



EMERGENCY PREPAREDNESS

Stay Informed

Check weather forecasts, emergency alerts, travel alerts and fire conditions and restrictions - for every place between where you are now and your destination.

- Install a weather app on your phone and sign up for alerts.
- Install apps that help you monitor things like lightning, wild fires, hurricanes, tsunamis and earthquakes. Organizations like the American Red Cross and FEMA also offer apps.
- Consider purchasing a NOAA weather radio with solar and handcrank options and cell phone charger. *NOAA Weather Radio is a nationwide network of radio stations broadcasting continuous weather information from the nearest National Weather Service office.*
- Identify alternate routes and transportation options.
- For more ideas and information, check out www.ready.gov/be-informed

Prepare Your Kit

It's not enough to just buy a kit and toss it in the car with the rest of your gear. Take the time to ensure everything in the kit is fully stocked, replace items you've used, charge solar panels, replace batteries and make sure nothing is expired.

Add critical personal items to your kit:

- Local maps or trail guides
- A list of emergency locations and phone numbers
- Prescription Medications - take extra!
- Personal Identification
- Emergency Contacts
- Emergency Funds
- Extra clothing items such as a shirt, socks and undergarments
- Sufficient food for at least 72 hours

Visit us at www.ALIVEKits.com to purchase kits. We also offer great products you can add to your existing kit.

Communicate Your Plan

Communication is vital. Make sure family members or a friend know where you are going. Give them an itinerary of where you plan to be and when you plan to be there. Have a communication plan in case you lose your cell phone or power goes out or something worse happens. Have a plan for them to follow if they don't hear from you.

Check out these online resources

Ready.gov

- Be Informed – <https://www.ready.gov/be-informed>
- Make A Plan – <https://www.ready.gov/make-a-plan>
- Build A Kit – <https://www.ready.gov/build-a-kit>
- Get Involved – <https://www.ready.gov/get-involved>

American Red Cross

- Training & Certification – <https://www.redcross.org/take-a-class>
- Volunteer – <https://www.redcross.org/volunteer/become-a-volunteer>
- Donate – <https://www.redcross.org/donate/donation>
- Give Blood - – <https://www.redcross.org/give-blood>