

SOULTECH

MAGAZINE



NEW AGE VS
CHRISTIANITY SOLUTION,
SELLING THE TRAD LIFESTYLE
HOW TO CHANNEL IS TAROT EVIL,
MOST FAMOUS ALIEN ENCOUNTERS

ALIENS ON EARTH?
CONSCIOUSNESS, CONTACT, AND
WHAT WE'RE REALLY BEING SHOWN

EDITOR'S LETTER

Something is happening.

For decades, “aliens” was the punchline. The tinfoil hat. The thing you didn’t say out loud at dinner parties if you wanted to be taken seriously. Not anymore.

This year, the U.S. government began releasing decades of classified files on unidentified anomalous phenomena. Videos. Photographs. Witness testimony from pilots, soldiers, and astronauts. Files that sat in drawers since before most of us were born.

We are being told, officially, that something is out there. Something unexplained.

And still, no one in Washington is willing to say the word.

So we will ask the question they won’t.

What if the disclosure happening in Washington isn’t really about the sky? What if it’s about us?

Here is what I keep coming back to. A civilization does not get shown a bigger picture until it is ready to hold one. Maybe the files are not the revelation. Maybe we are.

In this issue, we go deep into the phenomenon. We look at what has actually been released, and what it does and doesn’t prove. We revisit the encounters that shaped the public imagination for seventy years. We break down the different kinds of contact people report, from lights in the sky to something far more intimate. And we ask a question most outlets are too cautious to ask: what if contact has never been about spacecraft at all? What if it happens through consciousness?

We also turn inward, toward the tensions playing out in our own culture. The quiet merger happening between New Age spirituality and Christian faith. The return of the Trad-Wife, and what she is really rebelling against. And for the seekers among you, two shorter pieces: what channeling actually is, and whether a deck of seventy-eight cards deserves the reputation it’s been given.

Every era gets the mystery it is ready to face.

Ours might be the biggest one yet.

Read with an open mind and a grounded body. That is always where the real contact begins.

With respect and wonder,

Cynthia L. Elliott
Editor, SoulTech Magazine
SoulTechFoundation.org

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ALIENS ON EARTH?

Where We Stand After the Disclosure Files

For seventy years, the government's answer to "are we alone" was silence, denial, or a redacted page.

That changed on May 8, 2026.

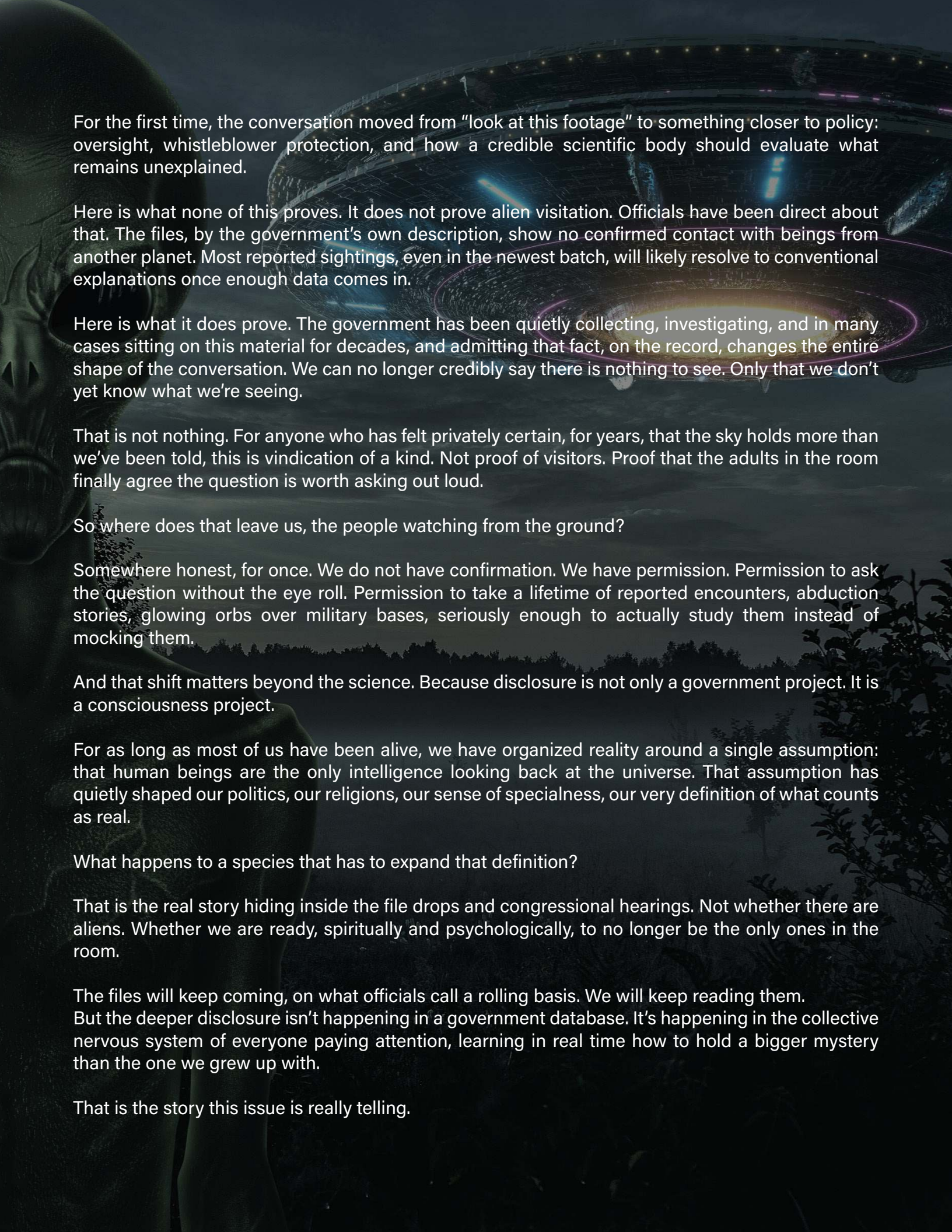
That is when the Department of Defense, under the Trump administration, launched a new declassification project with an almost comically bureaucratic name: the Presidential Unsealing and Reporting System for UAP Encounters. PURSUE, for short. A dedicated government website where decades of previously classified material on unidentified anomalous phenomena, the term that has replaced "UFO" in official use, would be released to the public, "no clearance required."

The first release included military reports, photographs, videos, witness accounts, and even astronaut transcripts, some dating back to the 1940s. Officials described it as a rolling process, with more files to come.

They kept that promise. A second tranche followed. Then a third, on June 12, adding dozens of documents, images, video, and audio from the CIA, FBI, NASA, and the Pentagon. Included was a report from the director of the Pentagon's All-Domain Anomaly Resolution Office, describing an orange "mother orb" observed releasing smaller red orbs. The same batch detailed over two hundred sightings near a single military facility, described as green orbs, discs, and fireballs. By the Pentagon's own accounting, roughly forty percent of the reported phenomena remain unresolved, meaning no one has been able to explain them as drones, balloons, aircraft, or sensor error.

The NSA joined in separately, releasing hundreds of pages of previously top-secret material after a Freedom of Information Act appeal.

Then, on June 25, something happened that mattered as much as the documents themselves. A Disclosure Forum convened in a historic Senate hearing room, the same room that once hosted the Watergate hearings. Sitting members of Congress from both parties shared a stage with a leading astrophysicist now chairing a newly created White House UAP Science Advisory Council, alongside former defense officials who have spent years pushing for exactly this moment.



For the first time, the conversation moved from “look at this footage” to something closer to policy: oversight, whistleblower protection, and how a credible scientific body should evaluate what remains unexplained.

Here is what none of this proves. It does not prove alien visitation. Officials have been direct about that. The files, by the government’s own description, show no confirmed contact with beings from another planet. Most reported sightings, even in the newest batch, will likely resolve to conventional explanations once enough data comes in.

Here is what it does prove. The government has been quietly collecting, investigating, and in many cases sitting on this material for decades, and admitting that fact, on the record, changes the entire shape of the conversation. We can no longer credibly say there is nothing to see. Only that we don’t yet know what we’re seeing.

That is not nothing. For anyone who has felt privately certain, for years, that the sky holds more than we’ve been told, this is vindication of a kind. Not proof of visitors. Proof that the adults in the room finally agree the question is worth asking out loud.

So where does that leave us, the people watching from the ground?

Somewhere honest, for once. We do not have confirmation. We have permission. Permission to ask the question without the eye roll. Permission to take a lifetime of reported encounters, abduction stories, glowing orbs over military bases, seriously enough to actually study them instead of mocking them.

And that shift matters beyond the science. Because disclosure is not only a government project. It is a consciousness project.

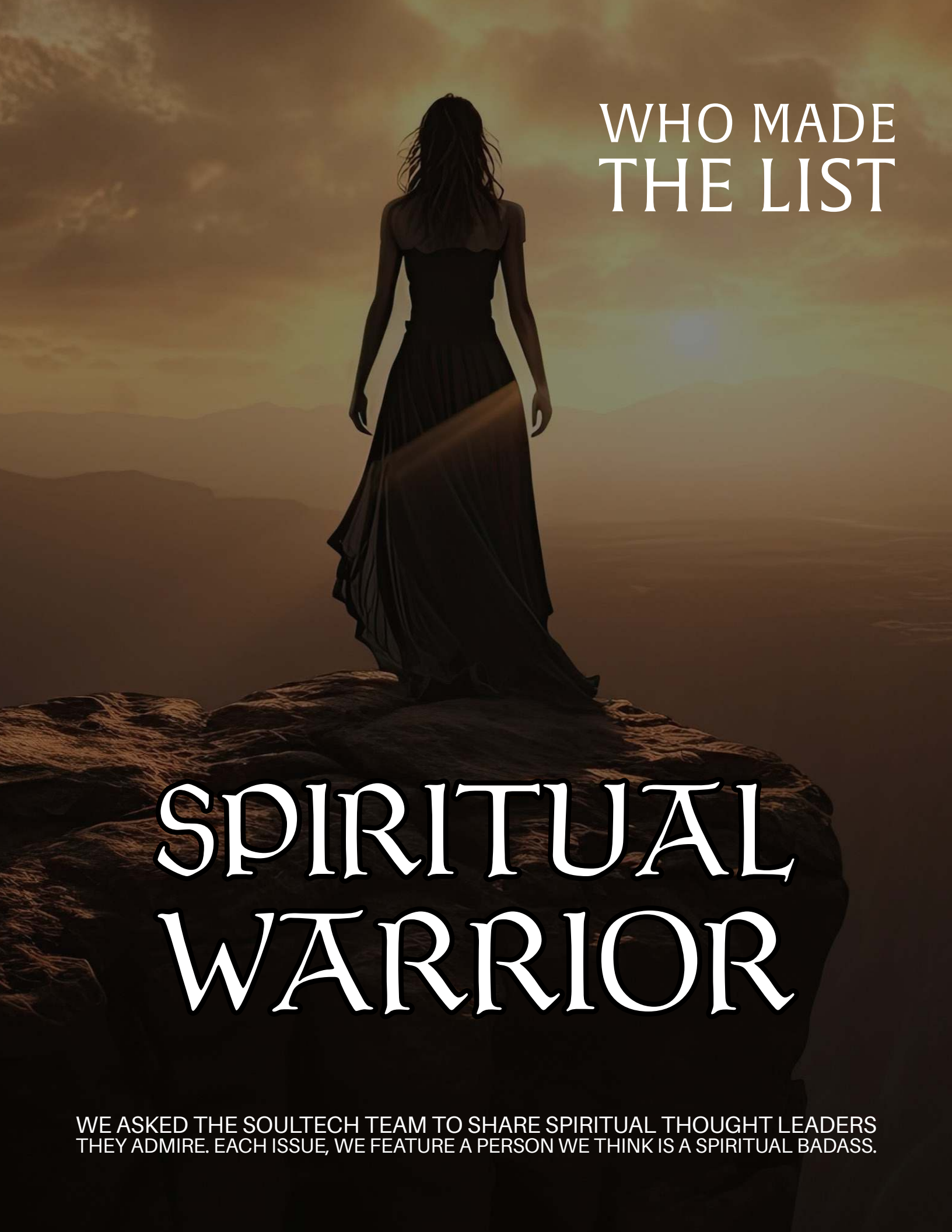
For as long as most of us have been alive, we have organized reality around a single assumption: that human beings are the only intelligence looking back at the universe. That assumption has quietly shaped our politics, our religions, our sense of specialness, our very definition of what counts as real.

What happens to a species that has to expand that definition?

That is the real story hiding inside the file drops and congressional hearings. Not whether there are aliens. Whether we are ready, spiritually and psychologically, to no longer be the only ones in the room.

The files will keep coming, on what officials call a rolling basis. We will keep reading them. But the deeper disclosure isn’t happening in a government database. It’s happening in the collective nervous system of everyone paying attention, learning in real time how to hold a bigger mystery than the one we grew up with.

That is the story this issue is really telling.



WHO MADE
THE LIST

SPIRITUAL WARRIOR

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ESTHER HICKS



**EACH ISSUE WE
HONOR AN
INSPIRING TEACHER**

Some teachers write books. Esther Hicks says she channels one.

For over three decades, Hicks has presented herself as a conduit for "Abraham," a collective, non-physical consciousness she says speaks through her during public workshops and recorded sessions. Whether you take that literally or metaphorically, the message underneath it reshaped modern spirituality: thoughts are magnetic, emotion is guidance, and what you focus on expands.

Hicks built that message into a body of work, including *Ask and It Is Given*, that predates and helped set the stage for the Law of Attraction boom, later amplified by her appearance in *The Secret*. Long before "manifestation" became a hashtag, she was teaching rooms full of skeptics and seekers the same core practice: notice how a thought feels, and treat that feeling as information.

What makes Hicks a spiritual warrior isn't the channeling itself. It's her insistence, decade after decade, that emotional guidance is not indulgence. It's data. In a culture that still rewards grinding through discomfort and calling it discipline, she built a following by teaching the opposite: that alignment, not force, is the fastest way to a life that works.

Critics have called the Abraham material too simple, too commercial, too convenient. Hicks has never seemed particularly bothered by that. She kept teaching the same thing in the same voice, unmoved by the noise.

To walk a spiritual path is to trust an inner signal the culture doesn't always validate. Esther Hicks built a life, and a movement, on exactly that trust.

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THE MOST INFAMOUS ALIEN ENCOUNTERS IN HISTORY

Long before PURSUE, before congressional hearings, before the term “UAP” existed, a handful of encounters shaped how the public imagines contact. Some have been picked apart by decades of investigation. None have been fully explained to everyone’s satisfaction. All of them are worth knowing before you form an opinion on what’s happening now.

ROSWELL, NEW MEXICO — 1947

The one that started it all. A rancher near Roswell found debris scattered across his land, and the local Army air field briefly announced it had recovered a “flying disc” before walking the statement back within a day, calling it a weather balloon instead. That reversal, more than the debris itself, is what turned Roswell into the founding myth of American UFO culture. Decades later, the Air Force offered a more detailed explanation involving a classified surveillance program, but by then the story had already become bigger than any single answer could satisfy.

BETTY AND BARNEY HILL — 1961

A New Hampshire couple driving home one night reported watching a bright object change direction in a way no aircraft should, then losing track of several hours of time. Under hypnosis afterward, both described being taken aboard a craft and examined. Their case became the template for the modern “abduction” narrative: the missing time, the hypnotic recall, the physical examination, that shows up in report after report to this day.

TRAVIS WALTON — 1975

A logger working in an Arizona forest with his crew reported seeing a glowing disc, and his coworkers said he was struck by a beam of light and vanished. He turned up five days later, disoriented, describing an examination aboard a craft. His crewmates all passed polygraph tests about what they had witnessed. The case later became the basis for a Hollywood film, and remains one of the few encounters with multiple corroborating eyewitnesses to the disappearance itself, even though the abduction account rests on Walton’s testimony alone.



Continued

RENDLESHAM FOREST — 1980

Sometimes called "Britain's Roswell," U.S. Air Force personnel stationed in England reported strange lights in the woods near their base over several nights, and some described a landed craft with markings they couldn't identify. Elevated radiation readings were reportedly taken at the site afterward. It remains one of the most thoroughly documented military encounters on record, precisely because it involves the testimony of trained servicemen rather than a single civilian witness.

THE PHOENIX LIGHTS — 1997

Thousands of people across Arizona watched a massive V-shaped formation of lights move silently across the night sky, visible for miles. Unlike most encounters, this one has an enormous number of independent witnesses, which is part of what makes it so hard to dismiss. The official explanation offered afterward, flares dropped during a military training exercise, accounts for some but not all of what was reported that night.

What connects these cases isn't proof. It's pattern. Physical trace evidence, missing time, multiple witnesses, military involvement, an official explanation that satisfies some people and not others. That pattern is exactly what today's disclosure files are finally being handed over to serious scientists to study, instead of being left to late-night radio and internet forums.





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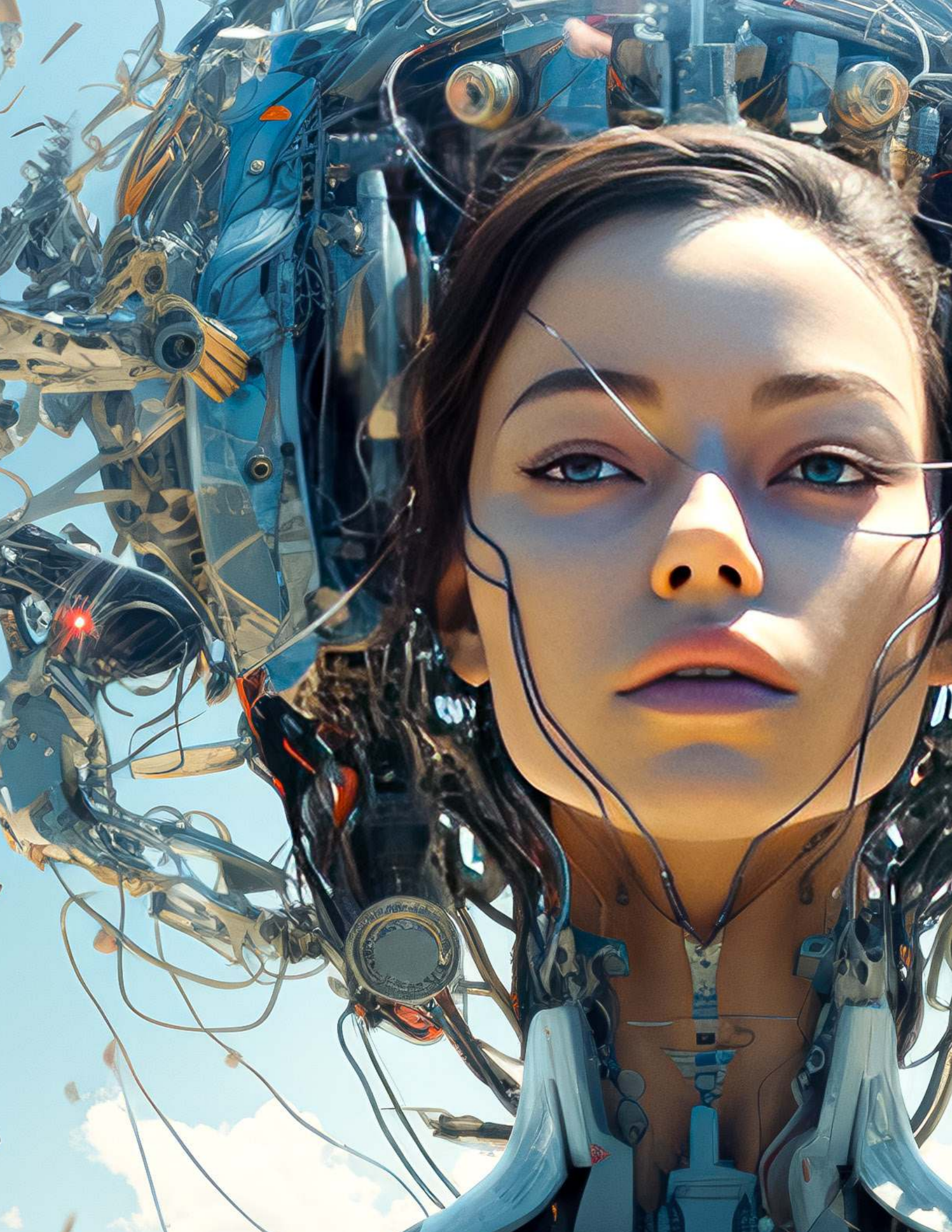














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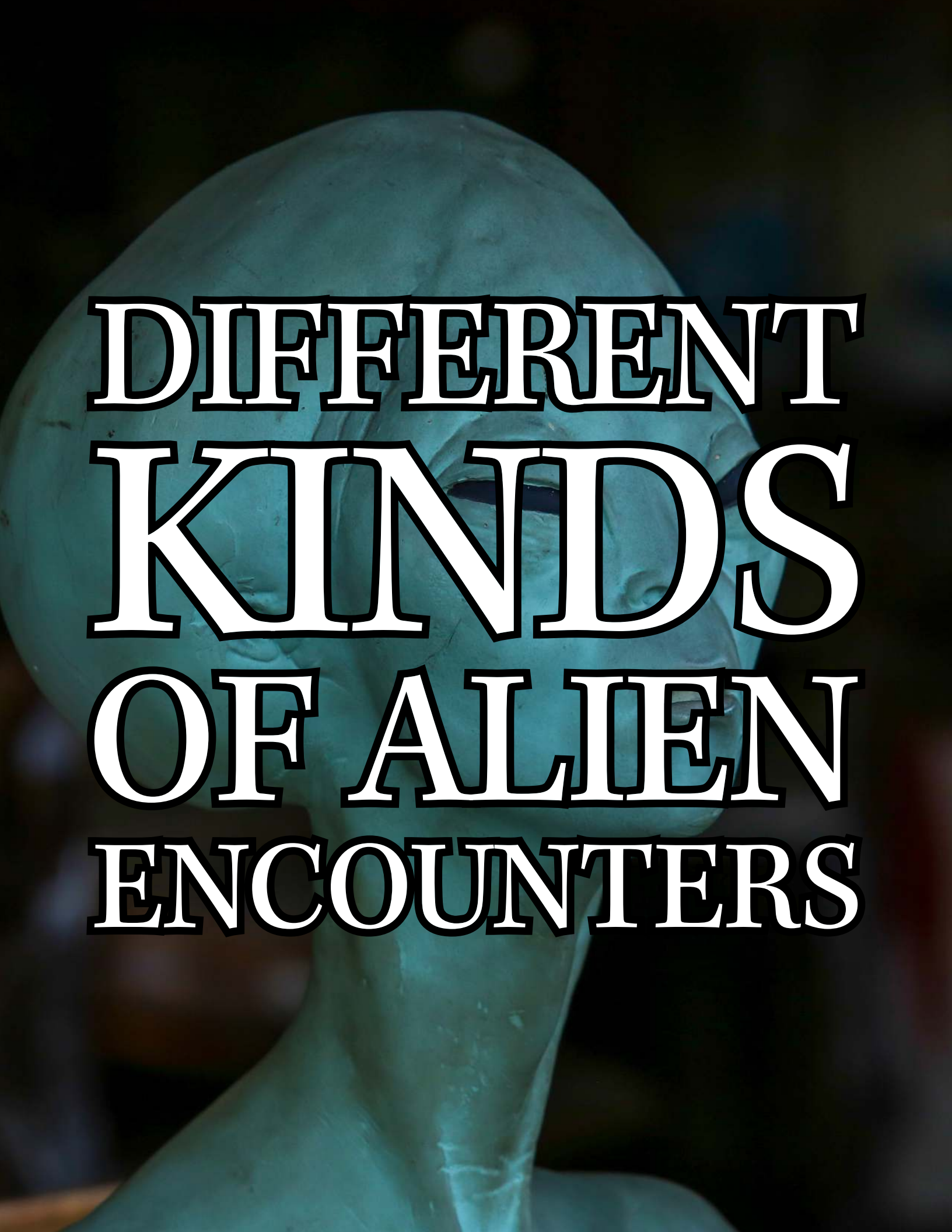
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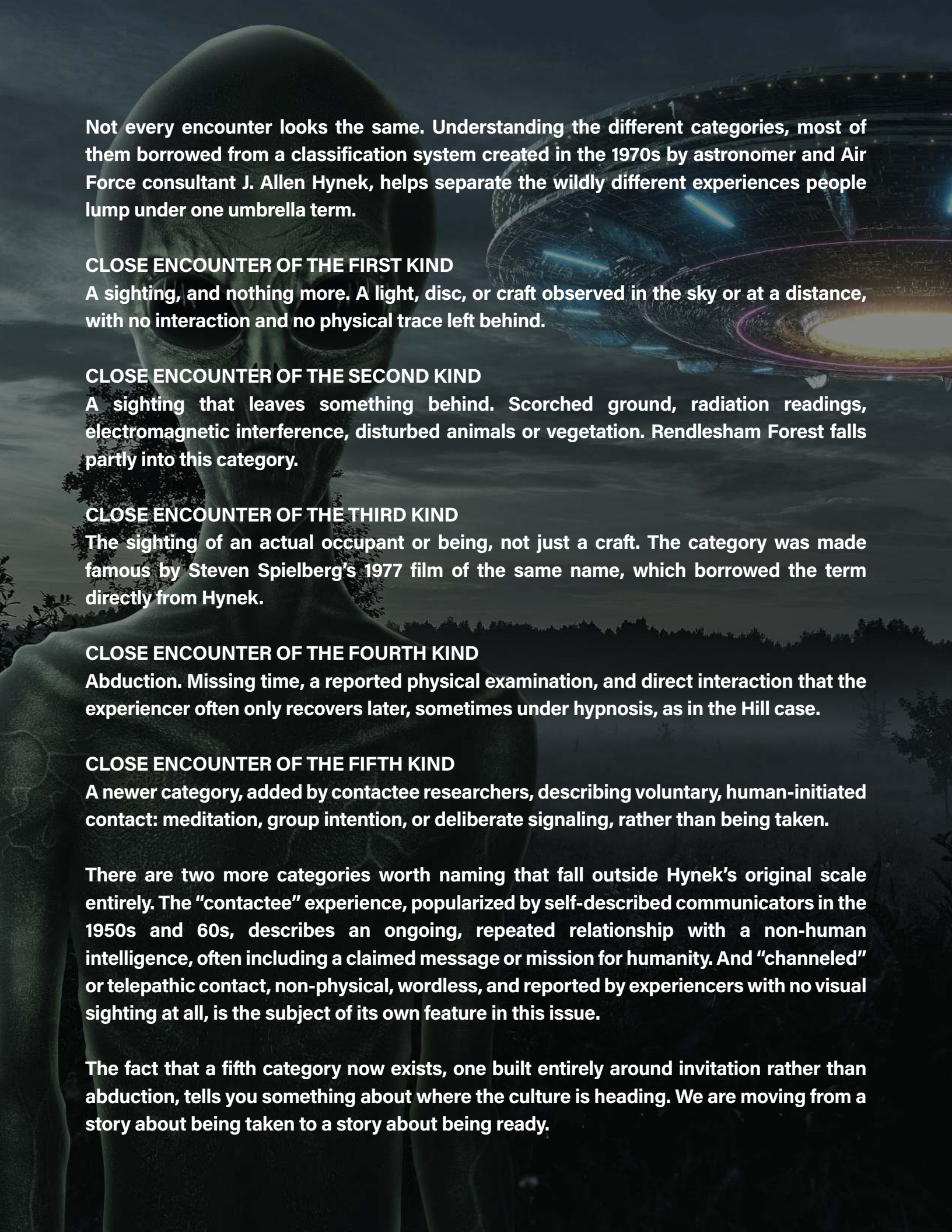
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DIFFERENT KINDS OF ALIEN ENCOUNTERS



Not every encounter looks the same. Understanding the different categories, most of them borrowed from a classification system created in the 1970s by astronomer and Air Force consultant J. Allen Hynek, helps separate the wildly different experiences people lump under one umbrella term.

CLOSE ENCOUNTER OF THE FIRST KIND

A sighting, and nothing more. A light, disc, or craft observed in the sky or at a distance, with no interaction and no physical trace left behind.

CLOSE ENCOUNTER OF THE SECOND KIND

A sighting that leaves something behind. Scorched ground, radiation readings, electromagnetic interference, disturbed animals or vegetation. Rendlesham Forest falls partly into this category.

CLOSE ENCOUNTER OF THE THIRD KIND

The sighting of an actual occupant or being, not just a craft. The category was made famous by Steven Spielberg's 1977 film of the same name, which borrowed the term directly from Hynek.

CLOSE ENCOUNTER OF THE FOURTH KIND

Abduction. Missing time, a reported physical examination, and direct interaction that the experiencer often only recovers later, sometimes under hypnosis, as in the Hill case.

CLOSE ENCOUNTER OF THE FIFTH KIND

A newer category, added by contactee researchers, describing voluntary, human-initiated contact: meditation, group intention, or deliberate signaling, rather than being taken.

There are two more categories worth naming that fall outside Hynek's original scale entirely. The "contactee" experience, popularized by self-described communicators in the 1950s and 60s, describes an ongoing, repeated relationship with a non-human intelligence, often including a claimed message or mission for humanity. And "channeled" or telepathic contact, non-physical, wordless, and reported by experiencers with no visual sighting at all, is the subject of its own feature in this issue.

The fact that a fifth category now exists, one built entirely around invitation rather than abduction, tells you something about where the culture is heading. We are moving from a story about being taken to a story about being ready.

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DO ALIENS COMMUNICATE WITH US THROUGH CONSCIOUSNESS?

Every government file released this year has one thing in common. It documents objects. Radar returns, video footage, physical trace evidence. What none of it documents is a conversation.

And yet, if you spend any time in contactee literature, going back to the 1950s, you'll notice something. The most consistent claim isn't about ships. It's about a voice. A knowing. A download that arrives less like a phone call and more like a memory surfacing from somewhere that isn't quite your own mind.

Contactees from decades ago described receiving messages this way, not through spoken language but through what they called direct thought transmission. Modern experiencers describe something similar: information that arrives faster than language, more like remembering than being told.

If that sounds unfalsifiable, it is. This isn't a claim that can be measured with radar. But it's worth asking why the same description, uninvited thought, sudden knowing, a sense of being "downloaded" to, keeps showing up across unrelated decades, unrelated cultures, and unrelated belief systems, long before social media made cross-contamination of stories easy.

One possibility, and it's the one this magazine has always found most compelling: if non-human intelligence exists, and if it is genuinely more advanced than ours, it may not need metal ships to reach us at all. A civilization capable of crossing whatever distance separates us from them may also be capable of communicating in a medium we haven't fully mapped yet. Consciousness itself.

This isn't as far outside the mainstream as it once sounded. Meditators, and people who've had near-death experiences, routinely report contact with an intelligence that feels non-human, non-local, and instructive, all without ever leaving a chair. None of this is proof of extraterrestrial contact. But it is a strange and persistent pattern of humans reporting contact with something intelligent that doesn't need a spacecraft to reach them.

Here's the deeper implication. If contact is happening through consciousness rather than through hardware, then the "disclosure" the government is capable of handing over will always be incomplete. Radar can't pick up a download. A redacted memo can't capture a knowing.

Which means the real disclosure, if this idea holds any water at all, was never going to come from Washington.

It comes from the inside. From the people willing to sit still long enough, get quiet enough, and pay attention to what actually shows up when the noise clears.

Maybe that's uncomfortable for a culture that wants its proof in pixels. But it tracks with something mystics in every tradition have said long before anyone used the word UAP: that the veil between "us" and "not us" is thinner than we've been taught, and that real contact rarely announces itself with a landing.

It arrives quietly. As a thought that isn't quite yours. As a knowing you can't explain. As a moment of stillness that suddenly feels occupied.

Maybe that's what's actually being disclosed this year. Not a species. A door



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NEW AGE VS. CHRISTIANITY: WHY THE BATTLE MIGHT BE OVER

For as long as most of us can remember, New Age spirituality and Christianity have been framed as opposites. One built on institution, doctrine, and a fixed text. The other built on intuition, energy, and personal experience. Pick a side, the culture has always implied. You cannot have both. Except more and more people are quietly refusing to pick.

Walk into certain churches today and you'll find pastors talking about "alignment" and "energy" alongside scripture. Walk into a crystal shop or a meditation circle and you'll hear people quote Jesus in the same breath as Buddha, without a hint of contradiction. A generation raised on both traditions, or raised on neither and hungry for something, is stitching them together in real time, often without a name for what they're building.

Call it New Age Christianity. An emerging, unofficial third space that borrows the moral architecture and communal depth of Christian faith while keeping the openness, the direct experience, and the non-dogmatic curiosity of New Age practice.

It makes more sense than the culture-war framing suggests.

Traditional Christianity, at its root, was never actually opposed to mysticism. Contemplative prayer and the Christian mystical tradition describe direct, wordless experiences of the divine that sound remarkably similar to what a modern meditator calls “presence” or “source.” The institutional overlay came later. The direct experience was always there first.

And New Age spirituality, for all its crystals-and-tarot reputation, has never actually rejected the moral core of Christian teaching. Love your neighbor. Forgive. Serve something bigger than yourself. Most New Age teachers preach some version of exactly that, just without the building, the hierarchy, or the fear attached to it.

So what’s actually being rejected, on both sides, isn’t the other tradition’s values. It’s the packaging. People are exhausted by institutions that feel more interested in control than connection. They’re also exhausted by a spirituality so untethered from structure or accountability that it can justify almost anything as “your truth.” New Age Christianity is what happens when people take the moral seriousness of one tradition and the experiential openness of the other, and refuse to throw either one away.

This matters more than a niche trend, because of what’s coming next.

Artificial intelligence is about to force every human being to answer a question that religion and spirituality have always tried to answer: what makes us matter? What can a machine never replicate? If your morality was borrowed wholesale from an institution, and that institution is losing its grip on a distracted, disillusioned culture, where do you find your center when the systems around you feel unstable?

New Age Christianity, whatever we eventually call it, is a hedge against exactly that instability. It doesn’t ask you to choose between structure and experience. It asks you to build both, on your own terms,

grounded in something ancient and updated by something personal.

Expect to see a lot more of it. Not because either side “won” the old argument, but because the argument itself is starting to look outdated to a generation that never signed up for it in the first place.

The real spiritual frontier isn’t New Age or Christian. It’s whatever gets built in the space where people stop defending a label and start living an actual practice.

That in-between space isn’t a compromise. It might be the next chapter.

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THE TRAD-WIFE REVIVAL

Nostalgia, Rebellion, or Something Deeper? Homemade bread rising in a farmhouse kitchen. A woman in a linen dress teaching her children at the table. A husband coming home to a set table and a softer tone. Millions of views, and just as many opinions.

The Trad-Wife, short for “traditional wife,” has become one of the most polarizing lifestyle trends of the decade. Depending on who you ask, she is either a return to sanity in an exhausted culture, or a step backward dressed up in soft lighting and a cottagecore aesthetic. Both readings deserve a closer look.

The case for the trend is more sympathetic than critics usually allow. A generation of women watched their mothers try to “have it all,” career, kids, marriage, self-optimization, and quietly concluded that having it all often meant doing it all, alone, exhausted, resentful. The Trad-Wife aesthetic, for many of the women embracing it, isn’t a rejection of ambition. It’s a rejection of a specific, brutal version of modern womanhood that asked them to be everything to everyone, with none of the support that used to come standard with a traditional household.

There’s also a spiritual thread worth naming honestly. Slowness. Presence. Making something with your hands instead of ordering it from an app. Choosing a home-centered life on purpose, instead of drifting into overwork by default. None of that is regressive. In a culture addicted to hustle, choosing to bake bread from scratch can be its own quiet act of consciousness.

The case for concern is real too, and it deserves to be said without sarcasm. Some corners of the movement package genuine submission, financial dependence, and the erasure of a woman’s voice in her own household as spiritual virtue, and market it to young women who don’t fully grasp what they’re signing up for until they’re in it. A trend that photographs beautifully doesn’t always translate into a fair, sustainable arrangement behind closed doors. And a movement that quietly implies a woman’s highest calling is domestic service to a man deserves the same scrutiny we’d give any ideology that asks one gender to shrink so the other can feel comfortable.

The most honest answer is that “Trad-Wife” isn’t one thing. It’s a costume different women are wearing for very different reasons. Some are genuinely building a conscious, values-aligned home life with a partner who treats them as an equal behind the scenes. Others are performing a fantasy of safety in a moment that feels chaotic, without examining what they’ve actually traded away to get it.

The test isn’t the apron. It’s the agency underneath it.

Is a woman choosing this life from wholeness, or retreating into it from exhaustion and calling the retreat a calling? Is her partner an equal steward of the home, or the sole beneficiary of an arrangement she’d never have chosen if she felt she had any other option?

Consciousness doesn’t care what your life looks like from the outside. It cares whether the choice underneath it is actually yours.

That question, not the sourdough starter, is the one worth asking before you decide which side of this debate you’re on.

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HOW TO CHANNEL

A Beginner's Guide

Channeling sounds mystical until you realize you've probably already done it. That sentence that arrived in the shower, fully formed, with no memory of thinking it. That solution to a problem that showed up mid-walk, unprompted. That's the same mechanism, just untrained.

Channeling, at its simplest, is the practice of getting your own noisy mind quiet enough that something clearer can come through it. Not a parlor trick. Not a possession. A skill, like any other.

Start with the body, not the mind. Channeling doesn't happen in a racing nervous system. Sit somewhere you won't be interrupted. Slow your breath until the exhale runs longer than the inhale. Let your shoulders drop before you try to "receive" anything.

Ask a real question. Vague intentions get vague static. "Show me something" rarely works. "What do I need to understand about this decision" often does.

Write without editing. The instrument most beginners use isn't a voice in the room. It's a pen. Put it on paper and keep your hand moving, even if the first few lines feel like your own thoughts. Don't stop to judge whether it's "really" coming from somewhere else. That judgment is exactly what blocks the signal.

Notice the tone shift. Most people who channel consistently describe a moment where the words stop feeling generated and start feeling received. Often calmer, more direct, and slightly outside their usual vocabulary. That shift is the marker, not a dramatic trance.

Ground yourself afterward. Eat something, touch something solid, or simply state out loud that the session is finished. This isn't superstition. It's a way of telling your nervous system the exercise is over.

The goal was never to summon something exotic. It was to get quiet enough to hear what was already trying to reach you.

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IS THE TAROT EVIL?

Are the Cards Evil or the Intention of the Reader

No. But if that's all you came for, keep reading anyway, because the actual answer is more interesting than the one-word version.

Tarot gets treated like a spiritual crime scene by people who've never picked up a deck. Seventy-eight pieces of illustrated cardstock, and somehow they carry the reputation of a séance gone wrong. The fear usually traces back to one idea: that the cards are a portal, and something uninvited might walk through it.

Here's what tarot actually is. A mirror with a very good structure. Seventy-eight archetypal images, refined over centuries, that map almost every major experience a human being goes through:

beginnings, loss, love, deception, breakthroughs, endings. When you pull a card, you're not summoning a spirit.

You're being handed a symbol and asked to find where it lands in your own life.

The cards don't have power. Your subconscious does. Tarot is simply a structured way of asking it a question and letting the answer surface through image instead of logic. That's not evil. That's basically what a good therapist does with a different set of tools.

Could it be misused? Sure, the same way anything can be misused. Someone using a deck to manipulate a vulnerable person, or replacing their own judgment entirely with a stranger's card pull, isn't practicing tarot responsibly. But that's a human-being-made-a-bad-choice problem, not a haunted-cardboard problem.

If your faith tradition asks you to avoid divination tools as a matter of personal conviction, that's worth honoring. Conscience matters more than any card. But that's a very different claim than "tarot is evil," and it's worth knowing the difference before you decide which one you actually believe.

The deck isn't the danger. And it isn't the destination either. It's a flashlight, not a shortcut. What you do with what it shows you is still, as always, entirely up to you.

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