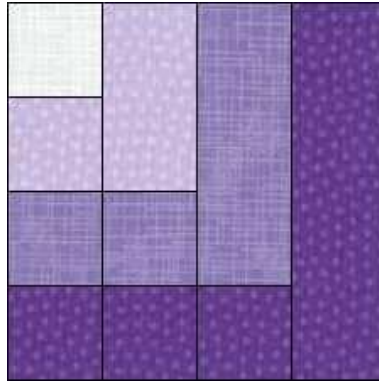


# Hearts & Hands BOM January 2026

## Rainbow Flower



### Fabric Requirements:

White on white, pale purple, medium purple and dark purple

### Cutting Instructions:

White on white – cut 1 square 3 ½" x 3 ½"

Pale purple– cut 1 square 3 ½" x 3 ½" and 1 rectangle 3 ½" x 6 ½"

Medium purple – cut 2 squares 3 ½" x 3 ½" and 1 rectangle 3 ½" x 9 ½"

Dark purple – cut 3 squares 3 ½" x 3 ½" and 1 rectangle 3 ½" x 12 ½"

### Sewing Instructions:

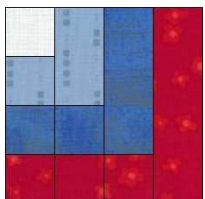
The block will be constructed in vertical strips, working from left to right.

Strip 1 – sew 4 squares together (white, pale purple, medium purple and dark purple. Press to the bottom of the strip. The strip should be 12 ½" long.

Strip 2- Sew a pale purple rectangle to a medium purple square and then add the dark purple square to the bottom. Press to the top of the strip. The strip should be 12 ½" long.

Strip 3 – Sew the medium purple rectangle to a dark purple square. Press to the bottom of the strip. The strip should be 12 ½" long.

Sew the strips together, pressing toward the dark purple strip



RWB Option – Substitute light and medium blue for the two lighter shades of purple and red for dark purple

**This is a 12" Block  
(12 ½" unfinished)**