



SAVE THE DATES: (Registration will be required as space is limited)

March 13, 2025 Human Trafficking Awareness/ Education Training

April 5, 2025 Women's Day Retreat

April 24, 2025 Self Defense Class

May 2, 2025 4th Annual KP Banquet



February 11, 2025

Dear Kingdom Pillars Strong Tower Community,

Jay McCampbell, Co-Founded Kingdom Pillars Strong Tower (KPST) and has served as Board President the past several years. Currently Jay has stepped down as Board President. While he has stepped down from this leadership role his support has not changed! We are indebted to Jay for his years of involvement, passion and vision which created Kingdom Pillars Strong Tower which in turn, created our vibrant organization and changed the lives of everyone he touched. He is a treasured member of our organization.

Angel Kennedy has served on the board since January 2023 and was nominated to become Board President in November 2024, after prayerful consideration she accepted the nomination. Angel Kennedy with unanimous board support was appointed Board President in December 2024. We are proud to announce Angel Kennedy as President of the Board of Directors for Kingdom Pillars Strong Towers.

Angel brings a wealth of knowledge to the Board and the ladies at KPST. Angel uses her years of restaurant experience to help women develop a positive work ethic, and other practical life skills. For her, having the opportunity to pour into the Strong Tower ladies is an answered prayer and a dream come true. She is a prayer warrior, serving on her church's healing and intercessory prayer teams, and the Kingdom Pillars intercessory prayer team. She teaches in her church's children ministry and hosts a women's Bible study group in her home.

Please join us in congratulating Angel and praying for her in this new role. We are very excited about the years ahead as they will naturally bring both challenges and opportunities. We are confident that under Angel's leadership we will not only meet these challenges and opportunities but will excel and thrive with your support and God's guidance.

Again, we wish to thank Jay for his years of dedication, passion and leadership to Kingdom Pillars, the board and for his continued support of KPST.

We are excited about the future as we continue to improve and expand into our community. Thank you for your continued support of KPST.

Sincerely,
Board of Directors, Kingdom Pillars Strong Tower



Angel Kennedy, President of the Board of Directors for Kingdom Pillars Strong Towers

A big THANK YOU to all the ladies that attended the Galentine's Day Tea! It was lots of fun!



Quote:

“What is the best feeling in the world?”

- Safety

Despite your bad moods, they stay.

Even when you're having a bad day, they stay.

And when you can't find the right words to say, they understand and stay.

Nothing's better than knowing that someone will stay no matter how rough it gets.

From the Director:

Boy has it been a chilly winter, brrrr. This winter season has been not only cold but has also caused illness for so many. Please know we keep all our partners in our prayers and if you ever have a prayer need please reach out.

I wanted to personally ask for prayer for my husband Jay. As many of you know the last two and a half years we've lost a son and a grandson, grief is challenging for us all and it has been extremely difficult for Jay. He has been battling something called, “Compassion Fatigue”.

For those of you experiencing loss, here is something I would like to share with you. Be proud of yourself because you survived the days you thought you couldn't. The moments when the weight of the world felt unbearable, and you didn't know how you would make it to the next hour—let alone the next day—you made it through. You held on,

even when everything in you wanted to let go. You kept going, step by step, even when the path was unclear, even when it felt like there was no path at all.

Surviving those days wasn't easy. It wasn't graceful or pretty. It was messy, painful, and raw. But you did it. You showed up for yourself when no one else could. You found strength you didn't know you had and pushed forward, even when it felt like you had nothing left to give. That's something to be proud of.

Sometimes, survival looks like getting out of bed when your heart is heavy. Other times, it's simply breathing through the pain, sitting in the silence, and letting the tears fall without shame. Survival isn't about perfection or having it all together—it's about choosing to stay, to fight, to heal, and to believe, even in the smallest way, that better days will come.

Looking back now, I see how far I've come. I've grown in ways I never imagined. I've found resilience in the darkest places and light where I once thought there was only shadow. Those hard days taught me lessons I carry with me every day: I am stronger than I think, braver than I feel, and more capable than I give myself credit for. I'm proud of myself because I didn't let the hard days define me. They shaped me, yes, but they didn't break me. I'm still standing. I'm still here. And every day I choose to keep going is another victory, no matter how small.

To anyone reading this: know that surviving the tough days is something to be deeply proud of. Celebrate yourself for the battles you've fought and won, even if they were silent, even if no one else saw them. You're here, and that's what matters.

1/27/2025

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