

“I wholly disapprove of what you say, but I will defend to the death your right to say it” – Voltaire



Dr. Corey Jackson  
Assemblymember

Asm. Jackson Introduces:

PROMYSE Act

Assemblymember Dr. Corey Jackson has introduced Assembly Bill (AB) 702, the Promoting Youth Success and Empowerment Act (PROMYSE Act), to support community-based youth development services in juvenile justice programs. The bill will reduce the involvement of law enforcement entities in these programs, by shifting resources to Community Based Organizations (CBO) and other non-law enforcement agencies, that provide trauma informed, restorative programs and services for youth impacted by the juvenile justice system.

In 2022, 63% of JJCPA funds were spent on probation salaries and benefits, with half of all California counties spending more than 70% of their JJCPA funds on probation salaries and benefits. Riverside County alone spent 15% more this past year on probation salaries and benefits than in 2021. The record low numbers of youth being referred to probation does not match the JJCPA allocation. Referrals to juvenile probation declined 66% between 2006 and 2020, with an additional 24.7% drop between 2020 and 2021.

According to Assemblymember Dr. Corey Jackson, “AB 702 (PROMYSE Act) will help ensure that our juvenile justice system is centered around the needs of our youth and their families, rather than punitive measures. By prioritizing community-based youth development services and increasing community

representation in the Juvenile Justice Coordinating Council (JJCC), we can create programs that promote healing and restoration for our at-promise youth.”

Co-sponsored and supported by a broad coalition of CBOs, AB 702 will require programs and strategies funded under these provisions to be modeled on healing-centered, restorative, trauma-informed, and positive youth development approaches in collaboration with community-based organizations. This bill recognizes the critical support and skills that CBOs bring, and the added value that in-community programming provides to not only prevent recidivism, but can address the needs and challenges that youth face in their neighborhoods. To increase the success of this supportive arm, this bill also requires no less than 95% of JJCPA funds to be allocated to community-based organizations and public agencies or departments that are not law enforcement entities. Programs such as those provided by Communities United for Restorative Youth Justice (CURYJ) in Oakland include culturally-competent community healing work, youth leadership development programs catered to systems-impacted youth and young adults, life coaching, violence interruption work, build youth leaders and have shown to prevent violence, crime, and

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State of Black America:

How Hate Continues to Rise in U.S.

By Stacy M. Brown  
NNPA Newswire Sr Natl Correspondent

The National Urban League’s 2023 State of Black America report concluded that an uptick in police brutality, specifically against Black Americans, is no coincidence. Across the nation, white supremacist groups and domestic terror cells have infiltrated law enforcement and the military ranks, posing a threat to homeland security and the public. The report highlights five topics revealed as troubling threats:

1. A hate manifesto: The Rise in Violent Hate Crimes Across America.
2. Tracking parental rights’ movement rooted in racism: the threat within education.
3. Hate in the nation: The threat within America’s political system.
4. A threat to national security: Hate within law enforcement and the military.
5. The divided state of America: A surge of divisive policies.

The State of Black America, which also drew from information from the Brennan Center, noted that the FBI reported that white supremacists posed a “persistent threat of lethal violence” that has produced more fatalities than any other category of domestic terrorists since 2000. “And FBI policy documents have also warned agents assigned to domestic terrorism cases that the white supremacist and anti-government militia groups they investigate often have ‘active links’ to law enforcement officials,” the National Urban League’s report stated. “Countries around the world have been destabilized by military and law enforcement coups led by extremists holding right-wing ideologies. To protect our communities and our democracy, we must take this threat seriously.” The authors of the report said that groups of state and federal lawmakers working with shady political operatives and violent extremists are dangerously close to destroying American

democracy and replacing it with autocratic rule. The 2023 report titled, “Democracy in Peril: Confronting the Threat Within,” sounds the alarm about extremist ideas taking root in classrooms, law enforcement, the military, and the halls of Congress. “The mainstreaming of extremist ideology is an existential threat to American democracy, the rule of law, and decades of hard-won progress toward an equitable, inclusive, and more perfect union,” National Urban League President and CEO Marc H. Morial said. “No longer limited to passing out mimeographed leaflets on street corners or huddling in corners of the dark web, conspiracy-mongers and white nationalists openly spew their bile across social media and cable television,” he continued. “They weave it into the public policy they impose on their constituents. It corrodes the trust between police, the military, and the communities they are sworn to protect and serve.” The report also draws on

data and analysis from the Southern Poverty Law Center, ADL, and UCLA Law. The State of Black America reveals how deeply extremist ideas have crept into America’s most important institutions, leading to a rising tide of deadly violence, harsh laws, and racial tensions being used as weapons. A special section of the report talks about Morial’s 20 years as president and chief executive officer of the National Urban League. This section shows how his leadership has changed over the last two decades. A special section of the report called “A Climate in Crisis,” made in partnership with the American Council on Renewable Energy, makes a case for equal economic opportunity and environmental justice. “The mainstreaming of extremist ideology is an existential threat to American democracy, the rule of law, and decades of hard-won progress toward an equitable, inclusive, and more perfect union,” Morial wrote in the report.



Chief John Gutierrez

Newly Named CSUSB Police Chief John Gutierrez

By Dianne Anderson

Before Chief John Gutierrez got into law enforcement 32 years ago, police chiefs had only a few things to worry about, usually involving budgets, reducing or addressing crime that looked a lot different then than it does today.

The list grows longer for himself and many other police chiefs in general. Since the top of the year, the Gun Violence Archive reports 146 mass shootings in America.

“We are facing many things, the increase in violent crime, hate crime, budgetary constraints, including terrorism,” he said.

Safety is the first thing he

thinks about every morning, but he also believes preparation is critical, it’s the first strategy toward safety.

Gutierrez came on as a police lieutenant at CSU San Bernardino two years ago, and has also served as the interim police chief. He was recently chosen as the new chief from among a nationwide search.

His department hosts 32 to 50 presentations on active shooter scenarios for the entire campus community, both in San Bernardino and Palm Desert. Students and staff learn how to respond in real time, what to expect from the campus safety team, notifications and transparency for parents with students on campus.

Annual safety reports are published, including security and fire reports. Regular campus-wide drills are held for earthquake, fire and active shooter, and they are looking at modern technology and lockdown options. Cameras are placed throughout CSUSB and the Palm Desert campus with department oversight.

“We’ve been doing everything we can to keep the campus community safe, uniformed police patrol, police presence moving about campus on bike, foot and car,” he said.

Annually, they test protocols and revisit policies to ensure best practices are in place. He is always on the lookout for how to keep the

campus out of the danger zone, sadly examining each of the national incidents, and learning from tragedies on how to improve upon the systems.

“We try to revisit our protocols in more real time, [that] is there is something we’re missing here to be more to keep people safe and be more preventative,” he said.

In July, he said they are planning a multi-agency active shooter drill, coming together with partners, including the San Bernardino Police Department, County Sheriffs, and San Bernardino school police. They are also working with the County’s Fire and Rescue Task Force.

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Angela Davis

# Angela Davis Visits CSUSB Community

The Cal State San Bernardino and local community gathered in the Santos Manuel Student Union (SMSU) North and virtually on Zoom to listen to the thoughts and experiences of Angela Davis, American political activist, philosopher, academic and author.

Topics during the April 17 event were wide ranging: feminism, intersectionality, social justice, environmentalism and racism were all discussed through a discussion moderated by Angie Otiniano Verissimo, CSUSB associate professor of health science and human ecology, and Alexandra Thambi, biology major and chair of the SMSU board of directors.

“I like to construct feminism as broadly as possible. But at the same time, I like to be specific. ... I say this because there was a time I did not identify with

feminism,” Davis said, noting that when she published a book called “Women, Race and Class,” people started referring to her as a feminist. “I was writing about Black women, women of color. And my response was, ‘I’m not a feminist. I am a revolutionary Black woman.’”

Davis said she had initially associated feminism with middle-class women and white women.

“But what I want to say to you this afternoon is that working class women, women of color from many different ethnic and national backgrounds have helped to shape feminism,” she said.

The term most linked to feminism, she said, is intersectionality.

“(That term) came largely from women of color, radical women of color and also working-class white women who wanted to think about feminism as connected to

the transformation of our social, economic and political worlds,” she said. “So, when I say I want to think broadly, I want to be very inclusive, but at the same time, I want to insist that the feminism that is most valuable is the feminism that is anti-racist. And the feminism that is anti-capitalist. And the feminism that is internationalist.”

The audience erupted in applause.

“I tend not to want to pull one issue out and just say, ‘This is the most important,’” she clarified. “Because I think feminism methodologies urge us to grasp, to apprehend relationships, relationalities. That’s what intersectionality is about. It’s about recognizing that one cannot fully understand what gender means without taking race into consideration. One can’t

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Rooted in Community Foundation is a non-profit organization based in San Bernardino founded by Carlos Dew. Rooted in Community recently hosted a family for dinner at a high end restaurant and tickets to a Los Angeles Clippers basketball game. “This is the first of many events we plan on hosting this year,” said Dew. “We want to do more than just give aid and support. We also want to have families enjoy experiences they might not have access to otherwise,” he added. Rashad Jones is shown with his daughters Zoe and Josie by the statue of Magic Johnson in front of Crypto.com Arena. Photo: Howard



Congratulations to Dr. Elizabeth Dowdy (shown with sons) who was recently awarded the Ramos Family Spirit Of Compassion Award by the Time for Change Foundation. The special event held on Saturday was a star-studded masquerade. Dr. Dowdy started writing for the Precinct Reporter Group in 1994 and for 29 years has been a valuable member of our team! Photo: Leah Cash

# Applications For S.B. Youth Civic Engagement Council

The San Bernardino Youth Civic Engagement Council (“Youth Council”) is a program for motivated high school juniors and seniors who are eager to learn more about the city they live in and the local government that runs it.

The program is a partnership between the City of San Bernardino (“City”) and SBCUSD and will take place during the 2023-24 school year, from August 2023 to May 2024, and will meet

once a month after school. During its meetings, Youth Council members will participate in a variety of job shadowing activities such as workplace tours, training sessions, and question-and-answer panel discussions and interviews with City staff and elected officials. Through these activities, members will learn about City operations from various department employees, directors, and elected officials. Members will also engage in policy

discussions and provide feedback from the perspective of a youth living in the City of San Bernardino.

Applications are currently being accepted and City staff are requesting your assistance in disseminating the application to students you believe would be interested in this program. Additional information and the application can be found on the City’s website at <https://www.sbcity.org/youthcouncil>.

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# COMMENTARY

Action Required:

## Medi-Cal Renewal Process Underway Across State

By McKenzie Jackson  
California Black Media

Californians enrolled in Medi-Cal should keep an eye out for a yellow envelope in their mailbox over the next 14 months.

The Medi-Cal eligibility of over 15.4 million Golden State residents is under review for the first time since the onset of the COVID-19 pandemic in March 2020.

If a Medi-Cal beneficiary does receive the yellow envelope, they must provide their current contact information to health care officials as soon as possible to retain their Medi-Cal coverage, noted California Department of Health Care Services (DHCS) Assistant Deputy Director Yingjia Huang.

“It is critical that they do it by the due date that is on the packet that will come,” she said. “If that is not completed by the due date, there is a possibility that you will lose your coverage from Medi-Cal.”

Huang was one of several speakers featured during

an April 12 online media briefing held to notify Medi-Cal members of the health coverage eligibility check, which began on April 1. The media teleconference was organized by California Black Media and Ethnic Media Services in partnership with DHCS.

Medi-Cal is California’s version of Medicaid, the federal government-funded health insurance program. Administered in conjunction with states, Medicaid is designed for people with limited incomes. The insurance covers services such as dental care, prescriptions, and medical and preventive care.

The Families First Coronavirus Response Act, enacted in 2020, directed Medicaid programs nationally to keep everyone enrolled during the pandemic. The annual redetermination process was suspended due to the severity of the worldwide health emergency. However, federal agencies declared the emergency over last month. So now, 80 million Americans are in the process

of having their Medicaid eligibility checked by their states’ health department.

According to DHCS figures, 1,066,215 African Americans in California have Medi-Cal. Over 2.6 million Whites are enrolled in the program, as are 7.4 million Latinos. Over 2.8 million people who did not provide a race or ethnicity are insured by Medi-Cal and the number of Asian/Pacific Islanders enrolled is over 1.4 million. By ethnicity, people of American Indian/Alaskan Native descent account for the lowest number of enrollees at 55,851.

Children’s Partnership Executive Director Mayra Alvarez said during the online call that it is important for Medi-Cal eligible families to keep coverage.

“As we come out of this public health emergency, health insurance coverage and access to care is essential for everyone to be healthy and thrive,” she explained. “Particularly during this pandemic, which has also exacerbated mental health issues for children and youth



across the state.”

Alvarez said most of Medi-Cal enrollees are people of color, and nearly 70% of the 5.7 million children that use the service are minorities.

“It is a lifeline for so many in our communities, and it’s a program that continues to be available for the millions enrolled,” she stated. “Even before the pandemic, long standing, structurally racist policies and practices have created an environment wherein

families of color experience significantly greater degrees of instability. Instability in employment; instability in income; instability in housing. These economic and housing conditions actually heighten the risk of disruptions in health coverage and in doing so, eliminates the security that comes with having health insurance coverage.”

The packets inside the yellow envelopes Medi-Cal members will receive ask for personal information,

including their current phone number, email address, and street address. Recipients must reply by the deadline, which is typically between 45 to 60 days after getting the packet in the mail. For example, packets mailed this month have a June 30 due date and packets sent in May must be returned by July 31. The Medi-Cal account holders can provide that info by mail, online, or by calling their county’s Medi-Cal office.

“The easiest way to actually do this is online,” Huang remarked.

Medi-Cal members all have different medical renewal months. Around 30% will be automatically renewed. Those people will get a letter in the mail acknowledging that.

Also, addressed during the briefing were the steps involved in redetermining a person’s eligibility and how to get information in 19 different languages.

Between two million to three million Californians will lose the health service, while others will become eligible for the first time.

(Cont. on Page A-8)



Photo courtesy of Getty Images

## 5 Sleep Habits Essential for Heart Health

(Family Features) In the days following a time change due to daylight saving time, research shows a marked increase in heart attacks and strokes. However, losing sleep anytime can be a major risk factor for cardiovascular disease.

“Getting a good night’s sleep every night is vital to cardiovascular health,” said Donald M. Lloyd-Jones, M.D., Sc.M., FAHA, past volunteer president of the American Heart Association and chair of the department of preventive medicine, the Eileen M. Foell Professor of Heart Research and professor of preventive medicine, medicine and pediatrics at Northwestern University’s Feinberg School of Medicine. “Adults should aim for an average of 7-9 hours and babies and kids need more depending on their age. Unfortunately, we know as many as 1 in 3 people do not

get their recommended amount of sleep each night.”

According to Lloyd-Jones, the amount of sleep and quality of sleep are important, and both can have significant impacts on cardiovascular health, as well as overall health. In addition to increasing risk for cardiovascular conditions like heart attack and stroke, lack of sleep may also put people at risk of things like depression, cognitive decline and obesity.

Research in the “Journal of the American Heart Association” shows maintaining a consistent sleep pattern may play an important role in preventing cardiovascular disease. Researchers found falling asleep at different times or sleeping an inconsistent number of hours each night, even variations of more than two hours a night within the same week, were tied to developing hardened arteries,

known as atherosclerosis.

“We know people who get adequate sleep manage other health factors better as well, such as weight, blood sugar and blood pressure,” Lloyd-Jones said. “The American Heart Association recently added sleep to the list of factors that support optimal cardiovascular health. We call these Life’s Essential 8 and they include eating a healthy diet, not smoking or vaping, being physically active and getting adequate sleep, along with controlling your blood pressure and maintaining healthy levels of cholesterol and lipids, healthy blood sugar levels and a healthy weight.”

Consider these small changes in daily habits that can make a big difference in sleep quality:

Make healthy living a habit: Eat a balanced diet, get regular physical activity and

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# Angela Davis

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understand race without taking gender into consideration.”

Davis said that if she was compelled to choose one issue, it would be the environment, noting the need to rescue the earth from “the onslaught of the billionaire capitalists who see profit as more important than saving the plants and saving the animals,” which includes humans.

“If we can’t save the earth, then none of the work we are doing around justice for workers, justice for women, and gender nonconforming people, justice for trans people, none of that will matter,” she said. “So, let’s keep that in mind. I always like to talk about the environmental movement and environmental justice as ground zero of social justice. If we can’t achieve that, then none of our progress in other areas will ultimately be significant.”

Davis said her motivation stems from her family, including her mother and her mother’s best friend, and the many people she has connected with over the years.

“I know a lot of people who have devoted their entire lives to struggles to make life more livable for all of us,” she said. “So, I guess am motivated by that. And the fact is I don’t know how to be any different. I wouldn’t know how to live if I weren’t also attempting to help make the planet a better place.”

Students, faculty and members from the community, including Ben Reynoso, councilmember for the city of San Bernardino, participated in the question-and-answer session, which introduced a wide variety of topics of discussion, including afro-pessimism, voting and the Palestinian struggle.

Following the discussion, a book signing with Davis was held in the SMSU South Fourplex.

This was Davis’ second visit to CSUSB. She last spoke on campus in February 2010 at an event hosted by the Women’s Resource Center, which was attended by more than 700 students and guests. Through her activism

and scholarship over many decades, Davis has been deeply involved in movements for social justice around the world. Her work as an educator – both at the university level and in the larger public sphere – has always emphasized the importance of building communities of struggle for economic, racial and gender justice.

Davis’ teaching career has taken her to San Francisco State University, Mills College and UC Berkeley. She also has taught at UCLA, Vassar, Syracuse University, the Claremont Colleges and Stanford University. Most recently she spent 15 years at the University of California, Santa Cruz, where she is now Distinguished Professor Emerita of History of Consciousness – an interdisciplinary Ph.D. program – and of Feminist Studies.

Davis is the author of 10 books and has lectured throughout the United States as well as in Europe, Africa, Asia, Australia and South America. In recent years a persistent theme of her work has been the range of social problems associated with incarceration and the generalized criminalization

of those communities that are most affected by poverty and racial discrimination.

She draws upon her own experiences in the early ’70s as a person who spent 18 months in jail and on trial (she was acquitted by a jury), after being placed on the FBI’s “Ten Most Wanted List.” She also has conducted extensive research on numerous issues related to race, gender and imprisonment.

Her books include “Abolition Democracy” and “Are Prisons Obsolete?,” and two books of essays entitled “The Meaning of Freedom” and “Freedom Is a Constant Struggle: Ferguson, Palestine, and the Foundations of a Movement.” Her most recent books include a re-issue of “Angela Davis: An Autobiography and Abolition. Feminism. Now.,” with co-authors Gina Dent, Erica Meiners and Beth Richie.

Twice a vice presidential candidate on the Communist Party USA ticket, Davis is a founding member of Critical Resistance, a national organization dedicated to the dismantling of the prison industrial complex. Internationally, she is affiliated with Sisters Inside, an abolitionist organization based

in Queensland, Australia, that works in solidarity with women in prison.

Like many educators, Davis is especially concerned with the general tendency to devote more resources and attention to the prison system than to educational institutions. Having helped

to popularize the notion of a “prison industrial complex,” she now urges her audiences

to think seriously about the future possibility of a world without prisons and to help forge a 21st century abolitionist movement.

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There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. It you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court, county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court’s lien must be paid before the court will dismiss the case.

(AVISO!) Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la Información a continuación. Tiene 30 DIAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta.

Puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en la biblioteca de leyes de su condado o en la corte que la quede más cerca. Si no puede pagar la cuota de presentación, pida al secretario de la corte que la dé un formulario de exención da pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión de abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov) o póngendose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costes exentos por Imponer un gravamen sobre cualquier recuperación de \$10,000 o más de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desear el caso. The name and address of the court is: (El nombre y dirección de la corte es): SUPERIOR COURT OF CALIFORNIA, COUNTY OF RIVERSIDE 880 N. State Hemet, CA 92543 name, address, and telephone number of plaintiff’s attorney, or plaintiff without an attorney, is (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): THE DUNNING LAW FIRM APC Donald T. Dunning (144665) James MacLeod (249145) 9619 Chasapeake Dr., Suite 210 San Diego, CA 92123 (858) 974-7600 Date (Fecha): FEB 14, 2022, Elyzabeth Gomez, Deputy (Adjunto)

**Precinct Reporter 04/06, 13, 20, 27/2023**

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SAN BERNARDINO CA 92415 Justice Center** PETITION OF Marta Alvarez ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO: CIV SB 2303508 TO ALL INTERESTED PERSONS: 1. Petitioner: Marta Alvarez filed a petition with this court for a decree changing names as follows: a) Present name: Marta Alvarez Proposed name: Martha Alvarez 2. THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING Date: May 19, 2023, 2023 Time: 8:30AM Dept.: S23 The Address of the Court is: SUPERIOR COURT OF CALIFORNIA COUNTY OF SAN BERNARDINO 247 WEST THIRD STREET SAN BERNARDINO, CA 92415-0210 name, address, and telephone number of plaintiff’s attorney, or plaintiff without an attorney, is (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): THE DUNNING LAW FIRM APC Donald T. Dunning (144665) James MacLeod (249145) 9619 Chasapeake Dr., Suite 210 San Diego, CA 92123 (858) 974-7600 Date (Fecha): FEB 14, 2022, Elyzabeth Gomez, Deputy (Adjunto)

**Precinct Reporter 04/06, 13, 20, 27/2023**

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SAN BERNARDINO CA 92415 Justice Center** AMENDED ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO: CIV SB 2100149 TO ALL INTERESTED PERSONS: 1. Petitioner: Richard McClendon filed a petition with this court for a decree changing names as follows: a) Present name: Richard McClendon III Proposed name: Richard McClendon 2. THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING Date: May 22, 2023, 2023 Time: 8:30AM Dept.: S29 The Address of the Court is: SUPERIOR COURT OF CALIFORNIA COUNTY OF SAN BERNARDINO 247 WEST THIRD STREET SAN BERNARDINO CA 92415 Justice Center

3-a. A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Precinct Reporter Date: MAR 21, 2023 s/Brian S. McCarville Judge of the Superior Court Precinct Reporter 04/06, 13, 20, 27/2023

**FICTITIOUS BUSINESS NAME STATEMENT** FBN NO. 20230002735 Original Filed: County Clerk Central District Filing Type: FBN Filing Date Filed: 03/17/2023 Began Transacting Business: Mar 17, 2023 Expires on: 03/17/2028 Business is conducted by: An Individual Fictitious Business Name(s): PRICELESS MEMORIES 16250 HOMECOMING DR #1196 CHINO CA 91708 Mailing Address: County of Principal Place of Business: SAN BERNARDINO Name of Individual Registrant: MARGARITA HERNANDEZ 16250 HOMECOMING DR #1196 CHINO CA 91708 State of Inc./Org./Reg. Inc./Org./Reg. No. (Optional) NOTICE: In accordance with Subdivision (a) of Section 17920, a fictitious business statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (See Section 14400, et seq., Business and Professions Code).

BY SIGNING, I DECLARE THAT THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilty of a crime (B&P Code 17913). I am also aware that all information on this statement becomes Public Record upon filing s/ MARGARITA HERNANDEZ OWNER I hereby certify that this copy is a true copy of the original statement on file in my office. BOB DUTTON Assessor - Recorder - Clerk 03/17/2023 Precinct Reporter 04/13, 20, 27, 05/04/2023

**FICTITIOUS BUSINESS NAME STATEMENT** FBN NO. 20230003400 Original Filed: County Clerk Central District Filing Type: FBN Filing Date Filed: 04/03/2023 Began Transacting Business: N/A Expires on: 04/03/2028 Business is conducted by: A Corporation Fictitious Business Name(s): JJ CLEANERS Business Address: 348 S MIDWISIDE AVE RIALTO CA 92376 Mailing Address: County of Principal Place of Business: SAN BERNARDINO Name of Individual Registrant: IRMA NUNEZ 213 W VAN KOVERING ST RIALTO 92376 State of Inc./Org./Reg. Inc./Org./Reg. No. (Optional) NOTICE: In accordance with Subdivision (a) of Section 17920, a fictitious business statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (See Section 14400, et seq., Business and Professions Code).

ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilty of a crime (B&P Code 17913). I am also aware that all information on this statement becomes Public Record upon filing s/ IRMA NUNEZ I hereby certify that this copy is a true copy of the original statement on file in my office. BOB DUTTON Assessor - Recorder - Clerk 04/03/2023 Precinct Reporter 04/13, 20, 27, 05/04/2023

**NOTICE OF PETITION TO ADMINISTER ESTATE OF: DAVID RUBEN CABRERA CASE NO. PROSB2300461 TO ALL HEIRS, BENEFICIARIES, CREDITORS, AND CONTINGENT CREDITORS, AND**

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SAN BERNARDINO CA 92415 Justice Center** PETITION OF Marta Alvarez ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO: CIV SB 2303508 TO ALL INTERESTED PERSONS: 1. Petitioner: Marta Alvarez filed a petition with this court for a decree changing names as follows: a) Present name: Marta Alvarez Proposed name: Martha Alvarez 2. THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING Date: May 19, 2023, 2023 Time: 8:30AM Dept.: S23 The Address of the Court is: SUPERIOR COURT OF CALIFORNIA COUNTY OF SAN BERNARDINO 247 WEST THIRD STREET SAN BERNARDINO, CA 92415-0210 name, address, and telephone number of plaintiff’s attorney, or plaintiff without an attorney, is (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): THE DUNNING LAW FIRM APC Donald T. Dunning (144665) James MacLeod (249145) 9619 Chasapeake Dr., Suite 210 San Diego, CA 92123 (858) 974-7600 Date (Fecha): FEB 14, 2022, Elyzabeth Gomez, Deputy (Adjunto)

**Precinct Reporter 04/06, 13, 20, 27/2023**

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SAN BERNARDINO CA 92415 Justice Center** PETITION OF Marta Alvarez ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO: CIV SB 2303508 TO ALL INTERESTED PERSONS: 1. Petitioner: Marta Alvarez filed a petition with this court for a decree changing names as follows: a) Present name: Marta Alvarez Proposed name: Martha Alvarez 2. THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING Date: May 19, 2023, 2023 Time: 8:30AM Dept.: S23 The Address of the Court is: SUPERIOR COURT OF CALIFORNIA COUNTY OF SAN BERNARDINO 247 WEST THIRD STREET SAN BERNARDINO, CA 92415-0210 name, address, and telephone number of plaintiff’s attorney, or plaintiff without an attorney, is (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): THE DUNNING LAW FIRM APC Donald T. Dunning (144665) James MacLeod (249145) 9619 Chasapeake Dr., Suite 210 San Diego, CA 92123 (858) 974-7600 Date (Fecha): FEB 14, 2022, Elyzabeth Gomez, Deputy (Adjunto)

**Precinct Reporter 04/06, 13, 20, 27/2023**

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**Precinct Reporter 04/06, 13, 20, 27/2023**

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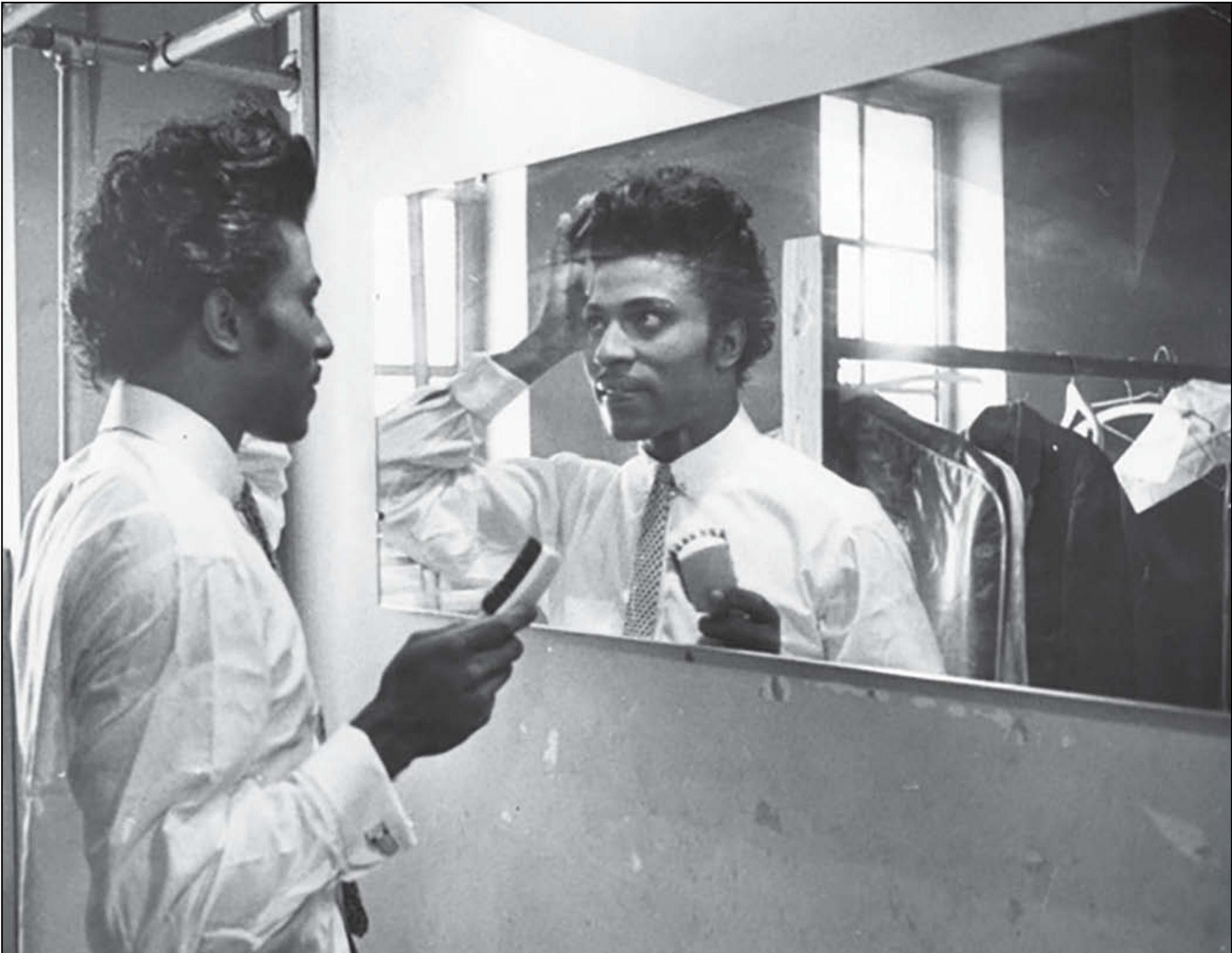
**Precinct Reporter 04/06, 13, 20, 27/2023**

**PERSONS WHO MAY BE INTERESTED IN THE WILL OR ESTATE, OR BOTH, OF: DAVID RUBEN CABRERA** Petition for Probate has been filed by NATALIE CABRERA in the Superior Court of California, County of San Bernardino 247 West Third Street, San Bernardino, CA 92415 Probate Courthouse The Petition for Probate requests that NATALIE CABRERA be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: MAY 25 2023, at 8:30A.M. in Dept. S-35 Address of court: Superior Court of California, County of San Bernardino 247 West Third Street, San Bernardino, CA 92415 Central Judicial District - Probate If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney or Party without Attorney: MICHELLE D. STRICKLAND (SBN# 165966) P.O. BOX 2238 COLTON, CA 92324 Tel: (909) 915-0617 Precinct Reporter 04/20, 27, 05/04/2023

**PERSONS WHO MAY BE INTERESTED IN THE WILL OR ESTATE, OR BOTH, OF: DAVID RUBEN CABRERA** Petition for Probate has been filed by NATALIE CABRERA in the Superior Court of California, County of San Bernardino 247 West Third Street, San Bernardino, CA 92415 Probate Courthouse The Petition for Probate requests that NATALIE CABRERA be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: MAY 25 2023, at 8:30A.M. in Dept. S-35 Address of court: Superior Court of California, County of San Bernardino 247 West Third Street, San Bernardino, CA 92415 Central Judicial District - Probate If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney or Party without Attorney: MICHELLE D. STRICKLAND (SBN# 165966) P.O. BOX 2238 COLTON, CA 92324 Tel: (909) 915-0617 Precinct Reporter 04/20, 27, 05/04/2023



# ENTERTAINMENT



By Dwight Brown  
Film Critic NNPA  
Newswire  
(\*\*\*)

Shut up!!! Before Elvis, David Bowie, Prince, Harry Styles and Lil Nas X there was Little Richard. The bright, shiny North star of rock and roll.

Richard Penniman, a pioneer rock ‘n roller, was the third of 12 children in 1930s Macon, GA. His brash personality got him the attention he desired. Banging piano keys like a percussive instrument, wearing flamboyant attire and singing provocative songs (“Tutti Frutti”) arguably made him the music industry’s first true glam rock star. His DNA is everywhere.

Director Lisa Cortes (codirector All In: The Fight For Democracy; producer The Apollo, exec producer Precious) astutely assembles an impressive group of legends who attest to Penniman’s showmanship and musical prowess: Tom Jones, Nona Hendryx, John Waters, Billy Porter and even Mick Jagger proclaims: “He did it first!”

If legends are defined by how they changed the world, Little Richard deserves his flowers. He blended gospel, blues and boogie woogie music. Encouraged black and white kids to dance together in concert halls that had been segregated forever. Gave fledgling bands (Beatles and Rolling Stones) the opportunity to open on the road for him. He left a scent. We can trace his influence. There are plenty of Little Richard imitators performing today who have no idea who blazed a path so they could be creative, outrageous and accepted. But it was him. They’re following him.

This perceptive doc also tackles the originator’s up and down, rags to riches to rags career. Rich king one day, foreclosures the next. Watching Pat Boone and Elvis cover his songs and make more money than he would ever see is disturbing. Equally troubling is the anguish he felt not owning the rights to his



## I Am Everything

music. It’s a cautionary tale worth telling again and again.

Also on view are his ambivalent feelings regarding his sexuality. Proud gay man cavorting in underground Black drag clubs in the late ‘40s. A Seventh Day Adventist pilgrim in the ‘70s, pious and ashamed of his old ways. Retrospective elder recounting the orgies he threw and sermons he preached—as if it all works together in a preordained way. Through it all, he is never in doubt about his self-worth. Afterall, it isn’t hubris when you have the goods. It’s just the truth: “I am the emancipator the architect. The one who started it all.”

Cortes perceptively retraces both the glamorous side and the private life. Some of the most poignant testimonies are from his former back-up band. Glimpses into his childhood, short-lived marriage and arrest add to his allure. Also learning that he worked the same chitlin circuit as Ma Rainey and was influenced by Rosetta Tharpe ties a lot of musical history together.

Penniman’s life journey and spirit are captured by Keith Walker and Graham Willoughby’s cameras, caressed by Tamar-kali’s musical score and artfully assembled by editors Jake Hostetter and Nyneve Laura Minnear. All the archival footage, photos and interviews are neatly clipped together in 1h 41m of revealing and entertaining footage.

If you pick the right subject, a documentary sells itself. In that way, Little Richard’s legacy is a magnet and music fans will be drawn to this enlightening doc. An astute, loving bio that catalogues the gigantic and well-deserved ego of the originator who knew he was everything: “I’m not conceited. I’m convinced.” Shut up!!!

In theaters April 21st.



Little Richard and his Band in *Little Richard I Am Everything*



# FOOD

## A Full, Fresh Menu Fit for a Brunch Feast



Savory Cheese Balls

FAMILY FEATURES

**B**irthdays, holidays or just casual Saturdays are all perfect excuses to enjoy brunch with your favorite people. Bringing everyone together with quiches, pastries, appetizers, desserts and more offers an easy way to kick back and relax on a warm weekend morning.

These recipes for Easy Brunch Quiche, Savory Cheese Balls and Lemon Blueberry Trifle provide a full menu to feed your loved ones from start to finish, regardless of the occasion.

Find more brunch inspiration by visiting Culinary.net.

**A Savory Way to Start the Celebration**

Serving up exquisite flavor doesn't have to mean spending hours in the kitchen. You can bring the cheer and favorite tastes with simple appetizers that are equal measures delicious and visually appealing.

These Savory Cheese Balls are easy to make and perfect for get-togethers and brunch celebrations. Texture and color are the name of the game with this recipe, and the result is a beautiful array of red, gold and green, all on one plate.

To find more recipes fit for brunch, visit Culinary.net.

**Savory Cheese Balls**

- Servings: 6-12
- 2 packages (8 ounces each) cream cheese
  - 2 tablespoons caraway seeds
  - 1 teaspoon poppy seeds
  - 2 cloves garlic, minced, divided

- 1/4 cup parsley, chopped
- 2 teaspoons thyme leaves, chopped
- 1 teaspoon rosemary, chopped
- 1/4 cup dried cranberries, chopped
- 2 tablespoons pecans, chopped
- crackers (optional)
- fruit (optional)
- vegetables (optional)

Cut each cream cheese block into three squares. Roll each square into ball. In small bowl, combine caraway seeds, poppy seeds and half the garlic. In second small bowl, combine parsley, thyme, rosemary and remaining garlic. In third small bowl, combine cranberries and pecans. Roll two cheese balls in seed mixture, two in herb mixture and two in cranberry mixture. Cut each ball in half and serve with crackers, fruit or vegetables, if desired.



Lemon Blueberry Trifle

**Finish Brunch with a Light, Layered Treat**

After enjoying eggs, bacon, French toast and pancakes or any other brunch combination you crave, it's tough to top a fresh, fruity treat to round out the meal. Dish out a delicious dessert to cap off the morning and send guests out on a sweet note that's perfectly light and airy.

The zesty zip of lemon curd in this Lemon Blueberry Trifle brings out the sweetness of whipped cream made with Domino Golden Sugar, fresh blueberries and cubed pound cake for a vibrant, layered bite. Plus, it's a bright, beautiful centerpiece you can feel proud of as soon as guests try their first bite.

Find more dessert recipes fit for brunch and other favorite occasions at DominoSugar.com.

**Lemon Blueberry Trifle**

- Prep time: 45 minutes  
Servings: 8-10
- Lemon Curd:**
- 1 cup Domino Golden Sugar
  - 2 tablespoons cornstarch
  - 1/4 cup freshly squeezed lemon juice
  - 1 tablespoon lemon zest
  - 6 tablespoons water
  - 1/4 teaspoon salt
  - 6 egg yolks
  - 1/2 cup (1 stick) unsalted butter, at room temperature, cut into 1/2-inch cubes

- Whipped Cream:**
- 2 cups heavy whipping cream, cold
  - 2 tablespoons Domino Golden Sugar
  - 2 teaspoons pure vanilla extract

- Trifle:**
- 1 cup blueberry jam
  - 12 ounces fresh blueberries, plus additional for garnish, divided
  - 1 pound cake, cubed
  - lemon slices, for garnish
  - mint, for garnish

To make lemon curd: In medium saucepan, stir sugar and cornstarch. Stir in lemon juice, lemon zest, water and salt. Cook over medium heat, stirring constantly, until thickened. Remove from heat and gradually stir in three egg yolks; mix well until combined. Stir in remaining egg yolks. Return to heat and cook 2 minutes, stirring constantly. Remove from heat.

Stir in butter; mix until incorporated. Cover with plastic wrap, touching surface of lemon curd to prevent curd forming skin. Refrigerate until completely cool.

To make whipped cream: In large bowl, beat cream, sugar and vanilla until soft peaks form. Do not overbeat.

To make trifle: Mix blueberry jam with 12 ounces fresh blueberries. Place one layer cubed pound cake in bottom of trifle dish. Top with layer of blueberries. Add dollops of lemon curd and whipped cream. Repeat layering ending with whipped cream.

Decorate trifle with lemon slices, fresh blueberries and mint.

**Say Goodbye to Basic Brunch**

The same old brunch menu can become tiresome and dull. Adding something new to the table with fresh ingredients and simple instructions can enhance your weekend spread and elevate brunch celebrations.

Try this Easy Brunch Quiche that is sure to have your senses swirling with every bite. This quiche is layered with many tastes and a variety of ingredients to give it crave-worthy flavor, from broccoli and bacon to mushrooms, eggs and melty cheese.

Visit Culinary.net to find more brunch recipes.

**Easy Brunch Quiche**

Serves: 12

- 1 package (10 ounces) frozen broccoli with cheese
- 12 slices bacon, chopped
- 1/2 cup green onions, sliced
- 1 cup mushrooms, sliced
- 4 eggs
- 1 cup milk
- 1 1/2 cups shredded cheese, divided

- 2 frozen deep dish pie shells (9 inches each)
- Heat oven to 350 F.
- In medium bowl, add broccoli and cheese contents from package. Microwave 5 minutes, or until cheese is saucy. Set aside.
- In skillet, cook chopped bacon 4 minutes. Add green onions; cook 2 minutes. Add mushrooms; cook 4 minutes, or until bacon is completely cooked and mushrooms are tender. Drain onto paper towel over plate. Set aside.
- In pie shells, divide drained bacon mixture evenly. Divide broccoli mixture evenly and pour over bacon mixture. Sprinkle remaining cheese over both pies. Bake 40 minutes.
- Cool at least 12 minutes before serving.
- Note:** To keep edges of crust from burning, place aluminum foil over pies for first 20 minutes of cook time. Remove after 20 minutes and allow to cook uncovered until completed.



Easy Brunch Quiche



# How the Diverse Crew of Artemis II Shows Plan for Future of Space Exploration

By Wendy Whitman Cobb  
Professor of Strategy  
and Security Studies, Air  
University

On April 3, 2023, NASA announced the four astronauts who will make up the crew of Artemis II, which is scheduled to launch in late 2024. The Artemis II mission will send these four astronauts on a 10-day mission that culminates in a flyby of the Moon. While they won't head to the surface, they will be the first people to leave Earth's immediate vicinity and be the first near the Moon in more than 50 years.

This mission will test the technology and equipment that's necessary for future lunar landings and is a significant step on NASA's planned journey back to the surface of the Moon. As part of this next era in lunar and space exploration, NASA has outlined a few clear goals. The agency is hoping to inspire young people to get interested in space, to make the broader Artemis program more economically and politically sustainable and, finally, to continue encouraging international collaboration on future missions.

From my perspective as a space policy expert, the

four Artemis II astronauts fully embody these goals.

The four members of the Artemis II crew are highly experienced, with three of them having flown in space previously. The one rookie flying onboard is notably representing Canada, making this an international mission, as well.

The commander of the mission will be Reid Wiseman, a naval aviator and test pilot. On his previous mission to the International Space Station, he spent 165 days in space and completed a record of 82 hours of experiments in just one week. Wiseman was also the chief of the U.S. astronaut office from 2020 to 2023.

Serving as pilot is Victor Glover. After flying more than 3,000 hours in more than 40 different aircraft, Glover was selected for the astronaut corps in 2013. He was the pilot for the Crew-1 mission, the first mission that used a SpaceX rocket and capsule to bring astronauts to the International Space Station, and served as a flight engineer on the ISS.

The lone woman on the crew is mission specialist Christina Hammock Koch. She has spent 328 days in space, more than any other woman, across the three ISS

expeditions. She has also participated in six different spacewalks, including the first three all-women spacewalks. Koch is an engineer by trade, having previously worked at NASA's Goddard Space Flight Center.

The crew will be rounded out by a Canadian, Jeremy Hansen. Though a spaceflight rookie, he has participated in space simulations like NEEMO 19, in which he lived in a facility on the ocean floor to simulate deep space exploration. Before being selected to Canada's astronaut corps in 2009, he was an F-18 pilot in the Royal Canadian Air Force.

These four astronauts have followed pretty typical paths to space. Like the Apollo astronauts, three of them began their careers as military pilots. Two, Wiseman and Glover, were trained test pilots, just as most of the Apollo astronauts were.

Mission specialist Koch, with her engineering expertise, is more typical of modern astronauts. The position of mission or payload specialist was created for the space shuttle program, making spaceflight possible for those with more scientific backgrounds.



Crew members of the Artemis II mission are NASA astronauts Christina Hammock Koch, Reid Wiseman and Victor Glover and Canadian Space Agency astronaut Jeremy Hansen. Photo: NASA

Unlike the Apollo program of the 1960s and 1970s, with Artemis, NASA has placed a heavy emphasis on building a politically sustainable lunar program by fostering the participation of a diverse group of people and countries.

The participation of other countries in NASA missions – Canada in this case – is particularly important for the Artemis program and the Artemis II crew. International collaboration is beneficial for a number of reasons. First,

it allows NASA to lean on the strengths and expertise of engineers, researchers and space agencies of U.S. allies and divide up the production of technologies and costs. It also helps the U.S. continue to provide international leadership in space as competition with other countries – notably China – heats up.

The crew of Artemis II is also quite diverse compared with the Apollo astronauts. NASA has often pointed out

that the Artemis program will send the first woman and the first person of color to the Moon. With Koch and Glover on board, Artemis II is the first step in fulfilling that promise and moving toward the goal of inspiring future generations of space explorers.

The four astronauts aboard Artemis II will be the first humans to return to the vicinity of the Moon since 1972. The flyby will take the Orion capsule in one pass around the far side of the Moon. During the flight, the crew will monitor the spacecraft and test a new communication system that will allow them to send more data and communicate more easily with Earth than previous systems.

If all goes according to plan, in late 2025 Artemis III will mark humanity's return to the lunar surface, this time also with a diverse crew. While the Artemis program still has a way to go before humans set foot on the Moon once again, the announcement of the Artemis II crew shows how NASA intends to get there in a diverse and collaborative way.

This article was originally published on The Conversation.

## CA Black Media Political Playback:

# Candidates Queuing Up for Political Battles Ahead

By Tanu Henry  
California Black Media

Your roundup of stories you might have missed last week.

The 2024 general election is over a year away but candidates across California have begun throwing their hats in the ring to run for state office.

Several Black candidates with experience, passion and solid connections to the state's political inner circles are entering the fray.

Last week, Darryn Harris, former chief of staff to Los Angeles Mayor Karen Bass while she served in the United States Congress, announced that he is vying in the state's 35th Senatorial District to replace Sen. Steven Bradford (D-Inglewood), who terms out next year. Others are expected to enter this race.

After Assemblymember Akiyah Weber (D-La Mesa) announced that she is running in the election next year to replace State Senate pro Tempore Toni Atkins (D-San Diego), LaShae Sharp Collins, former district director for former Assemblymember

and current Secretary of State Shirley N. Weber announced her candidacy. Her announcement states that she is a long-time resident of the 79th Assembly District in the greater San Diego area, a mother and foster parent with years of service in education and non-profit work. Colin Parent, vice mayor of the city La Mesa, has also announced that he is running for this seat.

CBM sources have also been told that civil rights leader, the Rev. Shane Harris is expected to enter the race. Harris is president and founder of the People's Association of Justice Advocates.

In Senate District 5 former Tracy City Councilwoman Rhodesia Ransom announced last month that she will be running to replace Sen. Susan Eggman (D-Stockton) when her term ends in 2024.

In the Inland Empire, African American candidate Dejonae Shaw, a nurse and union leader, announced she is running for the 50th District Assembly Seat, representing parts of San Bernardino and Los Angeles County, after Assemblymember Eloise Reyes announced she will be

running for State Senator in 2024 the 29th District.

Former Assemblymember Sandré R. Swanson has announced that he is running to replace Sen. Nancy Skinner in Senate District 7, which covers Oakland and surrounding communities.

Heather Hutt Is Sworn in To Replace Mark Ridley Thomas on L.A. City Council Los Angeles's embattled city council has a new member.

With an 11 to 1 vote last week – and to rounds of applause -- councilmembers in California's largest city decided to appoint Heather Hutt to serve the remainder of former councilmember Mark Ridley Thomas's term instead of holding a special election. Ridley Thomas lost his seat representing the city's 10th district after he was convicted on federal corruption charges last month.

Shortly, after, Hutt, who was district director to Vice President Kamala Harris when she was U.S. Senator, was sworn into office.

"It is an honor for me to serve the people of the 10th District. I just want to take a moment to thank my

colleagues, council president and my friends and family, my staff and the constituents of the 10th District," said Hutt after her swearing-in ceremony.

Los Angeles Mayor Karen Bass commended Hutt for her outstanding service, highlighting her "exemplary record."

"I look forward to continuing to work with Councilmember Hutt to confront the critical issues facing Los Angeles like homelessness, public safety and the overall livability of our city," said Bass.

Following Ridley Thomas' suspension last year, Hutt was selected to act as caretaker of his seat after former Councilman Herb Wesson resigned as interim replacement.

Assemblymember Reggie Jones-Sawyer Wants State to Use Prison Savings for Crime Reduction Programs

Assemblymember Reggie Jones-Sawyer (D-Los Angeles), a member of the California Legislative Black Caucus, is advocating for the state to allocate the projected annual savings of \$235 million from shutting down prisons toward programs aimed at crime reduction.

Last week, Jones-Sawyer and Assemblymember Juan Alanis (R-Modesto), who co-authored Assembly Bill (AB) 912 – the legislation that would write the proposal into state law – held a rally at

the Firefighters Memorial in Sacramento.

AB 912 would establish "the Youth Reinvestment Grant Program, to be administered by the Office of Youth and Community Restoration, for the purpose of implementing a mixed-delivery system of trauma-informed health and development diversion programs for youth, as specified," according to the bill's language.

Jones-Sawyer said the Assembly Education Committee has approved AB 912 with a 6-0 vote.

"Investing in our youth & preventative crime programs is exactly what my bill, AB 912, does," Jones-Sawyer shared on his Facebook page with the hashtag #educationnotprisons.

The Assembly Appropriations Committee is now reviewing the bill.

March Income Tax Revenue Is 10% Below Projections

Last week, the California Department of Finance announced that personal and corporate income taxes collected so far this year, totaling \$923 million is 10% below the number Gov. Newsom projected as a basis for his budget proposal in January.

Based on the weak revenue collection, analysts project that total income tax for the 2022 to 2023 fiscal year could be up to \$5 billion below projections.

By law, the governor's

office will release an updated forecast of tax income revenue on or before May 14.

California Black Media will keep watching this story to keep our readers updated.

Alameda DA Pamela Price Under Fire

Bay area residents have been leading rallies and protests encouraging voters to recall Alameda County African American District Attorney Pamela Price.

The demonstrations have been centered on what some residents view as Price's leniency on crime since she took office in January and suspicion that she will cut a deal with three men from Richmond and Vallejo accused of killing a two-year-old toddler in a shootout on the 880 freeway.

With chants of "do your job," "justice for Jasper" and "recall price," the protest organizers have been rallying at the Alameda County Superior Court.

Price's office released a statement.

"The District Attorney's Office has not made any decisions regarding the charges in the murder of Jasper Wu. We gave this information directly to Jasper's parents last week. We will continue to review the case, and will make decisions directly in accordance to the evidence," the statement read.

## Gutierrez

(Cont. from Page A-1)

resources sent to students in need. He hopes to see it on all phones for all students across campus.

Over the months, he's been outrecruiting to get more officers into the fold, and hopefully more Black officers. He's visited Ecclesia Church, and Westside Action Group trying to recruit under the mantra that the community can be the change they want to see. But his big concern is that the Black community is not rushing to join. He understands the reluctance.

"For our African American community, we have had more than our fair share of law enforcement based on our interactions, and the way we've been treated historically by the law enforcement community," he said.

At the same time, having served in the profession for three decades, he knows there are some obvious bad apples in general, but he said there are also many good officers doing good things.

"What I've noticed working for the Los Angeles school department and engaging in the community is that our African American

community was so happy to see a Black person in this uniform because it was rare, and even more rare to see a Black police chief," he said.

Gutierrez also served as a sergeant with the San Bernardino City Unified School District Police Department.

He said some of the best police officers come from within CSUSB, and they have started meeting with the School of Criminology and Criminal Justice program on campus, recruiting officers out of that program.

Everywhere he goes, he said he feels like a walking billboard, trying to recruit African American men and women to the profession.

"It starts with signing up, me encouraging them, and telling them that this profession and their community need them. If they want to learn more about the job, email the chief."

To apply for a Police Dispatcher or Police Officer, see careers@csusb.edu

For questions on being a police officer or dispatcher, ask the chief at john.gutierrez@csusb.edu

## PROMYSE Act

(Cont. from Page A-1)

further re-entrenching youth in the criminal justice system.

Breon Hatcher, Leadership Development Programs Associate at CURYJ, and a formerly incarcerated youth who went through CURYJ programming before becoming an employee said, "Through CURYJ, I gained a deeper understanding of how the school-to-prison pipeline affected me directly, and the ways the system could have invested in building us up and giving us a pathway to flourish, rather than using \$600k to

incarcerate a youth. Being a part of CURYJ, I am able to turn my pain into healing by reimagining how the system works."

Organizations such as SBX Youth & Family Services provide a variety of programs and services to youth and their families in the Inland Empire. Their prevention and intervention programs offered to young people are restorative, culturally focused, trauma-informed and youth-centered. These include mentoring programs, restorative justice programming, youth civic engagement initiatives, and culturally focused programs that build cultural and historical appreciation of self while also establishing confidence in identity.

Jessica Aparicio, Director of Engagement & Social Impact from SBX Youth & Family Services, also expressed

support for the bill, stating that "AB 702 (PROMYSE Act) is a step in the right direction towards creating a more just and equitable juvenile justice system. By promoting healing-centered, restorative, trauma-informed, and positive youth development approaches, we can create programs that empower our youth and their families to thrive rather than continue to punish them."

Furthermore, AB 702 (PROMYSE Act) requires the Juvenile Justice Coordinating Council (JJCC) of each county to provide annual, data-driven reports to the Counties Board of Supervisors and the Board of State and Community Corrections (BSCC) relating to their programs. AB 702 (PROMYSE Act) has been referred to the Committee on Public Safety and is set to be reviewed on Tuesday, April 25.



# Covered CA Names New Chief Medical Officer

Covered California has appointed Monica Soni, MD, as its new chief medical officer. Dr. Soni comes to Covered California after serving as the associate chief medical officer at New Century Health. During her time at the organization, Dr. Soni played a critical role in clinical informatics, provider engagement, value-based strategies and innovation. She is also a board-certified internal medicine physician with more than a decade of experience in serving patients.

“Dr. Soni brings a powerful commitment to improving quality, equity and affordability in health care for the people we serve, and we are proud to have her join Covered California,” said Jessica Altman, executive director of Covered California. “She brings unique skills that are perfectly suited to Covered California’s mission to improve health care for all Californians.”

The move to Covered California will mark a return to public service. Prior to her work at New Century Health, Dr. Soni served as the director of Specialty Care for the Los Angeles County Department of Health Services, the second-largest municipal health system in the United States. There she ensured the delivery of specialty care across four hospitals, 20 ambulatory care clinics, the correctional health system and more than 200 community partners.

Dr. Soni has also served as the director of Continuity Care for Martin Luther King, Jr. Outpatient Center, where she led primary care, urgent care and transitions of care.

She is also a professor within the UCLA Department of Medicine, and at the Charles R. Drew University Department of Internal Medicine, where she is focused on residency diversification and pipeline development.

“Dr. Soni embraces Covered California’s mission of making coverage more affordable and accessible, and her unique perspective will help us amplify our work around improving value, quality and outcomes, as well as reducing disparities,” said Dr. Mark Ghaly, the California Health and Human Services secretary and chair of the Covered California Board of Directors. “Throughout her career, Dr. Soni has dedicated herself to making a positive difference in the health and wellbeing of others, and we look forward to her continuing that work at Covered California.”

As Covered California’s chief medical officer, Dr. Soni will lead Covered California’s Health Equity and Quality Transformation division and be responsible for health equity, health care strategy, medical policy, medical management and other clinical operations to continuously improve not only the health services provided through Covered California’s contracted health plans, but also California’s delivery system. The chief medical officer is also responsible for ensuring that the health care strategy, tactics and resources are in place to successfully advance the mission of Covered California and help the agency improve the evolving health care landscape. In addition, Dr. Soni will join



Dr Monica Soni

Covered California’s executive leadership team and report directly to Jessica Altman.

A graduate of Harvard College, Dr. Soni graduated cum laude with a bachelor’s degree in Anthropology. She received her medical degree from Harvard Medical School and completed her residency in internal medicine at the University of California, San Francisco. In addition, Dr. Soni was a fellow in the California Health Care Foundation Leadership Program. She is currently a board member for

Mercy Housing California, a leading affordable housing organization, and previously served as a commissioner for the Los Angeles County Hospital and Health Care Delivery Commission.

Dr. Soni will be replacing Dr. Alice Hm Chen, who stepped down in November of 2022 after serving in the position since November of 2020. Dr. Soni will earn \$418,008 annually, effective May 15.

## Sleep Habits

(Cont. from Page A-3)

manage stress to support a healthier night’s sleep.

Set the alarm for morning and night: Stick to specific times to go to bed and wake up each day and commit to a consistent sleep schedule as much as possible. Along with a wake-up alarm, try a bedtime alarm to indicate it’s time to start winding down.

Establish bedtime habits: Once your bedtime alarm goes off, move into a familiar ritual, like brushing your teeth, washing your face or taking a warm bath.

Relax and unwind: Take a few minutes to destress. Consider reading, journaling, meditating or listening to music to ease into a good night’s rest.

Take a technology break: A bedroom free of light and technology equates to better sleep, so keep your phone and other devices away from the bed. Try logging off your electronic devices at least an hour before bedtime.

Learn more about the importance of sleep for heart health at [heart.org](https://heart.org).

## Medi-Cal Renewal

(Cont. from Page A-3)

Workers hired to jobs that provide health benefits and people who earn enough income to be shifted from the health coverage to Covered California, the state’s health insurance exchange, are among those predicted to lose Medi-Cal.

Huang said the switch from Medi-Cal to Covered California can be automatic.

“It all goes back to the member must have the most updated information with the county Medi-Cal office for that process to happen,” she said.

The Medi-Cal packets are sent to the last known address of beneficiaries. Recipients whose name, phone number, email address or mailing address have changed in the last three years need to update that information at [Covered California, BenefitsCal](https://coveredcalifornia.org/benefitscal), or [My Benefits CalWIN](https://mybenefitscalwin.org).

Medi-Cal coverage, Alvarez said, can continue for everyone who is eligible.

“Now is the time 80 make sure we are taking the necessary steps to keep our coverage,” she noted. “This is especially important for people of color, who are more likely to rely on Medi-Cal for coverage and who are more likely to be at risk of losing that coverage.”

# Heart care that’s with you for every beat.

At Dignity Health Medical Group – Inland Empire, our cardiothoracic experts are here to help you keep pace with your plans. Our team of board-certified cardiac and thoracic surgeons help prevent, diagnose, and treat a range of conditions. And, when it comes time for treatment, experience matters. For more than 50 years, patients have trusted us with their care. To learn more, or to schedule an appointment, please call us at **(909) 882-4605**. Hablamos español.

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“I wholly disapprove of what you say, but I will defend to the death your right to say it” –  
Voltaire



Black Lives:

Systemic Racism in Medical Care

By Dianne Anderson

Doctors and medical practitioners of every category could learn a thing or two beyond their textbooks, starting with how to listen to their Black patients.

Somehow, their pain gets lost in translation.

Alicia Coulter sees part of the problem of why Black

same kind of help in the system as white women get when they go see their doctor.

“A lot of times a white woman knows her body. She’s smart enough to understand what she feels, but clearly as Black women, we don’t know our bodies,” said Coulter, CEO of Advantage Health Now, a Diversity, Equity, and Inclusion consulting firm.

“[It’s] the fight we have to receive even basic services. I couldn’t help but get into this space professionally. I went to school and got my credentials so people would have to listen to what I have to say,”

patients die disproportionately more in nearly top health conditions than white patients, and why Black women are three times more likely to die from a pregnancy-related cause than white women, has a lot to do with how providers communicate with Black patients.

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Black women are not given the same courtesy of common care, she said.

Numerous legal and medical cases detail how Black women try to tell providers that they know something has gone wrong. It’s not just the pressure of the unborn’s head

(Cont. on Page 6)



Alicia Coulter

State of Black America:

How Hate Continues to Rise in U.S.

By Stacy M. Brown  
NNPA Newswire Sr Natl Correspondent

The National Urban League’s 2023 State of Black America report concluded that an uptick in police brutality, specifically against Black Americans, is no coincidence. Across the nation, white supremacist groups and domestic terror cells have infiltrated law enforcement and the military ranks, posing a threat to homeland security and the public. The report highlights five topics revealed as troubling threats:

1. A hate manifesto: The Rise in Violent Hate Crimes Across America.
2. Tracking parental rights’ movement rooted in racism: the threat within education.
3. Hate in the nation: The threat within America’s political system.
4. A threat to national security: Hate within law enforcement and the military.
5. The divided state of America: A surge of divisive policies.

The State of Black America, which also drew from information from the Brennan Center, noted that the FBI reported that white supremacists posed a “persistent threat of lethal violence” that has produced more fatalities than any other category of domestic terrorists since 2000. “And FBI policy documents have also warned agents assigned to domestic terrorism cases that the white supremacist and anti-government militia groups they investigate often have ‘active links’ to law enforcement officials,” the National Urban League’s report stated. “Countries around the world have been destabilized by military and law enforcement coups led by extremists holding right-wing ideologies. To protect our communities and our democracy, we must take this threat seriously.” The authors of the report said that groups of state and federal lawmakers working with shady political operatives and violent extremists are dangerously close to destroying American

democracy and replacing it with autocratic rule. The 2023 report titled, “Democracy in Peril: Confronting the Threat Within,” sounds the alarm about extremist ideas taking root in classrooms, law enforcement, the military, and the halls of Congress. “The mainstreaming of extremist ideology is an existential threat to American democracy, the rule of law, and decades of hard-won progress toward an equitable, inclusive, and more perfect union,” National Urban League President and CEO Marc H. Morial said. “No longer limited to passing out mimeographed leaflets on street corners or huddling in corners of the dark web, conspiracy-mongers and white nationalists openly spew their bile across social media and cable television,” he continued. “They weave it into the public policy they impose on their constituents. It corrodes the trust between police, the military, and the communities they are sworn to protect and serve.” The report also draws on

data and analysis from the Southern Poverty Law Center, ADL, and UCLA Law. The State of Black America reveals how deeply extremist ideas have crept into America’s most important institutions, leading to a rising tide of deadly violence, harsh laws, and racial tensions being used as weapons. A special section of the report talks about Morial’s 20 years as president and chief executive officer of the National Urban League. This section shows how his leadership has changed over the last two decades. A special section of the report called “A Climate in Crisis,” made in partnership with the American Council on Renewable Energy, makes a case for equal economic opportunity and environmental justice. “The mainstreaming of extremist ideology is an existential threat to American democracy, the rule of law, and decades of hard-won progress toward an equitable, inclusive, and more perfect union,” Morial wrote in the report.

Funding for CBOs Serving Underserved

By Dianne Anderson

For some nonprofits in Orange County, funding has been pouring down through the Equity in OC Initiative to help spur capacity building for BIPOC organizations with grant opportunities, including a Power Building Fund, Organizational Participation Grants, and Social Determinants of Health Implementation Grants.

Last year, Darlene Futrel applied for and received her first round of the Power Building Fund for \$50,000, a welcome addition to her small budget. Recently, she applied for another round of the same grant, which closed on April 12.

Getting through the application process has not

been difficult, she said. It helps with infrastructure, to pay employees, and dealing with other costs that quickly add up. That grant was focused on infrastructure support for small organizations with annual operating budgets under \$500,000.

“Most of us have [various annual software] and monthly things, our websites, and promotional products. If you pay for the whole year, at least you know that you’re good for a year. Meanwhile, we can continue to do the work, and hopefully, we’ll get more income,” she said.

Futrel was also part of a group of Black health professionals that applied for the \$500,000 Implementation Grant, but did not receive that award. To her knowledge,

no other organization that exclusively services the Black community received the grant.

“I believe that other minority groups should receive help, but Black folks have been marginalized from the beginning. We continue to get the short end of the stick,” said Futrel, also president of the Orange County chapter of the National Action Network.

The initial 2021 funding comes by way of \$23 million from the Center for Disease Control to help serve BIPOC (Black, Indigenous, and People of Color) and the underserved community. However, many Black health advocates express concerns that for the most part, BIPOC funding is not proportionately addressing equity gaps in services for the Black community.

Even as funding has increased in recent times for BIPOC communities, the National Committee for Responsive Philanthropy finds that too often the additional funding is short-term and not meeting the need.

“This is not a new conclusion and not a new ask from communities. Countless other reports have noted how if foundations are not targeting funding to specific BIPOC communities with racial equity expertise, then they are not doing enough to address the underlying conditions of structural racial injustice or inequity,” according to NCRP.

Because the Black community has specifically endured targeted historic racism and barriers within health systems, Futrel feels

the damage done requires proportionate targeted equity services to the Black community.

“We just want to see our culture get the money. For the next round of \$500,000 grants, we’d like to see one of them go to the Black community. That would be great,” she said.

Hieu Nguyen, who serves as the OC Health Care Agency’s first Director of the Office of Population and Health Equity, said they funded 12 Social Determinants of Health (SDoH) Implementation Projects at \$500,000 each for 18 months.

“Funding updates are presented by United Way OC, our grant administrator for the Equity in OC Initiative, during all Equity in OC Partnership meetings. However, the

majority of the upcoming meeting will focus on CalAIM and the opportunities that exist for our community. The presentation will be presented by CalOptima Health,” Nguyen said in an email.

CalAIM, California Advancing and Innovating Medi-Cal (CalAIM), is a five-year initiative led by California Department of Health Care Services, looking to service millions of vulnerable Medi-Cal recipients with behavioral health and physical programs, including mental health services, substance abuse, disabled seniors, foster children and youth, the homeless, those in transition from the justice system back to the community.

Through that program,

(Cont. on Page 6)



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NNPA Newswire Sr Natl Correspondent

The National Urban League’s 2023 State of Black America report concluded that an uptick in police brutality, specifically against Black Americans, is no coincidence. Across the nation, white supremacist groups and domestic terror cells have infiltrated law enforcement and the military ranks, posing a threat to homeland security and the public. The report highlights five topics revealed as troubling threats:

1. A hate manifesto: The Rise in Violent Hate Crimes Across America.
2. Tracking parental rights’ movement rooted in racism: the threat within education.
3. Hate in the nation: The threat within America’s political system.
4. A threat to national security: Hate within law enforcement and the military.
5. The divided state of America: A surge of divisive policies.

The State of Black America, which also drew from information from the Brennan Center, noted that the FBI reported that white supremacists posed a “persistent threat of lethal violence” that has produced more fatalities than any other category of domestic terrorists since 2000. “And FBI policy documents have also warned agents assigned to domestic terrorism cases that the white supremacist and anti-government militia groups they investigate often have ‘active links’ to law enforcement officials,” the National Urban League’s report stated. “Countries around the world have been destabilized by military and law enforcement coups led by extremists holding right-wing ideologies. To protect our communities and our democracy, we must take this threat seriously.” The authors of the report said that groups of state and federal lawmakers working with shady political operatives and violent extremists are dangerously close to destroying American

democracy and replacing it with autocratic rule. The 2023 report titled, “Democracy in Peril: Confronting the Threat Within,” sounds the alarm about extremist ideas taking root in classrooms, law enforcement, the military, and the halls of Congress. “The mainstreaming of extremist ideology is an existential threat to American democracy, the rule of law, and decades of hard-won progress toward an equitable, inclusive, and more perfect union,” National Urban League President and CEO Marc H. Morial said. “No longer limited to passing out mimeographed leaflets on street corners or huddling in corners of the dark web, conspiracy-mongers and white nationalists openly spew their bile across social media and cable television,” he continued. “They weave it into the public policy they impose on their constituents. It corrodes the trust between police, the military, and the communities they are sworn to protect and serve.” The report also draws on

data and analysis from the Southern Poverty Law Center, ADL, and UCLA Law. The State of Black America reveals how deeply extremist ideas have crept into America’s most important institutions, leading to a rising tide of deadly violence, harsh laws, and racial tensions being used as weapons. A special section of the report talks about Morial’s 20 years as president and chief executive officer of the National Urban League. This section shows how his leadership has changed over the last two decades. A special section of the report called “A Climate in Crisis,” made in partnership with the American Council on Renewable Energy, makes a case for equal economic opportunity and environmental justice. “The mainstreaming of extremist ideology is an existential threat to American democracy, the rule of law, and decades of hard-won progress toward an equitable, inclusive, and more perfect union,” Morial wrote in the report.

Funding for CBOs Serving Underserved

By Dianne Anderson

For some nonprofits in Orange County, funding has been pouring down through the Equity in OC Initiative to help spur capacity building for BIPOC organizations with grant opportunities, including a Power Building Fund, Organizational Participation Grants, and Social Determinants of Health Implementation Grants.

Last year, Darlene Futrel applied for and received her first round of the Power Building Fund for \$50,000, a welcome addition to her small budget. Recently, she applied for another round of the same grant, which closed on April 12.

Getting through the application process has not

been difficult, she said. It helps with infrastructure, to pay employees, and dealing with other costs that quickly add up. That grant was focused on infrastructure support for small organizations with annual operating budgets under \$500,000.

“Most of us have [various annual software] and monthly things, our websites, and promotional products. If you pay for the whole year, at least you know that you’re good for a year. Meanwhile, we can continue to do the work, and hopefully, we’ll get more income,” she said.

Futrel was also part of a group of Black health professionals that applied for the \$500,000 Implementation Grant, but did not receive that award. To her knowledge,

no other organization that exclusively services the Black community received the grant.

“I believe that other minority groups should receive help, but Black folks have been marginalized from the beginning. We continue to get the short end of the stick,” said Futrel, also president of the Orange County chapter of the National Action Network.

The initial 2021 funding comes by way of \$23 million from the Center for Disease Control to help serve BIPOC (Black, Indigenous, and People of Color) and the underserved community. However, many Black health advocates express concerns that for the most part, BIPOC funding is not proportionately addressing equity gaps in services for the Black community.

Even as funding has increased in recent times for BIPOC communities, the National Committee for Responsive Philanthropy finds that too often the additional funding is short-term and not meeting the need.

“This is not a new conclusion and not a new ask from communities. Countless other reports have noted how if foundations are not targeting funding to specific BIPOC communities with racial equity expertise, then they are not doing enough to address the underlying conditions of structural racial injustice or inequity,” according to NCRP.

Because the Black community has specifically endured targeted historic racism and barriers within health systems, Futrel feels

the damage done requires proportionate targeted equity services to the Black community.

“We just want to see our culture get the money. For the next round of \$500,000 grants, we’d like to see one of them go to the Black community. That would be great,” she said.

Hieu Nguyen, who serves as the OC Health Care Agency’s first Director of the Office of Population and Health Equity, said they funded 12 Social Determinants of Health (SDoH) Implementation Projects at \$500,000 each for 18 months.

“Funding updates are presented by United Way OC, our grant administrator for the Equity in OC Initiative, during all Equity in OC Partnership meetings. However, the

majority of the upcoming meeting will focus on CalAIM and the opportunities that exist for our community. The presentation will be presented by CalOptima Health,” Nguyen said in an email.

CalAIM, California Advancing and Innovating Medi-Cal (CalAIM), is a five-year initiative led by California Department of Health Care Services, looking to service millions of vulnerable Medi-Cal recipients with behavioral health and physical programs, including mental health services, substance abuse, disabled seniors, foster children and youth, the homeless, those in transition from the justice system back to the community.

Through that program,

(Cont. on Page 6)



# SPORTS

## CSF Softball Sweeps UC San Diego

The Cal State Fullerton Titans women’s softball won both games of their doubleheader on Saturday to complete a series sweep over the Tritons at the Triton Softball Field.

The Titans pitching staff was phenomenal this weekend as they held the Tritons scoreless the entire weekend. Haley Rainey and Raci Miranda combined for a shutout in Game 2 and Myka Sutherlin tossed her third consecutive complete game shutout in the final game of the series.

Deshea Hill had a big weekend as she provided RBIs in all three games including the game winning RBIs in the first two games of the series.

In the first game of the day, the Titans defeated the Tritons 6-0.

The Tritons started their ace in Jada Cecil who limited the Titans to two hits in the game on Friday. However, the Titans were ready to face her a second time and scored five runs on six hits, one walk, and two hit by pitches against her.

The Titans scored four runs in the second inning. Hannah Becerra had a one out single and Peyton Toto got hit by a pitch. Deshea Hill hit her first home run of the season with a 3-run bomb over the left center fence.

Evelyn Sablan doubled in the next at-bat and Alexa Neil singled her in to make it a 4-0 game for the Titans.

The Titans added another run in the third inning. Daisy Munoz led the inning by getting hit by a pitch. Maggie Paulovich pinch ran for her and advanced to second after Hill walked. Sablan singled to right field to score Paulovich to make it a 5-0 game.

The Titans added their final insurance run of the game in the fifth inning. Peyton Toto hit a one out triple to



**Deshea Hill**  
CSF

bring in Hannah Becerra.

The Tritons had runners on 2nd and 3rd in the fifth inning and bases loaded in the sixth inning. However, Raci Miranda was able to pitch out of it both times.

Haley Rainey got the start and went 4 innings and allowed zero runs on two hits, two walks, and struck out three. Raci Miranda pitched the final three innings and earned the save after allowing zero runs on four hits, one walk, and two strikeouts.

The Titans pounded out nine hits for the first game of the day. Alexa Neil, Hannah Becerra, and Evelyn Sablan each had two hits in the game.

In the final game of the series, the Titans defeated UC San Diego 3-0.

Myka Sutherlin pitched her third consecutive complete game shutout in a row after tossing seven innings and allowing just two hits, two walks, and striking out seven. Sutherlin hasn’t allowed a run in 23.2 innings and has allowed just seven hits, four walks, and struck out 31 batters

The Titans had nine hits in the final game of the series as well. Alexa Neil and Bailey Wallace each had two hits in the game.

The Titans scored the first run of the game in the third inning. Evelyn Sablan and Cheyanne Marxer both had base hits in the inning. Alexa Neil replaced Sablan on the bases after a fielder’s choice. Bailey Wallace singled through the right side to score Marxer for the first run of the game.

The Titans added two insurance runs in the sixth inning. Daisy Munoz led the inning off with a walk and advanced to third after a throwing error on a pickoff attempt bounced off Munoz’s hand into the outfield. Hannah Becerra smacked a double over the left fielder’s head to make it a 2-0 game.

Becerra came around to score after Deshea Hill’s fifth RBI of the series when she hit a ball just over the first baseman’s head.

The Titans return home where they will host the UC Santa Barbara Gauchos.



**Drew Pickett**  
UCI

## UCI Men Make Statement During Weekend Competition

The UC Irvine men’s track & field team wrapped up a busy weekend recently at the Beach Invitational and Bryan Clay Invitational.

In Long Beach, Justin Willingham had a top-20 showing among 65 athletes in the shot put with a toss of 55-08.5.

Drew Pickett led a trio of Anteaters in the 110m hurdles, clocking in at 14.41 seconds to place 11th out of 34. Jarel Sayels (14.54) and Maxwell Jefferson (14.63) were also 14th and 15th, respectively. Jefferson’s time was a wind-aided season best.

Malcolm Overbaugh crossed the finish line in 48.89 seconds to come in 12th in a 400m field of 50 runners. Eric Parker was also 24th at 49.68, while Ty Sheridan notched a season-best 49.71 to take 25th.

Brandon Burns added a wind-aided season-best 10.80 in the 100m.

At the Bryan Clay Invitational, four ‘Eaters competed in two different sections of the 1500m.

In the 1500m Open B, Zeid Hussain took 19th out of 197. Hussain ran a personal-best 3:51.00. Cameron Smith, who had a big PR in the steeplechase on Thursday, also clocked a 1500m lifetime-best 3:56.53, while Jacob

Bustamante registered a season-best 3:58.17.

In the Open A section, Joshua Schuld established a PR 3:51.13.

UC Irvine is back in action Thursday, April 20, at The Battle in the OC, hosted by Cal State Fullerton.

### Men’s Tennis

UC Irvine saw its 10-match win streak come to an end with a 4-1 loss to 38th-ranked UC Santa Barbara Sunday at Anteater Tennis Stadium.

It was UCI’s first Big West loss and its first defeat since March 3. The ‘Eaters (11-7, 4-1 Big West) are now tied for second with the Gauchos (19-3, 4-1 Big West) in the conference standings, sitting a half-game back of UC Davis (5-1), who the Anteaters beat on Friday.

UCSB took the doubles point with a pair of 6-4 victories at Nos. 2 and 3. At the top of the lineup, Brandon Park and Noah Zamora were tied with 68th-ranked Kai Brady/Philip Jordan, 5-5, when the Gauchos clinched the point.

UC Irvine pulled even in singles as Ali Amiri upended Brady, 6-4, 6-1, on court five. Amiri extended his win streak to eight.

UC Santa Barbara then responded with straight-set victories at No. 1, No. 6 and No. 3 to secure the 4-1 win in a rematch of last year’s Big West championship match.

UCI is back at Anteater Tennis Stadium Sunday, April 23, when it hosts UC San Diego in its regular-season finale. First serve is set for 3:00 p.m.

### Women’s Tennis

UC Irvine’s competitive fight in singles play was not enough as they dropped 6-1 at Cal Poly.

All three UC Irvine doubles pairs battled in their respective matches but came up short as Cal Poly swept to collect two points. The Fowler sisters were able to force an extra point but were unsuccessful as they fell 7-5 to Cal Poly’s Dunkle sisters. Haily Huynh made her doubles debut with Amanda Perez at No.3.

The duo of Jenna Schlatter and Alyssia Fossorier were trailing 5-4 but walked away from the match unfinished as the Mustangs had completed the sweep.

The Anteaters saw a shift in the singles positions, with everyone moving up one spot.

Fossorier earned the lone singles point for UCI at the No. 2 position. After falling 6-4 in

## CSULB Gets Key Win During Invitational

The Long Beach State track and field celebrated their seniors in their final meet at home recently closing out the prestigious Beach Invitational. On the day, the team posted a pair of event victories and four new top ten marks.

The biggest headline of the day came out in Azusa, with Ryley Fick running in the women’s 1500m at the Bryan Clay Invitational. The senior ran a 4:21.49 to break the Long Beach State record that had stood untouched for a decade. Finishing a second faster than Meghan Foley’s mark set in 2013, it goes as Fick’s second outdoor record this season.

Also in Azusa was the pair of Michael Phillips and Cristian Martinez in the men’s 1500m. Phillips ran a time of 3:45.17 during the invitational heats, marking a new season best for the senior. Martinez ran in the open heats, finishing with a time of 3:48.61 marking a new PR and moving him into number 10 on the LBSU all-time list.

Back home at the Jack Rose Track, Kaitlyn Williams had another tremendous showing on Saturday, posting lifetime bests in both the 100m and the Long Jump. In the 100m Dash, she ran an 11.48 for a second place finish and ranks

as the fourth fastest time in program history. In Long Jump, she topped her season best by over five inches and PR by an inch and a half, for 6.00m (19-8.25). That also ranks in the Long Beach State all-time top ten moving into sole possession of tenth and was good for a sixth-place finish.

Natasha Tehrani continues to improve on her PR each time out, clearing the bar at 3.92m (12-10.25). She moves into a tie for fifth all-time with her teammates Maggie Lear and Annie Murphy. She finished 16th overall in the event.

The fourth women’s top ten mark came on the track courtesy of Alex Heerink-van Breda. The true freshman improved on her personal best in

the 400m Hurdles by nearly a second, running a 1:00.01 to finish sixth. It moves her into eighth all-time in program history.

Mekhi Mays put himself into the all-time top ten with a lifetime best run in the 200m. With a time of 20.93, he finished second overall and moved into a tie for third in program history. Right there with him in the race was teammate Tristyn Flores who finished fourth at 21.17, a new personal best.

The duo also had

tremendous showings in the 100m with Flores leading the pair with a wind-aided 10.33 to finish third. Mays ran a wind-aided 10.41 for a seventh-place finish.

Both event wins for the Beach came from men’s track team. The first came in the men’s 800m as Kash Powell continued his tremendous season. With a time of 1:48.14, he finished nearly a half second ahead of the runner-up to win the race. Not far behind him was teammate, Mohammed Mohamed, finishing fourth

with a time of 1:49.49.

The second event win came in a dominant one-two finish from Leon Jett and Caleb Roberson in the 400m Hurdles. Jett posted a 0.11 improvement on his personal best to take the top podium spot at 52.30. Roberson was the runner-up in the race crossing the line in 52.45 seconds, just shy of his own personal best.

Some other impressive finishes for the Beach include a pair of top ten finishes from Rahni Turner. In the 100m, she crossed the line in

13.28 for a second-place finish in a field of 64 competitors and then competed in Long Jump later in the day, finishing eighth with an 8.75in PR improvement at 5.99m (19-8). On the men’s side, in the jumps, Elijah Harris came

out top ten with a mark of 7.31m (23-11.75), a 3.75in PR improvement.

Long Beach State will return to action on April 28-29 for the Steve Scott Invitational at UC Irvine.



**Leon Jett**  
CSULB



**Kaitlyn Williams**  
CSULB



# COMMENTARY

**Action Required:**

## Medi-Cal Renewal Process Underway Across State

By **McKenzie Jackson**  
California Black Media

Californians enrolled in Medi-Cal should keep an eye out for a yellow envelope in their mailbox over the next 14 months.

The Medi-Cal eligibility of over 15.4 million Golden State residents is under review for the first time since the onset of the COVID-19 pandemic in March 2020.

If a Medi-Cal beneficiary does receive the yellow envelope, they must provide their current contact information to health care officials as soon as possible to retain their Medi-Cal coverage, noted California Department of Health Care Services (DHCS) Assistant Deputy Director Yingjia Huang.

“It is critical that they do it by the due date that is on the packet that will come,” she said. “If that is not completed by the due date, there is a possibility that you will lose your coverage from Medi-Cal.”

Huang was one of several speakers featured during

an April 12 online media briefing held to notify Medi-Cal members of the health coverage eligibility check, which began on April 1. The media teleconference was organized by California Black Media and Ethnic Media Services in partnership with DHCS.

Medi-Cal is California’s version of Medicaid, the federal government-funded health insurance program. Administered in conjunction with states, Medicaid is designed for people with limited incomes. The insurance covers services such as dental care, prescriptions, and medical and preventive care.

The Families First Coronavirus Response Act, enacted in 2020, directed Medicaid programs nationally to keep everyone enrolled during the pandemic. The annual redetermination process was suspended due to the severity of the worldwide health emergency. However, federal agencies declared the emergency over last month. So now, 80 million Americans are in the process

of having their Medicaid eligibility checked by their states’ health department.

According to DHCS figures, 1,066,215 African Americans in California have Medi-Cal. Over 2.6 million Whites are enrolled in the program, as are 7.4 million Latinos. Over 2.8 million people who did not provide a race or ethnicity are insured by Medi-Cal and the number of Asian/Pacific Islanders enrolled is over 1.4 million. By ethnicity, people of American Indian/Alaskan Native descent account for the lowest number of enrollees at 55,851.

Children’s Partnership Executive Director Mayra Alvarez said during the online call that it is important for Medi-Cal eligible families to keep coverage.

“As we come out of this public health emergency, health insurance coverage and access to care is essential for everyone to be healthy and thrive,” she explained. “Particularly during this pandemic, which has also exacerbated mental health issues for children and youth



across the state.”

Alvarez said most of Medi-Cal enrollees are people of color, and nearly 70% of the 5.7 million children that use the service are minorities.

“It is a lifeline for so many in our communities, and it’s a program that continues to be available for the millions enrolled,” she stated. “Even before the pandemic, long standing, structurally racist policies and practices have created an environment wherein

families of color experience significantly greater degrees of instability. Instability in employment; instability in income; instability in housing. These economic and housing conditions actually heighten the risk of disruptions in health coverage and in doing so, eliminates the security that comes with having health insurance coverage.”

The packets inside the yellow envelopes Medi-Cal members will receive ask for personal information,

including their current phone number, email address, and street address. Recipients must reply by the deadline, which is typically between 45 to 60 days after getting the packet in the mail. For example, packets mailed this month have a June 30 due date and packets sent in May must be returned by July 31. The Medi-Cal account holders can provide that info by mail, online, or by calling their county’s Medi-Cal office.

“The easiest way to actually do this is online,” Huang remarked.

Medi-Cal members all have different medical renewal months. Around 30% will be automatically renewed. Those people will get a letter in the mail acknowledging that.

Also, addressed during the briefing were the steps involved in redetermining a person’s eligibility and how to get information in 19 different languages.

Between two million to three million Californians will lose the health service, while others will become eligible for the first time.

(Cont. on Page 6)



Photo courtesy of Getty Images

## 5 Sleep Habits Essential for Heart Health

(Family Features) In the days following a time change due to daylight saving time, research shows a marked increase in heart attacks and strokes. However, losing sleep anytime can be a major risk factor for cardiovascular disease.

“Getting a good night’s sleep every night is vital to cardiovascular health,” said Donald M. Lloyd-Jones, M.D., Sc.M., FAHA, past volunteer president of the American Heart Association and chair of the department of preventive medicine, the Eileen M. Foell Professor of Heart Research and professor of preventive medicine, medicine and pediatrics at Northwestern University’s Feinberg School of Medicine. “Adults should aim for an average of 7-9 hours and babies and kids need more depending on their age. Unfortunately, we know as many as 1 in 3 people do not

get their recommended amount of sleep each night.”

According to Lloyd-Jones, the amount of sleep and quality of sleep are important, and both can have significant impacts on cardiovascular health, as well as overall health. In addition to increasing risk for cardiovascular conditions like heart attack and stroke, lack of sleep may also put people at risk of things like depression, cognitive decline and obesity.

Research in the “Journal of the American Heart Association” shows maintaining a consistent sleep pattern may play an important role in preventing cardiovascular disease. Researchers found falling asleep at different times or sleeping an inconsistent number of hours each night, even variations of more than two hours a night within the same week, were tied to developing hardened arteries,

known as atherosclerosis.

“We know people who get adequate sleep manage other health factors better as well, such as weight, blood sugar and blood pressure,” Lloyd-Jones said. “The American Heart Association recently added sleep to the list of factors that support optimal cardiovascular health. We call these Life’s Essential 8 and they include eating a healthy diet, not smoking or vaping, being physically active and getting adequate sleep, along with controlling your blood pressure and maintaining healthy levels of cholesterol and lipids, healthy blood sugar levels and a healthy weight.”

Consider these small changes in daily habits that can make a big difference in sleep quality:

Make healthy living a habit: Eat a balanced diet, get regular physical activity and

(Cont. on Page 6)

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# FOOD

## A Full, Fresh Menu Fit for a Brunch Feast



Savory Cheese Balls

FAMILY FEATURES

**B**irthdays, holidays or just casual Saturdays are all perfect excuses to enjoy brunch with your favorite people. Bringing everyone together with quiches, pastries, appetizers, desserts and more offers an easy way to kick back and relax on a warm weekend morning.

These recipes for Easy Brunch Quiche, Savory Cheese Balls and Lemon Blueberry Trifle provide a full menu to feed your loved ones from start to finish, regardless of the occasion.

Find more brunch inspiration by visiting [Culinary.net](http://Culinary.net).

### A Savory Way to Start the Celebration

Serving up exquisite flavor doesn't have to mean spending hours in the kitchen. You can bring the cheer and favorite tastes with simple appetizers that are equal measures delicious and visually appealing.

These Savory Cheese Balls are easy to make and perfect for get-togethers and brunch celebrations. Texture and color are the name of the game with this recipe, and the result is a beautiful array of red, gold and green, all on one plate.

To find more recipes fit for brunch, visit [Culinary.net](http://Culinary.net).

### Savory Cheese Balls

Servings: 6-12

- 2 packages (8 ounces each) cream cheese
- 2 tablespoons caraway seeds
- 1 teaspoon poppy seeds
- 2 cloves garlic, minced, divided

- 1/4 cup parsley, chopped
- 2 teaspoons thyme leaves, chopped
- 1 teaspoon rosemary, chopped
- 1/4 cup dried cranberries, chopped
- 2 tablespoons pecans, chopped
- crackers (optional)
- fruit (optional)
- vegetables (optional)

Cut each cream cheese block into three squares. Roll each square into ball.

In small bowl, combine caraway seeds, poppy seeds and half the garlic.

In second small bowl, combine parsley, thyme, rosemary and remaining garlic.

In third small bowl, combine cranberries and pecans.

Roll two cheese balls in seed mixture, two in herb mixture and two in cranberry mixture.

Cut each ball in half and serve with crackers, fruit or vegetables, if desired.



Lemon Blueberry Trifle

### Say Goodbye to Basic Brunch

The same old brunch menu can become tiresome and dull. Adding something new to the table with fresh ingredients and simple instructions can enhance your weekend spread and elevate brunch celebrations.

Try this Easy Brunch Quiche that is sure to have your senses swirling with every bite. This quiche is layered with many tastes and a variety of ingredients to give it crave-worthy flavor, from broccoli and bacon to mushrooms, eggs and melty cheese.

Visit [Culinary.net](http://Culinary.net) to find more brunch recipes.

### Easy Brunch Quiche

Serves: 12

- 1 package (10 ounces) frozen broccoli with cheese
- 12 slices bacon, chopped
- 1/2 cup green onions, sliced
- 1 cup mushrooms, sliced
- 4 eggs
- 1 cup milk
- 1 1/2 cups shredded cheese, divided

- 2 frozen deep dish pie shells (9 inches each)

Heat oven to 350 F.

In medium bowl, add broccoli and cheese contents from package. Microwave 5 minutes, or until cheese is saucy. Set aside.

In skillet, cook chopped bacon 4 minutes. Add green onions; cook 2 minutes. Add mushrooms; cook 4 minutes, or until bacon is completely cooked and mushrooms are tender. Drain onto paper towel over plate. Set aside.

In medium bowl, whisk eggs and milk until combined. Add broccoli and cheese mixture. Add 1 cup cheese. Stir to combine. Set aside.

In pie shells, divide drained bacon mixture evenly. Divide broccoli mixture evenly and pour over bacon mixture. Sprinkle remaining cheese over both pies. Bake 40 minutes.

Cool at least 12 minutes before serving.

**Note:** To keep edges of crust from burning, place aluminum foil over pies for first 20 minutes of cook time. Remove after 20 minutes and allow to cook uncovered until completed.

### Finish Brunch with a Light, Layered Treat

After enjoying eggs, bacon, French toast and pancakes or any other brunch combination you crave, it's tough to top a fresh, fruity treat to round out the meal. Dish out a delicious dessert to cap off the morning and send guests out on a sweet note that's perfectly light and airy.

The zesty zip of lemon curd in this Lemon Blueberry Trifle brings out the sweetness of whipped cream made with Domino Golden Sugar, fresh blueberries and cubed pound cake for a vibrant, layered bite. Plus, it's a bright, beautiful centerpiece you can feel proud of as soon as guests try their first bite.

Find more dessert recipes fit for brunch and other favorite occasions at [DominoSugar.com](http://DominoSugar.com).

### Lemon Blueberry Trifle

Prep time: 45 minutes

Servings: 8-10

#### Lemon Curd:

- 1 cup Domino Golden Sugar
- 2 tablespoons cornstarch
- 1/4 cup freshly squeezed lemon juice
- 1 tablespoon lemon zest
- 6 tablespoons water
- 1/4 teaspoon salt
- 6 egg yolks
- 1/2 cup (1 stick) unsalted butter, at room temperature, cut into 1/2-inch cubes

#### Whipped Cream:

- 2 cups heavy whipping cream, cold
- 2 tablespoons Domino Golden Sugar
- 2 teaspoons pure vanilla extract

#### Trifle:

- 1 cup blueberry jam
- 12 ounces fresh blueberries, plus additional for garnish, divided
- 1 pound cake, cubed
- lemon slices, for garnish
- mint, for garnish

To make lemon curd: In medium saucepan, stir sugar and cornstarch. Stir in lemon juice, lemon zest, water and salt. Cook over medium heat, stirring constantly, until thickened. Remove from heat and gradually stir in three egg yolks; mix well until combined. Stir in remaining egg yolks. Return to heat and cook 2 minutes, stirring constantly. Remove from heat.

Stir in butter; mix until incorporated. Cover with plastic wrap, touching surface of lemon curd to prevent curd forming skin. Refrigerate until completely cool.

To make whipped cream: In large bowl, beat cream, sugar and vanilla until soft peaks form. Do not overbeat.

To make trifle: Mix blueberry jam with 12 ounces fresh blueberries. Place one layer cubed pound cake in bottom of trifle dish. Top with layer of blueberries. Add dollops of lemon curd and whipped cream. Repeat layering ending with whipped cream.

Decorate trifle with lemon slices, fresh blueberries and mint.



Easy Brunch Quiche



# ENTERTAINMENT



By Dwight Brown  
Film Critic NNPA  
Newswire  
(\*\*\*)

Shut up!!! Before Elvis, David Bowie, Prince, Harry Styles and Lil Nas X there was Little Richard. The bright, shiny North star of rock and roll.

Richard Penniman, a pioneer rock 'n roller, was the third of 12 children in 1930s Macon, GA. His brash personality got him the attention he desired. Banging piano keys like a percussive instrument, wearing flamboyant attire and singing provocative songs ("Tutti Frutti") arguably made him the music industry's first true glam rock star. His DNA is everywhere.

Director Lisa Cortes (codirector All In: The Fight For Democracy; producer The Apollo, exec producer Precious) astutely assembles an impressive group of legends who attest to Penniman's showmanship and musical prowess: Tom Jones, Nona Hendryx, John Waters, Billy Porter and even Mick Jagger proclaims: "He did it first!"

If legends are defined by how they changed the world, Little Richard deserves his flowers. He blended gospel, blues and boogie woogie music. Encouraged black and white kids to dance together in concert halls that had been segregated forever. Gave fledgling bands (Beatles and Rolling Stones) the opportunity to open on the road for him. He left a scent. We can trace his influence. There are plenty of Little Richard imitators performing today who have no idea who blazed a path so they could be creative, outrageous and accepted. But it was him. They're following him.

This perceptive doc also tackles the originator's up and down, rags to riches to rags career. Rich king one day, foreclosures the next. Watching Pat Boone and Elvis cover his songs and make more money than he would ever see is disturbing. Equally troubling is the anguish he felt not owning the rights to his



## I Am Everything

music. It's a cautionary tale worth telling again and again.

Also on view are his ambivalent feelings regarding his sexuality. Proud gay man cavorting in underground Black drag clubs in the late '40s. A Seventh Day Adventist pilgrim in the '70s, pious and ashamed of his old ways. Retrospective elder recounting the orgies he threw and sermons he preached—as if it all works together in a preordained way. Through it all, he is never in doubt about his self-worth. Afterall, it isn't hubris when you have the goods. It's just the truth: "I am the emancipator the architect. The one who started it all."

Cortes perceptively retraces both the glamorous side and the private life. Some of the most poignant testimonies are from his former back-up band. Glimpses into his childhood, short-lived marriage and arrest add to his allure. Also learning that he worked the same chitlin

circuit as Ma Rainey and was influenced by Rosetta Tharpe ties a lot of musical history together.

Penniman's life journey and spirit are captured by Keith Walker and Graham Willoughby's cameras, caressed by Tamar-kali's musical score and artfully assembled by editors Jake Hostetter and Nyneve Laura Minnear. All the archival footage, photos and interviews are neatly clipped together in 1h 41m of revealing and entertaining footage.

If you pick the right subject, a documentary sells itself. In that way, Little Richard's legacy is a magnet and music fans will be drawn to this enlightening doc. An astute, loving bio that catalogues the gigantic and well-deserved ego of the originator who knew he was everything: "I'm not conceited. I'm convinced." Shut up!!!

In theaters April 21st.



Little Richard and his Band in *Little Richard I Am Everything*



# Funding for CBOs

(Cont. from Page 1)

PATH, a five-year \$1.85B initiative, has funding that hopes to scale up the goals and services of CalAIM, including support for Enhanced Care Management and Community Supports, and Justice-Involved Planning and Implementation. The program focuses on historically under-resourced organizations, to helps advance health equity and address social drivers of health.

Now open with Round 2 funding, the Capacity and Infrastructure Transition, Expansion, and Development (CITED) Initiative is calling eligible applicants, including counties, cities, local government agencies, hospitals and health care providers and Community Based Organizations.

In a CITED Fund

informational webinar, among the uses of funding discussed includes projects that increase provider workforce, support capacity, evaluate and monitor enhanced care management and community supports, and assess gaps.

“Funding can support developing a plan to conduct outreach to those populations who are traditionally under-resourced or underserved and help engage them in care and get them engaged,” the presenter said.

So far, California Department of Health Care Services has awarded total funding for CITED Round 1 at \$207 million. The CITED Round 2 application window opened on February 28 and will close on May 31. Other funding, such as the Justice-Involved Capacity Building

Program, is also upcoming.

“As PATH funds serve to strengthen capacity statewide, particularly among providers and CBOs that have historically been under-resourced, the initiative will help California advance health equity, address social drivers of health, and move towards an equitable, coordinated, and accessible Medi-Cal system,” the state’s website says.

For more funding opportunities, see CalOptima <https://www.caloptima.org/en/About/CurrentInitiatives/CalAIM.aspx>

For more information on CalAIM Justice-Involved Initiative <https://www.dhcs.ca.gov/CalAIM/Pages/Justice.aspx>

For more information on deadlines for CalAIM CBO funding, see <https://www.dhcs.ca.gov/CalAIM/Pages/CalAIM-PATH.aspx>

To learn more about Equity in OC, see <https://www.unitedwayoc.org/how-we-are-doing-more/equityoc/>

# Medical Care

(Cont. from Page 1)

against the bladder, something doesn’t feel the same.

“The next thing you know blood is pouring from our bodies and now you’re taking us seriously? Why does it always have to get to crisis management with us?” said Coulter, MPH, MSW.

Recently, Coulter gave a talk at Long Beach City College, and also at the American Council of Physicians, about James Marion Sims, an American plantation gynecologist who performed torturous tests without anesthesia on enslaved Black women. The atrocity is compared to the Nuremberg experiments.

Coulter said it marks the origin of the systemic racism that continues in gynecology and obstetrics today.

“Think about it, a woman who has men holding her down. They are going to cut the baby out with the “father of gynecology” practicing the cesarean method on her body. She’s a slave. Can she scream if she’s in pain? Who’s going to rescue you? No one,” she said.

Coulter, who grew up in South Central Los Angeles, said her life mirrors the people that she now serves, understanding and sharing in the plight and struggle of Black people.

“[It’s] the fight we have to receive even basic services. I couldn’t help but get into this space professionally. I went to school and got my credentials

so people would have to listen to what I have to say,” she said.

Compared to the early 90s, she believes the situation today is worse. Back then, at least they had food banks, they had Boys Market, they had resources. Today it’s all severely limited, and groceries stores are few and far between.

Gentrification adds a whole different layer, pushing Black people out of neighborhoods that they built and lived in, she said. Medical services remain scant in impacted areas, and the community overuses emergency rooms for lack of access to preventive care.

Few clinicians are available, or follow-up services with physicians. She said the wait time to see a doctor could be months.

“That could be the difference between life and death for those with chronic illnesses,” she said.

Mobile units may be an option, but there isn’t much confidence because of historic medical abuses. Some fear DNA database collections from the bloodwork. When the community goes for help, the questions are intrusive, and she said practitioners are not trained in cultural relevance as it applies to medicine in the community. They are disconnected from the demographic they claim to serve.

She teaches a Health Navigation Education Class at the Community Resource Center in Long Beach to

open up conversations for the community on how to survive healthcare. AHN has received funding from the City of Long Beach and County of Los Angeles.

For ten years, Coulter has worked in health systems, and said the way Black patients are treated is deplorable, but she shares what she has seen to help others avoid potentially life-threatening healthcare.

So far, she counts her best accomplishment as securing funding through the state of California as a Black-serving organization.

“I can fill out an application and say this application is centered in Blackness, that’s the group we are serving with this funding. This year, the goal is to get funding to educate the practitioners on how to communicate effectively with Black people.”

She wants to reach doctors, nurses, dentists, physicians, to teach them how to serve the community. Her mission is to take some of the onus of healthcare off the people and put it on the academicians, physicians, practitioners and clinicians.

Among added economic pressures resulting from housing, discrimination, the impacted community is dealing with how to pay utilities, how to feed the family, and being called to jump through unnecessary hoops of the medical system, she said.

“On top of that – add you need to know how to talk to your doctor to get something done. I’m sorry, at what point does the doctor need to know how to talk to the patients to make sure they don’t die?” she said.

For more information, see <https://advantagehealthnow.com/>

# Sleep Habits

(Cont. from Page 3)

manage stress to support a healthier night’s sleep.

Set the alarm for morning and night: Stick to specific times to go to bed and wake up each day and commit to a consistent sleep schedule as much as possible. Along with a wake-up alarm, try a bedtime alarm to indicate it’s time to start winding down.

Establish bedtime habits: Once your bedtime alarm goes off, move into a familiar ritual, like brushing your teeth, washing your face or taking a warm bath.

Relax and unwind: Take a few minutes to destress. Consider reading, journaling, meditating or listening to music to ease into a good night’s rest.

Take a technology break: A bedroom free of light and technology equates to better sleep, so keep your phone and other devices away from the bed. Try logging off your electronic devices at least an hour before bedtime.

Learn more about the importance of sleep for heart health at [heart.org](https://heart.org).

# UCI

(Cont. from Page 2)

It was UCI’s first Big West loss and its first defeat since March 3. The ‘Eaters (11-7, 4-1 Big West) are now tied for second with the Gauchos (19-3, 4-1 Big West) in the conference standings, sitting a half-game back of UC Davis (5-1), who the Anteaters beat on Friday.

UCSB took the doubles point with a pair of 6-4 victories at Nos. 2 and 3. At the top of the lineup, Brandon Park and Noah Zamora were tied with 68th-ranked Kai Brady/Philip Jordan, 5-5, when the Gauchos clinched the point.

UC Irvine pulled even in singles as Ali Amiri upended Brady, 6-4, 6-1, on court five. Amiri extended his win streak to eight.

UC Santa Barbara then responded with straight-set victories at No. 1, No. 6 and No. 3 to secure the 4-1 win in a rematch of last year’s Big West championship match.

UCI is back at Anteater Tennis Stadium Sunday, April 23, when it hosts UC San Diego in its regular-season finale. First serve is set for 3:00 p.m.

Women’s Tennis

UC Irvine’s competitive fight in singles play was not enough as they dropped 6-1 at Cal Poly.

All three UC Irvine doubles pairs battled in their respective matches but came up short as Cal Poly swept to collect two points. The Fowler sisters were able to force an extra point but were unsuccessful as they fell 7-5 to Cal Poly’s Dunkle sisters. Haily Huynh made her doubles debut with Amanda Perez at No.3.

The duo of Jenna Schlatter and Alyssia Fossorier were trailing 5-4 but walked away from the match unfinished as the Mustangs had completed the sweep.

The Anteaters saw a shift in the singles positions, with everyone moving up one spot.

Fossorier earned the lone singles point for UCI at the No. 2 position. After falling 6-4 in the first set, she battled back to win in the second by the same score to force the tiebreaker set. Fossorier won 10-7 in the third to take the No. 2 match.

“Tough match today against Cal Poly,” stated assistant coach Benjamin Cook. “We started strong in doubles keeping it close and competitive. In singles we had trouble finding our footing and by the time we started to find it was a bit late into the matches. Alyssia played an amazing match at 2 singles grabbing a huge win.”

UC Irvine returns home for two final Big West matches, the first against Long Beach State on Thursday, April 20 followed by Hawaii on April 23.

# Medi-Cal Renewal

(Cont. from Page 3)

Workers hired to jobs that provide health benefits and people who earn enough income to be shifted from the health coverage to Covered California, the state’s health insurance exchange, are among those predicted to lose Medi-Cal.

Huang said the switch from Medi-Cal to Covered California can be automatic.

“It all goes back to the member must have the most updated information with the county Medi-Cal office for that process to happen,” she said.

The Medi-Cal packets are sent to the last known address of beneficiaries. Recipients whose name, phone number,

email address or mailing address have changed in the last three years need to update that information at [Covered California](#), [BenefitsCal](#), or [My Benefits CalWIN](#).

Medi-Cal coverage, Alvarez said, can continue for everyone who is eligible.

“Now is the time 80 make sure we are taking the necessary steps to keep our coverage,” she noted. “This is especially important for people of color, who are more likely to rely on Medi-Cal for coverage and who are more likely to be at risk of losing that coverage.”

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