving women and children through essential services, advocacy, and community-based programs.

Collective Impact

Together, HER Health Summit and its partners are investing in stronger families, healthier communities, and expanded opportunities for women to rise, lead, and thrive.





Join the Movement

HER Health Summit is more than an event. It is a new conversation about women's health and a benefit supporting organizations working to improve women's lives.



October 28, 2026

Mark your calendars for this transformative day.



Mizner Studio

Experience our summit in an inspiring, modern setting.



Boca Raton, Florida

Join us in the heart of South Florida.

Supporting the **SoulTech Foundation and other South Florida charities serving women and children.**

Join us for a day of immersive experiences, insightful discussions, and invaluable connections that will shape the future of women's health and wellness.

Event Chairs:



Cynthia L. Elliott
3x Best-Selling Author, Speaker, Cultural Pioneer
Founder, SoulTech Foundation



Judy Weaver
Renowned Yoga Therapist
Founder, Connected Warriors



Monica McMahon
Embodied Wellness Guide, Meditation, Pilates & Yoga Specialist
Founder, Get Fit Retreats



Laura Waldorf Reiss
Speaker & Philanthropist
Founder, Kindness Matters 365



Sara Starkoff Green
Wellness Leader & Speaker
Founder, Greenhouse Wellness



Dr. Michelle Weiner
The Pain Expert
Founder, Neurogain Health



Dr. Shivani Gupta
Author & Speaker
Founder, Fusionary Formulas



Dr. Francesca Lewis
Dermatologist
Founder, Delray Skin



Dr. Amy Wecker
Board Certified Internist & Infectious Disease Specialist
Founder, SoBe Functional Medicine



Dr. (H.C.) Lisa Ray
Publisher & Literary Agent
Founder, Golden Ray Publishing



Paige Kornblue
ESPN | Boca Magazine
Founder, Paige Kornblue Media



Brie Mazen
Yoga Teacher & Influencer
Founder, FloridaYogaMama.com



Charlene Brigantry
Marketing Leader & Certified Life Coach
Founder, The Arete Movement



Dr. Katie Dabrowski
Physical Therapist and Strength Coach
Co-Owner & Chief Clinical Officer, Old Bull Athletics



Becca Tebon
Holistic Health Coach, Wellness Educator, & Fitness Expert
CEO, The Pause Reset



Who Will Be in the Room

HER Health Summit attracts an influential audience including:



Health-Conscious Women



Wellness Professionals



Doctors & Health Experts



Entrepreneurs & Leaders



Media & Influencers



**Brands Aligned with
Women's Wellbeing**

Why Attend



Learn from top experts

in women's health and wellbeing



Experience practices

you can take home and integrate into daily life



Connect with inspiring leaders

and build lasting community



Be part of a movement

redefining women's health for the next generation



HER HEALTH SUMMIT

Sponsorship Opportunities

Where Purpose Meets Visibility. Where Innovation Meets Influence. Where Brands Become Part of a Movement Changing the Future of Women's Wellness.

At the **HER Health Summit**, sponsors don't just place logos, **they take the stage in a revolution.**

By partnering with us, you align your brand with groundbreaking research, industry-leading speakers, and a growing community of influential women. This is more than exposure; it is a chance to drive **cultural impact** and **brand elevation** by supporting the women shaping our future.

Whether you champion longevity, mental health, sustainability, or future-forward solutions for women, **you belong here.**

Event Sponsors:



Title Sponsorship | \$25,000

Premier branding

as HER Health Summit Presented by [Your Brand]

Speaking opportunity

Panel or keynote speaking

Top logo placement

on stage, signage, digital, and social promotions

Exclusive media mentions

in PR and press outreach

Premium activation space

at event entrance

Product placement

in attendee gift bags

10 All-Access VIP Tickets





Title Sponsorship

Become the Name Behind the Movement.

As the Presenting Partner of the HER Health Summit, your brand steps into the spotlight as the driving force behind a global shift in women's wellness. Seen everywhere and woven into every touchpoint, your presence radiates leadership, authority, and meaningful commitment to women's lives.

1

Premier Co-Branding

"HER Health Summit — Presented by *Your Brand*!"
Your name becomes synonymous with empowerment, innovation, and wellness evolution.

2

Marquee Speaking Opportunity

Command the stage with a keynote or high-impact panel appearance that aligns your mission with our movement.

3

Dominant Visibility Across All Platforms

Stage screens, event signage, digital promotion, social campaigns — your brand leads every visual experience.

4

Exclusive Media Mentions

Priority inclusion in PR outreach, press releases, and partner media channels.

5

Luxury Activation Space

A premium, high-traffic footprint at the event entrance — designed to showcase your products, services, or experiences.

6

Lifestyle Product Integration

Your premium product placed directly into attendee gift bags — a physical connection to your brand.

7

10 VIP All-Access Passes

Bring your leaders, clients, influencers, or partners to experience the event in elevated style.

Presenting Sponsor | \$15,000

Stand Out, Show Up, and Shape the Conversation.

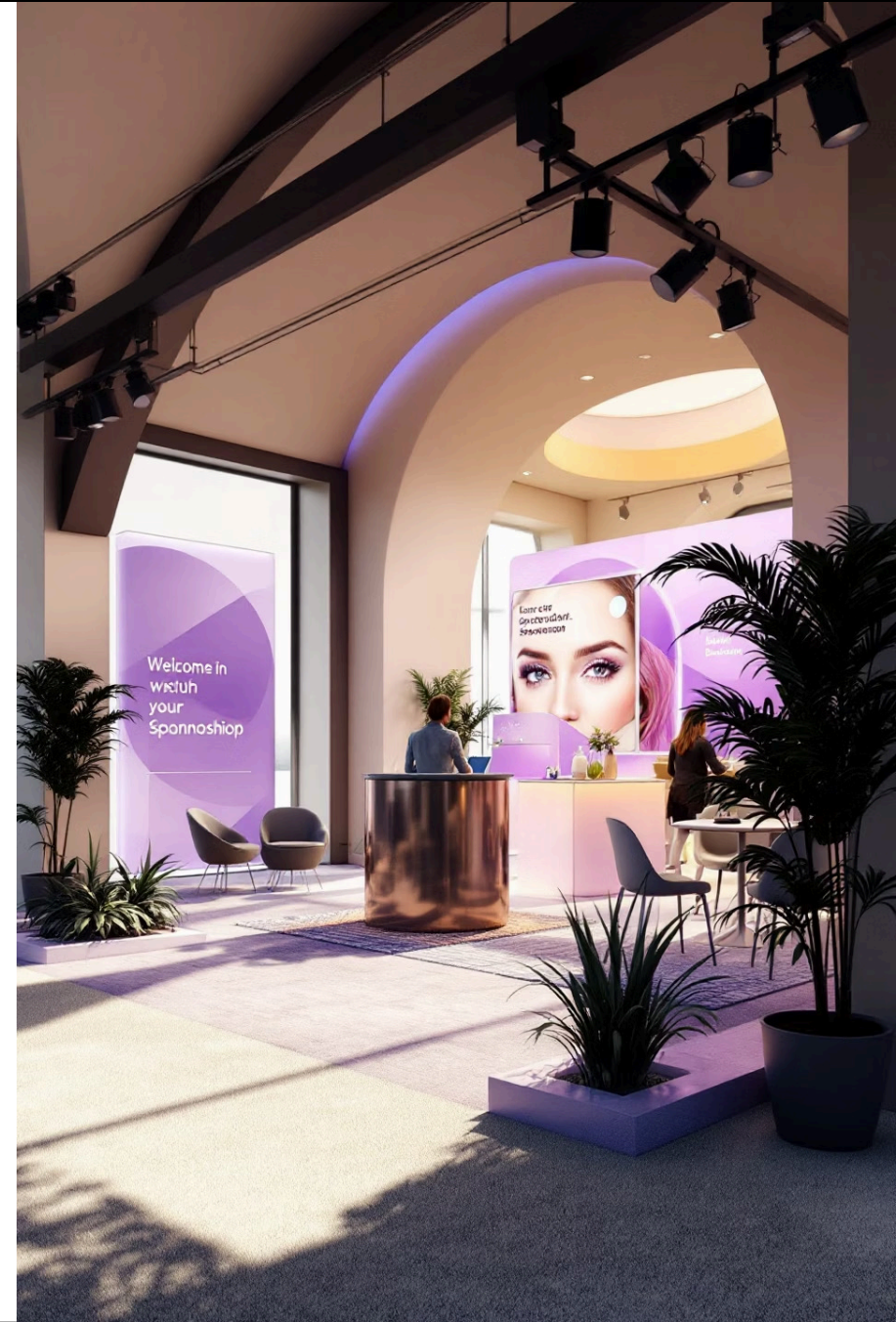
This level is ideal for brands who want strong visibility, meaningful engagement, and the power to activate onsite.

Your Presenting Sponsorship Includes

- **Premium Logo Placement**
On key signage, in the digital program, across social, and throughout the event marketing ecosystem.
- **Spotlight Social Media Feature**
A dedicated promotional highlight introducing your brand to our growing audience.
- **Prime Activation Table**
A high-visibility touchpoint where your team can meet attendees, demo products, or create experiential moments.
- **Gift Bag Product Inclusion**
Extend your brand impact beyond the Summit with curated product placement.
- **6 VIP All-Access Passes**
Perfect for teams, clients, or influencer partners.

The Presenting Sponsor Promise

Your brand becomes a cornerstone of the Summit experience — seen, celebrated, and remembered.





Supporting Sponsor | \$7,500

Amplify Your Presence, Expand Your Reach.

Ideal for forward-thinking brands that want to invest in women, wellness, and community impact.

Your Supporting Sponsorship Includes

- **Logo Presence**
Featured on the event website and program.
- **Engagement Space**
Activation table for product or service promotion.
- **Gift Bag Placement**
Put your brand in the hands of every attendee.
- **4 VIP All-Access Passes**

The Supporting Sponsor Promise

A highly visible way to support a transformative event and connect with women seeking trusted wellness partners.

Community Partner | \$2,500

Support the Movement. Grow with the Community.

A perfect entry-level partnership for businesses who believe in uplifting women and aligning with conscious, purpose-driven events.

Your Community Partnership Includes

- **Logo Visibility**
Featured on select signage and event webpage.
- **Gift Bag Inclusion**
Offer attendees a touch of your brand.
- **2 VIP All-Access Passes**

The Community Partner Promise

You play a vital role in creating the supportive ecosystem that makes women's wellness thrive.



Why Partner with HER Health Summit

Where Purpose, Visibility, and Impact Converge.

Partnering with the **HER Health Summit** positions your brand at the center of a rapidly growing movement — one dedicated to redefining women’s wellness, elevating conscious leadership, and shaping a healthier, more empowered future. This is more than sponsorship; it is meaningful alignment with the mission-driven women driving change.



Visibility That Matters

Your brand will be showcased in front of an influential audience of women leaders, innovators, and wellness-forward consumers. This is premium visibility with individuals who value authenticity, purpose, and partnership.



Credibility Through Powerful Association

By aligning with respected experts, doctors, bestselling authors, and wellness pioneers, your brand stands shoulder-to-shoulder with the voices shaping modern women’s health. This alignment enhances your credibility and reinforces your commitment to the wellbeing of women everywhere.



Engagement That Builds Lasting Loyalty

This summit creates an environment designed for deep connection and meaningful exchange. Attendees come ready to discover trusted partners, explore wellness solutions, and build relationships — making this a rare opportunity for direct, high-value engagement.



Impact That Extends Beyond the Event

Your partnership contributes to a movement that is redefining wellness for this generation and the next. By supporting HER Health, you help create lasting change in how women care for their bodies, minds, careers, and communities.

Join the Movement

October 28th, 2026

Mizner Studio, Boca Raton, FL

HER Health Summit is more than an event. It is a revolution in women's wellness. It is the future, and it starts here. Together, we rise. Together, we heal. Together, we thrive.

Contact Information: To learn more about the event and sponsorships, contact Cynthia@DreamweaverBrand.com or 786-531-7842.

HER Health Summit, produced by the SoulTech Foundation, the home of education that helps underserved communities thrive in the age of AI.

Event Sponsors:



Secure Tickets

