Voters: Down Payment Democracy's Future

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(See Page A-3)



The Community's Newspaper – Serving Riverside County, Eastern Los Angeles County & San Bernardino County

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IE Gives:

Apply for Black Equity Grants

By Dianne Anderson

latest invite to get up to along with the Inland Empire interact support and invest \$20,000 grants for local Funders Alliance. nonprofits, as long as they meet the clear criteria - they is Friday, December 16, and it social change work and must be Black-led, most of is also open to those without empowerment work, that the board must be Black and nonprofit status if they are they weren't aware of," they must be Black serving for fiscally sponsored by a 501c3 said Gillins, marketing and Black empowerment.

Another round of funding funding criteria. opportunities is in the works, and hoped to beat last year's Black nonprofits received great grant payouts.

fund is led by the Black another reason. They caught said they are not quite there processes, Equity Initiative of the Inland up with nonprofits and groups yet, but they are getting close. Empire. IEGives provided the that they didn't know were She said that support for the

seed money and connected operating locally. the initiative with other

"That was also a key No ambiguity with the foundations and funders, highlight to be able to funders that believe in the in organizations serving the The application deadline Black community around nonprofit that meets the communications director of Inland Empire Community In the first round, 16 Foundation.

When the fund started, \$740,000, but she said the the goal was to fundraise \$5 Charee Gillins said the allocation was special for million over two years. She to impact systems change,

fund has been amazing.

[It's] coming from large work of Black-led and Black serving organizations," she said. "Support remains strong and that allows the funds for a second round of grantmaking. We're excited to invite groups in the region to apply for a grant from the Black Equity Fund."

For this round, the \$20,000 will provide learning grants to teach groups how policies, and

(Cont. on Page A-5)

Affirmative Action:

Supreme **Court Case** Threatening

By Antonio Ray Harvey California Black Media

A webinar hosted by ChangeLawyers, American Constitution Society (ACS) Bay Area, and Equal Justice Society was held last week to discuss the possible outcomes of the United States Supreme Court's pending decision in the case Students for Fair Admissions (SFFA) v. Harvard.

The online event titled, "The End of Affirmative Action: How SCOTUS Is Coming After BIPOC Students" delved into the impact of banning the consideration of race as a factor during the college admission process.

Black, Indigenous, and People of Color (BIPOC) students would be affected by such a ruling, said panelist Lisa Holder, an attorney and president of Equal Justice Society (EJS). EJS is an Oakland-based nonprofit and civil rights organization that does work geared toward transforming the nation's consciousness on race through law, social sciences, and the arts

and marginalization," said Holder said. "If you do not have intervention and take affirmative steps to counteract continued systemic racism it's going to take hundreds of years to repair those gaps. It will not happen by itself.'

Holder is also a member of the California Task Force to Study and Develop Reparation Proposals for African Americans, a ninemember panel established after Gov. Newsom signed Assembly Bill 3121, authored then-Assemblymember by Shirley Weber. The task force is investigating the history and costs of slavery in California and is charged with recommending an appropriate remedy for the state to implement.

Also participating on the End of Affirmative Action panel were Sally Chen, education equity program manager at Chinese for Affirmative Action, and Sarah C. Zearfoss, Senior Assistant Dean for the University of Michigan Law School.

Shilpa Ram -- Senior Staff Attorney for Education Equity, Public Advocates and a board



"(Ending Affirmative Action) essentially, completely upends our ability to level the playing field and remediate for centuries of discrimination

member of the ACS Bay Area Lawyer Chapter -- was the moderator.

(Cont. on Page A-5)



Rooted In Community Foundation Gives For Future Generations

about giving back. It's even is really about. A legacy of more special when you give Black excellence," said Dew. to the community that raised you.

Rooted In Community.

Deb Allen are laying the lacks many basic resources. foundation to raise youth to be future leaders.

Their mission is rooted in the vibrant city in the Inland foundation's eight pillars of Empire area. giving, which include urban a free food store.

There's something special millionaires, that's what this

Dew is the founder and CEO of Superbad, Inc., a Carlos Dew is doing that thriving cannabis company. with his not-for-profit venture, Dew graduated from San Bernardino High School and The San Bernardino knows how difficult it can be native and his business partner growing up in an area that

> Rooted In Community is looking to bring back pride philanthropic to what was once the most

Allen explains, "Our farming, a work program, and mission would be to cultivate the community by number "Our goal is to create one-- love. When you show first and second-generation kids in our community, not



only the kids but youth and adults when you put love out there and you show them that you do care and that they're not fighting alone — I think the dynamics tend to change."

Some of my fondest memories was of the Black History parade. I thought it was something that we had that nobody could ever take away. I thought it gave the young men and young women a sense of pride. We had the Pacesetters back in the day it gave them the inspiration to go out and teach the kids and volunteer their time. I thought that was always something we had to look forward to."

(Cont. on Page A-5)



VACCINATE YOUR CHILD TODAY FOR A HEALTHIER TOMORROW

Children 6 months and older are eligible to receive their COVID-19 primary vaccines.

Children 5 years and older are encouraged to receive an updated booster dose two to five months after their primary series depending on their age.

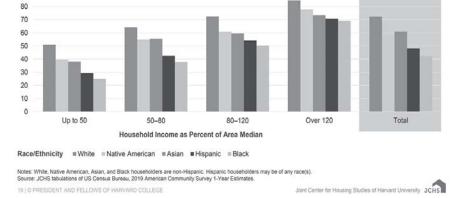
To schedule a vaccine appointment, call (909) 387-3911, go to **sbcovid19.com/vaccine**, or scan the QR code.





COMMENTARY

Figure 18: Regardless of Income, Households of Color Have Lower Homeownership Rates than White Households Homeownership Rate (Percent) 90



COVID Targeted **Federal Aid Led to More Black Homeowners**

By Charlene Crowell

financial challenges, going percentage points to 50.6 home for the holidays will have percent. heightened significance this surpassed the 1.2 percentage the Nation's Housing 2022, year for many Black and Latino point



families.

44 2020., Latino Both increases

same period.

"The has experienced a continuous since the Recession, and Black households to 83.4 million. households have been lending practices but

the finally showing gains," states the Institute's large equity gains. findings

The increases in the number of (\$113,100) was just over a third New research findings Black homeowners occurred in of that of white homeowners reveal that between 2019 and Florida, Georgia, and Texas. effects homeownership employment, swift government among Black and Latino families actions, such as forbearance and increased. The increase was due unemployment benefits, helped in part to pandemic assistance Black and Latino households homeownership payments and extended or and helped many enter unemployment homeownership and benefit Hispanic." benefits that changed household from historically low interest budgets. During these same rates," the Institute authors is also related to an important "We're seeing a real federal assistance, gained the spark in Black and Latino resources to avoid foreclosure, homeownership because people — in large part, millennials – were able to save during As a result, Black and the pandemic," Andre Perry, a Latino homeowners shared in senior fellow at the Brookings recently told in the past three decades. As the Washington Post. "Now home equity grows, so does whether it's sustained, that's a different story. But what Analyzing the latest data you saw in 2021 is a good from the Census Bureau's thing because homeownership American Community Survey, creates wealth and other to conclude that the array the Urban Institute, a DC- opportunities that benefit entire of federal assistance during

percent from 2019- University underscore how household this small but important rise In a year fraught with homeownership rose 2.5 in homeownership benefitted families of color.

> In its annual State of homeownership rate JCHS reports that despite the increase of white economic downturn brought on households during the by the pandemic and the surge in home prices, 2.2 million Black new homeowners were added homeownership rate between the first quarter of 2020 and the first quarter of decline 2022, boosting the nation's Great total number of homeowner

> Despite national growth disproportionately in homeownership between affected by predatory 2020 and 2022, the Harvard report makes it clear that Black lingering racial disparities in homeownership rate is homeownership limit Blacks and Latinos from achieving

"In 2019, the median net largest wealth of Black homeowners (\$299,900) and the median net "Despite the pandemic's wealth of Hispanic homeowners on (\$164,800) was still roughly half of white homeowners," states the report. "At least in part, these disparities reflect consistently lower home valuations in neighborhoods that are predominantly Black or Homeownership access market variable: low mortgage interest rates. Over half of outstanding mortgages in the fourth quarter of 2021 had interest rates below 4.0 percent, including 13 percent with rates below 3.0 percent. Lower interest rates translated into consumers qualifying for larger and/or higher-priced homes. Conversely, as these rates have increased in recent months, housing dollars cannot go as far. Hence it is reasonable the pandemic enabled Black Related findings by the and Latino Americans to way forward for their families. From 2020's Economic y Act (CARES Act) owed borrowers to take ances for periods lasting 8 months, to extended nhanced unemployment to student loan suspensions, and timely, targeted federal ves made measurable ss possible. he lessons learned the pandemic have led number of proposals to expand the housing net and provide increased for first-generation uyers," stated Chris JCHS Managing r. "While these measures et to be implemented, it is ant to continue the policy over the best approaches to making housing affordable for all."

Democracy's Future:

Voters Make Important Down Payment

By Ben Jealous

A lot of good news came out of this month's electionsand enough bad news to remind us that we can never let our democracy are at stake. This year, democracy itself was on the ballot, and voters made an important down payment on its future.

not to give President Donald

Trump a second term. He

wasn't willing to accept his

election. The anger he fostered young leaders as new members with lies about election fraud of Congress from across the let to a violent attempt to stop country: Greg Casar from Congress from affirming Joe Austin, Texas; Emilia Sykes Biden's victory.

What did that have to do guard down when freedom and with this year's elections? Trump tried to get his people Pa.; Robert Garcia from in power as governors and Long Beach, Calif.; Sydney secretaries of state so they could Kamlager from Los Angeles, pull off in 2024 what they were Calif; and Jasmine Crockett not able to do in 2020.

Voters weren't having it. The "Red Wave, that Trump was counting on was were defeated, which guardrails future assaults on our democracy remain in place.

То further resist the threat of authoritarianism, we must lift up young leaders who will be

In 2020, Americans voted democracy's champions for this and future generations. People For the American Way's Young Elected Officials Network loss, and tried to overturn the is celebrating the election of

from Akron, Ohio; Maxwell Frost from Orlando, Fla.; Summer Lee from Braddock, from Dallas, Texas. Dozens more were elected to local and state offices, building a crucial leadership pipeline.

One bright spot was blocked. Most of Pennsylvania, where voters the secretary of state elected state attorney general candidates running on Josh Shapiro as governor, Trump's election lies rejecting a far-right promoter of Trump's election lies, and means that important voted to send Lt. Gov. John against Fetterman to the U.S. Senate rather than Trump's handpicked celebrity con man. What has gotten less attention is the exciting news about who will replace Fetterman as lieutenant governor: state Rep. Austin Davis, an impressive young Black man who has devoted his life to community and public service since he was a teenager.

There were other bright

(Cont. on Page A-4)



2021, a period that included COVID-19 pandemic assistance negative programs, like suspended student loan sustain enhanced years, financially troubled continued. homeowners who received largely through forbearance programs.

the largest equity appreciation Institution, family wealth.

based nonpartisan research communities." organization, found that Black household

West Coast Black Publishers Association

Associated Press

homeownership Joint Center for Housing financially piece together a rose 2 percentage points, to Studies (JCHS) at Harvard

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Voters

(Cont. from Page A-3)

spots. Democrats will hold a majority in the Senate, so Republicans will not be able to stop President Biden from building on his excellent record of naming brilliant federal judges who are committed to justice for all. Voters in Los Angeles elected Karen Bass

as mayor and dumped Sheriff Alex Villanueva, notorious for overseeing an abusive department. Voters in several states protected access to abortion. Far-right attempts to build a national "Red Wave" with racist fearmongering about crime and bigoted smears of transgender people didn't work, though they did enough damage to keep some good people out of office.

One bit of bad news came with the narrow victory of Kris Kobach as Kansas attorney

general. Kobach made a name for himself with attacks on immigrants and relentless attempts to restrict voting. Voters previously rejected his bids for governor and Senate, but, sadly, he's back.

So is Trump, who officially launched his campaign to get back into the White House just a week after voters said "no thanks" to his most highprofile allies. It's a reminder that in politics, no victory is final. The struggle is never over. In fact, even this election

isn't over, as Georgia voters must return to the polls for a crucial runoff between Sen. Raphael Warnock and Trump's candidate Herschel Walker.

Citizenship is а responsibility that requires constant recommitment. On that front, I'd like to share a bit of exciting personal news. Next year, I will continue my advocacy for a more just and sustainable world in a new role as executive director of the Sierra Club, the nation's most influential grassroots

environmental group. I am delighted that my successor as president of People For the American Way will be Svante Myrick, who is just the kind of young leader our nation needs. He was elected to the city council of Ithaca, New York, while still a student, and at age 24, he became the city's first Black mayor and the youngest mayor in the state. He was reelected twice by huge margins, and now he's bringing his leadership and passion for defending democracy to the

national level.

Much to be grateful for. Happy Thanksgiving, evervone.

Ben Jealous serves as president of People For the American Way and Professor of the Practice at the University of Pennsylvania. A New York Times best-selling author, his next book "Never Forget Our People Were Always Free" will be published by Harper Collins in January 2023.

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Si no presenta si respuesta a tiempo, puede perder e and appraisal of estate independent administration CA 92807 files an objection to the authority will be granted unless an interested person petition and shows good State of Inc./Org./Reg CA Inc./Org. assets or of any petition la bibioteca de leyes de su condado caso por incumplimiento y la cort Civil Division PETITION OF LAWANDA BOND-ADAMS BOTH. OF: Reg. No. (Optional) NOTICE: In accordance with Subdivision (a) or account as provided in cause why the court should not grant the authority. o en la corta que la quede más cerca. Si no puede pager la cuota le podré quitar su sueldo, dinero RAUL RÚIZ JR. files an objection to the petition and shows good cause why the court should Probate Code section 1250 ienes sin mås advertencia. BOND-ADAMS ORDER TO SHOW CAUSE FOR CHANGE OF NAME LAWANDA BOND-ADAMS A Petition for Probate has been filed by Antonia M. of Section 17920, a fictitious nam Request for Specia A hearing on the petition will be held in this court Hay otros requisitos legales. E de presentación, pida al secretario recomendable que llame a u abogada Inmediatamente. Si n statement generally expires at the end of five years from the date on Notice form is available de la corte Ruiz in the Superior Court qua la dé un formulario de exenció from the court clerk. as follows: December 14, 2022 at 9:00A.M. in Dept. not grant the authority. which it was filed in the office of the Attorney or Party without Attorney: David D L Horton, Esq. SB: 297149 CASE NO: CIV SB 2218049 TO ALL INTERESTEI PERSONS: A hearing on the petition will be held in this court of California, County of conoce a un abogado, puede liamar da pago de cuotas. Si no presenta su County Clerk, except as provided i espuesta a tiempo, puede perder e aso por incumplimiento y la corte un servicio de remisión a abogados INTERESTED San Bernardino Subdivision (b) of Section 17920. Si no puede pager a un abogado The Petition for Probate as follows: December 07, 2022 at 9:00A.M. in Dept. 1.Petitioner: LAWANDA BOND-ADAMS Aqeel filed a petition with this court for where it expires 40 days after any change in the facts set forth in the Address of court: Superior that Antonia le podré quitar su sueldo, dinero es posible que cumpia con lo David D L Horton, Esq., & Court of California, County bienes sin más advertencia. Hay otros requisitos legales. Es requisitos para obtener servicio legales gratuitos de un M. Ruiz be appointed as Associates 777 E Tahouitz statement pursuant to Section 17913 San Bernardino 247 Address of court: Superior personal representative to other than a change in the residence recomendable que llame a un

THE COURT ORDERS

If you object to the granting of the petition, you should that all persons interested in this matter appear before this court at the hearing indicated California. (www.sucorte.ca.gov) Administration of Estates FICTITIOUS state your objections or file ponléndose legales gratuitos de un programa de servicios legales sir en cantacto con l colegio de abogado Act. (This authority written objections with the under federal state or common law appear at the hearing and orta o will allow the personal (See Section 14400, et seq., Business and Professions Code). BY SIGNING, I DECLARE THAT court before the hearing STATEMENT below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show below to show cause, if any state your objections or file ines de lucro. Pueda encontrar estos locales. AVISO: Por Iey, la corte take representative to FBN NO. 20220010589 tiene derecho a reclamar las cuota y los costes exentos por Impone rupos sin fines de lucro en el siltic Your appearance may be in without written objections with the actions many erson or by your attorney. Original filed: County veb de California Legal Services, ourt before the hearing. ALL INFORMATION IN THIS obtaining court approval. Clerk Central District If you are a creditor of (www.lawhelpcalifornia.org), en e un gravamen sobre cusiquie STATEMENT IS TRUE AND Your appearance may be in Before taking certain very recuperacién de \$10,000 o más de contingent creditor of the Centre de Ayuda de las Cortes de Filing Type: FBN Filing Date Filed: 11/16/2022 person or by your attorney. If you are a creditor or CORRECT. A registrant who important actions, however California, (www.sucorte.ca.gov) valor recibida mediante un acuerdo decedent, you must file your declares as true information, which he or she knows to be false, is guilty the personal representative o ponléndose en cantacto con la o una concesión de arbitraje en un Began Transacting claim with the court and ontingent creditor of the rta o el colegio de abogados Business: Nov 01, 2022 will be required to give case de derecho civil. Tiene qu mail a copy to the personal decedent, you must file your of a crime (B&P Code 17913). ocales. AVISO: Por Iey, la corte notice to interested persons pager el gravamen de la corte antes Expires on: 11/16/2027 claim with the court and representative appointed by am also aware that all information appear at the hearing to show cause why the petition should not be granted. If no writter de qua la corte pueda desechar el caso. The name and address of the court is (El nombre y unless they have waived tiene derecho a reclamar las cuotas Business is conducted by: on this statement becomes Public he court within the later of mail a copy to the personal y los costes exentos por Impone notice or consented to An Individual representative appointed by the court within the later of Record upon filing either (1) four months from the proposed action.) The un gravamen sobre cusiquier recuperacién de \$10,000 o más de Fictitious Business /s/ TAVINDER K. SAWHNEY CEO the date of first issuance of direccion de la corte es objection is timely filed, the Name(s): GLS SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN BERNARDINO 247 West Third Street San Bernarding, CA 22415 independent administration court may grant the petition either (1) four months from letters to a general personal valor recibida mediante un acuerdo Address: MANZANITA authority will be granted Business I hereby certify that this copy is o una concesión de arbitraje en ur representative as defined the date of first issuance true copy of the original statemen on file in my office. BOB DUTTON unless an interested person NOTICE OF HEARING 9080 in section 58(b) of the California Probate Code, of letters to a general case de derecho civil. Tiene que Date: November 28, 2022 Time: 8:30AM Dept.: S16 The Address of the Court is: SUPERIOR COURT OF DRIVE RANCHO files an objection to the pager el gravamen de la corte ante personal representative as CUCAMONGA, CA 91737 petition and shows good cause why the court should Assessor - Recorder - Clerk defined in section 58(b) of the California Probate e qua la corte pueda desecha or (2) 60 days from the Bernardino, CA 92415 10/31/2022 CALIFORNIA Mailing Address: el caso. The name and address date of mailing or personal delivery to you of a notice 0210 name, address and telephone number County of Principal Place of Business: SAN BERNARDINO Principal not grant the authority. of the court is (El nombre y CALIFORNIA COUNTY OF SAN BERNARDINC 247 WEST THIRD STREET SAN BERNARDINO, CA 92415 SAN BERNARDINO, CA 92415 SAN BERNARDINO DISTRICT – CIVIL DIVISION 3-a. A conv of this Oct COUNT Code, or (2) 60 days from the date of mailing or 11/17, 24; 12/01, 08/2022 A hearing on the petition will be held in this court direccion de la corte es under section 9052 of the attorney of plaintiff's SUPERIOR COURT OF personal delivery to you California Probate Code. plaintiff without CALIFORNIA, COUNTY or an Name of individual a notice under section 9052 SUMMONS as follows: December 15. attorney, is (El nombre la direccion y el numero Other California statutes 2022 at 9:00A.M. in Dept. SAN BERNARDING Registrant: GARY OF of the California Probate (FAMILY LAW) W MILLER MANZANITA and legal authority 247 West Third Street Sar 9080 \$37 de telefono del abogado Code. Other California may affect your rights DRIVE Bernardino, CA 92415-3-a. A copy of this Order to Show Cause shall be published at least once each week for Address of court: Superior NOTICE TO statutes and legal authority del demandante, o de as a creditor. You may 0210 name, address, and telephone number RANCHO CUCAMONGA RESPONDENT: (AVISO AL DEMANDADO: Court of California, County may affect your rights as a creditor. You may want to consult with an demandante que no tiene abogado, es): Robert J want to consult with an CA 91737 of San Bernardino 247 four successive weeks prio West Third Street, San Bernardino, CA 92415attorney knowledgeable State of Inc./Org./Reg Inc. plaintiff's of attorney Spitz, Esq. 067643 Law Office of Robert J. Spitz 204 N. San Antonio Avenue in California law. EDUARDO to the date set for hearing of the petition in the following newspaper of genera circulation, printed in thi or plaintiff without an attorney, is (El nombre, Org./Reg. No. (Optional) NOTICE: In accordance attorney knowledgeable in You may examine the file kept by the court. If you are ALEFANDRO AYALA 0212 – Probate Division California law. You are being sued. Lo la direccion y el numero de telefono del abogado with Subdivision (a) of You may examine the file If you object to the granting Ontario, Ca 917(909) 395 estan demandando. a person interested in the Section 17920, a fictitious kept by the court. If you are of the petition, you should 0909 Date (Fecha): APR 6, 2022 , EDUARDO HERNANDEZ, Deputy county: name statement generally expires at the end of five Petitioner's name is: estate, you may file with the del demandante, o de Precinct Reporter Date: OCT 10, 2022 a person interested in the appear at the hearing and Nombre del demandante: court a Request for Special demandante que no tiene state your objections or file estate, you may file with the abogado, es): Robert J. Spitz, Esq. 067643 Law Office of Robert J. Spitz 204 N. San Antonio Avenue /s/JOHN M. PACHECO Judge of the Superior Court Precinct Reporte 11/03, 10, 17, 24/2022 Notice (form DE-154) of GABRIELA AYALA vears from the date on court a Request for Special Notice (form DE-154) of written objections with the (Adjunto) the filing of an inventory which it was filed in the CASE NUMBER court before the hearing. and appraisal of estate office of the County Clerk. the filing of an inventory and appraisal of estate (Numero del Caso) Your appearance may be in Precinct Reporter 11/24; 12/01, 08, 15/2022 except as provided in Subdivision (b) of Section Case No. FAMSB assets or of any petition person or by your attorney. Ontario. Ca 917(909) 395 or account as provided in assets or of any petition 2204536 If you are a creditor or 0909 Date (Fecha): 7920, where it expires FICTITIOUS BUSINESS NAME Probate Code section 1250. or account as provided in Probate Code section 1250 contingent creditor of the Request for Specia STATEMENT 2022 EDÚARDO NOTICE OF PETITION 40 days after any change You have 30 calendar days after this HERNANDEZ, FBN NO. 20220009222 decedent, you must file your in the facts set forth in TO ADMINISTER ESTATE OF: Summons and Petition are served or Notice form is available Deput iginal filed: County Clerk Cer A Request for Special Notice form is available claim with the court and (Adjunto) the statement pursuant to Section 17913 other than you to file a Response (form FL-120) from the court clerk. mail a copy to the personal Attorney or Party without Attorney: JEFFERY J. CZECH SBN 145240 GARY DEAN BEAL CASE NO. PROSB2201291 Filing Type: FBN Filing Date Filed: 10/04/2022 at the court and have a copy served from the court clerk. on the petitioner. A letter or phone call will not protect you. representative appointed by Precinct Reporter 11/24; 12/01, 08, 15/2022 Attorney: Mark W. Regus II (279653) Law Offices of Mark W. Regus II 1365 a change in the residence the court within the later of address of a registered owner. A new fictitious Began Transacting Business: If you do not file your Response either (1) four months from TO ALL HEIRS, BENEFICIARIES, CZECH & HOWELL, APC 28 2022 on time, the court may make orders the date of first issuance of business name statement Expires on: 10/04/2027 2400 E. Katella Avenue, Suite 370, Anaheim, CA siness is conducted SUMMONS by: affecting your marriage or domestic CREDITORS, CONTINGENT must be filed before the letters to a general personal W. Foothill Blvd., Ste. 2 Upland, CA 91786 Tel: (909) 938-2289 (CITACION JUDICIAL) partnership, your property, and custody of your children. You may be ordered to pay support and representative as defined in section 58(b) of the Corporation expiration. The filing of 92806 Tel: (714) 522-5553 NOTICE TO Fictitious Business Name(s): HVA CREDITORS, AND PERSONS WHO MAY this statement does not HOME SERVICES **DEFENDANT: (AVISO** Business Address: 6987 MANGO AVE UNIT B FONTANA CA 9233: Mailing Address: California Probate Code, Precinct Reporter 11/17, 24; 12/01/2022 of itself authorize the use attorney fees and costs. AL DEMANDÀDO): or (2) 60 days from the date of mailing or personal OTHERWISE BE INTERESTED IN THE in this state of a fictitious Precinct Reporter 11/10, 17, 24/2022 If you cannot pay the filing fee, ask the clerk for a fee waiver form. If VALLEY TRUST DEED business name in violation Mailing Address: County of Principal Place Business: SAN BERNARDINO SERVICES, INC., a Corporation; BAYPOINT delivery to you of a notice WILL OR ESTATE, OR of the rights of another you want legal advice, contact a under section 9052 of the under federal, state, or common law (See Section SUMMONS lawyer immediately. You can get information about finding lawyers BOTH. OF: MORTGAGE, INC., a California Corporation; and DOES 1-20, inclusive Name of individual Registrant(s) (CITACION JUDICIAL) NOTICE TO FICTITIOUS BUSINESS NAME California Probate Code. GARY DEAN BEAL JASON W BEYLER 14400, et seq., Business and Professions Code). **STATEMENT** FBN NO. 20220010164 Other California statutes A Petition for Probate has been filed by DARLA D. EHRET in the Superior Name of corporation or limited liability company: JWB HOME SERVICES INC 1757 GALLOWAY at the California Courts Online Self-Help Center (www.courtinfo. ca.gov/selfhelp), at the California Legal Services Web site (www. and legal authority may affect your rights DEFENDANT: (AVISO YOU ARE BEING SUED Driginal filed: County Clerk Cen BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS AL DEMANDADO): BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE): AL DEMANDADO): VALLEY TRUST DEED SERVICES, INC., a Corporation; BAYPOINT MORTGAGE, INC., a LANE CORONA CA 92881 District as a creditor. You may Court of California, County State of Inc./Org./Reg CA Inc. Org./Reg. No. (Optional) 510425' NOTICE: In accordance with Subdivision (a) of Section 17920, a Filing Type: FBN Filing Date Filed: 11/03/2022 lawhelpcalifornia.org), or by contacting your local county bar want to consult with an of San Bernardino The Petition for Probate requests that **DARLA D.** STATEMENT IS TRUF attorney knowledgeable CARLOS B. RAMOS, an AND CORRECT. A registrant who declares as Began Transacting Business: association in California law. 03, 2022 Tiene 30 dias corridos despues de individual California Corporation; and DOES 1-20, inclusive EHRET be appointed as You may examine the file xpires on: 11/03/2027 fictitious name statement general CASE NUMBER naber recibido la entrega legal de esta true information, which he expires at the end of five years from the date on which it was filed in the kept by the court. If you are personal representative to Business is conducted by: (Numero del Caso) Case No. CIV SB 2105489 Ar Citacion y Peticion para presentar YOU ARE BEING SUED administer the estate of the or she knows to be false. una Respuesta (formulario FL-120) ante la corte y efectuar la entrega a person interested in the estate, you may file with the Individual office of the County Clerk, excep as provided in Subdivision (b) o Section 17920, where it expires 4 BY PLAINTIFF: (LO is guilty of a crime (B&P Code 17913). I am also Business decedent. ESTA DEMANDANDO EL DEMANDANTE): The petition CLEAN CUT GUY request legal de una copia al solicitante court a Request for Special NOTICE! You have been sued aware that all information Business Address: 6150 Una carta o llamada telefonica no Notice (form DE-154) of authority to administer the days after any change in the fact The court may decide against you SOFTWIND PLACE RANCHO CARLOS B. RAMOS, an estate under the Independent on this statement becomes basta para protegerlo. Si no presenta set forth in the statement pursuant the filing of an inventory without your being heard unless you CUCAMONGA, CA 91737 individual Public Record upon filing Section 17913 other than a change su Respuesta a tiempo, la corte and appraisal of estate Administration of Estates respond within 30 days. Head the the residence address of a registere owner. A new fictitious busines name statement must be filed befor puede dar ordenes que afecten su matrimonio o pareja de hecho, sus CASE NUMBER Act. (This authority will allow the personal /s/ GARY W MILLER Mailing Address: or of any petition nformation assets County of Principal Place I hereby certify that this (Numero del Caso) elov Business: SAN BERNARDINO or account as provided in Probate Code section 1250. bienes y laa custodia de sus hijos Case No. CIV SB 2105489 representative to copy is a true copy of the You have 30 CALENDAR DAYS take the expiration. The filing of this Name of individual Registrant(s La corte tambien le puede ordena many actions without obtaining court approval. original statement after this summons and legal papers are served on you to me a writter A Request for Special Notice form is available statement does not of itself authoriz ASON W BEYLER que pague mantencion, y honorarios NOTICE! You have been sued my office. BOB DUTTON the use in this state of a fictitiou Name of individual Registrant: ALBERT J RAMIREZ II 6150 costos legales. Si no puede paga The court may decide against you Assessor – Recorder business name in violation of the rights of another under federal, state, or common law (See Section 14400, response at this court and have Before taking certain very la cuota de presentacion, pida al secretario un formulario de exencion from the court clerk. without your being heard unless you opy served on the plaintiff. A lette Clerk important actions, however SOFTWIND PLACE RANCHO CUCAMONGA, CA 91737 Attorney or Party without respond within 30 days. Head the phone call will not protect you 11/16/2022 the personal representative will be required to give de cuotas. Si desea obtener consejo Attorney: Kristine M. Borgia (SBN#276777) nformation Precinct Reporter 11/24; 12/01, 08, 15/2022 et seq., Business and Profession Your written response must be in State of Inc./Org./Reg Inc./Org. Reg. No. (Optional) NOTICE: Ir asessoramiento legal, pongase en contacto de inmediato con un Borgia below. proper legal form if you want the court to hear your case. There may BY SIGNING, I DECLARE THAT notice to interested person Law Office of Kristine M. You have 30 CALENDAR DAYS

decedent. petition The

Proposed name: DELRIO ADAMS 11/24; 12/01, 08/2022 authority to administer the (www.lawhelpcalifornia.org), en of the petition, you should appear at the hearing and Si no puede pager a un abogado, CENTRAL Centre de Ayuda de las Cortes de not of itself authorize the use in this es posible que cumpia con los requisitos para obtener servicios estate under the Independent

San

requests If you object to the granting un servicio de remisión a abogados web de California Legal Services.

Canyon Way Suite 200-092 Tel: (760) 364-5815 a decree changing names a follows: West Third Street, Court of California, County of San Bernardino 247 West Third Street, San Bernardino, CA 92415 – programa de servicios legales sin fines de lucro. Pueda encontrar esto administer the estate of the ddress of a registered owner. A new Bernardino, CA 92415-0212 – Probate Division abogada Inmediatamente. Si no Present name: KAYDEN DELRIO HICKMAN Proposed name: KAYDEN fictitious business name statement grupos sin fines de lucro en el silt onoce a un abogado, puede liamar must be filed before the expiration. The filing of this statement does Precinct Reporter

ENTERTAINMENT

The Wonder

By Dwight Brown Film Critic NNPA News Wire

(***)

It's a very simple story, at first. A modest allegory that pits religious fanaticism Lelio and cowriters Donoghue against common sense in a test and Alice Birch wrote an of wills that slowly becomes intense script that veers only biblical.

the Great Famine of 1845/49 a wonder. Tangents off that caused millions of deaths. main story include a ruse and Anna (Kíla Lord Cassidy), coverup, a romance between an 11-year-old girl living strangers and the dynamics in the rural Irish Midlands, of a nurse whose maternal is seemingly the saint of instincts indicate something is her devout community. The wrong. That possibly a young Chosen. Her family claims she girl's stubbornness has backed hasn't eaten for four months, her into a dark corner. Lib: yet she walks, talks and shows "If Anna doesn't eat, she'll no signs of stress or the dying probably die.' process. A local all-male council hires and sends for Lib era, "fasting girls" were Wright (Florence Pugh, Little phenomena. They feigned an Women), an English nurse who ability to not eat and yet thrive tended to soldiers during the due to a miraculous act from Crimean War. She will oversee God. A magical power. It's a 15-day study to determine if likely that marvel back then is the girl is surviving on God's what's now known as anorexia love, or not. The edict: "It's not nervosa. E.g., in Wales a your job to question us. You girl named Sarah Jacob are here only to watch."

the pillars of the community, 1869 and her parents were Sean Ryan (David Wilmot), convicted of manslaughter for states that a second guardian, not interceding. The real-life a nun named Sister Michael history of Anna's situation (Josie Walker), will also adds urgency to Lib's mission observe the phenomenon. and gives the film a strong Their final report is due in two base. weeks and the council hopes the findings will verify this unfolds against the backdrop blessed occurrence. A nosy of the vast Irish Midlands. English journalist, Will Byrne Barren plains carpeted in earth (Tom Burke), also investigates tone colors, shades of greens "the miracle girl." He and Lib and washed-out browns. A seek the truth.

Producer Tessa Ross's source material is Emma Donoghue's 2016 novel The Wonder, which cuts across themes of religion, deification, child rights and women's issues in ways that are old and new. Writer/director Sebastían

slightly from the central plot Ireland 1862, 13 years after of exposing a hoax or verifying

In the Victorian claimed to have the fasting To Lib's surprise, one of power. She died at age 12 in

> This very primal tale landscape so untouched it looks



production design is as bleak as house, a girl lying by a holy the surroundings. Art director brook and stubborn old men Til Frohlich's gloomy color sitting at a judgement table are palette eschews bright hues. One of the few hints of lighter tones is Lib's pale blue dress (costume designer Odile Dicks-Mireaux), which perceptively more than one or two characters bottom.

Earthy, pastoral scenes cloudy skies are and recorded in a storybook way (cinematographer Ari Wegner, dead and get them to see that The Power of the Dog). The a young girl's life is at stake by an absorbing musical score The drama is understated, but (composer Mathew Herbert, The Cave), which aside from are monumental. Lelio's only typical ominous string music, questionable judgement is features haunting whale crying starting and ending the film in

medieval. Grant Montgomery's sounds. Images of a burning indelible.

Chilean director Lelio (A minimalism that rarely features device. has a brown ring of dirt on the on screen, few homes, near quintessential, anger and deceit are on view, emotions are rarely peaked. It's as if Lib is trying to rouse the the risks and consequences

modern times, with a camera voice of reason, supports focused on a film studio. In Pugh's efforts adding a those first moments a cryptic surprising chemistry between voiceover says: "We are the two. Cassidy portrays nothing without stories... so Anna as a child in need of an we invite you to believe this angel. The entire group of stern Fantastic Woman) favors a one." It's an unnecessary

portrays Pugh mid-1800s empty roads. Though fear, Nightingale nurse. Kind, generous, helpful. Trying to sort out holy feats from hard realities. She fights the men block her. It's a sobering, council, archaic beliefs and unconcerned parents, without down to its essentials, both footage is further enchanted for the sake of religious pride. hysteria but quite willfully. As the quest for saving Anna becomes more taxing and urgent, Pugh wears that stress on her face like a martyr.

heartless council members are well played by a frumpy the cast: Wilmot, Ciarán Hinds, Toby Jones, Brian F. O'Byrne, Dermot Crowley.

A brave woman tries to dispel quackery. Stubborn old push and pull-a drama shorn visually and emotionally. A plight that merits an adult audiences' attention for 1h 48 minutes. Until they see a reckoning, solution or a young

Burke as Will, the other victim expire.

Black Equity Grants

(Cont. from Page A-1)

Affirmative Action

(Cont. from Page A-1)

direct experience and making clear that Asian American students and communities are in support of affirmative action."

Johnson issued Executive Proposition 209

and Master of Law (LLM) admissions and supervises the Office of Financial Aid.

California ended affirmative action policies In 1965, Pres. Lyndon in 1996 with the passage of

power-building work, which includes strategies like voter engagement and leadership development.

She said a lot of groups are hungry for knowledge, and want to learn how to do this work. Funding also provides support with outreach and focused on providing capacity-building services.

"It's all about building capacity of these organizations to systems change work, and the funding will also pay for staff positions sessions. learning and It's all about supporting nonprofits to be successful in their work to move racial equity forward," she said.

Bringing the nonprofits together to network, buddy up, get around the table and brainstorm together is a big part of the effort.

Gillins commended Felicia Jones, co-founder of the Black Equity Initiative of the Inland Empire, with its network of about 42 Black-led, Blackserving organizations. They are working together to collectively advance racial equity in the region.

The organizations that received that first round of funding were appreciative of the network opportunities, and also that it exists.

"We manage the fund and get the grants out to the organizations based on the criteria they create. We had a funders briefing several weeks ago and we had wonderful success stories from groups," she said. "They were able to collaborate and bounce ideas off each other."

Nonprofits are encouraged to review the criteria on the website, and reach out for answers to any granting questions.

She said the Black Equity Initiative wants applicants to have success in applying for the funds, and wants to hear from groups in the region serving the Black community to advance racial equity that can change the system.

"If they want to build their capacity and strengthen their core operations, there's funding here. If people have questions about the application process and guidelines, someone will be able to answer those questions for you because we want people to succeed the applications." on

So many Black organizations have been locked out of funding for so long that they may be reluctant to go for it. She said the fund makes it possible to turn the situation around, and fight against all the inequities that affect the community, including criminal justice reform, housing justice, and health equity, to name a few.

As everyone is buzzing through the holidays this time of year, ready to hit Black Friday, she said that IEGives has a new twist for the second year running – giving online to support Black Equity Friday.

"While you're out getting your shopping deals, also be thinking about Black groups out here that need your support," she said. " We're trying to push everybody to donate, but if you can't, at least learn about what they're doing, visit their website, ask if you can volunteer."

For more information, see https://www.iegives.org/

https://survey.alchemer. com/s3/7067111/IE-Black-Equity-Fund-RFP-2022

On Oct. 31, the Supreme Court of the United States (SCOTUS) listened to oral arguments in two cases challenging race-conscious student admissions policies used by Harvard University and the University of North Carolina (UNC) to promote creating diverse student populations at their schools.

The case emerged in 2014, when SFFA, a nonprofit organization advocacy opposed to affirmative action, brought an action alleging Harvard violated Title VI of the Civil Rights Act (Title VI). SFFA argues that

Harvard instituted a raceconscious admissions program that discriminated against Asian-American applicants. SFFA also alleges that UNC is violating the Equal Protection Clause of the 14th Amendment, by unfairly using race to provide preference to underrepresented minority applicants to the detriment of White and Asian-American applicants. Chen is a first-generation

college graduate from a working-class immigrant family. She is an alumna of Harvard College. She was one of eight students and alumni that gave oral testimony in support of affirmative action in the 2018 federal lawsuit

cases were taking advantage of testimony really spoke to that

Order 11246, requiring all government contractors subcontractors and to take affirmative action to expand job opportunities for minorities

Fifty-seven years later, a decision by SCOTUS could be reached at the end of the current term in late June or early July 2023 banning affirmative action. The decision would dismantle race-conscious admission policies that overwhelmingly help BIPOC students create a better future for themselves, members of the panel stated.

"Schools take race into account as a factor in admission because that is the single best, most effective way to create a racially diverse class," Zearfoss said.

Zearfoss directs the University of Michigan Law School Jurist Doctorate (JD)

Prop 209 states that the government and public institutions cannot discriminate against or grant preferential treatment to persons based on race in public employment, public education, and public contracting.

Proposition 16 was a amendment constitutional designed to repeal Prop 209, but the initiative was defeated by voters in 2020. Secretary of State Dr. Shirley Weber introduced the legislation that was the basis for Prop 16 when she was a state Assemblymember for the 79th District.

"When we no longer live in a White supremacist society then we can start thinking about ending these interventions that are necessary to counteract preferences for White people that exist and continue to exist," Holder said.

Rooted in Community

Now Dew and Allen look to the past to draw inspiration for a brighter future.

Dew started Rooted In Community because, "He wanted to be a catalyst for life change in socially disadvantaged communities. It's about what that life looks like to a Black child right now that's coming up in San Bernardino," explained Allen

Rooted In Community has a number of different initiatives in progress. Among those programs include an urban farming program, a work program, and a literacy circle.

> "The programs that

resonate the most with me are the Ready Set Grow Let's Do It. That's for food sustainability to serve the San Bernardino communities. It's a next-generation farmer's project that will teach the community how to farm.

Also, included is the Rooted In Community free food store. The produce that the

community grows will be offered in the free food store for communities or families that run into difficulties and may need food. They can definitely come to the free food store and instead of paying money they would receive food and just give

time back to the store," said Allen. "The Ready Set Grow program will teach the youth how to grow their own food. It will help prepare them for the next pandemic," added Allen.

Having the ability to farm and grow your own food will also help bring an end to food deserts. Helping communities to become self-sufficient is what Rooted in Community is all about

We want to focus on San Bernardino first then spread out. This is my home town. I need to give back here first," said Dew.

Both Dew and Allen are advocates for education. Rooted in Community has a literacy program called the Community Literacy Circle whose primary focus is to play a key role in closing the literacy gap.

Dew understands that State and Federal funds often don't make it to the Black community, so he is doing what he can to fill the void. He understands that those who reach a certain level of success should be obligated to give back.

There is a lot of work happening in Rooted In Community and the goals are vast and diverse. But to change the lives of so many takes a great amount of time and resources. As a thriving business mogul, Dew has been wanting to help his hometown for a while.

"Prior to getting into the position (of success), you are always thinking about it, but sometimes you have to get into the right position to give back," concluded Dew.

(Cont. from Page A-1)

Students for Fair Admissions. Inc. v. Harvard. "Particularly as these

a claim that Asian American students don't benefit from Affirmative Action or are harmed; we really saw how this was a misrepresentation of our community needs," Chen said of hers and seven other students' testimonies. "My



Bring the Family Together with Breakfast for Dinner



FAMILY FEATURES

espite busy lives and full schedules, finding time for regular meals with loved ones encourages connections and conversations that can benefit mental and physical wellbeing. Gathering your family, friends, coworkers or neighbors at least once a week to spend time together over a meal provides opportunities to decompress and socialize. If you're looking for a little delicious inspiration, the American Heart Association recommends ling one night per week to create a recurring tradition and enjoy favorites such as breakfast for dinner. Recipes like Egg, Avocado and Black Bean Breakfast Burritos; Huevos Rancheros; and Southwestern Quinoa and Egg Breakfast Bowls from the Healthy for Good Eat Smart initiative, nationally supported by Eggland's Best, are perfectly suited for sharing while making time to destress at the dinner table.

Huevos Rancheros

- Servings: 4 Salsa:
 - 1 teaspoon canola oil 1/2 cup diced yellow onion
 - 1/2 cup diced poblano pepper, seeds
- 1 small avocado, quartered and sliced
- 2 tablespoons chopped fresh cilantro (optional)
- 1 medium lime, cut into four wedges (optional)
- To make salsa: In medium saucepan over medium

In fact, according to a study by "Canadian Family Physician," regular meals at home with loved ones can reduce stress, boost self-esteem and make everyone feel connected with mealtime conversations that allow a chance to unplug and unwind.

Meals don't have to be elaborate for a successful evening together. Despite the perceived effort involved with preparing a meal, research published in "Preventive Medicine" shows those who have frequent meals with others, particularly parents with their children, may improve social and emotional well-being.

In addition to the mental and emotional benefits of meals with loved ones, eating together can also encourage healthier choices when better-for-you recipes are on the menu. Dining as a group can provide inspiration to try heart-healthy recipes that include the wide variety of vegetables, fruit, whole grains and healthy protein sources recommended by the American Heart Association to help prevent heart disease and stroke.

To find recipe ideas, conversation starters and more tips for mealtime, visit heart.org/together.

- and ribs discarded
- small fresh jalapeno pepper, seeds and ribs discarded, minced
- 1 1/2 teaspoons minced garlic
- can (14 1/2 ounces) no-salt-added crushed tomatoes
- tablespoons water
- 1/4 teaspoon salt

Huevos Rancheros:

- teaspoon canola oil
- large eggs 4
- corn tortillas (6 inches), warm 4
- can (15 1/2 ounces) no-salt-added black 1 beans, rinsed and drained
- cup shredded low-fat Mexican 1/4 cheese blend

heat, heat oil, swirling to coat bottom. Cook onion 2 minutes, or until almost soft, stirring frequently. Cook poblano and jalapeno peppers 2 minutes, stirring frequently. Stir in garlic. Cook 1 minute. Stir in tomatoes, water and salt. Bring to boil. Reduce heat to low. Simmer 5 minutes. Remove from heat. Cover to keep warm.

To make huevos rancheros: In medium nonstick skillet over medium heat, heat oil, swirling to coat bottom. Cook eggs 3-4 minutes, or until whites are set and edges are fully cooked.

Place one tortilla on each plate. Top each tortilla with beans and one egg, being careful not to break yolk. Gently top each egg with warm salsa, cheese and avocado slices.

Sprinkle each serving with cilantro and serve with lime wedge, if desired.



Southwestern Quinoa and Egg Breakfast Bowls

Southwestern Quinoa and Egg Breakfast Bowls

Servings: 4

- 1/4 cup uncooked quinoa, rinsed and drained
- 2 medium tomatoes, chopped (about 2 cups)
- cup no-salt-added frozen corn, thawed
- 1/2 medium avocado, pitted and diced
- 1/4 cup chopped green onions1/2 cup chopped fresh cilantro (optional) nonstick cooking spray
- 4 large eggs
- 1/8 teaspoon salt
- 1/4 teaspoon pepper
- red hot-pepper sauce, to taste (optional)

Cook quinoa according to package directions. Remove from heat. Spoon quinoa into four bowls. Top each with tomatoes, corn, avocado, green onions and cilantro, if desired.

Lightly spray large skillet over medium-high heat with nonstick cooking spray. Crack eggs into skillet. Sprinkle eggs with salt and pepper. Cook, uncovered, 3-4 minutes, or until egg whites are set but yolks are still runny. Using spatula, carefully transfer one egg sunny side up into each bowl. Sprinkle with hot sauce, if desired.

Egg, Avocado and Black Bean **Breakfast Burritos** Servings: 4

Nonstick cooking spray

- 1 1/3 cups liquid egg whites
 - 1 can (15 1/2 ounces) no-salt-added black beans, rinsed and drained
 - whole-wheat tortillas (6 inches, lowest 4 sodium available)
 - 2 medium avocados, sliced
- 1/4 cup hot sauce or salsa (lowest sodium available, optional)

Lightly spray large skillet with nonstick cooking spray. Heat over medium heat.

In skillet, stir egg whites constantly with rubber spatula to scramble. Cook until eggs are almost set. Add beans, stirring until combined and heated through.

Microwave tortillas on high 45 seconds. Transfer to work surface.

Spread egg mixture in center of each tortilla. Top with the avocado and hot sauce, if desired.

For each burrito, fold two sides of tortilla toward center. Starting from closest unfolded side, roll burrito toward remaining unfolded side to enclose filling. Transfer with seam side down to plates.



Egg, Avocado and Black Bean Breakfast Burritos

Rep. Karen Bass Elected 1st Black Woman Mayor of L.A.

By Maxim Elramsisy California Black Media

"This is my home, and with my whole heart, I'm ready to serve, and my pledge to you is that we will hit the ground running on Day One," Los Angeles Mayor-elect, Rep. Karen Bass pledged Nov. 16 after the Associated Press (AP) declared her the projected winner in a tight race for the top job in California's largest city.

Bass, who has represented the 37th Congressional District of California for 11 years, will be the first woman to lead Los Angeles when she is sworn in on Dec. 12. She will also be the second Black Angelino to hold the office in a city where 8.8% of residents are Black, according to the U.S. Census.

Before Bass was elected to Congress in 2010, she served as a member of the California State Assembly representing the 47th district from 2004 to 2010. From 2008 to 2010 she was the first Black woman to be Assembly speaker.

In the U.S Congress Bass represented West Los Angeles and from 2019 to 2021 served as Chair of the Congressional Black Caucus.

A former Republican turned Democrat, businessman Rick Caruso conceded that Bass had won the election Wednesday evening, just over a week after the polls closed in the deadlocked race that election watchers said until



this week had no apparent winner until now.

Caruso told his supporters in a letter "the campaign has been one of the most rewarding experiences of my life. I am so proud of my campaign. We held true to the core values of our family - integrity, honesty, and respect for all."

Billionaire Α estate developer, Caruso owns residential and retail properties around southern Grove at Farmers Market in Los Angeles, Americana at Brand in Glendale, and the Commons at Calabasas.

tied on election day, but each subsequent update to the tally extended the lead for Bass. The counting will continue until every ballot is accounted for, but according to the AP she has accrued an insurmountable lead.

Almost 75% of voters to some of the delay in announcing a winner.

California, including The state law, each mail-in ballot must have its signature verified before it can be counted, and ballots are received for 7 days after the election, so long The vote was virtually as they are postmarked by

election day.

A record amount of money was spent on the race, with Caruso campaign Caruso campaign reported total expenditure of а \$104,848,887.43.

Caruso in LA County voted by mail contributed almost \$98 million "Despite being outspent

According to California 12 to 1, Congresswoman Karen Bass proved LA voters Convening Founder of the can't be bought," said Kerman California Black Women's Maddox, Finance Committee Collective referenced Bass Chair of Bass 4 Mayor.

start of her candidacy, Bass Angeles' African American

also won the June 7th primary election.

Bass benefited from endorsements from Democrats vastly outspending Bass. The at all levels of government, including former President Barack Obama, President Joe Biden and Vice President himself Kamala Harris, California Senator Alex Padilla and real in this election, contributing to his own campaign, which he the Los Angeles Democratic spent primarily on advertising. Party. One notable holdout was Gov. Gavin Newsom.

> Kellie Todd Griffin, background as a strong and Vastly outspent from the respected voice for Los

community.

"This is a victory that we are all vested in because it represents the power of what we can do through community organizing and collaboration," Griffin said. "Mayor-Elect Bass is the change we need right now to ensure today's most pressing issues will be addressed in a way that doesn't leave us behind. We are proud because this a victory for Black Women and our community."

Bass is well known across Los Angeles for building cross cultural, multiracial coalitions of people and being able to rally them around causes. During the crack epidemic of the 1980s, she was a physician's assistant and a clinical instructor at the Keck School of Medicine of USC Physician Assistant Program who became a leading voice for victims affected by the highly addictive substance derived from cocaine.

Bass promised that her administration will be inclusive and "will bring everyone to the table.

"The challenges we face affect us all, and all of us must be a part of our solutions," she said in a prepared statement. "Los Angeles is the greatest city on earth. I know, if we come together, hold each other accountable, and focus on the best of who we are and what we can achieve, we can create better neighborhoods today and a better future for our children."



Water saving actions that make a big difference

Regardless of the season, California is still experiencing an extreme drought. Here are a few simple tips to help you save water.

Vision To Learn Launches:

Free Glasses Program in S.B. County

Glasses

of community leaders and proficient in reading by the end of charge to children and their educators at Rialto's Charlotte of third grade are more likely to N. Werner Elementary School recently. The students were the first in San Bernardino study of the VTL program County to be provided free with Warby Parker (published vision services by Vision To in Journal of the American Learn, a nonprofit organization Medical with a mission to help kids in Ophthalmology 9/9/21) by underserved communities get researchers at Johns Hopkins the glasses they need to see clearly at school.

in Riverside County, Vision To equivalent of an additional two Learn plans to provide more to three months of learning than 75,000 free eye exams compared to their peers who kids in over 500 underserved to students in San Bernardino failed a vision screening but communities in 14 states and County.

excited to finally be launching as well as those with IEPs and in San Bernardino County," said Vision To Learn President courses, gained the equivalent Ann Hollister. "The success of four to six months of of the program in Riverside additional learning, which County has made it easy was a higher impact than all to bring our services to the other common educational students of San Bernardino interventions studied. County."

low-income communities, 95% seeing the board were the ones

Vision Health Initiative of kids who need glasses do falling behind. This amazing Will Provide K-12 Students not have them. Students with in San Bernardino County uncorrected vision problems With Free Vision Screenings, often avoid reading, suffer Eye Exams and Prescription headaches, and can have trouble focusing in class, Cheerful students were as 80% of learning during a excited to receive free child's first 12 years is visual. prescription glasses in front Additionally, students not

drop out of school. A three-year controlled families, Association Wilmer University Eye Institute found that students Following last year's debut provided glasses gained the Unified Superintendent Dr. did not get glasses. Students the "Vision To Learn is so in the lowest performing 25%, enrolled in Special Education

"Student success is very One in five public school important to me," said 5th students in the United States District Supervisor Joe Baca, lack the glasses they need to Jr. "When I was a teacher at For more information on see the board, read a book, Rialto High School, I noticed or participate in class; and in the students that had trouble

opportunity is what we need to help our students succeed."

Since its founding, Vision To Learn has helped provide more than 1.5 million children with vision screenings, over 340,000 with eye exams and 270,000 with glasses – all free families.

"Caring adults, supportive and inspired students are the hallmarks of the educational spirit in our community. Vision To Learn personifies these hallmarks with its noble action to ensure kids have glasses to enjoy the benefits of their education experience," said Rialto Cuauhtémoc Avila.

The program has helped

District of Columbia. Vision To Learn serves the needs of the hardest-toreach children; about 90% of kids served by Vision To Learn live in poverty and about 85% are kids of color. This year another 100,000 children will receive glasses from Vision To Learn despite the challenge COVID-19 continues to present at schools. Vision To Learn, visit www. visiontolearn.org.

AUGUST

CUTTING BACK ON OUTDOOR WATERING even for one day a week can

save up to 20% more water



RECYCLING INDOOR WATER

to use outdoors can cut water use by 30%



ADJUSTING SPRINKLER HEADS AND

FIXING LEAKS saves up to 6,300 gallons of water per month



USING A BROOM TO CLEAN OUTDOOR AREAS saves 6 gallons every minute you're not running a hose



WATERING EARLY MORNING OR LATE AT NIGHT can save 50% of sprinkler water otherwise lost to wind and evaporation

For more tips visit **SAVE OUR WATER.com**



COVID-19 Vaccines Keep Kids Safe and in School

Schedule a COVID-19 vaccine appointment for your child. Appointments are available by going to sbcovid19.com, calling our COVID-19 Hotline at (909) 387-3911 or by scanning the QR code below.

First Dose

Second Dose

Booster Dose



Voters: Down Payment Democracy's Future

(See Page 3)

Your Resource for Over 15 Years

Thursday, November 24, 2022 Long Beach Leader "I wholly disapprove of what you say, but I will defend to the death your right to say it" -Voltaire



Vol. 25 - No 40



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By Dianne Anderson

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kids in the county school system. One race hate incident about Moms Night Out as a outreach featuring momdrew national attention earlier this year at an Irvine high school basketball game when students were caught on video screaming racist slurs.

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"We take it seriously Night Out," she said. "We think it's important to support a small representation of the whole family. Their the Black community, the partners may feel where do we moms make the extra effort fit in? So we have the couples night."

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Bv Edward Henderson California Black Media

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Herrera stepped down from his position as president the day after the LA Times released their initial report on the recording. Massive protests and demonstrations followed the release of the report and the audio of the conversation.

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expected to reach out, and we had over 30 people there 3, they are collecting jackets for free on their website and Holiday Drive. Donors are invited to drop off a jacket or blanket from 11:00 a.m. to 2:00 p.m. The event will be held at Veterans Sports Park at 1645 Valencia Ave., in Tustin. The goal is to provide enough jackets and blankets for 500 families.

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For more information, see



Yvonne Wheeler

Money Management for the Holidays



By Dianne Anderson

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A Precinct Reporter Group Publication – The Only Black Publication Serving All of Orange County

Vol. 39 - No 13



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SPORTS

CSULB Women's **Basketball Dominated** by Arizona 86-64

Long Beach State came into the McKale Center and promptly took the lead, which they held through most of the first half, before No. 18 Arizona chipped away and ultimately earned an 86-64 win over the Beach last Sunday afternoon.

The Beach (1-2) came out of the gate ready to go as Kristyna Jeskeova scored the opening bucket of the game to put LBSU on top. Long Beach's defense was solid as they held the Wildcats (4-0) scoreless in the opening five minutes of the game. Arizona didn>t get on the board until 5:10 when Esmery Martinez evened the score with a layup. That did not stop the Beach as they surged ahead and led by as many as seven (14-7) in the frame and held a 16-10 lead at the end of the quarter.

Savannah Tucker scored the final points of the first quarter on a layup with 1:03 remaining. That layup would jumpstart an 8-0 Long Beach State run that would carry into the second quarter as the

Beach held a 22-10 advantage over the Wildcats with 8:50 on the clock. LBSU opened up its largest lead over Arizona with 8:08 on the clock as the Beach held a 13-point advantage (25-12) after a three from Courtney Murphy. Arizona, however, refused to back down as the Wildcats chipped away and used a 7-0 run of their own to cut the Beach>s lead down to six (25-19) after a three from Jade Loville at 6:52). From there, the U of A seemed to find its groove as the Wildcats took their first lead of the game on a layup by Martinez with just eight seconds remaining as LBSU trailed by one (40-39) at halftime.

Long Beach State's outstanding first half saw the Beach shoot 58.3 percent from the field in the first quarter and an impressive 72.7 percent in the second. Overall, LBSU shot 65.2 percent in the first half as they connected on 15of-23 field goals and 5-of-7 threes for a 71.4 percentage from behind the arc.

Despite Arizona holding



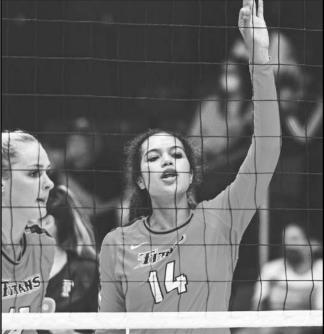
the lead in the third, the Beach kept the game close as the Wildcats never led by more than two possessions. U of A outscored LBSU 18-13 in the frame and held a six-point edge (58-52) heading into the final quarter.

The fourth quarter is where the difference was made as Arizona heated up and shot 61.1 percent from the field and sunk 4-of-5 three pointers to outscore Long Beach 26-12 in the final 10 minutes of action. The Beach continued to play hard but were unable to overcome six turnovers in the frame as Arizona went on to lead by as many as 23, before winning, 86-64.

Malia Bambrick led the Beach with 14 points, while adding three steals on the night. Tori Harris also reached double-figures with 12 points to go along with three rebounds, and three assists. Leading the Beach in rebounding were Ma'Qhi Berry and Jeskeova who each posted four. Berry also swiped three steals, while adding two blocks.

Arizona boasted five double-figure scorers with Martinez leading the way with 19. Loville was right behind her with 18, while Shaina Pellington added 15, Cate Reese registered 14. and Lauren Fields added 10. Martinez also led the team with nine boards, while adding three assists.

This season, Arizona came into the game against the Beach outscoring its opponents by an average of 44.3 points per game with a scoring offense of 95.7 points per game and a scoring defense of 51.3. The 64 points scored by Long Beach State marked the most points the Wildcats have given up this season. Long Beach State will continue its road swing as the Beach head to San Francisco to take part in the USF Tournament. LBSU will open the tournament on Friday, November 25 at 1:00 p.m. against Tulsa, before closing out the tournament against host San Francisco on Saturday, November 26 at 3:30 p.m.





Kyahana Robinson CSF

CSF Falls to 6-12 in Big West

The Cal State Fullerton women's volleyball team fell in four to UC San Diego at Titan Gym recently.

Lyla Traylor had a teamhigh 13 kills to lead the Titans to go with six digs and a pair of blocks. Danielle Jefferies followed with 11 kills on a .269 clip, also adding two blocks, an ace and a dig. Bianca Martinez had six kills and a team-high four blocks while Liz Schuster dished out 32 assists to go with four kills on a .800 clip. Nadia Koanui notched a team-best 10 digs for the

used a 6-1 run to go up 17-4. Kills from Martinez and Traylor narrowed the Titans' deficit to 11, 20-9, but the Tritons went on to take set one, 25-12.

The Tritons got out to a 7-3 lead to start set two, but Fullerton responded with a 7-2 run to take a 10-9 lead following a Traylor kill and Jefferies ace. The Titans later extended their lead to three, 18-15, with kills by Jefferies and Traylor. UC San Diego fought back to within one. 22-21, but Fullerton scored three of the next four to take

UC San Diego jumped out to an 11-6 lead in the fourth before a block by Kyahana Robinson and Martinez brought the Titans within three, 11-8. But the Tritons responded with a 6-1 run to then go up 17-9. The Titans scored three straight, highlighted by kills from Martinez and Jefferies, but UC San Diego responded with a 3-0 run of their own to go up 20-12.

Jefferies tallied two more kills in the set but the Tritons went on to seal the game, 25-14, to win the match.

The Titans remain at home for their final two games of the 2022 campaign. Fullerton will first take on UC Riverside on Friday, November 25 at 5:00 p.m.

Women's Basketball

Cal State Fullerton women's basketball defeated George Washington, 70-64, Sunday morning at the Charles E. Smith Center. With the win the Titans improve to 2-2 on the year.

Fullerton controlled the game from start to finish, jumping out to an early 10-point lead in the first quarter. The Titans went 5-for-5 from three-point distance in the first quarter to build a 23-13 lead. The team shot 9-for-15 from behind the arc in the game.

The team went into the locker room with a 37-30 lead before the defense shut down George Washington in the third quarter, not allowing a single field goal. The Titans outscored the Colonials 19-8 in the third to extend their lead to 56-38.

Una Jovanovic oneupped her career performance from Friday night with a career-high 21 points on 8-of-13 shooting including 2-of-3 from distance. Jovanovic scored a career-high at the time, 16 points Friday against Georgetown. The sophomore added five rebounds and six assists in the Titans win Sunday against George Washington.

Fujika Nimmo and Gabi

MaQhi Berry CSULB

Titans.

As a team, Fullerton tallied a .159 hitting percentage to UC San Diego's .331. After dropping the first set, the Titans won set two to tie the match but fell in each of the following two. The loss moves Fullerton to 12-14 on the season and 6-12 in Big West play.

UC San Diego got off to a hot start in the first set, taking a 10-1 lead before kills from Traylor and Martinez brought the score to 11-3 for the Tritons. UC San Diego then

the set, 25-22.

A service ace by Koanui capped a 5-1 Titan run to start set three, before four straight points from the Tritons tied things up at five. UC San Diego then used a 9-3 run to go up 14-8. The Titans hung around, as a kill by Traylor narrowed their deficit to three, 15-12. An ace from McClure followed by a Triton attack error later brought the score to 21-17 for UC San Diego. The Tritons scored four of the next six points, taking set three, 25-19.

Vidmar added double-digit performances with 15 and 12 points, respectively. Vidmar was a menace defensively for the Titans, recording six steals and six rebounds. Vidmar is averaging 4.5 steals and 7.5 rebounds per game on the season.

After four road games to start the year, Fullerton returns to Titan Gym for its home-opener Monday, November 28 against Pepperdine at 7:00 p.m.

UCI Sweeps CSU Long Beach on Senior Night

UC Irvine closed out the home schedule with a 3-0 (25-18, 25-21, 25-21) victory over Black & Blue rival Long Beach State.

It is the 15th win all-time against The Beach and the second 3-0 sweep. The only other sweep came on Sept. 25, 1982 at a neutral site.

The Anteaters, who were 12-3 at the Bren Events Center this season, improved to 18-10 overall and 11-7 in the Big West.

UCI out-blocked LBSU, 9.5 to 5 and held a 4-1 advantage in aces. UCI out-hit Long Beach State .239-132.

UCI was led by Joy Umeh with 17 kills, hitting .424. She also added two block assists. Middle blocker Onye Ofoegbu had 11 kills and eight total blocks, 1 solo, 7 assisted. Sophomore Marianna Bertolone added nine kills and seven digs, while libero Campbell Jensen had a match-best 13 digs. Setter Kelly Negron tallied 17 set assists, six digs and an ace. UCI out-blocked LBSU, 9.5 to

UCI will end the regular season on the road, traveling to Cal Poly Friday November 26 and CSU Bakersfield Saturday November 27.

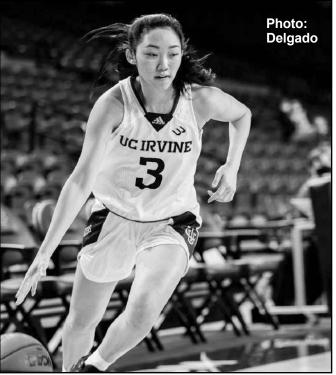
Women's Basketball

The UC Irvine women's basketball team led for 30 minutes but had to rally late for a 54-53 win over Seattle U recently at the Redhawk Center.

The Anteaters (3-1) saw their 10-point lead early in the third quarter disappear as SU came all the way back to go up, 53-49, with 1:15 remaining. Sophomore Olivia Williams answered with her fourth 3-pointer of the game to cut the deficit to one with just under a minute to go. After a couple defensive stops, sophomore Nikki Tom found junior Nevaeh Parkinson down low for the go-ahead layup.

With 4.2 seconds on the clock, the Redhawks (0-4) had one more chance but graduate transfer Nyagoa Gony came up with a big block.

Williams paced UC



Nikki Tom UCI

Irvine with a game and careerhigh 16 points. She was 6-of-12 from the field and 4-of-8 from beyond the arc. Sophomore Déja Lee also had 12 points, four rebounds, three assists and three steals. Sophomore Hunter Hernandez added seven points and four boards, while Gony finished with a team-best six rebounds and a career-high tying four blocks.

Tom continued to have a steady presence on the court with four points, four rebounds, five assists and four steals.

UCI shot just 30% from the field, but continued to capitalize on its defensive effort, scoring 27 points off 27 forced turnovers.

UC Irvine raced out to an 11-2 lead following a four-point play from Lee. The Anteaters increased their cushion to 19-4 at the 4:13 mark, but Seattle U scored the final five points of the first quarter to make it a 10-point game.

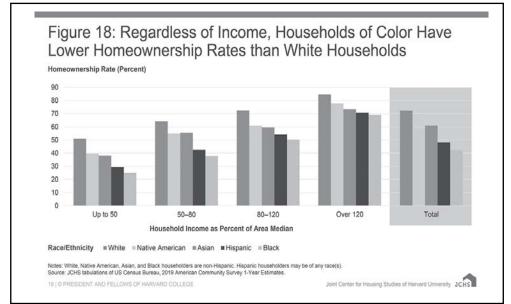
UC Irvine started the second half similar to the way it started the first, scoring 10-straight points. Williams hit back-to-back 3-pointers, while Lee also connected from long distance to spark the rally. Seattle U then held the Anteaters scoreless over the final 4:46 and cut its deficit to 44-41 by the end of the third

The 'Eaters went up by five on a couple Gony free throws early in the fourth, but the Redhawks responded with a 10-1 spurt for a 51-47 advantage. The two teams traded buckets before Williams knocked down a clutch triple to bring UCI within one (53-52) with just under a minute to go. After a couple defensive stops, including a missed layup and an offensive foul, UC Irvine called a timeout to draw up one more play as it had 10 seconds to work with, and that play was executed beautifully. Tom delivered a perfect entry pass to Parkinson on the block for the game-winning layup.

Seattle U had one more chance with 4.2 ticks on the clock but Gony had a huge block for the 54-53 win.

UC Irvine returns to the friendly confines of the Bren Events Center on Friday, November 25, when it plays host to Long Island University. Tip-off is scheduled for 2:00 p.m.

COMMENTARY



COVID Targeted **Federal Aid Led to More Black Homeowners**

By Charlene Crowell

In a year fraught with homeownership financial challenges, going percentage points to 50.6 home for the holidays will have percent. heightened significance this surpassed the 1.2 percentage the Nation's Housing 2022, year for many Black and Latino point



families.

44 2020., Latino household Both increases

same period.

"The Black has experienced a continuous the since Recession, and Black households have been affected by predatory lending practices but the Black

homeownership rate is finally showing gains," states the Institute's large equity gains. findings

The increases in the number of (\$113,100) was just over a third New research findings Black homeowners occurred in of that of white homeowners

percent from 2019- University underscore how this small but important rise rose 2.5 in homeownership benefitted families of color.

In its annual State of homeownership rate JCHS reports that despite the increase of white economic downturn brought on households during the by the pandemic and the surge in home prices, 2.2 million new homeowners were added homeownership rate between the first quarter of 2020 and the first quarter of decline 2022, boosting the nation's Great total number of homeowner households to 83.4 million.

Despite national growth disproportionately in homeownership between 2020 and 2022, the Harvard report makes it clear that lingering racial disparities in homeownership limit Blacks and Latinos from achieving

"In 2019, the median net largest wealth of Black homeowners (\$299.900) and the median net "Despite the pandemic's wealth of Hispanic homeowners (\$164,800) was still roughly half of white homeowners," states the report. "At least in part, these disparities reflect consistently lower home valuations in neighborhoods that are predominantly Black or Hispanic." Homeownership access is also related to an important market variable: low mortgage interest rates. Over half of outstanding mortgages in the fourth quarter of 2021 had interest rates below 4.0 percent, including 13 percent with rates below 3.0 percent. Lower interest rates translated into consumers qualifying for larger and/or higher-priced homes. Conversely, as these rates have increased in recent months, housing dollars cannot go as far. Hence it is reasonable the pandemic enabled Black and Latino Americans to financially piece together a way forward for their families. From 2020's Economic Security Act (CARES Act) that allowed borrowers to take forbearances for periods lasting up to 18 months, to extended and enhanced unemployment benefits, to student loan payment suspensions, and more – timely, targeted federal initiatives made measurable progress possible. "The lessons learned during the pandemic have led to a number of proposals to greatly expand the housing safety net and provide increased support for first-generation homebuyers," stated Chris Herbert, JCHS Managing Director. "While these measures have yet to be implemented, it is important to continue the policy debate over the best approaches to making housing affordable for all."

Democracy's Future:

Voters Make Important Down Payment

By Ben Jealous

A lot of good news came out of this month's electionsand enough bad news to remind Biden's victory. us that we can never let our guard down when freedom and with this year's elections? Fla.; Summer Lee from democracy are at stake. This Trump tried to get his people Braddock, Pa.; Robert Garcia year, democracy itself was on the ballot, and voters made an important down payment on its future.

election. The anger he fostered election of young leaders as with lies about election fraud new members of Congress from let to a violent attempt to stop Congress from affirming Joe

What did that have to do in power as governors and secretaries of state so they could pull off in 2024 what they were not able to do in 2020.

Voters Wave" that Trump was counting on was were defeated, which means that important guardrails against future assaults on our democracy remain in place. То

resist the threat of authoritarianism, we

In 2020, Americans voted democracy's champions for this and future generations. Trump a second term. He People For the American wasn't willing to accept his Way's Young Elected Officials loss, and tried to overturn the Network is celebrating the

across the country: Greg Casar from Austin, Texas; Emilia Sykes from Akron, Ohio; Maxwell Frost from Orlando, from Long Beach, Calif.; Sydney Kamlager from Los Angeles, Calif; and Jasmine Crockett from Dallas, Texas. weren't Dozens more were elected to having it. The "Red local and state offices, building a crucial leadership pipeline.

One bright spot was blocked. Most of Pennsylvania, where voters the secretary of state elected state attorney general candidates running on Josh Shapiro as governor, Trump's election lies rejecting a far-right promoter of Trump's election lies, and voted to send Lt. Gov. John Fetterman to the U.S. Senate rather than Trump's handpicked celebrity con man. What has gotten less attention is the further exciting news about who will replace Fetterman as lieutenant governor: state Rep. Austin must lift up young Davis, an impressive young leaders who will be Black man who has devoted his life to community and public service since he was a teenager.

There were other bright

(Cont. on Page 5)





not to give President Donald

reveal that between 2019 and 2021, a period that included COVID-19 pandemic assistance negative programs, homeownership like suspended student loan payments and extended or enhanced unemployment benefits that changed household years, financially troubled homeowners who received federal assistance, gained the resources to avoid foreclosure, homeownership because people largely through forbearance programs.

the largest equity appreciation Institution, in the past three decades. As the Washington Post. "Now family wealth.

the Urban Institute, a DCbased nonpartisan research communities." organization, found that Black household

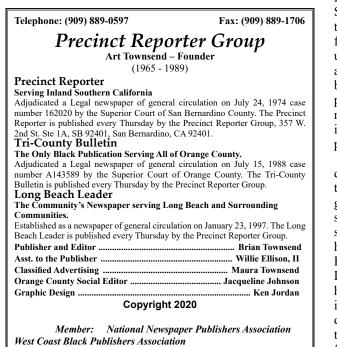
Associated Press

Florida, Georgia, and Texas.

effects on employment, swift government among Black and Latino families actions, such as forbearance and increased. The increase was due unemployment benefits, helped in part to pandemic assistance Black and Latino households homeownership sustain and helped many enter homeownership and benefit from historically low interest budgets. During these same rates," the Institute authors continued.

"We're seeing a real spark in Black and Latino — in large part, millennials - were able to save during As a result, Black and the pandemic," Andre Perry, a Latino homeowners shared in senior fellow at the Brookings recently told home equity grows, so does whether it's sustained, that's a different story. But what Analyzing the latest data you saw in 2021 is a good from the Census Bureau's thing because homeownership American Community Survey, creates wealth and other to conclude that the array opportunities that benefit entire of federal assistance during

Related findings by the homeownership Joint Center for Housing rose 2 percentage points, to Studies (JCHS) at Harvard



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Bring the Family Together with Breakfast for Dinner



FAMILY FEATURES

espite busy lives and full schedules, finding time for regular meals with loved ones encourages connections and conversations that can benefit mental and physical wellbeing. Gathering your family, friends, coworkers or neighbors at least once a week to spend time together over a meal provides opportunities to decompress and socialize. If you're looking for a little delicious inspiration, the American Heart Association recommends scheduling one night per week to create a recurring tradition and enjoy favorites such as breakfast for dinner. Recipes like Egg, Avocado and Black Bean Breakfast Burritos; Huevos Rancheros; and Southwestern Quinoa and Egg Breakfast Bowls from the Healthy for Good Eat Smart initiative, nationally supported by Eggland's Best, are perfectly suited for sharing while making time to destress at the dinner table.

Huevos Rancheros

- Servings: 4 Salsa:
 - 1 teaspoon canola oil
 - 1/2 cup diced yellow onion1/2 cup diced poblano pepper, seeds
- small avocado, quartered and sliced
 tablespoons chopped fresh
- cilantro (optional)
- medium lime, cut into four wedges (optional)
- To make salsa: In medium saucepan over medium heat, heat oil, swirling to coat bottom. Cook onion

Huevos Rancheros

In fact, according to a study by "Canadian Family Physician," regular meals at home with loved ones can reduce stress, boost self-esteem and make everyone feel connected with mealtime conversations that allow a chance to unplug and unwind.

Meals don't have to be elaborate for a successful evening together. Despite the perceived effort involved with preparing a meal, research published in "Preventive Medicine" shows those who have frequent meals with others, particularly parents with their children, may improve social and emotional well-being.

In addition to the mental and emotional benefits of meals with loved ones, eating together can also encourage healthier choices when better-for-you recipes are on the menu. Dining as a group can provide inspiration to try heart-healthy recipes that include the wide variety of vegetables, fruit, whole grains and healthy protein sources recommended by the American Heart Association to help prevent heart disease and stroke.

To find recipe ideas, conversation starters and more tips for mealtime, visit heart.org/together.

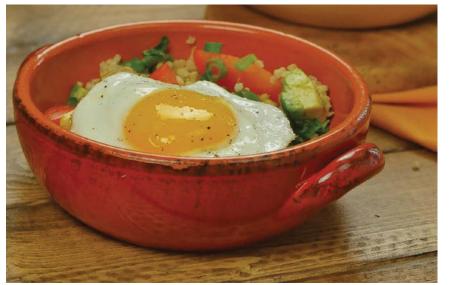
- and ribs discarded small fresh jalapeno pepper, seeds and
- ribs discarded, minced
- 1 1/2 teaspoons minced garlic 1 can (14 1/2 ounces) no-salt-added crushed tomatoes
- crushed tomatoes 2 tablespoons water
- 1/4 teaspoon salt
- in teaspoon
- Huevos Rancheros:
 - 1 teaspoon canola oil
 - 4 large eggs
 - 4 corn tortillas (6 inches), warm
 - 1 can (15 1/2 ounces) no-salt-added black beans, rinsed and drained 1/4 cup shredded low-fat Mexican
 - cheese blend

2 minutes, or until almost soft, stirring frequently. Cook poblano and jalapeno peppers 2 minutes, stirring frequently. Stir in garlic. Cook 1 minute. Stir in tomatoes, water and salt. Bring to boil. Reduce heat to low. Simmer 5 minutes. Remove from heat. Cover to keep warm.

To make huevos rancheros: In medium nonstick skillet over medium heat, heat oil, swirling to coat bottom. Cook eggs 3-4 minutes, or until whites are set and edges are fully cooked.

Place one tortilla on each plate. Top each tortilla with beans and one egg, being careful not to break yolk. Gently top each egg with warm salsa, cheese and avocado slices.

Sprinkle each serving with cilantro and serve with lime wedge, if desired.



Southwestern Quinoa and Egg Breakfast Bowls

Southwestern Quinoa and Egg Breakfast Bowls

Servings: 4

- 1/4 cup uncooked quinoa, rinsed and drained
- 2 medium tomatoes, chopped (about 2 cups)
- 1 cup no-salt-added frozen corn, thawed
- 1/2 medium avocado, pitted and diced
- 1/4 cup chopped green onions
- 1/2 cup chopped fresh cilantro (optional) nonstick cooking spray
- 4 large eggs
- 1/8 teaspoon salt
- 1/4 teaspoon pepper
- red hot-pepper sauce, to taste (optional)

Cook quinoa according to package directions. Remove from heat.

Spoon quinoa into four bowls. Top each with tomatoes, corn, avocado, green onions and cilantro, if desired.

Lightly spray large skillet over medium-high heat with nonstick cooking spray. Crack eggs into skillet. Sprinkle eggs with salt and pepper. Cook, uncovered, 3-4 minutes, or until egg whites are set but yolks are still runny. Using spatula, carefully transfer one egg sunny side up into each bowl. Sprinkle with hot sauce, if desired.

Egg, Avocado and Black Bean Breakfast Burritos

Servings: 4

Nonstick cooking spray 1 1/3 cups liquid egg whites

- 1 can (15 1/2 ounces) no-salt-added black
- beans, rinsed and drained 4 whole-wheat tortillas (6 inches, lowest
- sodium available)
- 2 medium avocados, sliced
- 1/4 cup hot sauce or salsa (lowest sodium available, optional)

Lightly spray large skillet with nonstick cooking spray. Heat over medium heat.

In skillet, stir egg whites constantly with rubber spatula to scramble. Cook until eggs are almost set. Add beans, stirring until combined and heated through.

Microwave tortillas on high 45 seconds. Transfer to work surface.

Spread egg mixture in center of each tortilla. Top with the avocado and hot sauce, if desired.

For each burrito, fold two sides of tortilla toward center. Starting from closest unfolded side, roll burrito toward remaining unfolded side to enclose filling. Transfer with seam side down to plates.



Egg, Avocado and Black Bean Breakfast Burritos

ENTERTAINMENT

The Wonder

By Dwight Brown Film Critic NNPA News Wire

(***)

It's a very simple story, at first. A modest allegory that pits religious fanaticism and Alice Birch wrote an against common sense in a test intense script that veers only of wills that slowly becomes slightly from the central plot biblical.

the Great Famine of 1845/49 main story include a ruse and caused millions of deaths. coverup, a romance between Anna (Kíla Lord Cassidy), strangers and the dynamics an 11-year-old girl living of a nurse whose maternal in the rural Irish Midlands, instincts indicate something is is seemingly the saint of wrong. That possibly a young her devout community. The girl's stubbornness has backed Chosen. Her family claims she her into a dark corner. Lib: hasn't eaten for four months, "If Anna doesn't eat, she'll vet she walks, talks and shows probably die." no signs of stress or the dying process. A local all-male era, "fasting girls" were council hires and sends for Lib phenomena. They feigned an Wright (Florence Pugh, Little ability to not eat and yet thrive Women), an English nurse who due to a miraculous act from tended to soldiers during the God. A magical power. It's Crimean War. She will oversee likely that marvel back then is a 15-day study to determine if what's now known as anorexia the girl is surviving on God's nervosa. E.g., in Wales a love, or not. The edict: "It's not girl named Sarah Jacob your job to question us. You claimed to have the fasting are here only to watch."

the pillars of the community, convicted of manslaughter for Sean Ryan (David Wilmot), not interceding. The real-life states that a second guardian, history of Anna's situation a nun named Sister Michael (Josie Walker), will also and gives the film a strong observe the phenomenon. base. Their final report is due in two weeks and the council hopes unfolds against the backdrop the findings will verify this of the vast Irish Midlands. blessed occurrence. A nosy English journalist, Will Byrne tone colors, shades of greens (Tom Burke), also investigates "the miracle girl." He and Lib seek the truth.

Producer Tessa Ross's

source material is Emma Donoghue's 2016 novel The Wonder, which cuts across themes of religion, deification, child rights and women's issues in ways that are old and new. Writer/director Sebastian Lelio and cowriters Donoghue of exposing a hoax or verifying Ireland 1862, 13 years after a wonder. Tangents off that

the Victorian In power. She died at age 12 in To Lib's surprise, one of 1869 and her parents were adds urgency to Lib's mission

> This very primal tale Barren plains carpeted in earth and washed-out browns. A landscape so untouched it looks medieval. Grant Montgomery's production design is as bleak as

cloudy skies are and recorded in a storybook way (cinematographer Ari Wegner, The Power of the Dog). The footage is further enchanted by an absorbing musical score (composer Mathew Herbert, The Cave), which aside from typical ominous string music, features haunting whale crying sounds. Images of a burning house, a girl lying by a holy

Til Frohlich's gloomy color

One of the few hints of lighter

tones is Lib's pale blue dress

(costume designer Odile Dicks-

Mireaux), which perceptively

has a brown ring of dirt on the

Earthy, pastoral scenes

bottom.

palette eschews bright hues. indelible.

Chilean director Lelio (A Fantastic Woman) favors a minimalism that rarely features more than one or two characters on screen, few homes, near empty roads. Though fear, anger and deceit are on view, emotions are rarely peaked. It's as if Lib is trying to rouse the dead and get them to see that a young girl's life is at stake for the sake of religious pride. The drama is understated, but the risks and consequences are monumental. Lelio's only questionable judgement is

the surroundings. Art director brook and stubborn old men those first moments a cryptic the two. Cassidy portrays sitting at a judgement table are voiceover says: "We are Anna as a child in need of an nothing without stories... so we angel. The entire group of stern invite you to believe this one." It's an unnecessary device.

> Pugh quintessential, mid-1800s Nightingale nurse. Kind, generous, helpful. Trying to sort out holy feats from hard realities. She fights the council, archaic beliefs and unconcerned parents, without hysteria but quite willfully. As the quest for saving Anna becomes more taxing and urgent, Pugh wears that stress on her face like a martyr.

Burke as Will, the other starting and ending the film in voice of reason, supports modern times, with a camera Pugh's efforts adding a Netflix. focused on a film studio. In surprising chemistry between

heartless council members are well played by a frumpy portrays the cast: Wilmot, Ciarán Hinds, Toby Jones, Brian F. O'Byrne, Dermot Crowley.

> A brave woman tries to dispel quackery. Stubborn old men block her. It's a sobering, push and pull-a drama shorn down to its essentials, both visually and emotionally. A plight that merits an adult audiences' attention for 1h 48 minutes. Until they see a reckoning, solution or a young victim expire.

In select theaters and on

Money

(Cont. from Page 1)

rates soared this past year. his clients to recognize how Black Men of Long Beach, he before they enter into college, much less than that in the bank. At 24% interest, it could take years to pay off.

pervasive, whether you're IPad. starting a business or you

the credit-based system makes "Credit card debt is whether a watch, a car, to an

When explaining money, with people, with family. them. It's pretty expensive." he likes to look at how some That's a big nut to crack and that's where we go to use it. millionaires roll. One of his I understand that, but the Plenty of programs are In his business, Dozier run to our credit cards," he a ten-year-old car that's paid for, but the family owns properties. They have great insurance coverage, and their business has plenty of revenue and investments. "It started when he was LBUSD, successful in raising \$351 billion to \$16.51 trillion ten years old, it's a completely student awareness in the past make those choices they go different way of living your life," he said. "It's a big conversation. You gotta kill it at the root, it manifests in credit card companies target grabbing a credit card, or applying for a loan." One great benefit of 100 card application immediately

discipline.

said, is reaching their young it used to not be like that, it everything more expensive, men early on about self- used to be after they get into that 35% of American adults college," he said. "The interest are not prepared for a \$400 "You have to be examples rates have gone up on all of emergency."

The Fed also reported last year

"For these adults, the most common approach was



Studies show repossessions of cars are also on the rise.

helps middle-income African American families and small business owners to create strategies to get out of the hole, but he understands the temptation to use credit.

Like so many others, he comes from a family background where credit cards were the first choice, until the bill came due.

Too many owners go for plastic, he said. It's more

suffer a downturn or costs rise, It makes up the difference, we clients is a pilot, who drives said.

The latest Federal Reserve Bank report shows that household debt, including mortgage, auto loans and credit card debt increased by from the prior quarter. They report that balances now stand \$2.36 trillion higher than at the end of 2019, before the pandemic recession.

It shows just how bad expensive now as interest things are, and Dozier wants

greatest influence you can have is on the people around you and also having your own self-control as well," he said.

With the 100 BMLB curriculum, the program reaches about 40 students in two years.

But he feels students and parents need to watch how youth as potential spenders.

"They send you a credit

available for people to learn money management, which he hopes can attract more in the Black community to learn the habit of being a saver, not a spender. It is a learned value system.

"If they're not willing to out and get the \$500 lease on a the car they can't afford," he said. https://www.facebook."They keep \$4-5000 in the bank when they should have a six-month reserve plus their retirement."

But many Americans have

to use a credit card and then carry a balance, although many indicated they would use multiple approaches. Twelve percent of all adults said they would be unable to pay the expense by any means, matching that seen in 2019," the report said.

To learn more about 100BMLB, see com/100blackmenlbc or email info@100blackmenlbc.com

Wheeler

(Cont. from Page 1)

"I am honored to be elected to lead during such a critical time for workers," said Wheeler. "In a post-COVID reality, we have to rebound, restabilize and reimagine from the perspective of workers to ensure we are on the right path, and that has to be our priority."

A Baton Rouge, Louisiana native, Wheeler was serving as the LA Fed's vice president at the time of her election. Her years of experience as a labor worker, union representative, the gap between the African and activist earned her a reputation as a steward of speaking up for the voiceless civil rights campaigns, voter and demanding fair treatment from employers.

Wheeler emerged as a the labor movement. labor leader in the late 90s when her advocacy for Black lead the LA Labor council. operators at South Central Bell (SBC) prompted her co-

president of the Los Angeles She is fearless and at the same workers. Her credits include Chapter and President of the time very humble. She is a California State A. Philip natural organizer and a natural Randolph Institute, an AFL-CIO-sponsored group bridging American community and the labor movement through registration, and job training.

"Yvonne and I grew up in

leader. She will bring those skills to the labor council and the labor movement will thrive," said Doug Moore, Executive Director, UDW/ AFSCME, and

AFSCME International Vice President.

In 2002, she was recruited She is the right person to by the AFL-CIO as a national field representative. Wheeler the local union. She became from diverse backgrounds. the plight of immigrant of Government Employees

pivotal L.A.-area campaigns such as the longshore union lockout, supermarket strike/ lockout, and helping to defeat Gov. Schwarzenegger's 2005 special election initiatives.

Wheeler served as an AFL-CIO Senior Field Representative covering all of Southern California. She their power to make sure they also served as the California Area Director for AFSCME Western Region prior to She has integrity and she is a also co-chair of the L.A. serving in Washington, DC do, or what my staff can true leader who understands Immigrant Workers Freedom as the Special Assistant to do, but what we will all do workers to elect her to lead how to bring people together Ride in 2003, championing the American Federation together."

(AFGE) National Secretary-Treasurer. She transferred back to California to reunite with her family in 2014.

"Change is never easy," Wheeler said. "But it is what we need right now. Our members, our communities rely on us, so we will fight to uplift their voices and build are never put in this position again. My term as President will not be about what I can

Voters

(Cont. from Page 3)

spots. Democrats will hold a majority in the Senate, so Republicans will not be able to stop President Biden from building on his excellent record of naming brilliant federal judges who are committed to justice for all. Voters in Los Angeles elected Karen Bass

as mayor and dumped Sheriff Alex Villanueva, notorious for overseeing an abusive department. Voters in several states protected access to abortion. Far-right attempts to build a national "Red Wave" with racist fearmongering about crime and bigoted smears of transgender people didn't work, though they did enough damage to keep some good people out of office.

One bit of bad news came with the narrow victory of Kris Kobach as Kansas attorney

general. Kobach made a name for himself with attacks on immigrants and relentless attempts to restrict voting. Voters previously rejected his bids for governor and Senate, but, sadly, he's back.

So is Trump, who officially launched his campaign to get back into the White House just a week after voters said "no thanks" to his most highprofile allies. It's a reminder that in politics, no victory is final. The struggle is never over. In fact, even this election isn't over, as Georgia voters must return to the polls for a crucial runoff between Sen. Raphael Warnock and Trump's candidate Herschel Walker.

Citizenship is а responsibility that requires constant recommitment. On that front, I'd like to share a bit of exciting personal news. Next year, I will continue my advocacy for a more just and sustainable world in a new role as executive director of the Sierra Club, the nation's most influential grassroots

environmental group. I am delighted that my successor as president of People For the American Way will be Svante Myrick, who is just the kind of young leader our nation needs. He was elected to the city council of Ithaca, New York, while still a student, and at age 24, he became the city's first Black mayor and the youngest mayor in the state. He was reelected twice by huge margins, and now he's bringing his leadership and passion for defending democracy to the

national level.

Much to be grateful for. Happy Thanksgiving, everyone.

Ben Jealous serves as president of People For the American Way and Professor of the Practice at the University of Pennsylvania. A New York Times best-selling author, his next book "Never Forget Our People Were Always Free" will be published by Harper Collins in January 2023.



\$1.7M Raised for Walk to End Alzheimer's to Fund Free, Local Support, and Research

California counties joined social engagement and together from October 1, educational opportunities; and through November 5, each community forums throughout participating in one of 13 the year. The Association is Alzheimer's Walks to End Alzheimer's of Alzheimer's research, California series events in their and California Southland local communities.

Rainbow Lagoon Park in Long and their caregivers. Beach, and together raised or any dementia alone.

provide 24/7, year-round Alzheimer's disease. Known Director Meg Barron. "Those care and support through the for her dedication to others, who walked with us as well Alzheimer's Association 24/7 Grandma Sadye was a pillar in as those who continue to

Nearly 5,400 residents chapter holds support groups infrom across seven Southern person, online or via telephone; away in 2013. Association the largest nonprofit funder Chapter volunteers meet with Long Beach participants- legislators at every level of 701 strong- participated in the government to advocate for committed to ensuring support Walk to End Alzheimer's at people living with Alzheimer's is available for those facing

more than \$135,703 to ensure emceed this year's Long Beach working toward a cure for no one has to face Alzheimer's Walk to End Alzheimer's. Alzheimer's disease." Said In 2001, Percy learned Alzheimer's Monies raised at the walks his grandma Sadye had California Southland Executive Helpline (800.272.3900). The the community and the Daggs volunteer and sponsor these

In Long Beach, Walk to End Alzheimer's sponsors, volunteers and supporters demonstrated a collective support those facing a dementia diagnosis along the way.

"The Association is a dementia diagnosis here Actor Percy Daggs III in Long Beach while also Association

future. Thank you."

family up until she passed events help families across For more information on the 2022 walks, visit alz.org/walk. this community, every day, as care and support, research, well as those who may face an and advocacy programs Association Alzheimer's diagnosis in the made possible by walkers, visit_alz.org/socal. For more Los Angeles, Riverside, San The Walk to End information on the Alzheimer's Bernardino, Kern, Kings, dedication to end Alzehimer's Alzheimer's in Long Beach Association Walk to End Tulare and Inyo counties. and all other dementia, and to was the 12th in the series. Alzheimer's or to donate to the

Alzheimer's The California Southland Chapter serves

Water saving actions that make a big difference

Regardless of the season, California is still experiencing an extreme drought. Here are a few simple tips to help you save water.

City to Launch Childhood Experiences Questionnaire

Beach is partnering with Health Department or LBUSD Long Beach Unified School District (LBUSD) to launch the first ever Childhood Experiences Questionnaire, which will gather information from parents/guardians of current kindergarten students about their children's early development and experiences linked to health and welloutcomes.

"We are partnering with the school district on this effort to help improve the lives of children in Long Beach," said Mayor Robert Garcia. students in kindergarten to complete the survey and let families.³ your voices be heard.'

This fall. guardians of LBUSD students Beach is limited, and no kindergarten will receive an understanding of what families email with instructions how to complete the questionnaire, including a unique code, for of data has made it challenging each child, to use to access to understand the strengths and the questionnaire, which will open for submissions in November 2022. Families who complete the questionnaire to support their success. Data will be entered in a raffle to collected from the Childhood receive learning supplies for Experiences Tagalog and Khmer as well equitable approach to services parents to complete the survey Beach.

The City of Long with guided support from staff. Findings collected from the questionnaire will be shared with the Health Department's Early Childhood Education program. Leaders from both agencies will then meet to discuss how to provide and improve supports for children and families.

being, education and social Long Beach and the Health Department for partnering with us to better understand the challenges that young families 4 of the plan to "improve are facing," said LBUSD Superintendent Jill A. Baker. "By working together, our city "I encourage all parents of and our schools can improve services for children and their

Currently, data on young parents/ children living in Long who are currently enrolled in data set presents a holistic experience when raising young children. Historically, this lack needs of families with young children in the city and provide funding and localized services Questionnaire their children. Additionally, will help teachers, school the City and LBUSD will offer administrators and community the questionnaire in Spanish, partners implement a more as provide computer labs for and programming in Long

"Having access to data, specific to Long Beach, will build more equitable and culturally inclusive support systems for all young children and families in our city," said Health and Human Services Department Director Kelly Colopy.

In 2018, the City adopted the Early Childhood Strategic "We thank the City of Plan. The questionnaire, along with the access to populationlevel data specific to early childhood, aligns with Goal the quality of programs and services offered to children from birth through age 8," and Goal 7, to "strengthen alignment of existing birth through age 8 governance structures and early childhood supports."

> This program is made possible by the Long Beach Recovery Act, a plan to fund economic and public health initiatives for Long Beach residents, workers and businesses critically impacted by the COVID-19 pandemic. More than \$2 million dollars has been allocated to support early childhood education, childcare and literacy development for residents adversely impacted by the COVID-19 pandemic. Additional information about the Long Beach Recovery Act is available at longbeach.gov/ recovery.



CUTTING BACK ON OUTDOOR

WATERING even for one day a week can save up to 20% more water



RECYCLING INDOOR WATER

to use outdoors can cut water use by 30%



ADJUSTING SPRINKLER HEADS AND FIXING LEAKS saves up to 6,300 gallons of water per month



USING A BROOM TO CLEAN OUTDOOR AREAS saves 6 gallons every minute you're not running a hose



WATERING EARLY MORNING OR LATE **AT NIGHT** can save 50% of sprinkler water otherwise lost to wind and evaporation

For more tips visit **SAVE OUR WATER.com**