Pain Management

Questions

1. All are examples of the signs and symptoms of emotional pain

Except:

1. Forgetfulness
2. Poor concentration
3. Dull senses
4. Grimacing

2. Some non-surgical treatments for pain include all except:

1. Massage
2. Physical therapy
3. Acupuncture
4. All of the above

3. Name the two types of pain:

\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_

4. Pain management is designed to treat [chronic pain](https://www.spine-health.com/conditions/chronic-pain) and allow a person

to live a full, enjoyable life.

\_\_\_\_\_\_True \_\_\_\_\_False

5. Some signs of physical pain include:

1. Appetite changes
2. Abandonment
3. Worry
4. Loss of hope

6. Signs of emotional pain include all except:

1. Forgetfulness
2. Change in gait
3. Poor concentration
4. Lethargy

7. For bedridden patients, simply changing position regularly or using

pillows to support a more comfortable posture can be effective.

\_\_\_\_\_True \_\_\_\_\_False

8. Signs of spiritual pain include all except:

a. Apathy

b. Abandonment

c. Fidgeting

d. Worry

9. Acute pain lasts for a long time, and can cause severe problems.

\_\_\_\_\_True \_\_\_\_\_False

10. Pain is always curable.

\_\_\_\_\_True \_\_\_\_\_False