
Top 5 Things You Need to Know About Homecare



The More We Care, The More Beautiful Life Becomes

Caring Touch Home Care is a licensed, insured, and bonded home aid service located in New Jersey. We have helped numerous patients achieve a happier, longer life with our compassionate service. Read the guide below to see if home care is right for you with these 5 aspects.

1. What is Home Health Care?

Homecare is supportive care provided in the comfort of the patient's home. Care is provided by licensed healthcare professionals including registered nurses (RNs), Licensed Practical Nurses (LPNs), or professional Home Health Aides (HHAs) who provide daily and medical assistance to ensure the activities of daily life are met. This service is excellent for people who wish to stay at home with loved ones or need some support as they live independently. Benefits of homecare would include peace of mind for you or a loved one, a drastic reduction in hospitalization events, and longer life expectancy!

2. How do I Know if a Loved One or I Need Home Health care?

Some signs of needs may be more evident than others, but here are some signs that you or someone may need home health care.

- Difficulty doing daily activities such as bathing, dressing oneself, oral care, using the bathroom, personal care, and eating.
- Trouble taking multiple different medications.
- Shortness of breath, recovering from surgery, and mobility issues.
- Have some form of dementia, signs of this include memory loss, speech complications, unbalanced movements, trouble concentration, and lack of focus.
- Have other health conditions such as heart problems, malnutrition, constipation, and diabetes.
- Been involved in an accident including falling or tripping.

These are just some of the signs that you or a loved one could greatly benefit from home health care. **DO NOT** ignore these signs and get care immediately if you notice these signs getting worse.



3. How Home Health Care Works

Needs are primarily assessed by a Registered Nurse (RN) to develop a plan of care. This includes determining what type of services they need. The RN then assigns a nurse to the patient who is the best fit for the kind of services required. From there the family gets frequent updates about the patient's health and wellness. Unique to Caring Touch, we have a Certified Case Manager (CCM) who can connect you with community resources and do the leg work for you, free of charge depending on the situation

4. Types of Services Provided

Here at Caring Touch, our mission is to provide affordable caring, and reliable service to make your experience unique! The services we provide are:

- Assistance with daily activities such as bathing, dressing, oral care, personal grooming, cooking, laundry, mobility, and many other housekeeping tasks.
- Pain management, wound care, and medication reminders.
- Running errands, grocery shopping, and transportation help.
- LPNs with experiencing caring for people with a form of dementia or other health problems.
- 24/7 live-in service and customer services.
- Keeping the family informed about the patient's well being.
- Hospice and respite support.



5. How to Pay for Home Care

There are a variety of ways to pay for home care. The most common method is through private payments. However many insurances like Medicare, Medicaid, and other types of health coverages can help cover the cost. When meeting with our CCM, we can discuss the options of payment and decide what the best way to afford care is. In-home care is a lot less expensive than nursing home services, some of which could charge \$250 a day! Home care services typically range from \$15-\$30 per hour.



What Should I Do Now?

If home care is right for you to visit us at www.caringtouch.net to learn more about our services! If you call us at 800-243-4000 in the next 12 and mention that you saw us on Facebook!

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