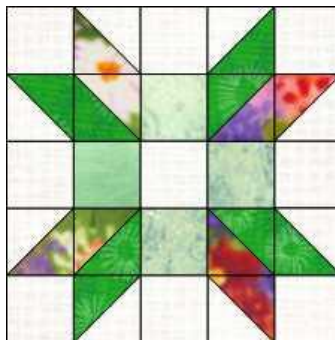


Hearts and Hands BOM January 2020

Farmer's Daughter



Fabric Requirements:

White background fabric; a light green for the middle squares and two darker shades of green (listed below as green #2 and green #3) for the HSTs.

Alternate Methods of Cutting and Assembly:

The directions below are for a traditional method of assembling this block. If you want to use your EZ Angle Ruler to make the HSTs, you will need to cut 2 ½" strips. If you would like to try a method for speed piecing the HSTs, check out the Farmer's Daughter block on the Quilter's Cache website, listed under Quilt Blocks Galore in the A-F section.

Cutting Directions:

- Cut 9 – 2 ½" squares from your white fabric
- Cut 4 -- 2 ½" squares from your light green fabric
- Cut 4 -- 2 7/8" white squares for Half Square Triangles (HST).
- Cut 4 – 2 7/8" green #2 squares (for HST)
- Cut 4 – 2 7/8" green #3 squares (for HST)

Sewing Directions:

Draw a diagonal line on the back of all 4 white 2 7/8" squares and 2 of the Green #2 squares. Pair 2 white squares with 2 of the green #2 squares and the other 2 white squares with 2 of the green #3 squares. Pair the remaining 2 green #2 squares with the 2 green #3 squares. Place these 6 pairs right sides together and sew ¼" on each side of the diagonal line. Cut on the diagonal. Press toward the lighter side. The HST should be 2 ½" square. If not, trim to this size. You should have 12 HSTs.

Sew in rows as shown in the block diagram above. Press rows 1,3, and 5 to the left. Press rows 2 and 4 to the right. Sew the rows together. Press all seams toward the bottom of the block.

The block should be 10 ½"(10" finished)