Hearts & Hands Quilters' Guild January 2023 BOM Midnight Variable Star

Fabric requirements:

White on white, dark blue and light blue

Cutting directions:

Dark Blue - cut 1 square 6 ¼" x 6 ¼"

- cut 1 square 4" x 4"
- cut 4 squares 3" x 3"

Light Blue - cut 2 squares 3 3/8" x 3 3/8"; cut once on the diagonal White – cut 4 squares 3 3/8" x 3 3/8"

Sewing Directions:

(Fast Flying Geese) On the wrong side of each of the 4 small white squares, draw a diagonal line; with right sides together, place two marked squares on opposite corners of the large dark blue square. Stitch a scant 1/4" seam on both sides of the drawn lines. Cut on the drawn lines. Press toward the small triangles.

With right sides together, place 1 of the small white marked squares on the corner of each piece. Stitch a scant 1/4'' seam allowance on both sides of the drawn line. Cut on the drawn line. Press the seam allowances toward the small triangles. Do this twice to make 4 Flying Geese.

(Center Square – Square in a Square) Sew a light blue triangle to the opposite sides of the 4" dark blue square; press toward the large square. Sew the remaining light blue triangles to the top and bottom of this unit; press to the center square

Assembly:

Sew a 3" blue square to each side of a flying geese unit; press to the square; make 2 $\,$

Sew a Flying Geese unit to each side of the Square in a Square; press toward the center

Sew the rows together following the diagram at the top of the page; press away from the center



RWB Version – substitute a red square for the center square

This is a 10" finished block (10 ½" unfinished)







