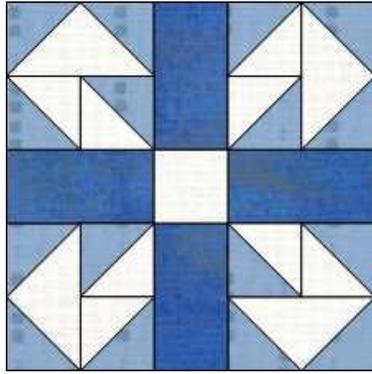


Hearts and Hands Block of the Month
December 2020 - Whirligig



Fabric requirements: You will need a light to medium blue for the background, a darker blue for the cross and a white on white for the center square, the Flying Geese and the HSTs.

Cutting Directions:

From the darker blue, cut 4 rectangles $2\frac{1}{2}'' \times 4\frac{1}{2}''$

For the center, cut one white square $2\frac{1}{2}'' \times 2\frac{1}{2}''$

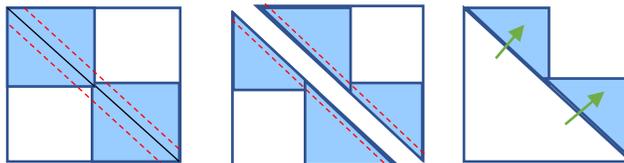
For the HSTs, cut 4 white squares and 4 lighter blue squares $2\frac{7}{8}'' \times 2\frac{7}{8}''$.

For the Flying Geese, cut a white square $5\frac{1}{4}'' \times 5\frac{1}{4}''$ and 4 lighter blue squares $2\frac{7}{8}'' \times 2\frac{7}{8}''$ - the flying geese are $2'' \times 4''$ finished if you choose to make them using a different method than the one listed below.

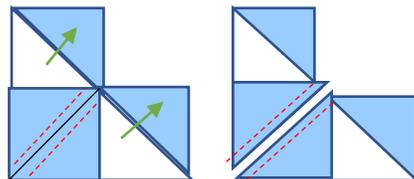
Sewing Directions:

To make the **HSTs**, draw a diagonal line on the wrong side of the 4 – $2\frac{7}{8}''$ white squares and pair them with 4 of the lighter blue $2\frac{7}{8}''$ squares. Place the squares right sides together and sew a scant $\frac{1}{4}''$ on each side of the line. Cut on the line and press to the white.

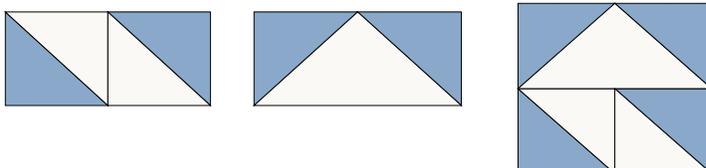
To make the four **Flying Geese**, this pattern uses the Fast and Furious Four Geese at a Time method. Draw a diagonal line on the wrong side of the 4 remaining lighter blue squares. With right sides together, place two of the marked squares on opposite corners of the large white square. The points of the small squares will overlap just a little bit and the drawn line will extend across the large square from corner to corner as shown. Stitch a scant $\frac{1}{4}''$ seam allowance on both sides of the drawn lines and cut apart on the drawn line. Press toward the small triangles.



With right sides together, place one of the remaining marked squares on the corner of each piece. The drawn line should extend from the point of the corner to the point between the two small triangles. Stitch a scant $\frac{1}{4}''$ seam allowance on both sides of the drawn line. Cut the pieces apart on the drawn lines. Press the seam allowances toward the small triangles. You'll have four flying-geese units. The units will measure $2\frac{1}{2}'' \times 4\frac{1}{2}''$.



To construct the block: Sew 4 sets of HSTs together placing them as shown below; press open. Sew a Flying Geese unit to each set of HSTs; this will form a square that will measure $4\frac{1}{2}'' \times 4\frac{1}{2}''$; press open. Sew together in rows – the first row will have a square unit, a rectangle and a second square unit (press to the rectangle); the second row is a rectangle, the small white square and a second rectangle (press to the rectangle); the third row is the same as the first row with the square units oriented as shown at the top of the page.



The block is 10.5'' unfinished; 10'' finished.