

SPEED SPELLING – WHAT IS IT?

This is a useful methodology, particularly for improving spelling. It also has useful spin-offs into improving memory, remembering, attention/concentration/focus, building confidence and self-esteem.

I work with children and adults. I work with parents (separately/or alongside) their children, so that they can take the skills home and use them and teach them to others!

Speed Spelling in schools not only improves 'spelling' but can be integrated into a 'peer mentoring programme' where the older year groups teach and coach younger students.

Speed Spelling is particularly helpful for Dyslexic students because it:

- Accounts for unique visual disturbances (mirror writing/b's and d's/switching etc)
- Does NOT rely on phonetics (spelling through sound can be challenging).
- Increases automaticity.
- Increases working memory and teaches memory techniques.
- Is unconventional (and therefore more appealing)
- Is multi-sensory. Spell with eyes, ears, brain.
- Encourages attention to detail.
- Encourages self-awareness.
- Increases ability to follow a structure/a system of learning/be more organised/self-regulation
- Technique can be used across different subjects.
- Learning and success does not become an identity issue (success down played and feedback is behavioural specific/descriptive).
- They get quality time with a coach (peer coaching).

The roots of Speed Spelling come from NLP and Clean Language (Caitlin Walker's Magic Spelling [see here](#)).

Clean Language questioning places the emphasis on the individual learner, with the learner finding their *own* strategy and solutions ('considers *how* they learn'), and without the teacher imposing their own content.

The methodology respects individual differences and facilitates from the learner's perceptual framework. It is information-centred and child-centred allowing children to work at their own 'learning-edge'.

