

## LITTLE DRESSES FOR AFRICA DIGNITY PROGRAM

# Sani-Pani Pattern

*Thank you for your interest in helping the girls in developing countries through our Dignity Program.*

### Materials

Prewashed flannel  
100% cotton quilt batting  
Two 2" sturdy safety pins

### Assembling the Pads

Between two pieces of flannel, with right sides of materials out, place 3 batting (lining) pieces. Zigzag or serge around the edge, making sure you catch both sides together. Sew a straight line or two lengthwise through the middle to "quilt" all the pieces together. Attach two of the 2" safety pins to the backside. You are finished!



When cutting the flannel and batting, it may help to use a Sharpie pen to trace around the pattern, positioning them side-by-side. Don't forget to pre-wash the flannel for the best result. When assembling, any decent size left over scraps of flannel or batting can be placed in the middle for extra absorbency. The 2" large safety pins, which can be found on Amazon or at your local sewing store are a great addition if you can include them.

Please also consider adding underpants to your shipment. We need sizes Girls 14 or 16 or women's small or medium. Any color. Any style. We prefer 100% cotton but the girls love all styles.

Email any questions to: [info@littledressesforafrica.com](mailto:info@littledressesforafrica.com)

Thank you for your part in providing these girls with Dignity.

Send donations and Sani-Panis to  
Little Dresses for Africa  
21805 Woodruff Road  
Rockwood, MI 48173

*Please don't request a signature on delivery.*

Thank you for your help with Little Dresses for Africa.  
Together, we can make a difference...one little dress at a time.



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