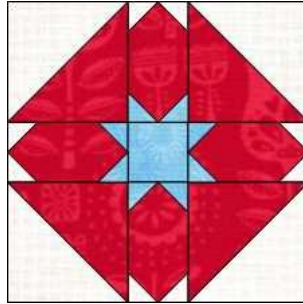


Hearts and Hands
Block of the Month
July 2020 - Goshen Star



Fabric requirements: White or white on white for background, red and light/medium blue

Cutting Directions:

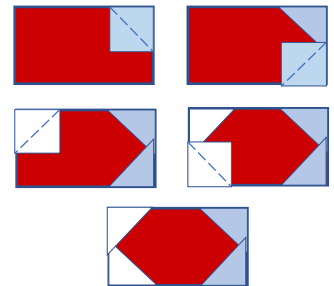
- White – cut 2 squares 4 7/8" and 8 squares 1 1/2"
- Red – cut 2 squares 4 7/8" and 4 rectangles 2 1/2" x 4 1/2"
- Blue – cut 1 square 2 1/2" and 8 squares 1 1/2"

Draw a diagonal line on the wrong side of the 2 large white squares and also on the wrong side of all the 1 1/2" squares

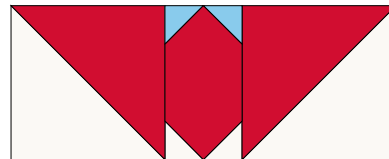
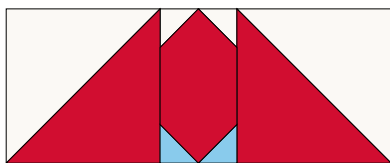
Sewing Directions:

Place the large white squares right sides together with the large red squares. Sew 1/4" on each side of the diagonal line. Cut on the line and press to the dark side. Trim to 4 1/2"

Place a small blue square on one end of each red rectangle. Sew one thread to the outside of the diagonal line. Trim, leaving a 1/4" seam allowance. Press to the small triangle. Repeat with another blue square on the same end of the rectangle and with the two white small squares at the opposite end (this is called snowballing). Your rectangle should measure 2 1/2" x 4 1/2"



Sew in rows; press the 1st and 3rd rows to outside and the 2nd row to the center



Sew the rows together, pressing out from the center

The block is 10.5" unfinished; 10" finished.