Quiz PARKINSON'S INSERVICE TEST 2020

NAME:

DATE :

Please select the correct answer

1. **WHAT IS PARKINSON'S DISEASE**

   a) A disease that affect the biological system and movement
   b) A static nervous system disorder that affects movement
   c) A progressive nervous system disorder that affects movement
   d) A disorder that affects the parasympathetic nervous system

   2. SELECT THE CAUSE OF PARKINSON'S DISEASE

   a) A loss of neurons that produce a chemical messenger in the brain called dopamine
   b) lack of chemical in the neuron known as serotonin
   c) Slowed movement (bradykinesia) that cause the muscle to become stiff
   d) Exposure to certain toxins

   3.The Disease commonly causes stiffness or slowing of movement.

   a) True
   b) Fale

   4. Select the correct combination of early symptoms of Parkinson's

   a) speech changes, slow movement , coughing, writing changes, constipation,
   b) tremors , rigid muscle, coughing , writing changes, stooped posture
   c) Slow movement, stooped changes, squinting of the eyes, tremors, rigid muscle.
   d) tremors , rigid muscles, speech changes, slow movement, writing changes.

5. Select true, false or unknown to this statement:

The cause of Parkinson's disease is unknown, but several factors appear to play a role.
- a) False
- b) True
- c) Unknown

6. Select the correct combination factors that play a role in causing Parkinson's

- a) Genes, brain changes (Lewy bodies), exposure to heat
- b) Environmental triggers, genes, alpha-synuclein
- c) Brain changes, environmental triggers, radiation
- d) Genes, brain changes(Lewybodies), environmental triggers

a&b
a&c
a&d
b&c
b&d
c&d

7. What are the risk factors of Parkinsons

a).Age and toxin only
b). Age, heridity, sex, exposure to toxin
c). Heredity & sexual orientation
d) exposure to toxin , sex , age

8. Parkinson's is a high fall risk
- a) Not sure
- b) False
- c) True

**9. There are several complications listed for Parkinson disease
Select the correct answer from the combination below**

A). Bladder problems, **B**).Smell dysfunction.   **C**).Fatigue. D), Sexual dysfunction,
E) Pain

a) All are correct
b).None is correct
c) Only A,B,C is correct
d) C,and E are incorrect

10. Select The correct knowledge/skills from the combination below a home health aide must have when caring for a Parkinson's client

1.Have patience when communicating with the client
2. Knowledge of proper transfer techniques
3, Knowledge of the disease process
4, Physical strength when caring for client
5, Must know the client's name and address

a) 1,2,3 only
b) 2,4,5 only
c) All of above
d) None of the above