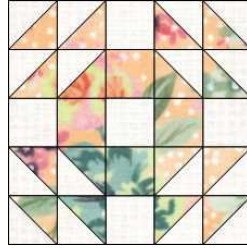


Hearts and Hands
Block of the Month
June 2024 – Single Wedding Ring



Fabric Requirements: White on white and a peach print

Note: this block contains 16 half square triangles (HSTs); two methods to make these HST are included.

Cutting Instructions:

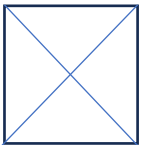
White – cut five 2 ½” squares Print: cut four 2 ½” squares

For **Eight at Time HST** – cut two 6” squares from the white and the print

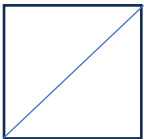
For **Two at Time HST** – cut eight 3” squares from the white and the print

Sewing Instructions:

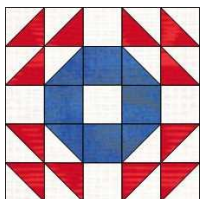
For **Eight at Time HSTs** - draw intersecting diagonal lines on the wrong side of the large white squares. Place each white square right sides together with a print square. Sew ¼” on each side of both diagonal lines. Cut this square in half (at 3”) both horizontally and vertically. Then cut on the drawn diagonal lines and press to the print. Trim the HSTs to 2 ½” square.



For **Two at Time HSTs** – draw a diagonal line on wrong side of each white 3” square. Place each square right sides together with a print 3” square. Sew ¼” on each side of the diagonal line. Cut on the diagonal line, press to the print and trim to 2 ½” square. You will need to use this method for 4 HSTs for RWB option.



Assemble in rows as shown in the diagram at the top of the page. Press Rows 1,3 and 5 away from the center. Press Rows 2 and 4 toward the center. Sew the rows together and press away from the center.



RWB Option – substitute blue for 4 print squares and 4 HSTs. Substitute red for the remaining 12 HSTs.

This is a 10” block; 10 ½” unfinished