

Hearts and Hands  
Block of the Month  
February 2022 – Double V



**Fabric Requirements:**

White on white, (WoW) and red

**Cutting Directions:**

From WoW:      cut 4 rectangles 2 ½" x 4 ½"  
                         cut 4 squares 2 ½" x 2 ½"  
From red:        cut 4 rectangles 2 ½" x 4 ½"  
                         cut 5 squares 2 ½" x 2 ½"

**Sewing Directions:**

Sew the 4 white squares to 4 of the red squares making a rectangle that is 2 ½" x 4 ½", press to the red

Sew each of these 4 rectangles to a red rectangle arranging as shown in the drawing at the top of the page and press to the red. You will have 4 – 4 ½" squares

Sew a white rectangle to 2 of the squares that you just made. The rectangle should cross the seam between the red square and the red rectangle. Press to the square

Sew the remaining 2 squares to other side of the white rectangle

Sew a white rectangle to each side of the remaining red square; press to the square

Sew the three rows together and press away from the center.

**The block is 10.5" unfinished; 10" finished.**