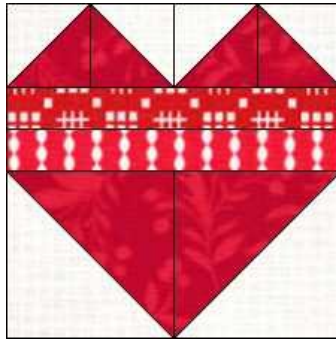


Hearts and Hands BOM January 2024

Strip Heart



Fabric Requirements:

A red fabric, two coordinating pieces, and a white or white on white

Cutting Directions:

From the red and the white, cut 2 – 3 3/8" squares and 1 – 5 7/8" square

From the coordinating fabrics, cut 1 strip of each, 1 3/4 by 10 1/2"

Draw a diagonal line on the wrong side of your small and large white squares



Place these squares right sides together with the red squares & sew 1/4" on each side of line.

Cut on the diagonal line and press half to the dark side and half to the light side. You will have made 6 HSTs; four will be 3" squares and two will be 5 1/2" squares

Assembly Directions:

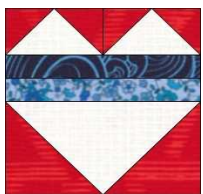
Sew the 4 small HSTs together, nesting the seams, to form the top of the heart; press this row to the left side

Sew the 2 large HSTs together, nesting the seams, to form the bottom of the heart; press this row to the right side

Sew the 2 coordinating strips to each other; press to either side

Sew the strip section to the top of the heart and press to the strip

Sew this section to the bottom of the heart and press to the strip



RWB option – use red print or tonal as background and two blue print strips on white heart

**This is a 10" finished block
(10 1/2" unfinished)**