

# #Out4MentalHealth

# SHASTA CONVENING

Monthly series supporting LGBTQ+ mental wellness including identifying barriers to access, services needed, and ideas for new approaches!

**Registration: [www.norcaloutreach.org](http://www.norcaloutreach.org)**

**Questions: [center@norcaloutreach.org](mailto:center@norcaloutreach.org)**



**NORCAL OUTREACH PROJECT**  
SERVING THE LGBTQ+ COMMUNITY IN RURAL FAR NORTHERN CALIFORNIA

**May 19<sup>th</sup>**

6:00pm - 8:00pm

LGBTQ+ Listening Session

**June 16<sup>th</sup>**

3:00pm – 5:00pm & 6:00pm - 8:00pm

Mental Health Provider session: Access  
and Equity with LGBTQ+ Panel

**July 21<sup>st</sup>**

6:00pm – 8:00pm

LGBTQ+ Mental Wellness Resource Fair

**Event Registration: [www.norcaloutreach.org](http://www.norcaloutreach.org)**



WELLNESS · RECOVERY · RESILIENCE

#Out4MentalHealth is a collaborative project of the California LGBTQ Health and Human Services Network, funded by the California Mental Health Services Act (Prop 63) and overseen by the Mental Health Services Oversight and Accountability Commission (MHSOAC).