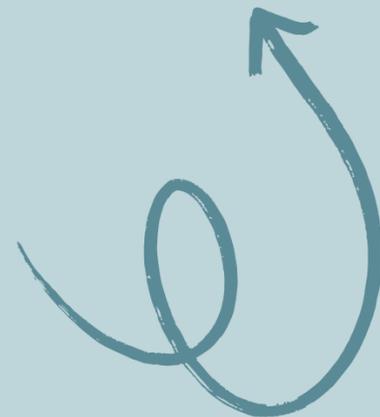


February 2026 Revive Day Program Schedule

All Locations

Flexible Programming



Revive “Person Centered” Day Program | February Overview

Community & Outings

Activities will be conducted at various locations, promoting engagement and socialization among participants every other Tuesday.

Weekly Structure

Flexible programming tailored to each location ensures participants receive consistent and quality care throughout the week.

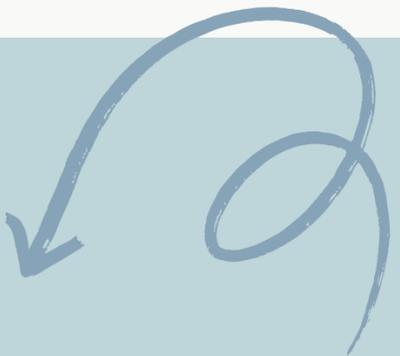
Monthly Requirements

Essential standards include blood pressure checks, hygiene maintenance, and necessary operational guidelines for program effectiveness.

Compliance Note

Adherence to Title 17 & 22 regulations is crucial for maintaining safe and effective community-based care services.

Daily Program Structure



Welcome & Word

Each day begins with a **morning welcome**, fostering community and connection, alongside the "Word of the WEEK" to inspire engagement and conversation among participants.

Movement & Wellness

Following the welcome, participants engage in **movement activities** designed to promote physical health and well-being, tailored to the needs and preferences of each individual in the program.

Skill Building

Participants then partake in **skill-building and group activities**, encouraging personal growth and collaboration, while ensuring everyone has the opportunity to contribute and learn from each other

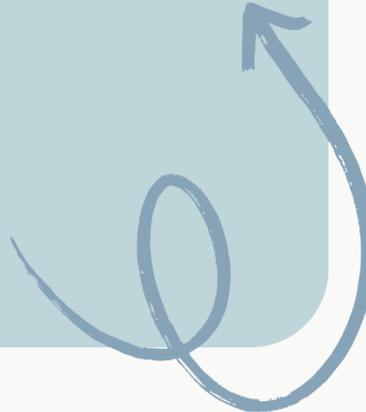
Weekly Core Activities may include:

- Dance / Movement
- Cooking Group
- Arts & Crafts
- Reading & Literacy
- Music & Rhythm

 Specific activities are determined by each location and client preference.

Monthly services and supports include:

- Blood Pressure Check (scheduled Tuesday or Wednesday)
- Hygiene & Healthy Living Education
- Client Essential Run (every 3rd Thursday of the month)



Weekly and Monthly Standards

- **Weekly enrichment** focuses on health and wellness activities.
- **Monthly health checks** ensure client well-being and safety.
- **Essential runs** provide necessary services for participants.

Clean checklist



Health checks



Wellness activities



Essential services



Week 1 Schedule Overview

This **editable layout** allows staff to customize activities based on local needs while maintaining a consistent structure. Each day includes flexible blocks for client choice and location-specific activities.

Word of the Week: **Community**

SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30-9:45 AM	WELCOME & WORD OF THE WEEK	WELCOME & WORD DISCUSSION	WELCOME & WORD DISCUSSION	WELCOME & WORD DISCUSSION	WELCOME & WORD REVIEW
9:45-10:15 AM	WALK IT OUT (MOVEMENT)	WALK IT OUT	WALK IT OUT	WALK IT OUT	WALK IT OUT
10:15-10:45 AM	DANCE / CARDIO	TUTORING / LITERACY	COOKING GROUP	ARTS & CRAFTS	COMMUNITY OUTING / CLIENT CHOICE
10:45-11:00 AM	BREAK	BREAK	BREAK	BREAK	BREAK
11:00-12:00 PM	GROUP DISCUSSION: COMMUNITY	CURRICULUM: MATH	CLIENT CIRCLE DISCUSS: WHY IS IT IMPORTANT TO MANAGE YOUR EMOTIONS	CURRICULUM: WRITING	MOVIE THEATER FIELD TRIP
12:00-12:30 PM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
12:30-1:15 PM	MUSIC & RHYTHM	GAMES	MUSIC & RHYTHM	LIBRARY	MOVIE THEATER FIELD TRIP
1:15-2:00 PM	DECOMPRESS & CLEAM	DECOMPRESS & CLEAM	DECOMPRESS & CLEAM	DECOMPRESS & CLEAM	DECOMPRESS & CLEAM
2:00-2:30 PM	END OF DAY	END OF DAY	END OF DAY	END OF DAY	END OF DAY

WEEK 2

This template maintains the same structure as Week 1, while allowing for location-specific activities and dates. Staff can customize activities to ensure they meet participant needs and preferences.

Word of the Week: **Growth**

SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30-9:45 AM	WELCOME & WORD OF THE WEEK	WELCOME & WORD DISCUSSION	WELCOME & WORD DISCUSSION	WELCOME & WORD DISCUSSION	WELCOME & WORD REVIEW
9:45-10:15 AM	WALK IT OUT (MOVEMENT)	WALK IT OUT	WALK IT OUT	WALK IT OUT	WALK IT OUT
10:15-10:45 AM	GOAL SETTING	LEARNING FROM MISTAKES	MAKING CONNECTIONS	EMOTIONAL REGULATION	GROUP CHALLENGE
10:45-11:00 AM	BREAK	BREAK	BREAK	BREAK	BREAK
11:00-12:00 PM	DANCE / MOVEMENT	TUTORING	COOKING GROUP	VALENTINE CRAFT	PARK / COMMUNITY ACTIVITY
12:00-12:30 PM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
12:30-1:15 PM	MATH	LITERACY	CIRCLE TIME	READING	JOURNALING
1:15-2:00 PM	MUSIC	GAMES	MUSIC	GAMES	SOCIAL TIME
2:00-2:30 PM	END OF DAY	END OF DAY	END OF DAY	END OF DAY	END OF DAY

Presidents' Day Program Closure

On February 16, there will be **no programs** in observance of Presidents' Day. This closure aligns with our commitment to compliance while ensuring families and staff are informed well in advance.



WEEK 3

SCHEDULE

This editable layout allows staff to customize activities based on local needs while maintaining a consistent structure. Each day includes flexible blocks for client choice and location-specific activities.

Word of the Week: **Leadership**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30-9:45 AM	NO PROGRAM (STATE HOLIDAY)	WELCOME & WORD DISCUSSION	WELCOME & WORD DISCUSSION	WELCOME & WORD DISCUSSION	WELCOME & WORD REVIEW
9:45-10:15 AM		WALK IT OUT	WALK IT OUT	WALK IT OUT	WALK IT OUT
10:15-10:45 AM		LEADERSHIP SKILLS	DECISION MAKING	HYGIENE SKILLS	TEAM GAME
10:45-11:00 AM		BREAK	BREAK	BREAK	BREAK
11:00-12:00 PM		MUSEUM	COOKING GROUP	ARTS & CRAFTS	BOWLING
12:00-12:30 PM		LUNCH	LUNCH	LUNCH	LUNCH
12:30-1:15 PM		LIBRARY	CLIENT CIRCLE	GROUP REFLECTION	BOWLING
1:15-2:00 PM		MUSIC	GAMES	MUSIC	SOCIAL TIME
2:00-2:30 PM		END OF DAY	END OF DAY	END OF DAY	END OF DAY

WEEK 4

SCHEDULE

This template allows for flexible activities tailored to individual preferences while maintaining the established structure. Clients can choose from various options, enhancing their experience and engagement throughout the program.

Word of the Week: **Resilience**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30-9:45 AM	WELCOME & WORD OF THE WEEK	WELCOME & WORD DISCUSSION	WELCOME & WORD DISCUSSION	WELCOME & WORD DISCUSSION	WELCOME & WORD REVIEW
9:45-10:15 AM	WALK IT OUT (MOVEMENT)	WALK IT OUT	WALK IT OUT	WALK IT OUT	WALK IT OUT
10:15-10:45 AM	COPING SKILLS	ASKING FOR HELP	PROBLEM SOLVING	SELF-ADVOCACY	GROUP CHALLENGE
10:45-11:00 AM	BREAK	BREAK	BREAK	BREAK	BREAK
11:00-12:00 PM	DANCE	TUTORING	COOKING GROUP	ARTS & CRAFTS	PARK
12:00-12:30 PM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
12:30-1:15 PM	MATH	LITERACY	READING	MATH	MOVIE
1:15-2:00 PM	MUSIC	GAMES	MUSIC	FREE CHOICE	MOVIE
2:00-2:30 PM	END OF DAY	END OF DAY	END OF DAY	END OF DAY	END OF DAY