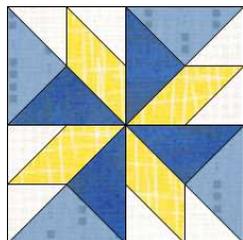


Hearts and Hands Block of the Month

September 2022 – Bonny Scotland



Fabric requirements:

White on white, dark blue, medium blue and a contrasting color (not red)

[Note – you may want to starch the fabric as there are many bias edges in this block]

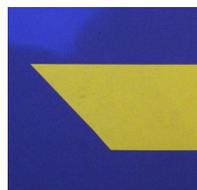
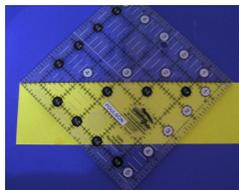
Cutting Directions:

From White on white – cut 4 squares $3\frac{3}{8}'' \times 3\frac{3}{8}''$; cut once on the diagonal

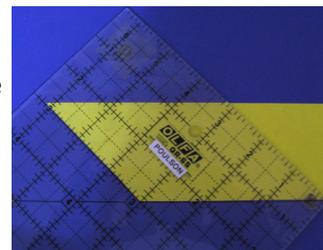
From Dark Blue and Medium blue – cut 1 square $6\frac{1}{4}'' \times 6\frac{1}{4}''$; cut twice on the diagonal

From contrast – cut 1 strip $2\frac{1}{4}'' \times 20''$

Using the 45 degree line on your ruler, cut a triangle from the end of the strip (check the direction of the angle)



Following the picture to the right, cut a diamond from your strip; repeat 3 more times



Be VERY careful to check the direction of the angles in this block; you will make the top left unit 4 times and turn it to create the block

Sewing Directions:

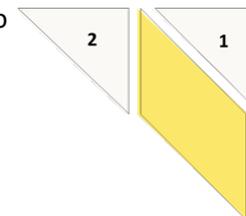
Sew a dark blue triangle to a medium blue triangle; press to the dark



Sew a white triangle (#1) to the upper right side of the contrasting diamond; matching the points at the top; press to the diamond



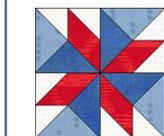
Sew a white triangle (#2) to the left side of the contrasting diamond matching the top edge; press to the diamond



Sew the blue triangle unit to the diamond triangle unit; press to the blue. This unit should measure $5\frac{1}{2}''$ square



Repeat this 3 times. Arrange as shown in the diagram at the top of the page and sew as 4 patch pressing to the blue. Spin the center seam.



RWB Option –
Use blue for blue and red
for contrast fabric

This is a 10" block; 10 1/2" unfinished