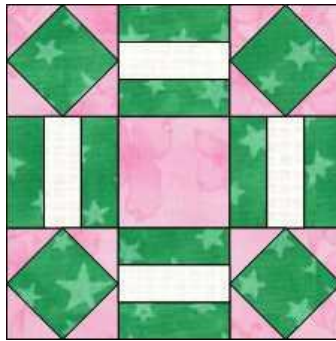


Hearts and Hands Block of the Month

April 2021 - Blockhouse



Fabric Requirements: Green, Pink and White on White

Cutting Directions:

From Green – cut 4 squares $3\frac{3}{8}$ " and 8 strips $1\frac{7}{8}$ " x $4\frac{1}{2}$ "

From Pink – cut 1 square $4\frac{1}{2}$ " and 8 squares $2\frac{7}{8}$ ". Cut the $2\frac{7}{8}$ " squares once on the diagonal

From White – cut 4 strips $1\frac{7}{8}$ " x $4\frac{1}{2}$ "

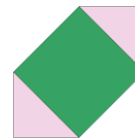
(Note: if you want to strip piece the striped units, cut 1 white strip and 2 green strips $1\frac{7}{8}$ " x $18\frac{1}{2}$ ")

Sewing Directions:

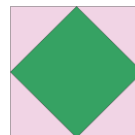
Striped Units – sew a green strip on each side of the white strip. Press to the outside (green). If you chose to strip piece these units, subcut 4 units at $4\frac{1}{2}$ ". These units, whichever way they were made, will need to be trimmed to be square. Find the center of each white strip ($2\frac{1}{4}$ ") and trim a small slice of the outside of each green strip.

Square in a Square -

Sew a pink triangle on opposite sides of the green square.
Center the triangle on each side of the square.
Press away from the square and trim the dog ears.



Sew a pink triangle on both sides of the unit above.
Press away from the center and trim.



Assemble your block following the diagram at the top of the page.
Press Rows 1 and 3 toward the center.
Press Row 2 away from the center

Sew the rows together, pressing toward the center

The block is 12.5" unfinished; 12" finished.