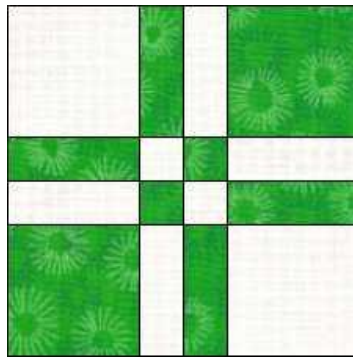


Hearts and Hands BOM September 2026

Disappearing Four Patch



Cutting Requirements:

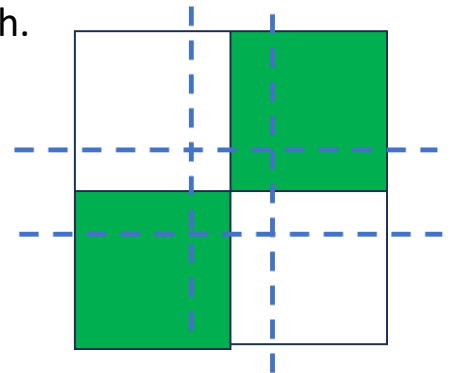
From a white-on-white fabric, cut two 7" squares
From a green fabric, cut two 7" squares

Sewing Requirements:

Sew each white square to a colored square; press to the dark.
Sew the two rectangles together to form a four patch.
This block should measure 13.5" square.

Cutting Requirements:

Make a cut 2" on each side of the center seams of your block.



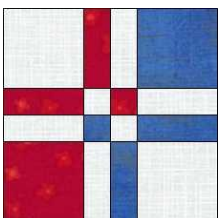
Assembly:

Rearrange the pieces of fabric to form the block shown at the top of the page (turn the striped rectangles 180 degrees).

Sewing Requirements:

Sew your block together in rows; press the first row to the left, the second row to the right and the third row to the left.
Sew the rows together and press away from the center.

RWB Option:



Substitute a blue square and a red square for the green 7" squares

The block should measure 12.5" square.

This is a 12" finished block