

# A GUIDE TO THE PRAYER WATCHES

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## THE PRAYER WATCHES

The Prayer Watches is a time schedule God gives to His people on earth. Remember: God does nothing on earth without raising up people to pray. **If we don't pray, heaven WILL NOT INTERVENE.** Without us; heaven will not. Without heaven; we cannot.

First Watch – 6 p.m. - 9 p.m.

**Time of DIVINE BEGINNINGS AS THE SPIRIT OF GOD MOVES ON THE EARTH. Time of RENEWAL. RENEW YOUR COVENANTS WITH GOD; MAKE DECLARATIONS AS THE LORD GOD DID IN GENESIS 1; USE YOUR PRIVILEGE TO SPEAK LIKE GOD; CREATE!** (Scriptures: Genesis 1:1-3,5,8,13; Isaiah 54 – read God's covenant of Mercy and Kindness.

- Release your 1<sup>st</sup> words!
- God is a God of Promise. Every Principle of Scripture comes with a Promise—  
PRACTICE THE PRINCIPLE
- **Read or recite Psalm 24 out loud: “THE EARTH IS THE LORD’S AND THE FULLNESS THEREOF... LIFT UP YOUR HEADS, O YE GATES... AND THE KING OF GLORY SHALL COME IN...”** Invite and welcome the Lord Jesus into the gate of your day, week, month, year, and future
- **Declare Philippians 2:10, “THAT AT THE NAME OF JESUS EVERY KNEE SHOULD BOW...”**

- Speak, “Let there be light.” Send Truth to places where needed
- **Pray** into your future by **declaring that the divinely-ordained plan of God for your life be fulfilled in its SEASON AND TIME!**
- **Declare THE BLESSING OF THE LORD OVER YOUR LIFE AND THE LIFE OF OTHERS!** (e.g. I am blessed of the LORD who made heaven and earth)
- Pray for a new page to begin in the lives of your unsaved loved ones

### Second Watch - 9 p.m. – 12 Midnight

**Time to Hallow and Exalt the NAME OF THE LORD, Time of Outpouring of the Spirit of Grace for Supplications, Time of Favor, Time of Divine Protection, Time to receive power to Overcome Temptation, Time to receive Provision to Do God’s Work, Time of Wealth Transfer.** (Scriptures: Psalm 8:1; Psalm 148:1-5; Zechariah 12:10; Acts 4:35; Exodus 12:35-36; Acts 23:23).

- **LIFT your hands and WORSHIP THE LORD! EXALT HIS NAME AND MAKE HIS PRAISE GLORIOUS!!**
- You have **LEGAL RIGHT** at the watches. **(e.g. Don’t ask for favor—STEP INTO FAVOR!) Receive.** No need to pray for

something already given. Declare, “I have favor with....”

- Receive **Grace** to Pray, the Sense of urgency to complete your God-appointed tasks, favor, protection, and a wealth transfer (Exodus 12:35-36)
- Enter your **REST** from the LORD to sleep well and interact with heaven during the night in dreams and visions

When you bind a spirit, loose the Kingdom of God to occupy those places. (e.g. bind spirit of anger, release love).

Use the Authority and deal with things as the Word says—with FAITH (No doubt, fear, or unbelief).

See the spirit behind your brother's actions. Do not see as human. If you do, you can put a curse on someone who God has blessed.

The Blood Covenant speaks of Better Things!

Third Watch – Midnight – 3 a.m.

**Time of Spiritual Warfare, Time of Praise, Time for Divine Government Over-ruling Human Decrees, Time to Release Prisoners, Time to Rule in the Midst of Your Enemies, Time for Slaying, Best Time to Make Your Case in Prayer (Petition God)** (Scriptures: Matthew 13:25-26; 1 Kings 3:20; Acts 16:25; 27:25-44; Exodus 12:29).

- Declare Psalm 27 and Psalm 91.
- Assume a posture of Authority. Be the Boss of what is happening at this time. Don't give in to intimidation. Bind all spirit of fear and intimidation that will try to stop you from **praying at this time**. If you feel intimidated, **PUSH BACK!**
- COMMAND and SECURE the **Freedom** of those who are being held captive by the enemy or evil people. Some situations that we are aware of (i.e. human trafficking) and others the Lord will show
- SILENCE the work of the enemies of the Kingdom of God at this time. A lot of evil work takes place at night. Ask the **LORD TO DESTROY THE PLACES WHERE THESE THINGS ARE HAPPENING. DECREE IT. DECIMATE THEIR CAMPS IN THE NAME OF THE LORD JESUS! Ask the LORD to burn the camps with fire, etc.** Be sure to ask the LORD to bring evildoers to REPENTANCE – If they do not repent, then He must judge!
- Make your case in prayer like the friend at midnight (Luke 11:5-13)
- Remember **PRAISE IS A MIGHTY WEAPON! WAR** in the Spirit using the Word of God as He directs you (Psalm 8:1-2; 134, 148) “And five of you shall

chase an hundred, and an hundred of you shall put ten thousand to flight: and your enemies shall fall before you by the sword" (Leviticus 26:8)

Fourth Watch – 3 a.m. – 6 a.m.

**Time of Great Intimacy with GOD. The Lord JESUS rose up at this time to pray ("a great while before day"), Time of Divine Encounters, Time to receive the Dew of Heaven. God speaks, and reveals His secrets.** (Scriptures: Mark 1:35; Genesis 28:1-18; Job 38:12-13).

- Going ahead, and "*waking up*" or preceding, this watch results in extraordinary access and connection
- Quiet stillness at this time will allow us to hear the Holy Spirit. We can receive revelations of things to come (John 16:13)
- Receive the Promise of Proverbs 8:17, **"I love them that love me; and those that seek me early shall find me"**

All these things are given in all watches, but THIS ONE SURPASSES ALL OF THEM if we will WAIT and WATCH and WAKE UP (be ready before the time) the Watch with anticipation, joy, and delight! THE LORD IS PLEASED WHEN WE DO THAT AND OFTEN REVEALS HIMSELF IN A SPECIAL WAY.

Fifth Watch – 6 a.m. – 9 a.m.

**Time of The Outpouring of the Holy Spirit, Time of Declarations and Utterances, Time of Light Overthrowing Darkness, Time of Awakening.**

**Time to pray The Lord's Prayer: "OUR FATHER WHICH ART IN HEAVEN, HALLOWED BE THY NAME. THY KINGDOM COME..."** Pray this Prayer in its entirety. **Grasp the meaning of every phrase.**

(Scriptures: Proverbs 4:18; Isaiah 60; Malachi 4:2; Matthew 5:16; Acts 1:8; 2:1-4)

Daylight begins to break and the sun is rising. The Sun of Righteousness will ARISE WITH "HEALING IN HIS WINGS". Speak health and cure others according to Jeremiah 33:6 Malachi 4:2.

- "LET GOD ARISE, LET HIS ENEMIES BE SCATTERED... (Psalm 68:1-4). Let the Lord go before you and your enemies run (Deuteronomy 28:7)
- Let the Lord Arise over you! Command your soul to awaken and all latent gifts and abilities that are asleep in you to awaken  
**"Arise, shine; for thy light is come, and the glory of the LORD is risen upon thee... (Isaiah 60:1-3).** Show forth His Glory.
- Awake to the will of God and see what the Spirit is doing (Zechariah 4:1)
- The Pillar of Fire, God Himself, is moving His children out of darkness into Light. Rise with

Him (Psalm 132:8). Move from ignorance into KNOWLEDGE OF HIS GLORY!

- This Watch is symbolic of **THE OUTPOURING OF THE HOLY SPIRIT in a special way, as at Pentecost**. Pray for those you know to receive the baptism of the Holy Spirit. Expect and Receive a new infilling of the Holy Spirit as in Acts 4:31
- After the outpouring of the Holy Spirit, the apostles were now equipped to minister healing to the people, there was forgiveness, oneness (unity), love
- THERE IS SOMETHING ABOUT THIS WATCH THAT WILL SEE US REAP THE HARVEST
- SPEAK TO GOD OF THIS OUTPOURING for your congregation, family, and personal ministry

Sixth Watch – 9 a.m. – 12 noon

**Time for the Crucified Life, Time for Forgiveness and Healing of Relationships, Time to pray for UNITY in the Body of Christ, Time to pray and appropriate the Benefits of the CROSS, Time to continue to receive the Outpouring of the Holy Spirit.** (Scriptures: Ezekiel 37; Galatians 2:20; Colossians 3:5; Acts 2; Romans 8:12-15).

THE LORD JESUS WAS CRUCIFIED AT THIS HOUR.

- Pray according to Galatians 2:20 and crucify the flesh with its affections and lusts. Declare, **“I am crucified with Christ...I live, yet not I, but Christ liveth in me...”** Nail all faults to the cross



of Jesus (e.g. anger, gossip, backbiting, lying, pride, jealousy, hypocrisy, etc.)

- Believe for the **OUTPOURING OF THE HOLY SPIRIT** to continue: Say, “Let our sons and daughters prophesy, our young men see visions, our old men dream dreams, and the servants and handmaidens prophesy” according to Acts 2:16-18
- Pray for all **RELATIONSHIPS** to be healed: families, marriages, churches, ethnicities, as the Lord directs. Pray against the spirit of estrangement. Prophecy that the “bones come together, bone to his bone” in perfect unity as in Ezekiel 37. Declare that the Body of Christ IS ONE. Release and repent of all personal prejudices (Luke 18:9; James 2:1-4).

Seventh Watch - 12 noon – 3 p.m.

**This is a major gateway (as also is midnight). It is the Fullness of the Day. The sun is yielding its strength. Time of the Secret Place of the Most High. TIME OF HABITATION. JESUS is our ONLY place of Refuge in this season and time!** (Scriptures: Deuteronomy 33:14; Psalm 91; Proverbs 4:18; Matthew 27:45; Acts 10:9)

- Declare Psalm 91 over your life and the life of your family and others
- **PRAY FOR THE PERSECUTED CHURCH WORLDWIDE.** Pray they will not fear according to Revelation 2:10, “**Fear none of those things**

**which thou shalt suffer: behold the devil shall cast some of you into prison, that ye may be tried; and ye shall have tribulation ten days: be thou faithful unto death, and I will give thee a crown of life”**

- Pray that your life will be bright (Proverbs 4:18)
- Pray against destruction that stalks at noon time
- Decree that the Voice of the LORD be heard in the mainstream Media; according to Psalm 19:1-4, Psalm 29, and Psalm 2
- Claim more of the anointing at this time during the strength of the day. Receive the anointing to Preach, Heal, Discern (Triple Anointing) that the Lord is releasing now

Eighth Watch - 3 p.m. – 6 p.m.

### **THE LORD JESUS DIED AT THIS HOUR!**

IT IS THE ONLY TIME referred to in Scripture as the HOUR OF PRAYER according to Acts 3:1. Note also Matthew 27:45 and Luke 23:44-46. **It is the Time of the culmination of The Answer to all prayers as JESUS WAS ON THE CROSS! The Lord Jesus fulfilled all the law and is the Answer to every need of man. TIME OF THE EVENING SACRIFICE! Time to die to self. Time to remove limiting factors. It is the Hour of TRIUMPHANT VICTORY, COVENANT, THE VOICE OF THE LORD, ACCESS, REMOVING VEILS, POWER, REVELATION, MERCY, GRACE, TRIUMPH. IT IS THE HOUR OF TRANSITION (DIMENSIONAL SHIFTS).**

## IT IS THE TIME THAT JESUS SAID “IT IS FINISHED.”

### HISTORY CHANGED FOREVER.

(Scriptures: Matthew 27:45-46; Acts 3:1; Acts 10:3; Ephesians 1:15-23; Ephesians 2:1; 4-9; Luke 23:45-46; John 17)

- Receive your answers to prayer (Acts 10:3, 30-32). Do not limit the Holy One of Israel—know His Limitlessness
- At this time, the Blood of Jesus was dripping—calling our names. Call upon the Blood of JESUS: It is the hour of Forgiveness of sin (the Ultimate of Salvation), The hour of LOVE, Hope, Authority
- THIS TIME IS CELEBRATED BY GOD!!!! We are now FREE. We are sons of God (We just acknowledge it). Note John 1:12: **“As many as received him, to them gave he power to become the sons of God”**
- This is a very important moment. **Sometimes do a 3-hour fast between 3 and 6 p.m.**
- Trade your sorrows, shame, sickness, and pain as this is a TIME OF EXCHANGE (Trading). JESUS TRADED HIS LIFE FOR OUR DEATH (we were dead in trespasses and sins), AND HIS DEATH GAVE US LIFE
- This is the Hour of **Transition** where the Lord Jesus gave up the ghost (yielded up His spirit), and three days after, (in a resurrected body) related to His disciples in a new and different way.

[He said, "It is finished." His work in this dimension was complete.]

- **Pray that the Church will move into a new dimension of spiritual interaction in this end-time, by dying to self and our own ideas, and allowing for transformation by yielding to the Holy Spirit, coming into a New Level of Intimacy and interaction with the Lord.** Ask the Lord to recalibrate us into New wineskins so we can receive and steward the new dimensions He is releasing (Luke 5:37-39)
- Since it is the time of **removal of veils**, we can pray for 2 Corinthians 3:18 to manifest in our lives. Pray that we all see with an "open face" the glory of the Lord, **and be changed into the same image** from glory to glory by the Spirit of the Lord.

**Every attempt should be made to acknowledge and RECEIVE the anointings released at every watch. We need**

**them, and the LORD gives freely. (For example, at the 3 p.m. watch, say, “I receive the anointing to enable me to yield to the Holy Spirit.”)**

**Notes:**

**Endnotes**

WHOEVER POSSESSES THE GATES POSSESSES AND  
CONTROLS EVERYTHING

What Time is Your Watch? Series

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The Prayer Watches

IGNITE MY FIRE INTERNATIONAL MOVEMENT

Kingston, Jamaica

The Importance Of Time - Chi Chi Bismark

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