

PROTOM INTERNATIONAL CLINICAL EFFICACY SITE

PROTON THERAPY LITERATURE

In the treatment of cancer, high doses of radiation are used to destroy cancer cells by damaging their DNA. When the DNA of a cancer cell is destroyed beyond repair, the cell dies and is then eliminated by the body through natural processes.

Proton therapy is an advanced form of radiation treatment that has been used to treat more than 280,000 people worldwide as of 2021. By 2030, it is estimated that between 300,000 and 600,000 patients will have received proton therapy treatment.

The following are research studies published between 2023 and 2025 that underscore the benefits of proton therapy for certain cancer patients. The majority of the studies employ pencil beam scanning, the most precise form of proton therapy.

PROTON THERAPY (GENERAL)

Raheem AM, Abd NN, et al. [Proton therapy for solid tumors: A comparative study between old and modern technologies](#), *Journal of Advanced Medical Technologies*, Volume 6, Issue 1, January-February 2025, Pages 517-521, ISSN (online): 2582-7138.

Hartsell W, Simone C, et al. [Temporal Evolution and Diagnostic Diversification of Patients Receiving Proton Therapy in the United States: A Ten-Year Trend Analysis \(2012-21\) from the National Association for Proton Therapy](#). *International Journal of Radiation Oncology*Biophysics*. 2023; ISSN 0360-3016, <https://doi.org/10.1016/j.ijrobp.2023.12.041>.

CARDIAC

Shah KD, Chang CW, et al. [A Comparative Dosimetric Study of Proton and Photon Therapy in Stereotactic Arrhythmia Radioablation for Ventricular Tachycardia](#), *arXiv*, 2025, <https://doi.org/10.48550/arXiv.2501.18433>.

BREAST

Loap, P., Vu-Bezin, J., De Marzi, L. *et al.* Proton therapy reduces the effective dose to immune cells in breast cancer patients. *Strahlenther Onkol* **200**, 1074–1079 (2024). <https://doi.org/10.1007/s00066-024-02263-1>

Qiao K, Wei Y, Tao C, et al. Proton therapy for breast cancer: Reducing toxicity. *Thorac Cancer*. 2024; 15(30): 2156–2165. <https://doi.org/10.1111/1759-7714.15451>

Chakraborty MA, Lozano A, et al. Reconstructive Outcomes and Complications after Mastectomy and Proton Therapy for Breast Cancer. *International Journal of Radiation Oncology, Biology, Physics*, Volume 120, Issue 2, e302. 2024; DOI: [10.1016/j.ijrobp.2024.07.670](https://doi.org/10.1016/j.ijrobp.2024.07.670)

G.W.Y. Chua, B.S. Ho, et al. [Intensity-Modulated Proton Therapy \(IMPT\) Offered Advantageous Dosimetry Compared to Volumetric Arc Therapy \(VMAT\) or Helical Tomotherapy \(HT\) in Patients with Synchronous Bilateral Breast Cancer](#), *International Journal of Radiation Oncology*Biophysics*, Volume 117, Issue 2, Supplement, 2023, Pages e169-e170, ISSN 0360-3016, <https://doi.org/10.1016/j.ijrobp.2023.06.1010>.

Hisashi Yamaguchi, Nobuyoshi Fukumitsu, Haruko Numajiri et al. The Japanese nationwide cohort data of proton beam therapy for liver oligometastasis in breast cancer patients, 25 April 2023, *PREPRINT (Version 1) available at Research Square* [<https://doi.org/10.21203/rs.3.rs-2768801/v1>]

Brooks E, Vega R and et, al. Proton Therapy for Bilateral Breast Cancer Maximizes Normal-Tissue Sparing. *Int J Part Ther* 2023; doi: <https://doi.org/10.14338/IJPT-22-00041.1>

Lalani N, Alqarni S, Jimenez RB, et. al. The Potential of Proton Therapy for Locally Advanced Breast Cancer: Clinical and Technical Considerations. *Current Oncology*. 2023 Feb 28; 30(3):2869-2878. <https://doi.org/10.3390/curroncol30030219>

GYNECOLOGIC

Pollock, A. E., Risher, H., et. al. Clinical Outcomes of Intensity Modulated Proton Therapy (IMPT) Re-Irradiation for Gynecologic Malignancies. *Advances in Radiation Oncology*. 2023 Feb 25; 101191. ISSN 2452-1094. <https://doi.org/10.1016/j.adro.2023.101191>.

HEAD AND NECK

Bała, K., Samovich, Y. & Dorobisz, K. Proton Therapy in The Treatment of Head And Neck Cancers- Review. *Curr Oncol Rep* **26**, 1380–1387 (2024). <https://doi.org/10.1007/s11912-024-01592-9>

Das A, Sylvia J, At al. Impact of intensity-modulated proton therapy in reducing radiation-induced lymphopenia in glioma patients, *Neuro-Oncology Advances*, Volume 6, Issue 1, January-December 2024, vdae088, <https://doi.org/10.1093/noajnl/vdae088>

Iannalfi, A., Riva, G., Lillo, S. et al. Proton therapy for intracranial meningioma: a single-institution retrospective analysis of efficacy, survival and toxicity outcomes. *J Neurooncol* 169, 683–692 (2024). <https://doi.org/10.1007/s11060-024-04751-x>

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Chang C, Lin K, et al. [Comparative Effectiveness of Intensity-Modulated Proton Therapy Versus Intensity-Modulated Radiotherapy for Inoperable Esophageal Squamous Cell Carcinoma Patients Undergoing Curative-Intent Concurrent Chemoradiotherapy](#). *Journal of Thoracic Oncology*. 2023; ISSN 1556-0864, <https://doi.org/10.1016/j.jtho.2023.12.021>.

Zhou P, Du Y, Zhang Y, et al. [Efficacy and Safety in Proton Therapy and Photon Therapy for Patients With Esophageal Cancer: A Meta-Analysis](#). *JAMA Netw Open*. 2023;6(8):e2328136. Published 2023 Aug 1. [doi:10.1001/jamanetworkopen.2023.28136](https://doi.org/10.1001/jamanetworkopen.2023.28136)

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LIVER

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PROSTATE

K.R. Gergelis, M. Bai, et al. [Long-Term Patient-Reported Bowel and Urinary Quality of Life in Patients Treated with Intensity-Modulated Radiotherapy and Intensity-Modulated Proton Therapy for Localized Prostate Cancer](https://doi.org/10.1016/j.ijrobp.2023.06.2502), *International Journal of Radiation Oncology*Biology*Physics*, Volume 117, Issue 2, Supplement, 2023, Page e385, ISSN 0360-3016, <https://doi.org/10.1016/j.ijrobp.2023.06.2502>.

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RECTAL

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OCULAR

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SARCOMA

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