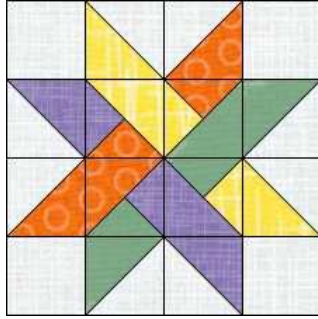


Hearts and Hands

Block of the Month

December 2024 – Criss Cross Star



Fabric Requirements: White on white and four colors of your choice

Cutting Instructions:

From white: cut 4 squares $3\frac{1}{2}'' \times 3\frac{1}{2}''$

cut 4 squares $3\frac{7}{8}'' \times 3\frac{7}{8}''$ and cut once on the diagonal

From all four colors: cut 2 squares $3\frac{7}{8}'' \times 3\frac{7}{8}''$ and cut once on the diagonal

cut 1 square $4\frac{1}{4}'' \times 4\frac{1}{4}''$ and cut twice on the diagonal

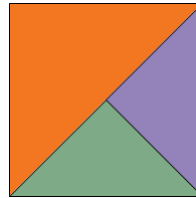
Note: the tricky part of this block is the correct placement of colors. Lay the pieces that you have cut on a design board to look like the diagram before you start to sew.

Sewing Instructions:

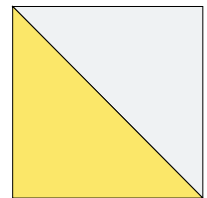
Sew 2 of each color's small triangles to a second small triangle.

Press to the dark side. You will have two leftover triangles in each color.

Sew each pair of the triangles to one of the larger colored triangles. Press to the larger triangle. The square should measure $3\frac{1}{2}'' \times 3\frac{1}{2}''$. You will make 4 squares.



Sew 2 of each larger colored triangles to a white triangle. Press so that the HSTs will nest. You will have 1 extra triangle in each color. The square should measure $3\frac{1}{2}'' \times 3\frac{1}{2}''$. You will make 8 squares

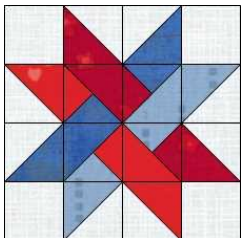


Assemble in rows.

Press Rows 1 and 3 to the left
and Rows 2 and 4 to the right



Sew the rows together. Press the seams open.



RWB Option:

Substitute 2 shades of blue and 2 shades of red for the four colors.

**This is a 12" block
12 1/2" unfinished**