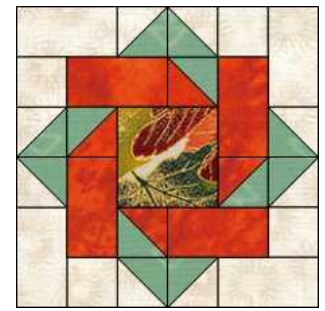


Hearts and Hands Block of the Month October 2026 – Around the Block



Fabric Requirements: Cream, Orange, Green and a fall print

Cutting Directions:

From print, cut 1 squares $4\frac{1}{2}'' \times 4\frac{1}{2}''$

From green, cut 1 square $6'' \times 6''$

cut 2 squares $2\frac{7}{8}'' \times 2\frac{7}{8}''$

From orange, cut 2 squares $2\frac{7}{8}'' \times 2\frac{7}{8}''$

cut 4 rectangles $2\frac{1}{2}'' \times 4\frac{1}{2}''$

From cream, cut 1 squares $6'' \times 6''$

cut 4 rectangles $2\frac{1}{2}'' \times 4\frac{1}{2}''$

cut 4 squares $2\frac{1}{2}'' \times 2\frac{1}{2}''$

Sewing Directions:

Eight at a Time Half Square Triangles (HST)

Place the $6''$ cream square right sides together (RST) with the $6''$ green square

Draw 2 diagonal lines corner to corner on the cream squares

Sew $\frac{1}{4}''$ on each side of both the diagonal lines

Cut in the square in half horizontally and vertically. Then cut on the drawn lines.

Press the seams open and trim the HSTs to $2\frac{1}{2}''$. Make 8.

Half Square Triangles:

Place small green square RST with an orange square

Draw a diagonal line on the green square and sew $\frac{1}{4}''$ on each side of line

Cut on the drawn line and press open.

It should measure $2\frac{1}{2}''$ square. Make 4 HST.

Assembly (Note: this is a partial seam block):

Step 1: Sew 2 cream and green HSTs together; press open

Sew this unit to a $2\frac{1}{2}'' \times 4\frac{1}{2}''$ cream rectangle; press to the rectangle.

This unit should measure $2\frac{1}{2}'' \times 8\frac{1}{2}''$ Make 4.



Step 2: Sew an orange rectangle to a cream square;

press to the rectangle. Sew the orange and cream

rectangle to a an orange and green HST; press open.

This unit should measure $2\frac{1}{2}'' \times 8\frac{1}{2}''$. Make 4.



Step 3: Sew the units from Steps 1 and 2 together. Press open. Make 4.

Step 4: Sew one unit to the top of the fall print square by a sewing $\frac{1}{4}''$

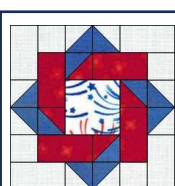
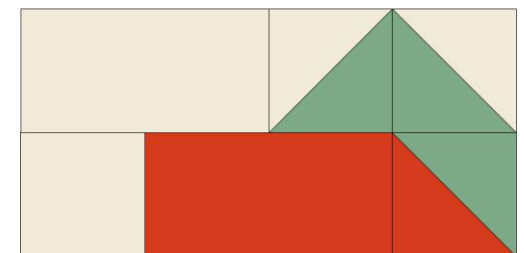
seam that is about $1\frac{1}{2}''$ long to the top right corner of the square.

Finger press the strip unit toward the square. Add second unit to the

right of this unit and press to the center. Continue adding the strip

sets in a clockwise direction. When the fourth strip set is added;

complete sewing the first seam. Press toward the center.



RWB Option: substitute white for cream, red for orange, blue for green and use a patriotic print

**The block is $12.5''$
unfinished; $12''$ finished.**

