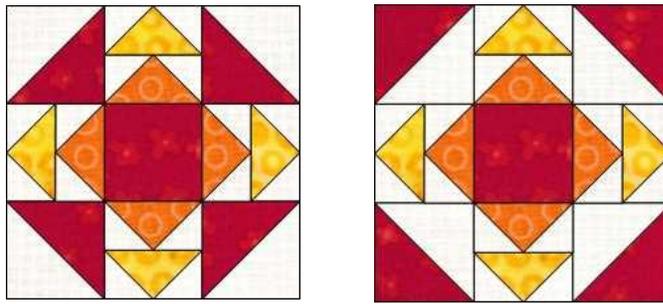


# Hearts and Hands Block of the Month

June 2021 - Cups & Saucers



**Fabric requirements:** White on White, Red, Orange and Yellow

## Cutting Directions:

White on White (WoW): Cut 2 squares  $4\frac{7}{8}'' \times 4\frac{7}{8}''$  (HST); cut 8 squares  $2\frac{7}{8}'' \times 2\frac{7}{8}''$  (the smaller squares will be used to make Flying Geese using the Four at a Time method). If you dislike this method, see the instruction sheet titled Flying Geese – 4 Methods and choose cutting sizes for  $2'' \times 4''$  finished geese)

Red: Cut 2 squares  $4\frac{7}{8}''$  by  $4\frac{7}{8}''$  (for HST); cut 1 square  $4\frac{1}{2}'' \times 4\frac{1}{2}''$  (center)

Orange: Cut 1 square  $5\frac{1}{4}'' \times 5\frac{1}{4}''$  (Flying Geese)

Yellow: Cut 1 square  $5\frac{1}{4}'' \times 5\frac{1}{4}''$  (Flying Geese)

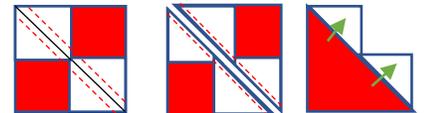
## Sewing Directions:

**HSTs:** On the wrong side of the WoW squares, draw a diagonal line

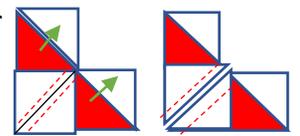
Pair the  $4\frac{7}{8}''$  WoW squares RST with the  $4\frac{7}{8}''$  red squares. Sew  $\frac{1}{4}''$  on each side of the diagonal line and cut on the drawn line. Press to the red. Your HSTs should measure  $4\frac{1}{2}''$  square.

### Flying Geese (Orange):

With right sides together, place two of the  $2\frac{7}{8}''$  marked squares on opposite corners of the large orange square. Stitch a scant  $\frac{1}{4}''$  seam allowance on both sides of the drawn lines and cut apart on the drawn line. Press toward the small triangles.



With right sides together, place one of the remaining marked squares on the corner of each piece. Stitch a scant  $\frac{1}{4}''$  seam allowance on both sides of the drawn line. Cut the pieces apart on the drawn lines. Press toward the small triangles.



**Flying Geese (Yellow):** Repeat the method above with the large yellow square and the remaining four small white squares

Sew an Orange Flying Goose to each Yellow Flying Goose; press toward the yellow

Assemble your block in rows. Arrange with the Red HSTs either pointing in or out or make one of each. Press the top and bottom rows toward the HST (away from the center). Press the middle row toward the center.

Sew the rows together, pressing away from the center

**The block is 12.5'' unfinished; 12'' finished.**