



Arm holes for Pillow Case dresses.

We size them by length from the shoulder to the hem.

Small = 2, 3, and 4 (16-22 inches long)

Medium = 5, 6, and 7 (24-28 inches long)

Large = 8, 9 and 10 (30-34 inches long)



Pillow Case Dress Instructions

"We're not just sending dresses, we're sending hope!"

1
Cut off the sewn end of the pillowcase.

2
Fold pillowcase in half and cut armholes. Cut through all thicknesses, about 4 inches down and 2 inches in.

3
Fold down the top about 3/8" at the front and the back. Edgestitch to make a casing. Slide 6 inches of 1/4" elastic through to create it to gather in the front and repeat for the back.

4
Cut two 30-inch lengths of double-fold bias tape for armholes. Fold each in half and stitch along armholes, leaving extra at the top to tie dress at the shoulders. Trim is optional.



Simple patterns CHANGING LIVES

Donations and finished dresses can be sent to:

Little Dresses for Africa
21805 Woodruff Road
Rockwood, MI 48173

734-637-9064

Thank you for your help with Little Dresses for Africa.
Together, we can make a difference...one little dress at a time.

Please group by size before sending. No straight pins please!
Mulungu akudalitseni! God bless your good works!

For more information on how to get involved, please contact Rachel O'Neil at 734-637-9064.

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